

## GreenPan Dover

# GreenPan Dover Healthy Ceramic Nonstick 12-Piece Cookware Set Instruction Manual

## INTRODUCTION

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Welcome to the GreenPan Dover Healthy Ceramic Nonstick 12-Piece Cookware Set. This manual provides essential information for the proper use, care, and maintenance of your new cookware to ensure optimal performance and longevity. Our Thermolon healthy ceramic nonstick coating is free of PFAS, PFOA, lead, and cadmium, offering a worry-free cooking experience.

## WHAT'S INCLUDED

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Your GreenPan Dover 12-Piece Cookware Set includes the following:

- 8" Frypan
- 10" Frypan
- 2.78QT Sauté Pan with Lid
- 1.17QT Saucepan with Lid
- 2.24QT Saucepan with Lid
- 5QT Stockpot with Lid
- Silicone Solid Turner
- Silicone Slotted Spoon

## GREENPAN DOVER 12-PIECE SET



### QUICK-HEATING ALUMINUM

Durable bodies built for everyday strength & even heating



### DIAMOND REINFORCED CERAMIC NONSTICK

Layered with diamonds and free of PFAS, PFOA, lead, and cadmium



### SNAG-FREE INTERIOR

Smooth surface eliminates food traps to make cleaning a breeze

Image: The complete GreenPan Dover 12-Piece Cookware Set, showcasing all pots, pans, lids, and silicone utensils.

## SETUP AND FIRST USE

Before first use, remove all packaging materials and labels. Wash each piece of cookware in warm, soapy water, then rinse and dry thoroughly. Condition the nonstick surface by rubbing a small amount of cooking oil onto the interior with a paper towel. Heat the pan over low heat for 30 seconds, then remove from heat and let cool. Wipe off any excess oil. Your cookware is now ready for use.

## OPERATING INSTRUCTIONS

### Heat Management

GreenPan Dover cookware is designed for efficient heat distribution. Use low to medium heat settings for most cooking tasks. High heat should only be used for boiling liquids or searing, and only for short periods. Overheating can damage the nonstick coating over time.

The heavy-duty aluminum construction ensures quick and even heating. The ergonomic, stay-cool handles provide a comfortable and secure grip during cooking.

## GREENPAN DOVER 12-PIECE SET



### LOOK AND COOK

Tempered glass lids lock in heat, moisture, and flavor while you watch from above



### STAY-COOL HANDLES

Comfortable handles offer a safe and secure grip for simple maneuvering



### EASY CLEANUP & DISHWASHER SAFE

Dover wipes clean and is dishwasher safe

Image: A cutaway diagram highlighting key features of the GreenPan Dover cookware, including its healthy ceramic nonstick, stay-cool handle, quick-heating aluminum, and handy pouring rims.

Your cookware is oven safe up to 350°F and safe for all stovetops, except induction.

## THE GREENPAN DIFFERENCE

	GREENPAN CERAMIC NONSTICK	OTHER CERAMIC NONSTICKS	CONVENTIONAL NONSTICK (PTFE)
Free of PFAS & PFOA	●	●	○
No Toxic Fumes	●	●	○
Infused with Diamonds	●	○	○
Scratch-Resistant & Durable	●	○	○
Dishwasher Safe	●	○	○
Invented Ceramic Nonstick	●	○	○

Image: A GreenPan Dover frying pan with asparagus and lemon cooking inside an oven, demonstrating its oven-safe capability.

## Cooking Tips

- Always use a small amount of oil or butter to optimize nonstick performance and flavor.
- Avoid using metal utensils, as they can scratch the nonstick surface. Use the included silicone utensils or other non-metal alternatives.
- The handy pouring rims make transferring food from pan to plate easy and mess-free.
- The durable glass lids allow you to monitor your cooking without lifting the lid, keeping heat and moisture locked in.



Image: A fried egg effortlessly sliding from a GreenPan Dover frying pan onto a plate, demonstrating its superior nonstick properties.

Video: An overview of the GreenPan Dover Ceramic Nonstick Cookware Collection, highlighting its features and versatility in various cooking scenarios.

## MAINTENANCE

### Cleaning

Hand washing is recommended to prolong the life of your cookware. Allow the pan to cool completely before washing to prevent thermal shock, which can damage the nonstick coating. Use warm, soapy water and a soft sponge or cloth. For stubborn food residues, soak the pan in warm, soapy water for a few minutes before cleaning.

Your GreenPan Dover cookware is also dishwasher safe for convenience. However, frequent dishwasher use may dull the exterior finish over time.



Image: A GreenPan Dover frying pan being loaded into a dishwasher, illustrating its dishwasher-safe feature.

## Storage

When storing your cookware, place a soft cloth or pan protector between stacked pans to prevent scratching the nonstick surface.

## TROUBLESHOOTING

### Food Sticking

- Ensure you are using a small amount of oil or butter.
- Avoid using excessively high heat, which can degrade the nonstick properties.
- Make sure the pan is clean and free of any residue from previous cooking.

### Discoloration

- Discoloration can occur over time due to high heat or certain foods. This does not affect the performance of the nonstick coating.
- To minimize discoloration, avoid using aerosol cooking sprays, which can leave a residue that is difficult to remove.

### Handles Getting Hot

- While designed to stay cool, handles can become hot if exposed directly to a flame or high heat for extended periods. Use oven mitts or pot holders if necessary.

## SPECIFICATIONS

Feature	Detail
Brand	GreenPan
Model Name	Dover
Model Number	CC009221-001

Material	Ceramic (Nonstick Coating), Aluminum (Body), Silicone (Handle)
Color	Cream White
Nonstick Coating	Yes, PFAS-Free, PFOA-Free, Lead-Free, Cadmium-Free
Oven Safe Temperature	Up to 350°F
Stovetop Compatibility	All stovetops, except induction
Dishwasher Safe	Yes
Item Weight	7.53 Kilograms (Set)

## WARRANTY AND SUPPORT

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For warranty information and customer support, please refer to the official GreenPan website or contact their customer service directly. Keep your proof of purchase for any warranty claims.