

[Manuals.plus](#) /

› [Soudorv](#) /

› Soudorv Smart Watch T70B User Manual

## Soudorv T70B

# Soudorv Smart Watch T70B User Manual

Comprehensive instructions for your Soudorv Smart Watch T70B, including setup, operation, and maintenance.

## 1. INTRODUCTION

---

This manual provides detailed instructions for the Soudorv Smart Watch T70B. Please read it carefully to ensure proper use and to fully utilize all features of your device. The Soudorv Smart Watch T70B is designed to enhance your daily life with features such as Bluetooth 5.3 for calls, a full touch screen, heart rate and blood oxygen monitoring, step counting, sleep analysis, and various sports modes.

### **Package Contents:**

- Soudorv Smart Watch T70B
- Magnetic Charging Cable
- User Manual (this document)

Soudorv



# SMART WATCH

## Your Fitness Tracker

Image 1.1: Soudorv Smart Watch T70B product packaging. The box displays the smartwatch and its branding.

## 2. SETUP

### 2.1 Charging the Device

Before initial use, fully charge your Soudorv Smart Watch T70B. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a 5V/1A power source. A full charge typically takes approximately 2 hours.



Image 2.1: The smartwatch displaying an 80% charge level, indicating its long battery life and magnetic charging capability.

## 2.2 App Installation and Pairing

1. **Download the App:** Search for "GloryFit" in the App Store (iOS 9.0 and higher) or Google Play Store (Android 5.0 and higher) and install it on your smartphone.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open GloryFit App:** Launch the "GloryFit" app and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the app, navigate to the device section and select "Add Device" or a similar option. The app will search for available devices.
5. **Select Your Watch:** Choose "Soudorv T70B" from the list of found devices to initiate the pairing process.
6. **Confirm Pairing:** A pairing request may appear on your watch. Confirm the pairing on both your watch and smartphone.

Once paired, the watch will synchronize data with the app, and you can customize settings and view detailed health and activity reports.

## 3. OPERATING INSTRUCTIONS

### 3.1 Basic Navigation

The Soudorv Smart Watch T70B features a 1.91-inch TFT HD full touch screen (320x380 resolution) for intuitive navigation.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or confirm an action.
- **Press Side Button:** Return to the main watch face or power on/off the device.



Image 3.1: Close-up of the Soudorv Smart Watch T70B's 1.91-inch HD display, highlighting its vivid and brilliant visual quality.

### 3.2 Making and Answering Calls

With its Bluetooth 5.3 chip, the watch allows you to manage calls directly from your wrist.

- **Answering Calls:** When an incoming call is received, tap the green phone icon on the watch screen to answer.
- **Making Calls:** Access the "Dialpad" or "Frequent Contacts" feature on your watch to initiate a call. Ensure your watch is connected to your smartphone via Bluetooth.

- **Sync Contacts:** Use the "GloryFit" app to sync your mobile contacts to the watch for quick dialing.



Image 3.2: The smartwatch displaying a call dialpad and various smart notification icons from social media and messaging apps.

### 3.3 Health Activity Tracking

The watch continuously monitors various health metrics:

- **Heart Rate:** Real-time heart rate monitoring.
- **Blood Oxygen (SpO2):** Measures blood oxygen levels.
- **Sleep Monitoring:** Tracks deep sleep, light sleep, and provides sleep quality analysis.
- **Menstrual Cycle Tracking:** Predicts menstrual periods and ovulation for female users.

All collected health data is synchronized with the "GloryFit" app, providing a comprehensive overview of your health status. *Note: Smartwatch data is for reference only and cannot be used for medical purposes. Consult a professional doctor for medical advice.*

# Your Health Guardian

The smartwatch can measure heart rate in real-time.



Heart Rate



Heart Rate



Blood Oxygen



Image 3.3: The smartwatch displaying heart rate, blood oxygen, and sleep tracking data, emphasizing its role as a health guardian.

## 3.4 Sports Modes and Activity Monitoring

The watch supports over 110 sports modes, tracking your performance during various physical activities.

- **Data Recorded:** During workouts, the watch records data such as heart rate, steps, calories burned, distance, and active hours.
- **Accessing Sports Modes:** Navigate through the watch's menu to select your desired sport mode.



Image 3.4: An illustration showing a person running, with the smartwatch displaying various sports activity metrics like distance, steps, calories, and heart rate.

### 3.5 Smart Notifications

Receive notifications directly on your watch for incoming calls, emails, texts, and messages from various social media platforms (e.g., Facebook, WhatsApp, Twitter, Instagram).

- Ensure the "GloryFit" app has the necessary permissions to access notifications on your smartphone.
- Configure which app notifications you wish to receive through the "GloryFit" app settings.

### 3.6 Other Functions

The Soudorv Smart Watch T70B includes several utility features:

- **Weather Forecast:** View current weather conditions.
- **Calculator:** Perform basic calculations.
- **Music Control:** Control music playback on your smartphone.
- **Camera Control:** Remotely trigger your smartphone's camera.
- **Alarm Clock:** Set alarms.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.

- **Stopwatch & Timer:** For timing activities.
- **Find Your Phone:** Locate your paired smartphone.
- **DIY Dials:** Customize your watch face with personal photos or choose from over 100 online watch faces.
- **Brightness Adjustment:** Manually adjust display brightness (4 levels).



Image 3.5: A collage showcasing various practical functions of the smartwatch, including voice assistant, calculator, camera control, music control, and multiple customizable watch faces.

## 4. MAINTENANCE

### 4.1 Waterproofing

The Soudorv Smart Watch T70B has an IP68 waterproof rating, meaning it is resistant to dust and can withstand submersion in water up to a certain depth for a limited time. It is suitable for daily use, such as washing hands or wearing in rainy weather.

**Important: Do NOT use the watch in showers, saunas, or while swimming. Exposure to hot water, steam, or high-pressure water jets may compromise the waterproof seals.**

### 4.2 Cleaning

To maintain the watch's appearance and functionality:

- Wipe the screen and strap regularly with a soft, dry cloth.
- If necessary, use a slightly damp cloth for stubborn dirt, then dry thoroughly.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the watch's finish and components.

### 4.3 Battery Care

- Avoid fully discharging the battery frequently.
- Charge the watch using only the provided magnetic charging cable and a compatible 5V/1A power adapter.
- Do not expose the watch to extreme temperatures (very hot or very cold) as this can affect battery life and performance.

## 5. TROUBLESHOOTING

---

If you encounter issues with your Soudorv Smart Watch T70B, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the magnetic charger and wait a few minutes before attempting to power it on again.
- **Cannot pair with phone:**
  - Ensure Bluetooth is enabled on your phone and the watch.
  - Make sure the watch is within range of your phone.
  - Restart both your phone and the watch.
  - Try unpairing and re-pairing the device through the "GloryFit" app.
- **Notifications not received:**
  - Check if the "GloryFit" app is running in the background on your phone.
  - Verify that notification permissions are granted to the "GloryFit" app in your phone's settings.
  - Ensure notifications are enabled for specific apps within the "GloryFit" app.
- **Inaccurate health data:**
  - Ensure the watch is worn snugly on your wrist, not too loose or too tight.
  - Clean the sensor on the back of the watch.
  - *Remember: Smartwatch data is for reference only and not for medical diagnosis.*
- **Short battery life:**
  - Reduce screen brightness.
  - Disable unnecessary features or continuous monitoring if not required.
  - Ensure the watch is fully charged each time.

If problems persist, contact Soudorv customer support for further assistance.

## 6. SPECIFICATIONS

---

Brand	Soudorv
-------	---------

<b>Model</b>	T70B
<b>Display Size</b>	1.91 Inches
<b>Display Type</b>	LCD
<b>Resolution</b>	320 x 380
<b>Operating System</b>	AsteroidOS
<b>Connectivity</b>	Bluetooth 5.3
<b>Compatible Devices</b>	Smartphones (Android 5.0+, iOS 9.0+)
<b>Battery Capacity</b>	300 Milliamp Hours (Lithium Polymer)
<b>Charging Time</b>	Approx. 2 Hours
<b>Waterproof Rating</b>	IP68
<b>Item Weight</b>	40 g
<b>Special Features</b>	Bluetooth calling, full touch screen, heart rate, blood oxygen, step counting, sleep tracking, alarm clock, sedentary reminder, remote photography, music control, female menstrual period prediction, wrist flick to brighten screen, weather, 110+ sports modes, magnetic charging, APP notifications.

## SPECIFICATION

## COLOR

MODEL:	T70
DEVICE TYPE:	Color TFT-LCD Smart bracelet
DISPLAY:	1.91 inch
SENSORS:	Three-axis sensor / Green light rate sensor
WATERPROOF RATING:	IP68
COMPATIBLE SYSTEMS:	Android 5.0 or above iOS 9.0 or above

### WARNING

- Please do not make the device disassemble, strike or throw into the fire.
- Please do not place the device in high temperature or deep water environment.
- Please must be connected to a power source in 5V/ 1A while charging device.
- Smart watch data cannot be used for medical purposes.  
The monitoring data is for reference only.  
If you need medical help, please contact a professional doctor.

PRODUCER

Producer Name : SHEN ZHEN HAO CHENG TECHNOLOGY CO.,LTD  
Address : 501,Main Building,Qiaocheng No.1 Plaza,No.2  
shenyun Road,Gaofa Community,Shahe  
Street,Nanshan District,Shenzhen city  
E-Mail : iqwdoe@gmail.com

UK  
REP

Company Name : CYRUS-Consulting Ltd  
Address : 40 Sheepcote Drive,Rugby, England, CV 239 FG  
E-Mail : manager@cyrus-consultingltd.co.uk

EC  
REP

Company Name : eVatmaster Consulting GmbH  
Address : Bettinastr. 30, 60325 Frankfurt am Main, Germany  
E-Mail : contact@evatmaster.com

标签粘贴区域

Image 6.1: The back of the product packaging showing detailed specifications and warnings for the Soudorv Smart Watch T70B.

## 7. IMPORTANT SAFETY INFORMATION AND WARNINGS

- Do not disassemble, strike, or throw the device into fire.
- Do not place the device in high temperature or deep water environments.
- Ensure the device is connected to a power source of 5V/1A while charging.
- Smartwatch data is for reference only and cannot be used for medical purposes. If you require medical assistance, please consult a professional doctor.



Image 7.1: Side view of the product packaging displaying various compliance certifications such as CE, FCC, and RoHS.

## 8. WARRANTY AND SUPPORT

---

For warranty information or technical support, please refer to the contact details provided with your purchase documentation or visit the official Soudorv website. Keep your purchase receipt as proof of purchase.

For app-related queries or data synchronization issues, refer to the "GloryFit" app's help section.