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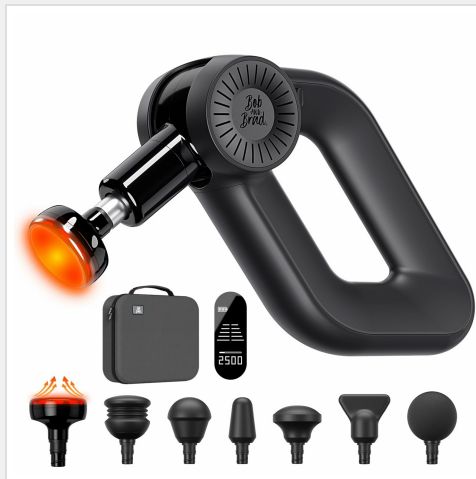
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› BOB AND BRAD D6 Pro Plus Massage Gun with Heat - Instruction Manual

BOB AND BRAD D6 Pro Plus

BOB AND BRAD D6 Pro Plus Massage Gun with Heat

INSTRUCTION MANUAL



Main unit of the BOB AND BRAD D6 Pro Plus Massage Gun with Heat.

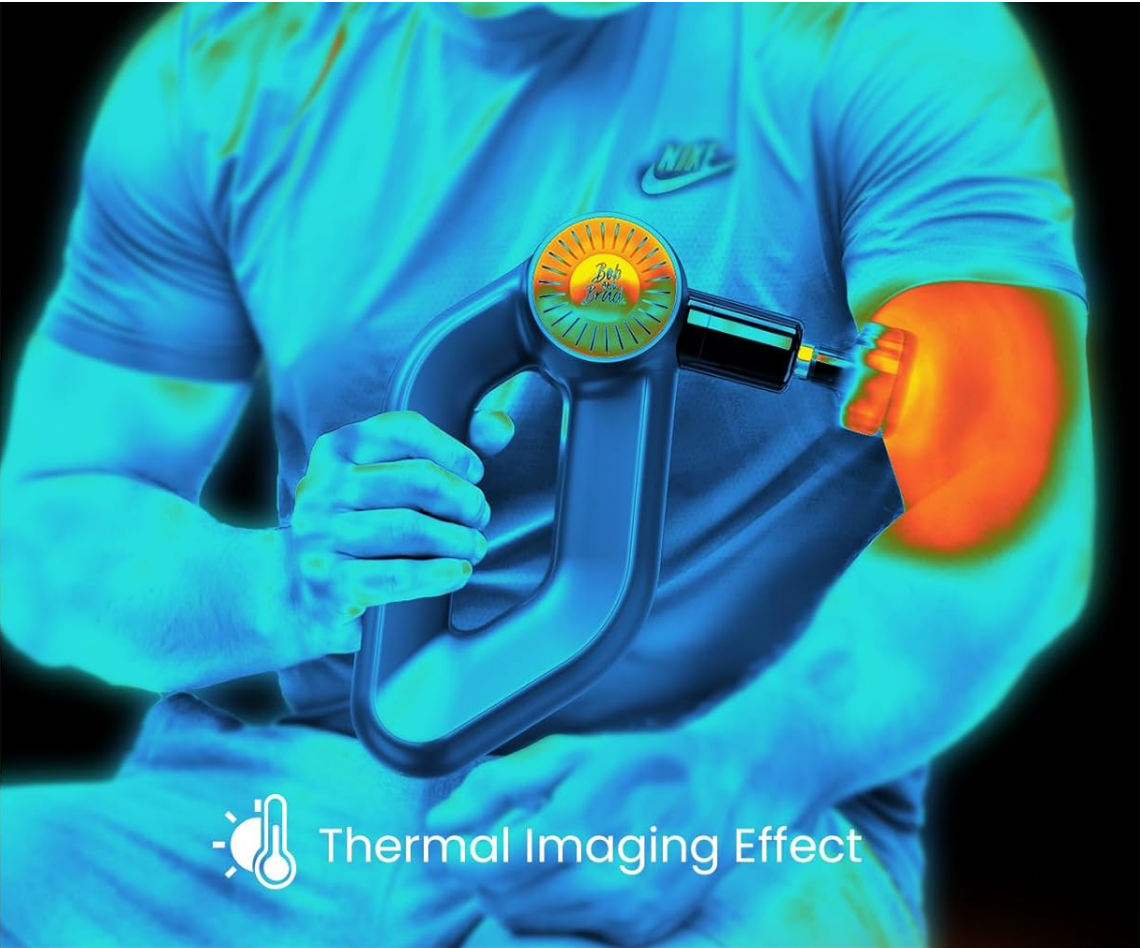
1. Safety Information


Always read and follow the instructions before use. Do not use on injured or inflamed areas. Keep away from face, eyes, and genitals. Do not use while sleeping or unconscious. Consult a doctor before use if you have a medical condition or are pregnant. Keep out of reach of children. Do not immerse in water. Unplug and allow to cool before storing. Do not use if the cord is damaged. Always unplug before changing massage heads. Do not use if the device becomes hot to touch. If you experience pain or discomfort, stop use immediately and consult a doctor.

2. Package Contents

Your BOB AND BRAD D6 Pro Plus Massage Gun package includes:

- BOB AND BRAD D6 Pro Plus Massage Gun (Main Unit)
- 7 Specialized Massage Heads (including a heated head)
- PD Fast Charging Adapter
- Stylish Carrying Case
- User Manual



 Thermal Imaging Effect

**Heat.
Relief on the spot.**

Manage soreness and stiffness
Post-exercise recovery




Image showing the massage gun, various attachments, charging cable, and carrying case.

3. Setup

1. **Charge the Massager:** Use the provided PD fast charging adapter to fully charge the device. The OLED display will indicate the battery status.

2. **Attach Massage Head:** Select the desired massage head and firmly attach it to the device by inserting and twisting until secure.
3. **Lubrication (if needed):** For optimal performance and longevity, apply a small amount of the provided grease to the shaft of the massage head as shown in the video below.

Video demonstrating how to apply grease for maintenance of the massage gun.

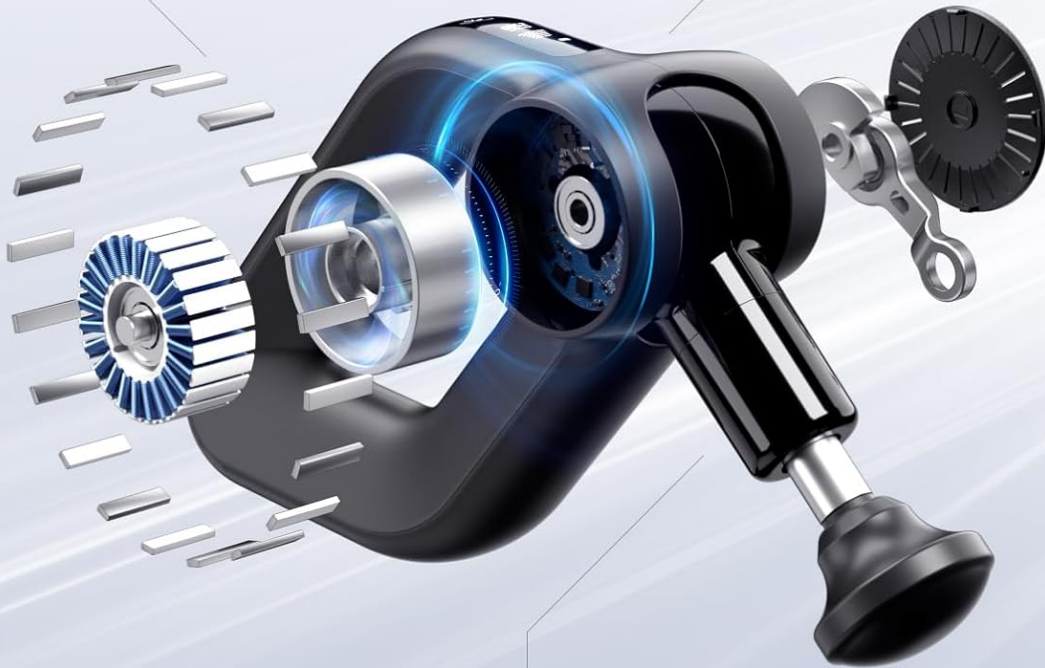
4. Operating Instructions

1. **Power On/Off:** Press and hold the power button to turn the device on or off.
2. **Select Speed/Mode:** The device offers 6 adjustable speeds (1500 to 2500 RPM) and 4 built-in programs (M1-M4). Use the speed adjustment buttons to cycle through speeds and modes. The OLED display shows real-time speed and intensity.
3. **Apply Massager:** Position the massager on the desired muscle group and apply gentle pressure. Move the massager in circular or back-and-forth motions.
4. **Use Heat Feature:** If using the heated massage head, activate the heat function as needed for enhanced relief.
5. **Ergonomic Multi-Grip:** The unique parallelogram design with a 90-degree adjustable connection allows for various grips (Standard, Base, Reverse) to comfortably reach different body areas.
6. **Auto Shut-Off:** The device features a 10-minute auto shut-off to prevent prolonged use on one area.

85 pounds stall force + 20% Quieter

—
All of the power.
None of the sound

—
The most powerful
massage gun on the market



—
Deliver the 85 Pounds
of power and 20% Quieter

The OLED display provides clear information on current settings and battery life.

Uniquely designed to reach the areas you can't



The ergonomic multi-grip design allows for versatile use on various body parts.

Video demonstrating the operation and features of the BOB AND BRAD D6 Pro Plus Massage Gun.

5. Specialized Massage Heads

The D6 Pro Plus comes with 7 specialized massage heads designed to target different muscle areas effectively:

- **Heated Head:** For enhanced blood circulation and muscle relaxation.
- **Ball Head:** General use for large muscle groups.
- **Flat Head:** For dense muscle areas.

- **Fork Head:** For spine and neck.
- **Bullet Head:** For deep tissue and trigger points.
- Additional specialized heads for varied massage needs.



A variety of massage heads are included to customize your massage experience.

6. Maintenance

- **Cleaning:** Wipe the device and massage heads with a damp cloth after each use. Do not use harsh chemicals.
- **Storage:** Store the massage gun and all accessories in the provided carrying case in a cool, dry place.
- **Lubrication:** Periodically apply the provided grease to the massage head shaft to ensure smooth operation.

7. Troubleshooting

- **Device Not Turning On:** Ensure the device is fully charged. If the issue persists, contact customer support.
- **Attachments Not Secure:** Ensure the massage head is properly inserted and twisted into place.
- **Reduced Performance:** Check battery level. Ensure the massage head is clean and properly lubricated.
- **Overheating:** The device has an auto shut-off feature. If it feels excessively hot, discontinue use and allow it to cool down before resuming.

8. Specifications

Feature	Detail
Product Dimensions	10.55 x 7.64 x 3.15 inches
Item Model Number	D6 Pro Plus
Item Weight	1.29 Kilograms (2.84 Pounds)
Power Source	Battery Powered (1 Lithium Metal battery included)
Amplitude	16mm
Stall Force	85lbs
Speed Range	1500 to 2500 RPM (6 adjustable speeds)
Battery Capacity	2500mAh automotive-grade battery
Charging Time	3.5-hour rapid charging

9. Warranty and Support

The BOB AND BRAD D6 Pro Plus Massage Gun comes with a **2-Year Warranty**. For any questions, concerns, or support needs, please contact BOB AND BRAD customer service. We offer dedicated US Customer Support to ensure your satisfaction.