Fempoin P99

Fempoin Smart Watch P99 User Manual

Model: P99

1. Introduction

This manual provides detailed instructions for setting up, operating, and maintaining your Fempoin Smart Watch P99. Please read this guide thoroughly to ensure optimal performance and a complete understanding of all features.

Package Contents

Upon opening the package, verify that all items are present:

- Fempoin Smart Watch P99 (Main Unit)
- Silicone Watch Strap
- USB Magnetic Charging Cable
- User Manual

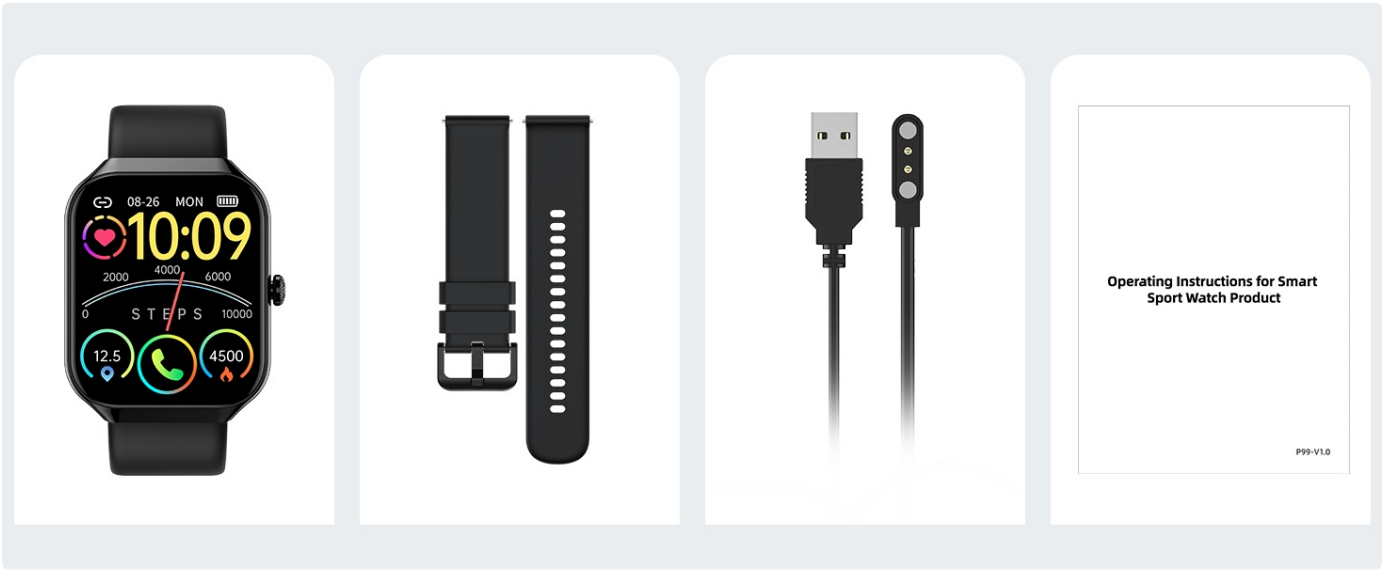


Image: The Fempoin Smart Watch P99, its interchangeable strap, magnetic charging cable, and the instruction manual.

2. Setup Guide

2.1 Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power source. A full charge typically takes approximately 2 hours.

2.2 App Installation and Pairing

To unlock the full functionality of your Fempoin Smart Watch P99, you must connect it to your smartphone via the 'GloryFit' application.

1. Open the Google Play Store (for Android) or Apple App Store (for iOS) on your smartphone.
2. Search for the application named "GloryFit" and download it.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the GloryFit app, navigate to the device binding section, and select "P99" from the list of available devices to pair.

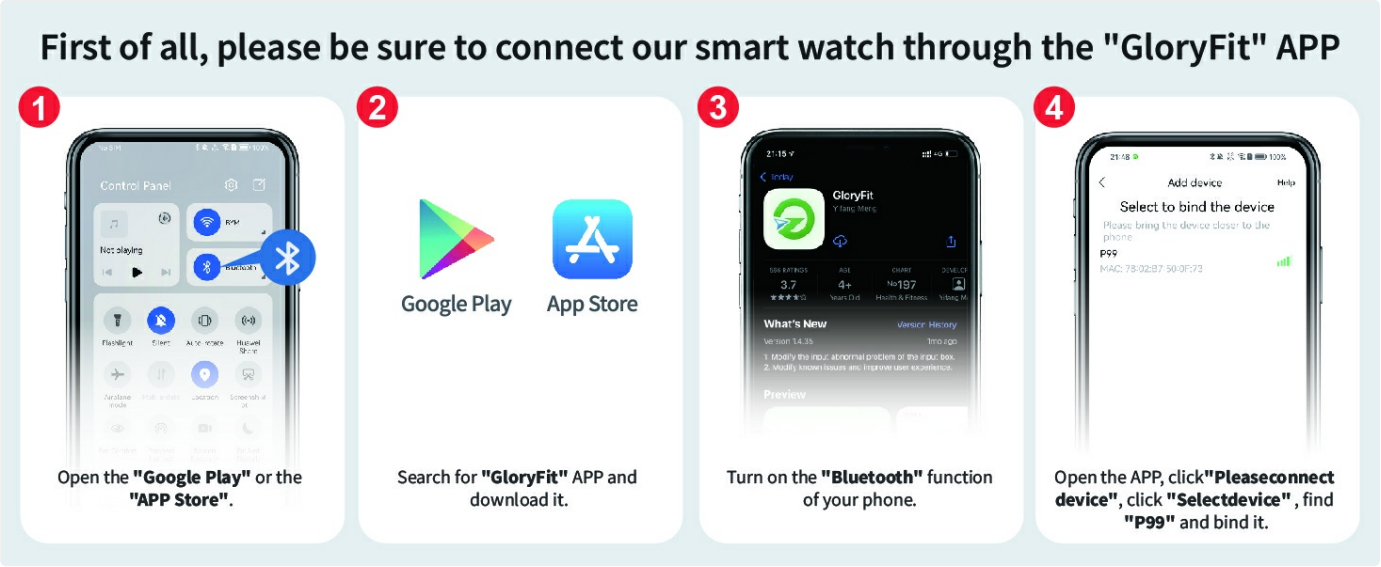


Image: Visual guide for connecting the smart watch to the GloryFit app on a smartphone.

2.3 Wearing the Watch Correctly

For accurate health monitoring, wear the smart watch neither too tightly nor too loosely. Ensure there is enough room for your skin to breathe, and that the sensors on the back of the watch maintain consistent contact with your skin.



Image: Illustration demonstrating the proper fit of the smart watch on the wrist for accurate sensor readings.

3. Operating Instructions

3.1 Basic Navigation

The Fempoin Smart Watch P99 features a 1.96" HD full touch screen. Navigate through menus and functions by swiping up, down, left, or right. The physical button on the side typically serves as a back button or to wake/sleep the screen.

3.2 Bluetooth Calling

Once paired with your smartphone, the watch supports Bluetooth calls, allowing you to answer and make calls directly from your wrist.

1. Ensure the watch is connected to your phone via Bluetooth and the GloryFit app.
2. Access the call function on the watch to view contacts, dial numbers, or check call history.
3. When a call comes in, you can answer or reject it from the watch screen.



Image: The smart watch screen showing options for contacts, dial pad, and an incoming call interface.

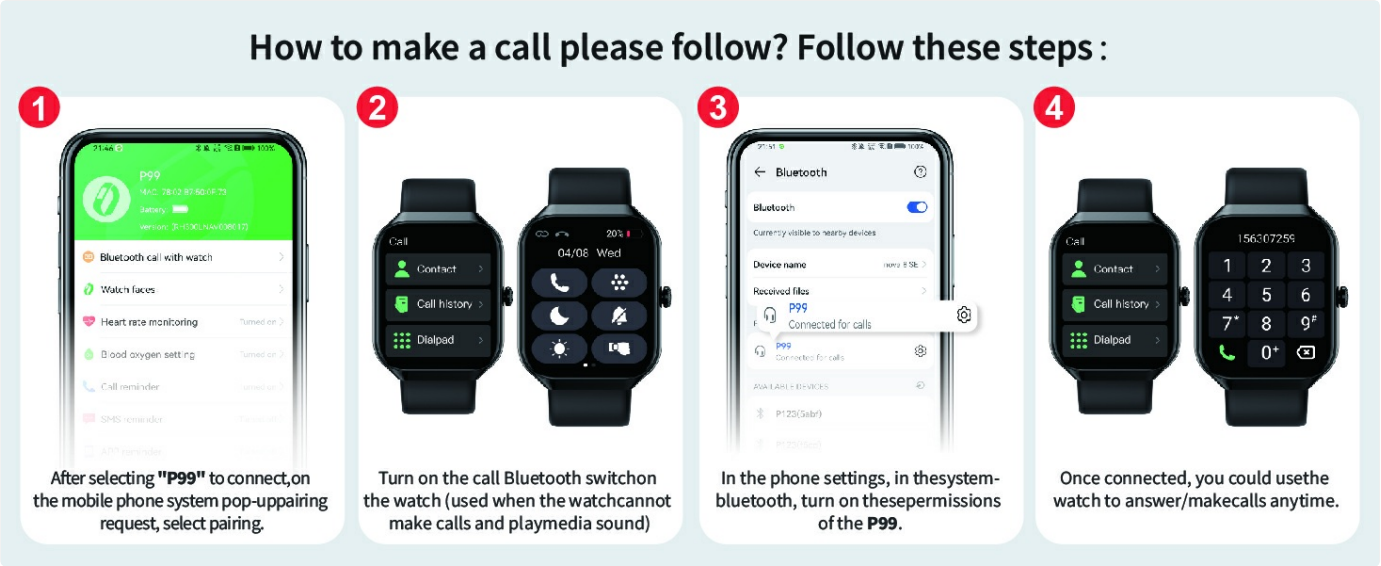


Image: A four-step guide illustrating how to activate and use the Bluetooth call feature on the watch.

3.3 Notifications

Receive real-time notifications from your smartphone directly on your watch. This includes text messages and alerts from various social media applications. Note that replying to messages directly from the watch is not supported.



Image: The smart watch screen showing incoming notifications from social media platforms.

3.4 Watch Face Customization

Personalize your watch with over 200 available watch faces through the GloryFit app. You can also upload your own photos to create custom watch faces.



Image: A selection of digital and analog watch faces, along with the feature to use personal photos as a watch face background.

3.5 Health Monitoring

The Fempoin Smart Watch P99 provides comprehensive health monitoring features:

- **Heart Rate Monitoring:** Tracks your heart rate 24/7, providing data to help you understand your physical health.
- **Sleep Tracking:** Monitors and assesses four sleep stages (awake, REM, light sleep, and deep sleep) to help improve sleep quality.
- **Blood Oxygen (SpO2) Measurement:** Tracks your blood oxygen levels around the clock.
- **Women's Health Management:** Provides insights into physiological cycles, including period, ovulation, and safe periods.



Image: Visual representation of the watch's health monitoring capabilities, including heart rate graphs, sleep stage breakdown, and blood oxygen levels.

3.6 Fitness Tracking

Track your daily activity and workouts with over 100 sport modes. The watch records calories burned, distance covered, and steps taken.

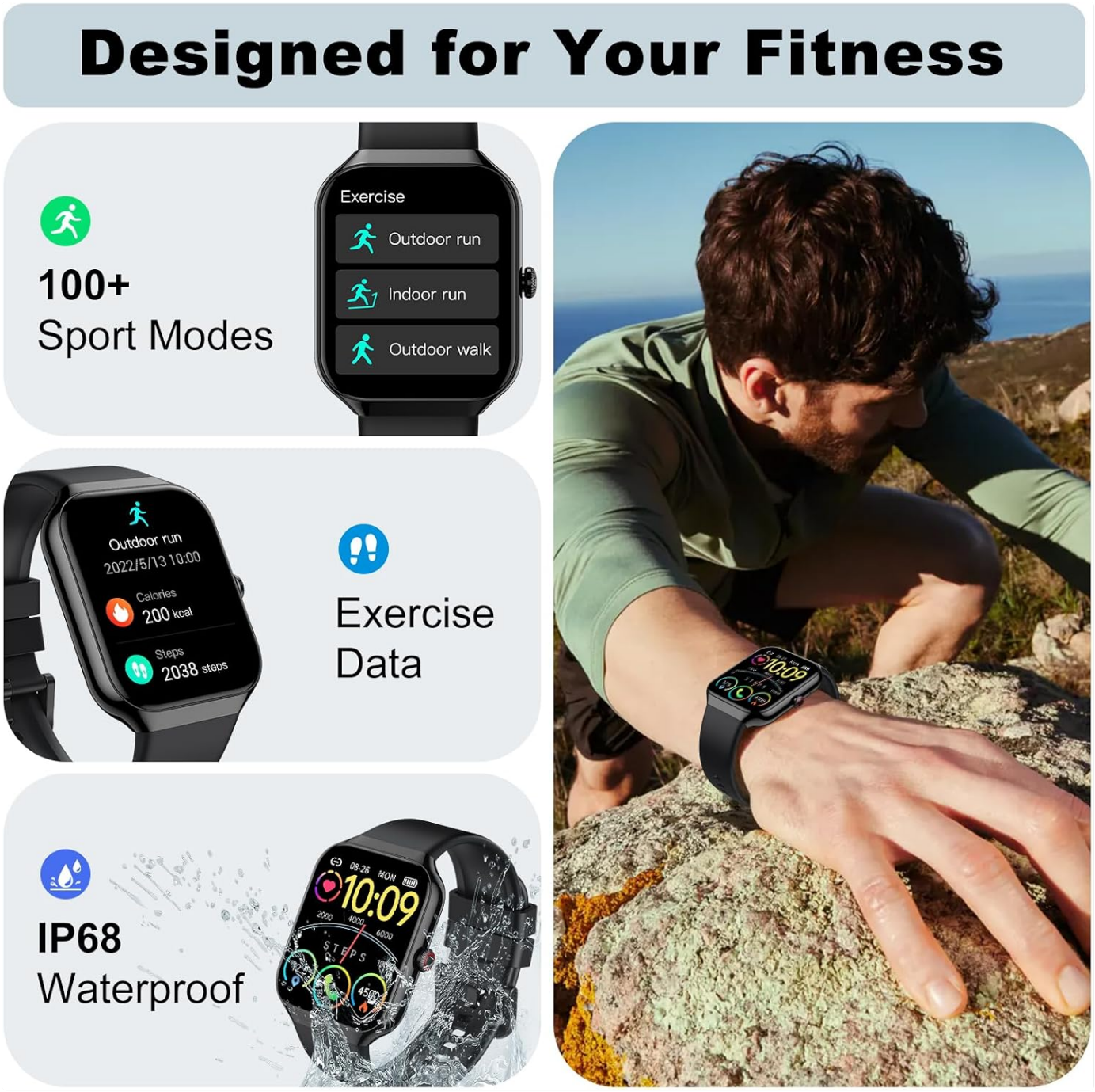


Image: The smart watch interface showing different sport modes and a summary of exercise data, such as calories and steps.

3.7 Additional Functions

The Fempoin Smart Watch P99 includes several other useful features:

- **Music Control:** Control music playback on your smartphone.
- **Remote Camera:** Use your watch as a remote shutter for your phone's camera.
- **Weather:** View current weather conditions and forecasts.
- **Stopwatch & Timer:** Essential tools for timing activities.
- **Find Phone:** Locate your paired smartphone.
- **Voice Assistant:** Access your phone's voice assistant.
- **Sedentary Notification:** Reminds you to move after periods of inactivity.
- **Alarm Clock:** Set alarms directly from your wrist.
- **Breathing Training:** Guided breathing exercises for relaxation.
- **Luminance Regulation:** Adjust screen brightness.



Image: A collage of the smart watch's additional features, including music control, remote camera, weather display, and various tools.

4. Maintenance

4.1 Waterproof Rating (IP68)

The Fempoin Smart Watch P99 is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. You can wear it while washing hands, showering, or swimming in shallow water. Avoid hot water, steam, or prolonged immersion in deep water.

4.2 Cleaning and Care

To maintain your watch, regularly clean the screen and strap with a soft, dry cloth. If necessary, use a slightly damp cloth for the strap. Avoid harsh chemicals or abrasive materials.

5. Troubleshooting

If you encounter issues with your Fempoin Smart Watch P99, refer to the following common solutions:

- **Connectivity Issues:** Ensure Bluetooth is enabled on your phone and the watch, and that the GloryFit app is running in the background. Try unpairing and re-pairing the device.
- **Inaccurate Readings:** Verify that the watch is worn correctly on your wrist, not too loose or too tight, allowing the sensors to make proper contact with your skin.
- **Battery Draining Quickly:** Reduce screen brightness, limit background app refresh, and disable unnecessary notifications. Ensure the watch is fully charged for 2 hours.
- **Watch Not Responding:** Try restarting the watch. If unresponsive, perform a factory reset via the settings menu (note: this will erase all data).
- **App Synchronization Problems:** Check your phone's internet connection and ensure the GloryFit app has all necessary permissions.

6. Specifications

Feature	Specification
Model Number	P99
Display	1.96 Inches HD Full Touch Screen
Battery Capacity	300 mAh Lithium Polymer
Charging Time	Approx. 2 hours
Typical Use Time	Up to 7 days
Standby Time	Up to 30 days
Waterproof Rating	IP68
Connectivity	Bluetooth
Compatibility	Android 5.0+ / iOS 9.0+
Product Dimensions	1.18 x 0.39 x 1.97 inches
Item Weight	0.035 ounces (1 Grams)

7. Warranty and Support

Your Fempoin Smart Watch P99 comes with a 2-year warranty. For any product-related inquiries or support, Fempoin offers 24-hour customer service response.



Image: Details on the 2-year warranty and 24-hour customer service response provided by Fempoin.

Please refer to the contact information provided in your product packaging or on the official Fempoin website for direct support.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

How do I download the contacts list from my iPhone 12 to the Fempoin P99 Smart Watch?

To download or sync contacts from your iPhone 12 to the Fempoin P99 Smart Watch, you must use the GloryFit application. Follow these steps:Ensure Pairing: Make sure your watch is successfully paired with your...

Read full answer