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LIGE FV6-C-JF

LIGE FV6 Military Smartwatch User Manual

Model: FV6-C-JF

1. INTRODUCTION

The LIGE FV6 Military Smartwatch is a robust and feature-rich device designed for active lifestyles and daily convenience. It combines a durable, military-grade construction with advanced smart features, including a large IPS display, long-lasting battery, comprehensive health monitoring, and Bluetooth calling capabilities. This manual provides detailed instructions to help you set up, operate, and maintain your smartwatch.



Image: The LIGE FV6 Military Smartwatch, showcasing its rugged design and vibrant display with various watch faces.

2. PACKAGE CONTENTS

Please check the package for the following items:

- 1 x LIGE FV6 Smartwatch
- 1 x Steel Strap (pre-installed or separate)
- 1 x Silicone Strap
- 1 x Charging Cable
- 1 x Strap Extension Accessories and Tools
- 1 x User Manual (this document)

3. SETUP

3.1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts

on the back of the watch and plug the USB end into a standard USB power adapter (not included). A full charge takes approximately 2.5 hours.

730mAh Big Battery

Ultra-long battery life, no need to worry about power when you are outdoor exercising or camping.



	Extra Large Battery 730 mAh	Large Battery 300-500 mAh	General Battery 150-220 mAh
Heavy Usage	7 Days ↑	3-4 Days	1-2 Days
Daily Usage	14+ Days ↑	7 Days	3-4 Days
Low-battery Mode	100+ Days ↑	50-60 Days	10-30 Days

Image: Illustration of the smartwatch being charged, highlighting its 730mAh battery capacity and long endurance.

3.2. App Installation and Pairing

To unlock the full potential of your LIGE FV6 smartwatch, download the companion app (e.g., Fitcloudpro, as implied by product information) from your smartphone's app store (Google Play Store for Android, Apple App Store for iOS). Ensure your smartphone is running Android 4.4 or iOS 8.0 or higher.

1. Scan the QR code in the manual or search for the app name in your app store.
2. Install and open the app.
3. Follow the on-screen instructions to create an account or log in.
4. In the app, navigate to 'Device' or 'Add Device' and select your smartwatch from the list of available Bluetooth devices. The watch uses Bluetooth 5.0 for fast and stable connections.

5. Confirm the pairing request on both your phone and the smartwatch.



Image: The smartwatch displaying its Bluetooth calling interface, showing message notifications, dial keypad, call records, and built-in microphone.

4. OPERATING INSTRUCTIONS

4.1. Screen Navigation

The LIGE FV6 features a 1.85-inch IPS display with 360x360 resolution, offering a clear and bright viewing experience. The screen supports full-screen touch control.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or confirm an action.

- **Press Side Button:** Return to the home screen or power on/off.

1.85" HD Large Screen

Crossing boundaries, large-screen watches lead the new visual trend.



360*360 High
Resolution



Super Wide
Viewing Angle



Ultra Wide
Color Gamut



Image: Close-up of the smartwatch screen, emphasizing its 1.85" HD large display with high resolution and wide viewing angle.

4.2. Basic Functions

- **Time Display:** The watch displays time, date, and other information on its customizable watch faces.
- **Bluetooth Calling:** With the built-in microphone and speakers, you can make and receive calls directly from your watch when connected to your phone. You can also access contacts and call records.
- **Notifications:** Receive real-time notifications for calls, text messages, and app alerts (e.g., WhatsApp, Twitter, Facebook, Instagram).
- **Flashlight:** The watch includes a strong LED flashlight function, useful in dark environments.

LED Strong Flashlight

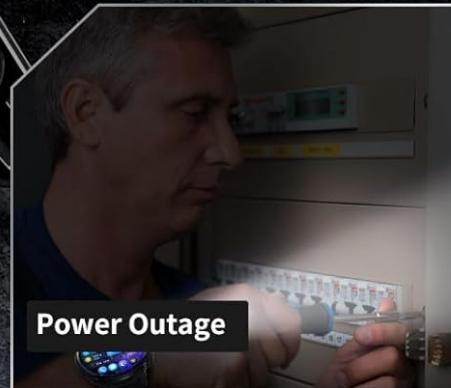
Whether it's for outdoor sports at night or indoor living lighting, help you light up every corner.



Note: Do not direct the light towards eyes.



Outdoor activities at night



Power Outage



Finding Things

Image: The smartwatch demonstrating its LED strong flashlight feature, useful for outdoor activities at night, during power outages, or for finding things.

4.3. Custom Watch Faces

The smartwatch supports over 200 downloadable watch faces via the app. You can also upload your favorite photos to create personalized watch faces.

180+ Cadrants Personnalisés

Vous pouvez utiliser vos photos préférées pour créer des cadrants uniques.
Pour plus de cadrants, veuillez aller sur l'application Fitcloudpro.



Image: A variety of customizable watch faces available for the LIGE FV6 smartwatch, including options to use personal photos.

5. HEALTH MONITORING

The LIGE FV6 smartwatch utilizes advanced biosensors to provide comprehensive health tracking:

- **Heart Rate Monitoring:** Real-time monitoring of your heart rate throughout the day.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen levels.
- **Blood Pressure Monitoring:** Provides estimates of your blood pressure.
- **Sleep Monitoring:** Tracks your sleep duration and quality, distinguishing between deep sleep and light sleep. Detailed sleep reports are available in the app.

These features help you stay informed about your health status and make adjustments to your lifestyle. Please note that this device is not a medical device and should not be used for medical diagnosis or treatment.

Health Monitoring

Real-time monitoring of your heart rate status, for you to find out in time when the body is not suitable for the heart rate abnormal beating, more concerned about your heart health.



Image: A user running while the smartwatch displays real-time heart rate, blood oxygen, and blood pressure data, illustrating its health monitoring capabilities.

Surveillance du Sommeil en Temps réel

Affiche la qualité du sommeil chaque nuit, enregistre le sommeil profond et léger, et permet de consulter des données de sommeil détaillées via l'application pour vous aider à mieux ajuster votre vie.



Image: A graphic illustrating the smartwatch's real-time sleep monitoring, showing different sleep stages (awake, REM, light, deep) and total sleep time.

6. SPORTS MODES

The LIGE FV6 smartwatch supports over 120 exercise modes, with more than 20 built-in for daily use. You can also add over 100 additional sports modes via the app, including running, badminton, baseball, and more. The watch accurately records your workout history, including speed, pace, and heart rate changes, helping you plan your exercise scientifically and improve efficiency.

133 Sports Modes



Heart Rate



Distance



Time



Steps



Calories



Image: Various sports activities like climbing, cycling, weightlifting, running, squash, and golf, demonstrating the smartwatch's extensive sports mode tracking.

7. MAINTENANCE

7.1. Waterproofing (IP68)

The LIGE FV6 smartwatch boasts IP68 deep waterproofing performance, ensuring its safety and reliability even on rainy days, during baths, or intense workouts. This means it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes.

Important: While IP68 rated, avoid prolonged exposure to hot water, steam, or corrosive liquids, as this may compromise the seal.

Military Standard



Anti-impacto



Dustproof



-40 °C ~ 70 °C
Harsh Condition



Anti-Scratch



IP68
Waterproof

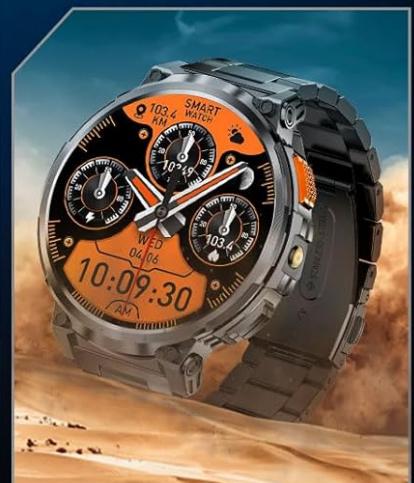


Image: The smartwatch being used underwater, highlighting its military-grade durability, including anti-impact, dustproof, harsh condition resistance, anti-scratch, and IP68 waterproof features.

7.2. Cleaning and Care

- Wipe the watch and strap regularly with a soft, dry cloth.
- If necessary, use a slightly damp cloth for cleaning, then dry thoroughly.
- Avoid using harsh chemicals or abrasive materials.

7.3. Battery Care

- Charge the watch fully before long periods of inactivity.
- Avoid completely draining the battery frequently.
- Store the watch in a cool, dry place.

8. TROUBLESHOOTING

If you encounter any issues with your LIGE FV6 smartwatch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot connect to phone:**
 - Ensure Bluetooth is enabled on your phone and the watch.
 - Make sure the watch is within the Bluetooth range of your phone.
 - Restart both your phone and the smartwatch.
 - Try unpairing and re-pairing the device through the app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
- **Notifications not received:** Check app permissions on your phone to ensure the companion app has access to notifications. Ensure the app is running in the background.
- **Short battery life:** Reduce screen brightness, disable unnecessary features, and limit frequent heart rate monitoring if not needed.

If the problem persists, please contact customer support for further assistance.

9. SPECIFICATIONS

Feature	Specification
Brand	LIGE
Model Number	FV6-C-JF
Color	Gunmetal Grey
Screen Size	1.85 Inches
Display Type	IPS
Resolution	360 x 360 pixels
Operating System	Android Wear / Wear OS (Compatible)
Connectivity	Bluetooth 5.0
Special Features	Time Display, Voice Call, Calendar, Notification, Activity Tracker, Flashlight
Compatible Devices	Smartphone (Android 4.4+, iOS 8.0+)
Battery Capacity	730 mAh Lithium-Polymer
Battery Life (Heavy Usage)	Up to 7 days
Battery Life (Daily Usage)	14+ days

Feature	Specification
Battery Life (Low-power Mode)	100+ days
Charging Time	Approx. 2.5 hours
Water Resistance	IP68
Internal Memory	128 MB
GPS	Via smartphone
Shape	Round
Manufacturer	LIGE
Country of Origin	China

10. WARRANTY AND SUPPORT

Your LIGE FV6 Smartwatch comes with a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the documentation provided at the time of purchase or contact your retailer.

If you encounter any problems after receiving the product or have questions not covered in this manual, please do not hesitate to contact our customer support team. We are committed to resolving your issues and will respond within 24 hours.

For support, please refer to the contact information provided by your seller or on the official LIGE website.