

## Comfytemp Wireless TENS Unit

# Comfytemp Wireless TENS Unit Instruction Manual

Model: Wireless TENS Unit

Brand: Comfytemp

## 1. INTRODUCTION

The Comfytemp Wireless TENS Unit is a muscle stimulator designed for pain relief and muscle relaxation. This device offers a convenient and comfortable therapy experience without the hassle of wires, making it ideal for on-the-go use. It features dual control options, allowing operation via a remote control with 30 modes and 20 intensity levels, or directly via physical buttons on the unit with 5 modes. The unit comes with premium electrode pads designed for secure adhesion and reusability, targeting various body areas for effective pain management.



Figure 1: Comfytemp Wireless TENS Unit, showing the main device, remote control, and various electrode pads.

## 2. PACKAGE CONTENTS

Please ensure all items listed below are included in your package:

- 2 x Host (TENS Units)
- 2 x 1-piece Butterfly Shape Electrode Pads (5.2 x 2.4 inches)
- 2 x 2-piece Line Shape Electrode Pads (3.5 x 2.8 inches)
- 1 x Remote Control
- 1 x Dual-head Charging Cable (USB-C)
- 1 x Microfiber Storage Pouch
- Instruction Manual



Figure 2: All components included in the Comfytemp Wireless TENS Unit package.

### 3. SETUP

Before first use, fully charge both TENS units using the provided dual-head charging cable. Ensure your skin is clean and dry before applying the electrode pads for optimal adhesion and conductivity.

1. **Charge the Units:** Connect the dual-head USB-C cable to both TENS units and a power source. Charge until the indicator light shows full charge.
2. **Prepare Skin:** Clean the area of skin where you intend to apply the electrode pads. Ensure it is free of oils, lotions, and sweat.
3. **Attach Pads to Units:** The electrode pads connect magnetically to the TENS units. Align the metal contacts on the unit with the corresponding points on the pad and snap them together.
4. **Apply to Skin:** Carefully peel the protective film from the electrode pad. Apply the pad firmly to the desired painful area on your body. Ensure good contact with the skin.

# 99% of Users Master It Quickly

STEP  
01



PEEL

STEP  
02



STICK

STEP  
03



PRESS

Figure 3: Visual guide for applying the TENS unit: Peel the film, stick the pad to the skin, and press the unit.

Your browser does not support the video tag.

Video 1: Official guide on how to set up and use the Comfytemp TENS unit with remote control.

## 4. OPERATING INSTRUCTIONS

### 4.1. Using with Remote Control

The remote control offers full access to all 30 modes and 20 intensity levels, along with timer settings.

1. **Turn On:** Ensure the TENS unit(s) are attached to your skin. Short press the power button on each TENS unit to turn them on. Then, turn on the remote control.
2. **Select Mode:** Press the "M" button on the remote control to cycle through the 30 available modes. The selected mode will be displayed on the remote's screen.
3. **Adjust Intensity:** Use the "+" and "-" buttons to increase or decrease the impulse intensity. Start with a low intensity and gradually increase until you feel a comfortable, yet effective, sensation.

4. **Set Timer:** Long press the "T/min" button to adjust the treatment time from 10 to 60 minutes.
5. **Stop:** Press the "STOP" button on the remote for a one-click stop function.

# Dual Control

## Remote or Button Control Optional



### Button Control

- M** 30 Modes
- +/-** 20 Intensities
- 🕒** Fixed 30 min timer



### Remote Control

- M** 30 Modes
- +/-** 20 Intensities
- T/🕒** 10~60 min timer
- STOP** One-click Stop

Figure 4: The remote control provides comprehensive control over the TENS unit's functions.

#### 4.2. Using without Remote Control (Button Control)

For quick and convenient use, the TENS unit can be operated directly via its physical buttons. Note that only 5 modes are available in this control method, with a fixed 30-minute timer.

1. **Turn On:** Ensure the TENS unit(s) are attached to your skin. Short press the power button on the unit to turn it on.
2. **Select Mode:** Short press the "M" button on the unit to cycle through the 5 available modes.
3. **Adjust Intensity:** Use the "+" and "-" buttons on the unit to adjust the intensity.
4. **Fixed Timer:** The treatment time is automatically set to 30 minutes.
5. **Stop:** Short press the power button again to turn off the unit.





Figure 5: The TENS unit itself features buttons for basic control when the remote is not available.

## 5. MAINTENANCE

Proper maintenance ensures the longevity and effectiveness of your TENS unit and electrode pads.

- **Cleaning Electrode Pads:** When the electrode pads lose adhesion, rinse them with water and gently scrape off any surface residue. Allow them to air-dry completely. This process can renew adhesion, enabling reuse for 60+ cycles.
- **Storage:** After each use, reattach the protective film to the electrode pads. Store the TENS units, remote, and pads in the provided microfiber pouch to keep them clean and protected.
- **Battery Care:** Recharge the units as needed. Avoid fully depleting the battery frequently to prolong its lifespan.

## 6. TROUBLESHOOTING

If you experience issues with your Comfytemp Wireless TENS Unit, consider the following:

- **No Sensation/Weak Sensation:**

- Ensure units are fully charged.
- Check that electrode pads are firmly attached to the skin and units.
- Increase intensity level gradually.
- Ensure skin is clean and dry.

- **Unit Not Turning On:**

- Verify units are charged.
- Ensure power button is pressed correctly.

- **Remote Not Responding:**

- Check remote battery (extra battery included).
- Ensure units are turned on and within range.

For persistent issues, please refer to the Warranty and Support section for contact information.

## 7. SPECIFICATIONS

Feature	Detail
Package Dimensions	6.77 x 5.87 x 2.32 inches
Item Weight	11.36 ounces
Batteries	1 Lithium Ion battery required (included)
Manufacturer	Shenzhen Yicai Health Technology Co., Ltd
ASIN	B0DFT3BLY9
Modes	30 (Remote), 5 (Button)
Intensity Levels	20
Timer Settings	10-60 minutes (Remote), 30 minutes fixed (Button)

## 8. WARRANTY AND SUPPORT

Comfytemp is committed to providing excellent customer service and product reliability.

- **Warranty:** This product comes with a 365-day warranty from the date of purchase.
- **Returns:** Enjoy a 30-day free return policy.
- **Customer Support:** For any inquiries, technical assistance, or warranty claims, please contact our customer support team. We offer 24-hour quick customer support.



Figure 6: Comfytemp's commitment to customer satisfaction, including warranty and support details.

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## Related Documents - Wireless TENS Unit

	<a href="#">Comfytemp K6145 TENS Unit User Manual and Specifications</a> Comprehensive user manual for the Comfytemp K6145 TENS unit, covering device description, usage instructions, technical specifications, safety precautions, and troubleshooting for effective pain relief.
	<a href="#">Comfytemp K4005 Red Light Pad: User Manual &amp; Therapy Guide</a> Explore the Comfytemp K4005 Red Light Pad for neck and shoulder pain relief and muscle recovery. This user manual details its red and near-infrared light therapy functions, specifications, usage, and safety precautions.
	<a href="#">Comfytemp K9224 Massage Heating Pad User Manual and Safety Guide</a> Comprehensive user manual for the Comfytemp K9224 Massage Heating Pad, detailing product specifications, operating instructions, cleaning, troubleshooting, safety warnings, power bank usage, and warranty information.
	<a href="#">Comfytemp K4044 XXL Flexible Red Light Pad User Manual and Guide</a> User manual for the Comfytemp K4044 XXL Flexible Red Light Pad, detailing its functions, specifications, usage instructions, maintenance, troubleshooting, and safety precautions for red light therapy.
	<a href="#">Comfytemp K9274 Heating Belt User Manual</a> Comprehensive user manual for the Comfytemp K9274 Heating Belt, detailing its features, operation, safety instructions, troubleshooting, and specifications. Learn how to use the far-infrared heat and support functions for temporary pain relief.
	<a href="#">Comfytemp K4009 Heating Pad User Manual</a> User guide for the Comfytemp K4009 heating pad, detailing setup, app control, specifications, troubleshooting, and safety precautions for optimal use.