

TRALT TRALT+TRALT+YX001-2-GEY-US

TRALT Office Chair Instruction Manual

Model: TRALT+TRALT+YX001-2-GEY-US

INTRODUCTION

Thank you for choosing the TRALT Ergonomic Office Chair. This manual provides detailed instructions for assembly, operation, and maintenance to ensure you get the most comfortable and supportive experience from your new chair. Designed with comprehensive assistance for your back, hips, and arms, this chair features a breathable mesh seat, adjustable lumbar support, and convenient mobility for any home or office environment.

SETUP & ASSEMBLY

Please follow these steps carefully to assemble your TRALT Office Chair. All necessary tools are included in the package. Assembly typically takes about 15-20 minutes.

Included Components:

- Backrest
- Seat
- Armrests
- Mechanism
- Gas Lift
- Base
- Legs
- Casters
- Wrench & Bolts

Assembly Steps:

1. Attach the chair legs to the base. Ensure all bolts are securely tightened.
2. Insert the casters into the leg ends of the base.
3. Insert the gas lift into the center hole of the base.
4. Attach the mechanism to the underside of the seat using the provided bolts. Ensure the 'FRONT' direction on the mechanism aligns with the front of the seat.

5. Attach the armrests to the seat using the designated screws.
6. Connect the backrest to the seat assembly.
7. Place the assembled seat and backrest onto the gas lift.



Figure 1: Key components of the TRALT Office Chair, including the base, gas lift, and silent wheels.

No seller-provided assembly videos were available for direct embedding based on the provided data.

OPERATING INSTRUCTIONS

Your TRALT Office Chair offers several adjustable features to customize your seating experience for optimal comfort and support.

Height Adjustment:

To adjust the chair's height, locate the lever on the right side beneath the seat. Pull the lever upwards while seated to lower the chair, or pull the lever upwards while standing to raise the chair. Release the lever to lock the height in place.

Adjustable Lumbar Support:

The chair features adaptable lumbar support to protect your spine and lower back. Adjust the lumbar support by turning the knob located on the side of the backrest. Turn the knob clockwise to increase the lumbar curve (pushing it forward) and counter-clockwise to decrease it (pulling it back). Adjust until you find your preferred level of support.

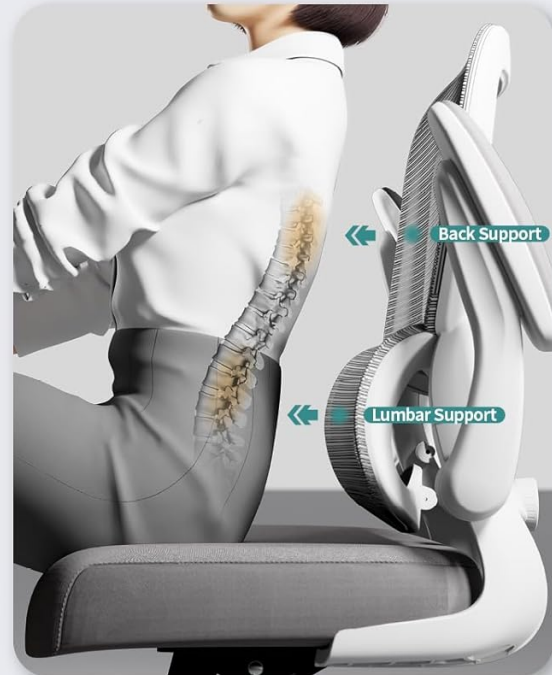


Figure 2: Adjustable lumbar support for personalized back comfort.

90° Flip-up Armrest:

The armrests can be flipped up to save space and allow for more freedom of movement. Simply lift the armrests upwards until they click into the vertical position. This feature is ideal for pushing the chair completely under a desk or when you need more space.

Adaptable Lumbar Support



**Protect your spine
and lower back**

Figure 3: Flip-up armrests provide flexibility and save space.

Recline Function:

The unique recline function allows you to tilt the backrest between 90° and 120°. To recline, pull the lever on the left side of the chair outwards. Lean back to your desired angle and push the lever inwards to lock the recline position. To return to an upright position, release the lock and lean forward.

Swivel & Mobility:

The chair features a 360° swivel base for effortless body rotation. Its silent rolling wheels move smoothly in any direction, making it ideal for hard floors and preventing scratches.

MAINTENANCE

Proper maintenance will extend the life of your TRALT Office Chair.

- **Cleaning:** For the mesh and fabric areas, use a damp cloth with mild soap and water. Avoid harsh chemicals or abrasive cleaners.
- **Tightening Bolts:** Periodically check all bolts and screws for tightness. Re-tighten them every 6 months or

whenever necessary to ensure stability and safety.

- **Caster Care:** Keep the casters free of hair, dust, and debris to ensure smooth rolling.
- **Lubrication:** If any moving parts begin to squeak or feel stiff, apply a small amount of silicone-based lubricant.

TROUBLESHOOTING

If you encounter any issues with your TRALT Office Chair, please refer to the common problems and solutions below.

- **Chair Sinks or Won't Stay Up:** Ensure the gas lift lever is fully engaged. If the issue persists, the gas lift may need replacement. Contact customer support.
- **Chair Squeaks or Creaks:** Check and tighten all assembly bolts. Lubricate moving parts (e.g., mechanism, gas lift) with a silicone-based lubricant.
- **Casters Not Rolling Smoothly:** Clean any debris (hair, lint) from the caster wheels. Ensure they are properly inserted into the base.
- **Backrest Wobbly:** Tighten the bolts connecting the backrest to the seat and the mechanism.

If you are unable to resolve the issue using these steps, please contact TRALT customer support for further assistance.

SPECIFICATIONS

Feature	Detail
Brand	TRALT
Model Name	TRALT+TRALT+YX001-2-GEY-US
Color	Grey
Product Dimensions	21.7"D x 28.4"W x 38.19"H
Item Weight	28 pounds
Back Style	Mesh Back
Special Feature	Silent rollers to protect the floor
Recommended Uses	Office
Load Capacity	Up to 330 lbs
Reclining Position Count	1 (90-120°)
Country of Origin	China

WARRANTY & SUPPORT

For warranty information or customer support, please refer to the product packaging or contact TRALT directly through their official website or the retailer where the chair was purchased. Keep your proof of purchase for any warranty claims.

