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BOTORRO R5PRO

BOTORRO R5PRO Foldable Treadmill User Manual

Model: R5PRO

Brand: BOTORRO

1. IMPORTANT SAFETY INFORMATION

Please read this entire manual carefully before operating the BOTORRO R5PRO Treadmill. Keep this manual for future reference. Failure to follow these instructions could result in injury or damage to the product.

- Always ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not allow more than one person on the treadmill at a time.
- Wear appropriate athletic footwear during use.
- Ensure the safety key is properly attached to your clothing before starting.
- Do not insert fingers or any objects between the end cap and roller when the treadmill is in use or plugged in.
- Do not step on the rear part of the treadmill deck.
- The maximum user weight capacity for this treadmill is 300 LBS (120 kg).



Warning: Electrical Safety. To avoid the risk of electrical leakage, connect the treadmill to a grounded outlet. It is forbidden to change the plug of the treadmill by yourself. If the power plug does not match the outlet, have a professional electrician install a correct outlet for use.



Warning: Usage Safety. Please do not insert your finger between the end cap and roller when the treadmill is in use or plugged in. Do not step on this part. For your safety, wear appropriate footwear.

2. PRODUCT OVERVIEW

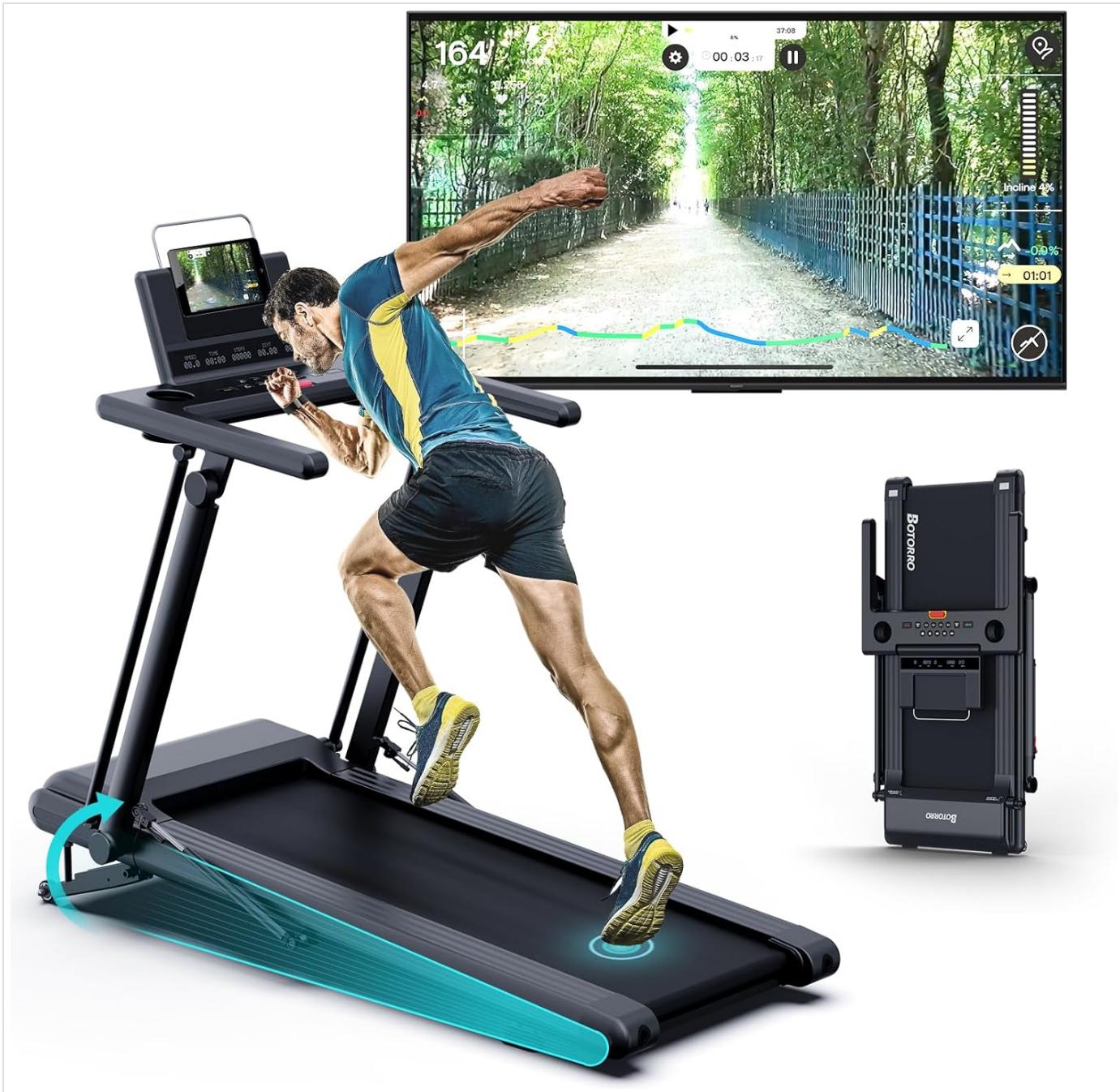
The BOTORRO R5PRO is a high-performance, foldable treadmill designed for home use, offering a wide shock absorption deck for comfortable walking or running. It features a robust motor, multi-functional console, and a space-saving design.

Key Features:

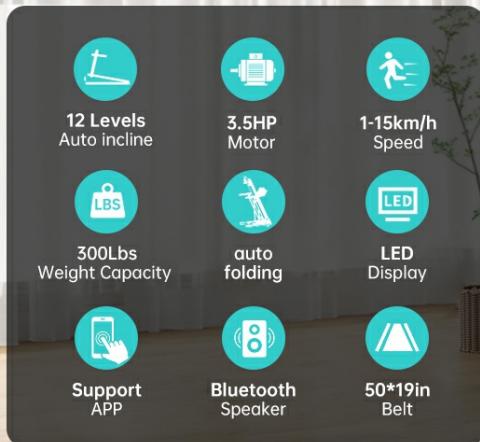
- Powerful and Quiet Motor:** Equipped with a 2.5HP motor, providing a speed range of 0.6 to 9.0 Mph (1 to 14 km/h) with low noise operation (below 40 dB).
- Auto Incline:** Features 12 levels of automatic incline to enhance calorie burning and workout intensity.
- Sturdy Structure:** Constructed with high-strength aluminum alloy and a unique parallelogram double-column support structure for stability and durability.
- Extra Wide Running Area:** Provides a spacious running surface (18.5" / 47cm wide) for unrestricted movement.
- Advanced Shock Absorption:** Incorporates a Dual Float Shock Absorption System with 14 points of shock

absorption and an 8-layer non-slip tread belt to protect joints.

- **Multi-function Console:** LED display shows Speed, Time, Steps, Distance, and Calories. Includes a kettle slot and adjustable phone/iPad holder.
- **Bluetooth Connectivity:** Built-in Bluetooth speaker for audio streaming, allowing you to enjoy music during your workout.
- **Foldable Design:** Easily folds for quick setup and compact storage, with built-in wheels for portability.



The BOTORRO R5PRO Treadmill, showcasing its design and foldable nature.



Overview of the treadmill's main features and capabilities.



Detailed view of the 8-layer non-slip running belt, designed for comfort and durability.



14 SHOCK ABSORBERS

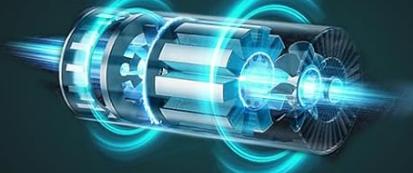
Illustration of the 14 shock absorbers providing cushioning for joint protection.



The extra-wide running area ensures ample space for comfortable exercise.



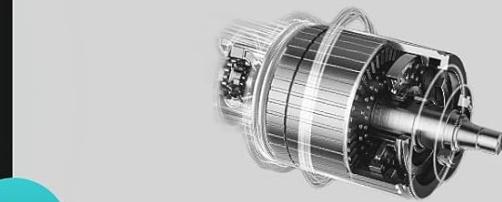
The powerful yet quiet motor ensures a smooth and less disruptive workout experience.



R5PRO Motor

- ✓ Lifespan: 3500 Hours
- ✓ Lower Noise: < 40 dB
- ✓ Lower Maintenance
- ✓ Environment Friendly
- ✓ Lower Power Consumption

VS



Other Motor

- ✗ Lifespan: 900 Hours
- ✗ Higher Noise: >65 dB
- ✗ Higher Maintenance
- ✗ Environment Unfriendly
- ✗ Higher Power Consumption

Comparison of the R5PRO motor's superior performance characteristics against other typical treadmill motors.

PARALLELOGRAM + TRIANGLE DESIGNED

LARGER WEIGHT CAPACITY
MORE STABLE



The unique structural design provides enhanced stability and supports a larger weight capacity.

3. SETUP GUIDE

The BOTORRO R5PRO Treadmill is designed for minimal assembly, allowing for quick setup and use. It comes largely pre-assembled.

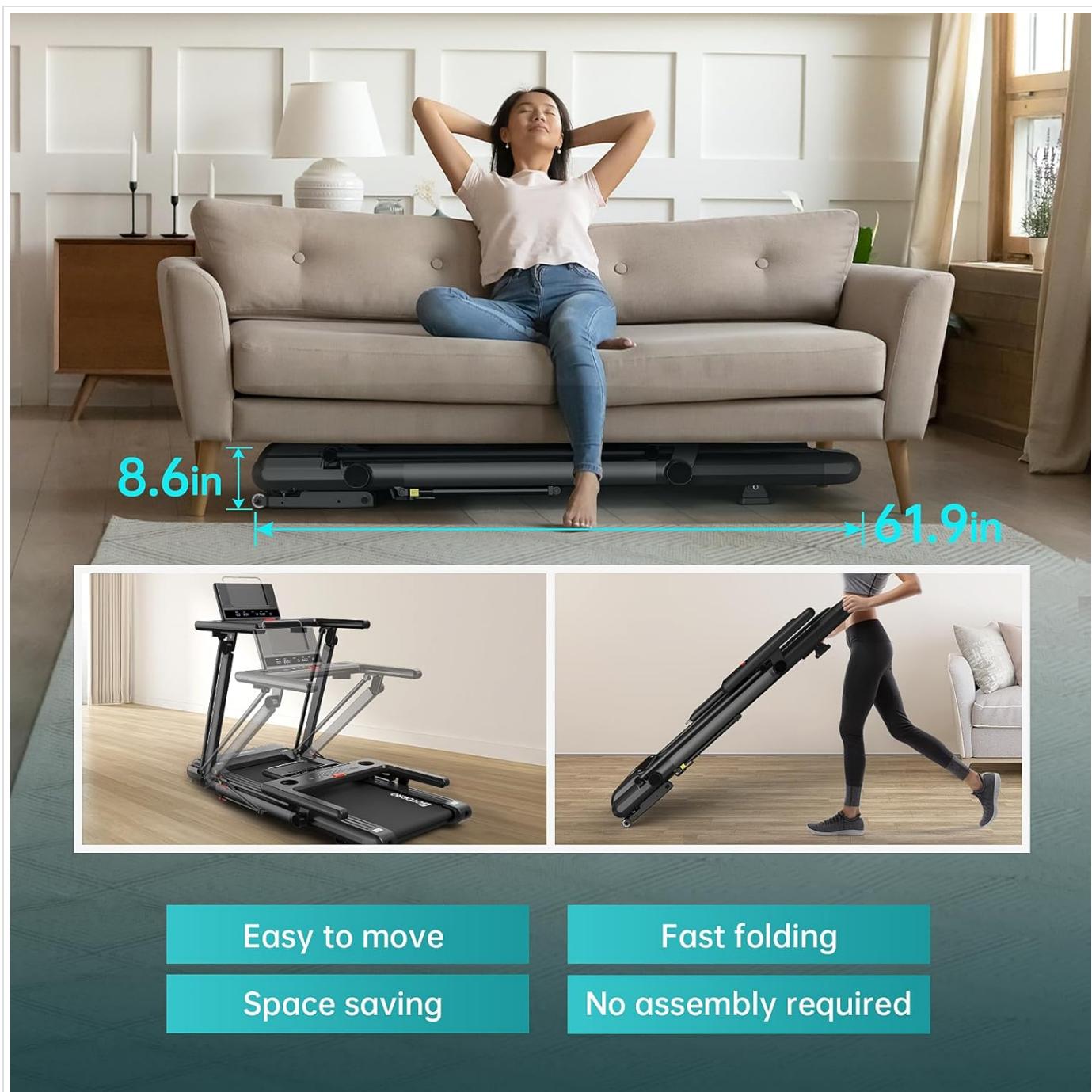
Unpacking and Placement:

1. Carefully remove the treadmill from its packaging. It is recommended to have two people for lifting due to its weight.
2. Place the treadmill on a firm, level surface, ensuring there is adequate clear space around it (at least 2 meters behind and 0.6 meters on each side).
3. Unfold the treadmill by following the instructions provided in the quick start guide or on the unit itself. The design allows for easy unfolding without tools.

Folding for Storage:

The R5PRO treadmill features a fast-folding mechanism for convenient storage.

1. Ensure the treadmill is powered off and unplugged.
2. Gently lift the running deck until it locks into the upright, folded position.
3. Utilize the built-in wheels at the front of the treadmill to easily move it to your desired storage location.



Easy to move

Space saving

Fast folding

No assembly required

The treadmill's design allows for fast folding and easy storage, making it ideal for home use.

4. OPERATING INSTRUCTIONS

Familiarize yourself with the control panel and various modes of the BOTORRO R5PRO Treadmill to optimize your workout experience.

Control Panel and Display:

The LED display provides real-time feedback on your workout metrics.

- **Speed:** Displays current running speed.
- **Time:** Shows elapsed workout time.
- **Steps:** Counts the number of steps taken.
- **Distance:** Indicates the distance covered.
- **Calories:** Estimates calories burned during the session.

APP MEMBERSHIP & LED MULTI-FUNCTION SCREEN STEREO BLUETOOTH SPEAKER



44 Days Kinomap Membership
Competition, Runway or PK-inspire potential

The multi-functional console with LED display and integrated Bluetooth speaker.



The control panel offers clear metrics and high-quality audio output.

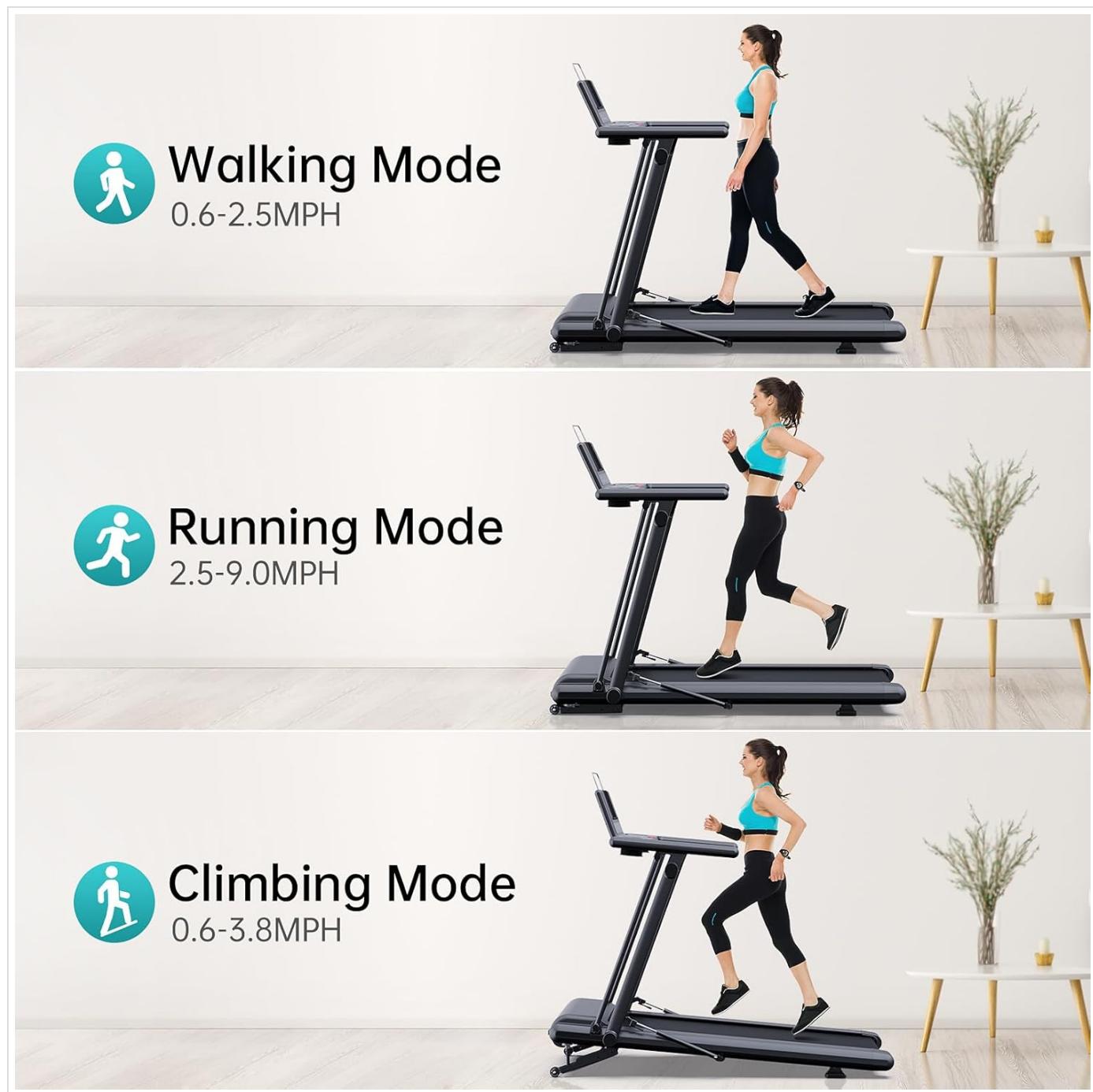
Starting a Workout:

1. Plug the power cord into a grounded outlet.
2. Attach the safety key to the designated slot on the console and clip the other end to your clothing.
3. Press the 'START' button on the console. The treadmill will begin with a low speed, allowing you to safely step on.
4. Use the speed control buttons to adjust your desired pace.
5. Adjust the incline using the incline control buttons on the console.

Workout Modes:

The R5PRO supports various exercise modes to suit your fitness goals.

- **Walking Mode:** Ideal for light exercise or warm-ups, typically 0.6-2.5 MPH.
- **Running Mode:** For more intense cardio, ranging from 2.5-9.0 MPH.
- **Climbing Mode:** Utilizes the auto-incline feature for a challenging uphill workout, typically 0.6-3.8 MPH with incline.



Visual representation of the different workout modes available on the treadmill.

3 IN 1 Incline Function, Improve Fat Burning

12-level incline design enhances fat-burning efficiency by up to 80%

 Walking Mode
0.6-2.5MPH



 Running Mode
2.5-9.0MPH



 Climbing Mode
0.6-3.8MPH



The 3-in-1 incline function allows for varied and effective workouts, including walking, running, and climbing simulations.

Bluetooth Connectivity:

To connect your device to the treadmill's Bluetooth speaker:

1. Ensure Bluetooth is enabled on your smartphone or tablet.
2. Search for available Bluetooth devices and select 'BOTORRO R5PRO' (or similar name).
3. Once connected, you can play audio through the treadmill's speakers.

Stopping a Workout:

To stop your workout, press the 'STOP' button on the console. The treadmill will gradually slow down and come to a complete stop. Alternatively, pulling the safety key will immediately stop the treadmill.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your BOTORRO R5PRO Treadmill.

Cleaning:

- Wipe down the console and exterior surfaces with a soft, damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents, as they may damage the finish.
- Periodically vacuum underneath the treadmill to prevent dust and debris buildup.

Lubrication:

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the included user manual for specific lubrication intervals and instructions. A bottle of lubricant is included with your treadmill.

Belt Adjustment:

If the running belt becomes off-center or slips, it may require adjustment. Consult the detailed instructions in the full user manual for proper belt centering and tensioning procedures.

6. TROUBLESHOOTING

This section addresses common issues you might encounter with your BOTORRO R5PRO Treadmill. For problems not listed here, please contact customer support.

Problem	Possible Cause	Solution
Treadmill does not start	Power cord not plugged in; Safety key not inserted; Power switch off.	Ensure power cord is securely plugged into a grounded outlet. Insert the safety key fully. Turn on the main power switch.
Running belt slips	Belt tension too loose; Belt needs lubrication.	Adjust belt tension according to manual. Apply lubricant under the belt as instructed.
Unusual noise during operation	Loose parts; Motor issue; Belt friction.	Check and tighten any loose bolts or screws. Lubricate the belt if needed. If noise persists, contact customer support.
Display not working correctly	Loose cable connection; Console malfunction.	Check all cable connections to the console. If the issue persists, contact customer support.

7. SPECIFICATIONS

Detailed technical specifications for the BOTORRO R5PRO Treadmill.

Feature	Specification
Model Name	R5PRO
Brand	BOTORRO
Product Dimensions (LxWxH)	62"D x 31"W x 48"H (157.5 cm x 78.7 cm x 121.9 cm)
Folded Size	62" x 31" x 8.6" (157.5 cm x 78.7 cm x 21.8 cm)
Item Weight	57 Kilograms (125.6 lbs)
Maximum Weight Recommendation	120 Kilograms (300 LBS)
Material	Carbon Steel, Aluminum
Maximum Horsepower	2.5 HP
Speed Range	1 - 14 Kilometers per Hour (0.6 - 9.0 Mph)
Maximum Incline Percentage	12 Levels (Auto Incline)
Deck Length	49 Inches (124.5 cm)
Display Type	LED
Connectivity Technology	Bluetooth
Power Source	Corded Electric
Assembly Required	No
Included Components	User Manual, Safety Key, Power Cord, Tool Kit, Lubricant



Product label with key specifications for the R5PRO Treadmill.

8. WARRANTY AND SUPPORT

BOTORRO is committed to providing excellent customer service and product support.

Warranty Information:

The BOTORRO R5PRO Treadmill comes with a **one-year warranty** from the date of purchase. This warranty covers manufacturing defects and significant malfunctions under normal use. Please retain your proof of purchase for warranty claims.

Customer Support:

For any questions, technical assistance, or warranty claims, please contact BOTORRO customer service. Our professional customer service team aims to resolve your problems within 24 hours. All parts provide 12 months of free replacement parts service.

Please refer to the contact information provided on the product packaging or the official BOTORRO website for the most up-to-date support channels.