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› Soudorv P97 Smart Watch User Manual

## Soudorv P97

# Soudorv P97 Smart Watch User Manual

Model: P97

## INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Soudorv P97 Smart Watch. Designed for both men and women, this fitness activity tracker offers a wide range of features including Bluetooth calling, comprehensive health monitoring, and multiple sports modes. Please read this manual thoroughly to ensure optimal use of your device.



A detailed view of the Soudorv P97 Smart Watch, showcasing its rectangular display and white silicone strap. The screen shows the current time (17:23), date (06/05 FRI), temperature (24°C), battery level, and various fitness metrics including distance (11.18 km), heart rate (098 BPM), and steps (26880). A smaller inset image shows the watch displaying an incoming call.

## GETTING STARTED

### 1. What's in the Box

- P97 Smart Watch x1
- Charging Cable x1
- Instruction Manual x1

### 2. Charging the Device

Before first use, fully charge your Soudorv P97 Smart Watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (not included). A full charge typically takes approximately 2 hours. A fully charged watch provides up to 7 days of average usage and approximately 30

days of standby time.



The advertisement features a central image of a white Soudorv P97 Smart Watch with a black screen displaying various health metrics: date (06/05 FRI), temperature (24°C), time (17:23), distance (11.18 KM), heart rate (098 BPM), and steps (416). The watch is shown splashing in water. To the right, the text 'IP68 Waterproof' is prominently displayed. Below this, four circular icons represent different water-related activities: a muscular arm for 'Sweat', a hand being washed for 'Wash', a shower for 'Bath', and a rain cloud for 'Rain'. The bottom section is titled 'Long Battery Life' and lists three key features in white boxes: '2 Hours Charging time', '7 Days Average usage', and '30 Days Power-saving mode'. A large blue arc with '30 DAYS' written on it surrounds a close-up of the watch's screen, which shows a green lightning bolt icon inside a circle, indicating battery status.

The Soudorv P97 Smart Watch is depicted with water splashing on it, emphasizing its IP68 waterproof rating suitable for sweat, washing, bath, and rain. The image also provides details on its long battery life: 2 hours charging time, 7 days average usage, and 30 days power-saving mode.

### 3. App Installation and Pairing

1. **Download the App:** Scan the QR code in the included manual or search for "Gloryfit" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Install and Open:** Install the "Gloryfit" app and open it.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** In the "Gloryfit" app, navigate to the device section and search for your Soudorv P97 Smart Watch. Select it to pair. The watch seamlessly syncs with Android 5.0 / iOS 10.0 and above smartphones with Bluetooth 5.3.

### 4. Initial Setup and Profile Configuration

After successful pairing, follow the on-screen prompts in the "Gloryfit" app to set up your personal profile, including age, height, weight, and gender. This information helps the watch provide more accurate health and fitness data.

## USING YOUR SMART WATCH

### 1. Basic Navigation and Display

The Soudorv P97 features a 1.57" ultra HD full touch color screen. Swipe across the screen to navigate through different functions and menus. Tap to select an option or confirm an action.



This image focuses on the 1.57" HD full touch screen of the Soudorv P97 Smart Watch, showing a variety of customizable watch faces (dials). It also features icons for additional functions like Weather, Alarm Clock, Camera, Music, Timer, Stopwatch, Voice Assistant, Messages, Find Phone, Women's Health, and Breathing Training.

### 2. Making and Receiving Calls

With Bluetooth 5.3, the watch allows you to make and answer calls directly from your wrist. The built-in microphone and Hi-Fi speaker minimize background noise for clear communication.

- **To Make a Call:** Access the dial pad or contacts list on your watch.
- **To Answer a Call:** When a call comes in, tap the green answer icon on the watch screen.

# Bluetooth Call & Smart Notification

You will not miss messages & call important to you.



This image illustrates the Bluetooth call and smart notification features of the Soudorv P97 Smart Watch. It shows a hand interacting with the watch, displaying call records, a dial pad, and various app notifications from platforms like Facebook, WhatsApp, Instagram, and Twitter.

Icons represent microphone, call logs, speaker, dial pad, contacts, and callback functions.

### 3. Notifications and Messaging

Receive texts and app notifications (e.g., Facebook, WhatsApp, Instagram, Twitter) directly on your watch through vibrating alerts. Ensure notification permissions are enabled in the "Gloryfit" app and your phone settings.

### 4. Health Monitoring

The P97 Smart Watch features a high-performance sensor for 24/7 health monitoring.

- **Heart Rate:** Records real-time heart rate changes.
- **Sleep Monitoring:** Provides insightful data to optimize your rest.
- **Blood Oxygen:** Monitors SpO2 levels.
- **Breathing Exercises:** Guided exercises for relaxation.

# 24/7 Health Management



Heart Rate



Sleep Tracking



Blood Oxygen

A woman is shown stretching, wearing the Soudorv P97 Smart Watch. The image highlights the watch's "24/7 Health Management" features, with detailed displays for Heart Rate (showing 90 BPM and heart rate zones), Sleep Tracking (showing sleep duration and 7-day sleep data), and Blood Oxygen (showing 98% SpO2).

## 5. Activity Tracking and Sports Modes

Elevate your fitness journey with the watch's comprehensive activity tracking and over 113 sports modes.

- **Daily Activity:** Monitors steps taken, calories burned, and distance traveled.
- **GPS Tracking:** Utilizes your smartphone's GPS via the "Gloryfit" app for accurate route tracking during outdoor activities.
- **Sports Modes:** Choose from over 113 modes including running, cycling, fitness, and more to track specific workouts.

**110+ Sport Modes**

The collage features several images of athletes in action: two women in blue and white athletic wear performing a high kick, a man in black athletic wear running, a cyclist in a blue and white jersey, and a skier in a yellow and black jacket. Below these images is a grid of 21 circular icons representing various sports activities. To the right, a smartwatch displays a list of sport modes: Walking, Running, Cycling, and Climbing. Next to the watch, a smartphone screen shows a 'Steps' app interface with a bar graph of activity data and summary statistics: 7.22 km Distance and 0 days Days Achievement.

A collage showcasing diverse sports activities such as walking, running, cycling, and climbing, illustrating the Soudorv P97 Smart Watch's support for over 110 sport modes. An inset image displays the watch interface with a list of sport modes and a graph of activity data.

# All DAY Activity Tracking



Calories Burned



Step Count



Tracking Distance



26°C Cloudy



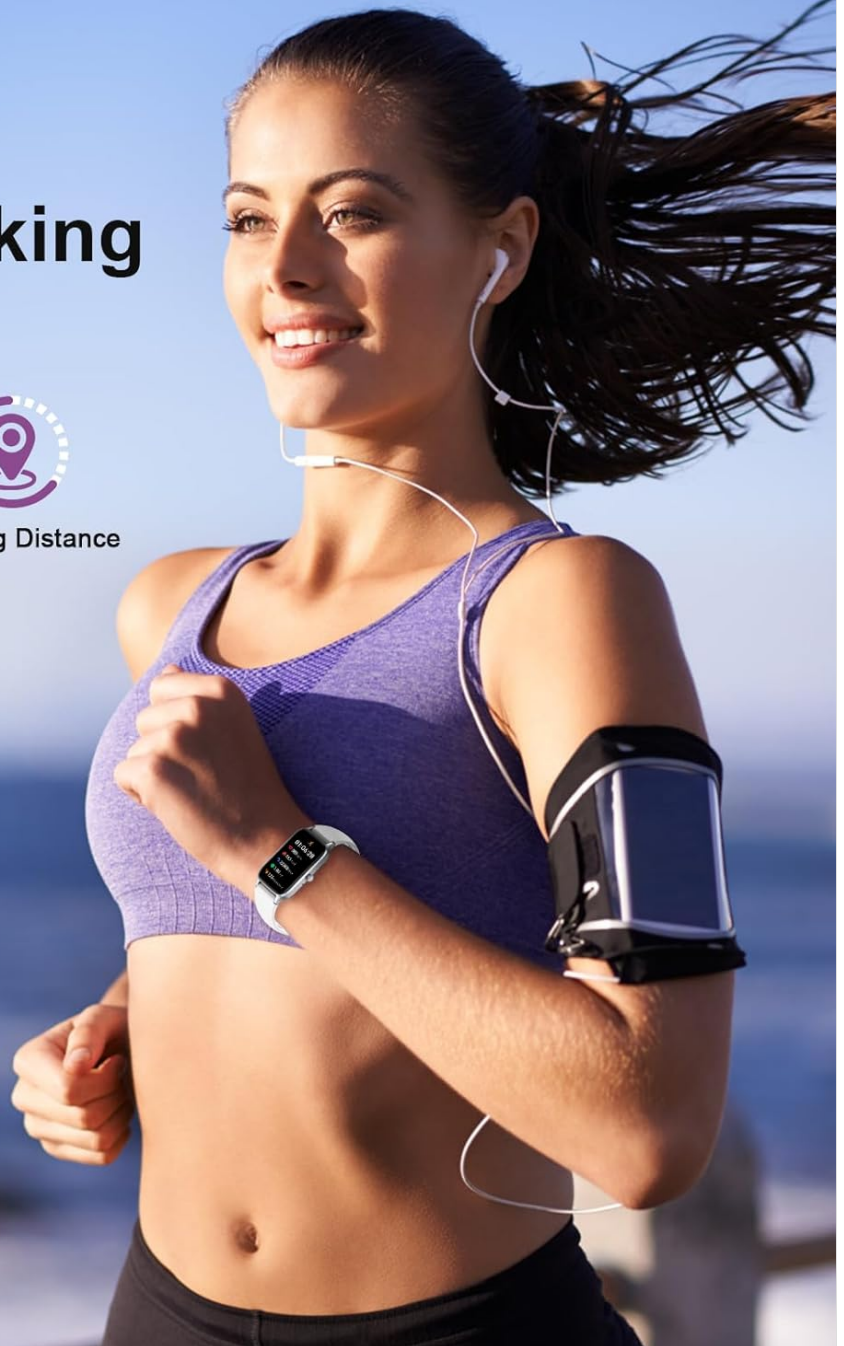
9021 Steps



378 Kcal



7.36 Km



An image depicting a woman running outdoors, wearing the Soudorv P97 Smart Watch. Overlaid graphics highlight the watch's "All Day Activity Tracking" capabilities, including calories burned, step count, and tracking distance. Specific data points shown are 26°C Cloudy, 9021 Steps, 378 Kcal, and 7.36 Km.

## 6. Customizing Your Watch

Personalize your watch with over 250 online dial wallpapers available through the app. You can also customize your dial wallpaper using your favorite photos.

## 7. Additional Features

The Soudorv P97 Smart Watch includes many practical features:

- Alarm Clock
- Stopwatch
- Timer
- Camera Control (remote shutter)
- Find Your Phone
- Calculator

- Music Control
- Weather Forecast
- Calendar
- Brightness Adjustment
- Women's Menstrual Period Prediction
- Wrist Flicking and Screen Brightening

## CARE AND MAINTENANCE

### 1. Water Resistance Guidelines

The Soudorv P97 Smart Watch is IP68 waterproof, meaning it is resistant to sweat, splashes, and rain. It can be worn during hand washing or light exposure to water. However, it is **not recommended** for hot baths, saunas, diving, or prolonged submersion in water, as steam and high temperatures can compromise the seal.

### 2. Cleaning Your Watch

Regularly clean your watch to maintain its appearance and functionality.

- Wipe the screen and strap with a soft, damp cloth.
- For stubborn dirt, use a mild soap solution and rinse thoroughly with clean water, then dry completely.
- Avoid using harsh chemicals or abrasive materials, which can damage the watch.

### 3. Battery Management

To prolong battery life:

- Charge the watch fully before it completely drains.
- Avoid exposing the watch to extreme temperatures.
- Reduce screen brightness and disable unnecessary features if extended battery life is needed.

## TROUBLESHOOTING

If you encounter issues with your Soudorv P97 Smart Watch, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power it on.
- **Unable to pair with phone:**
  1. Ensure Bluetooth is enabled on your phone and the watch.
  2. Make sure the watch is within range of your phone.
  3. Restart both your phone and the watch.
  4. Clear the Bluetooth cache on your phone (if applicable) and try pairing again.
- **Inaccurate health data:**
  1. Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone.
  2. Verify your personal information (age, height, weight) is correctly entered in the "Gloryfit" app.
  3. Clean the sensor on the back of the watch.
- **Notifications not received:**
  1. Check that notification permissions are enabled for the "Gloryfit" app in your phone's settings.
  2. Ensure the "Gloryfit" app is running in the background.
  3. Verify that the watch is connected to your phone via Bluetooth.
- **Short battery life:**

1. Reduce screen brightness.
2. Disable continuous heart rate monitoring if not needed.
3. Limit the number of active notifications.
4. Ensure the watch is not constantly searching for a Bluetooth connection.

If these steps do not resolve your issue, please contact customer support.

## SPECIFICATIONS

Feature	Detail
Model Number	P97
Display Size	1.57 Inches
Connectivity Technology	Bluetooth 5.3
Operating System	Android (compatible with Android 5.0+ and iOS 10.0+)
Water Resistance	IP68
Battery Capacity	350 mAh (Lithium Polymer)
Charging Time	Approx. 2 hours
Average Usage Time	Up to 7 days
Standby Time	Up to 30 days
Memory Storage Capacity	1 GB
Item Weight	30 Grams (1.06 ounces)
GPS	Via Smartphone
Special Features	Bluetooth 5.3 calling, full touch screen, heart rate, blood oxygen, step counting, sleep monitoring, alarm clock, sedentary reminder, remote camera control, music control, female menstrual period prediction, weather, 113 sports modes, magnetic charging, APP notifications, IP68 waterproof, long battery life.

## WARRANTY AND SUPPORT

Your Soudorv P97 Smart Watch comes with a **1-year unconditional return and warranty**. For any product-related inquiries, technical assistance, or warranty claims, please contact Soudorv customer support. We aim to provide a **24/7 quick response** to ensure your satisfaction.

Please refer to the contact information provided with your purchase or visit the official Soudorv website for support details.

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