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> [Dyurwa](#) /

> Dyurwa P97 Smart Watch User Manual

## Dyurwa P97

# Dyurwa P97 Smart Watch User Manual

Model: P97 | Brand: Dyurwa

## INTRODUCTION

The Dyurwa P97 Smart Watch is a versatile fitness tracker designed for both men and women, featuring a 1.57-inch HD display. It offers comprehensive health monitoring, including heart rate, blood oxygen, and sleep tracking, alongside over 110 sports modes. With Bluetooth 5.3 connectivity, it supports call answering and message notifications, enhancing daily convenience. Its IP68 waterproof rating ensures durability for various activities.



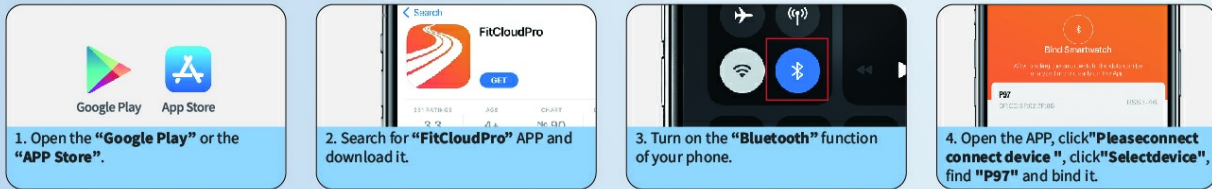
Figure 1: Dyrwa P97 Smart Watch, showcasing its sleek design and vibrant display.

## WHAT'S IN THE BOX

Upon unboxing your Dyrwa P97 Smart Watch, please ensure all the following components are present:

- Dyrwa P97 Smart Watch
- Magnetic Charging Cable
- User Manual

First of all, please be sure to connect our smart watch through the "FitCloudPro" APP



How to make a call please follow? Follow these steps :

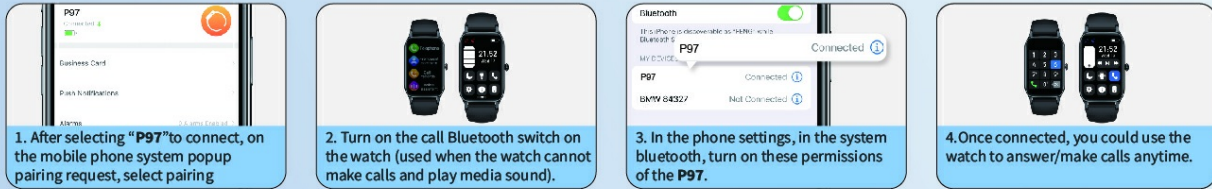


Figure 2: Illustration of the Dyrwa P97 Smart Watch and its included accessories.

## SETUP GUIDE

### 1. Charging the Device

Before initial use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.

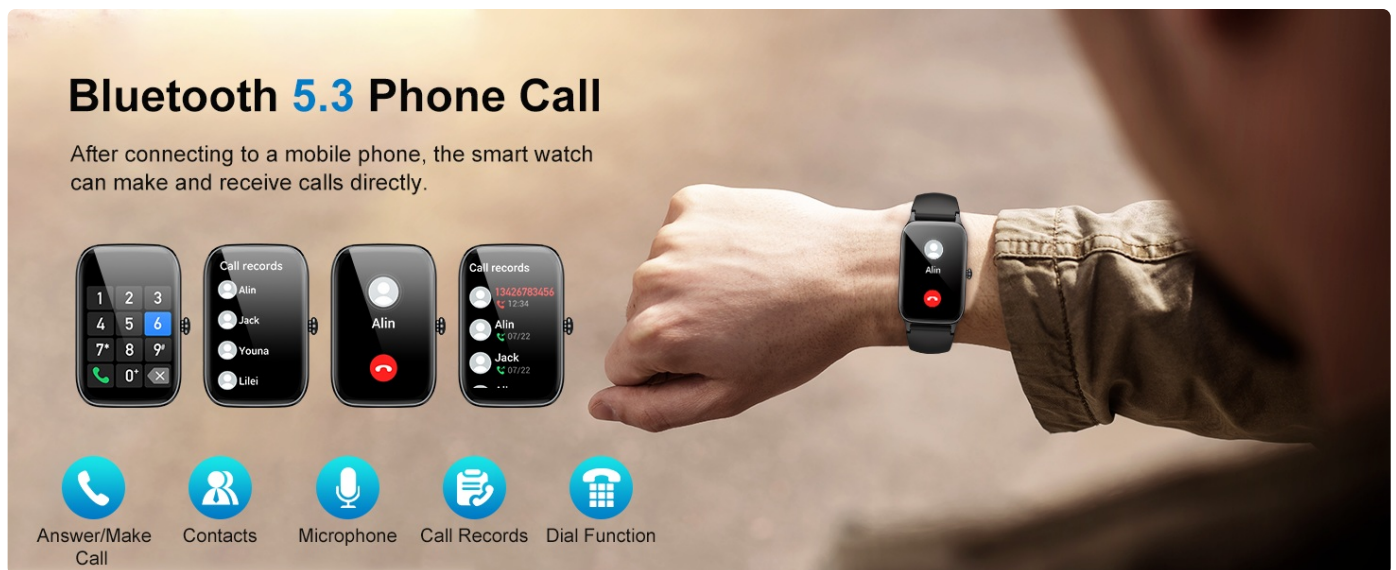


Figure 3: The smart watch charging interface and estimated battery life.

### 2. App Download and Pairing

To unlock the full functionality of your Dyrwa P97 Smart Watch, download and install the "FitCloudPro" application on your smartphone. The app is available on both Google Play Store and Apple App Store. Alternatively, you can scan the QR code provided in the manual or on the product packaging to directly download the app.

Once installed, open the "FitCloudPro" app and follow the on-screen instructions to pair your watch via Bluetooth 5.3. Ensure Bluetooth is enabled on your phone. Select "P97" from the list of available devices to establish the connection.

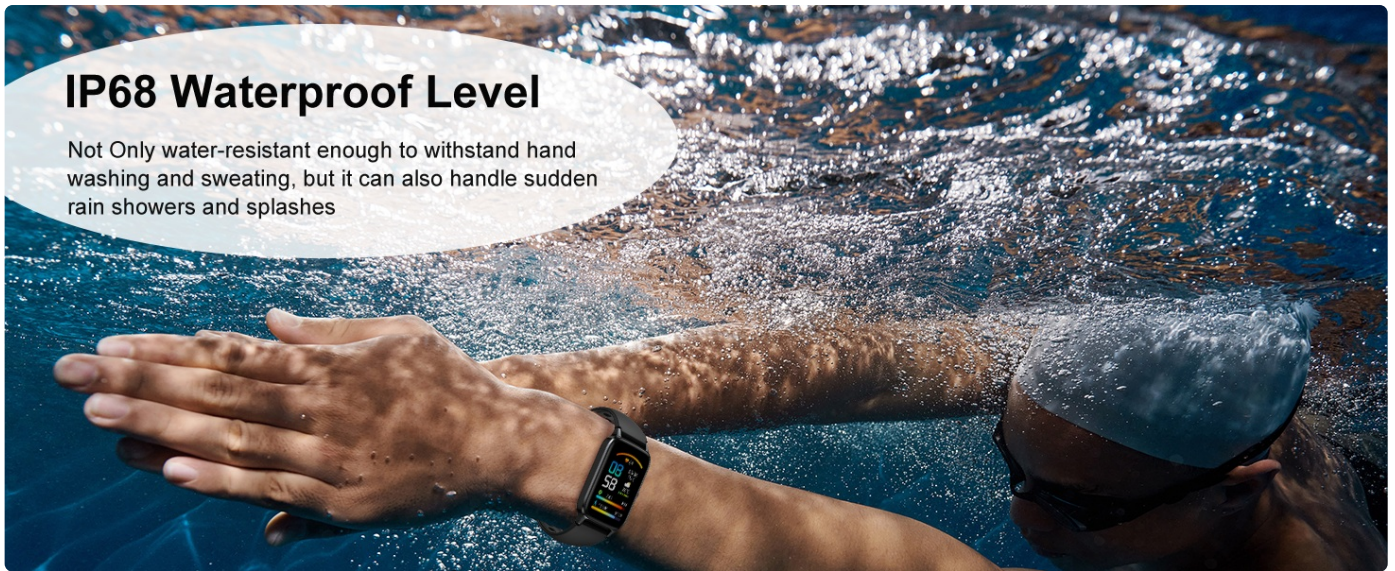


Figure 4: The FitCloudPro app interface and QR code for easy download.  
 For direct download, visit: <http://fitcloud.hetangsmart.com/qrcode/>

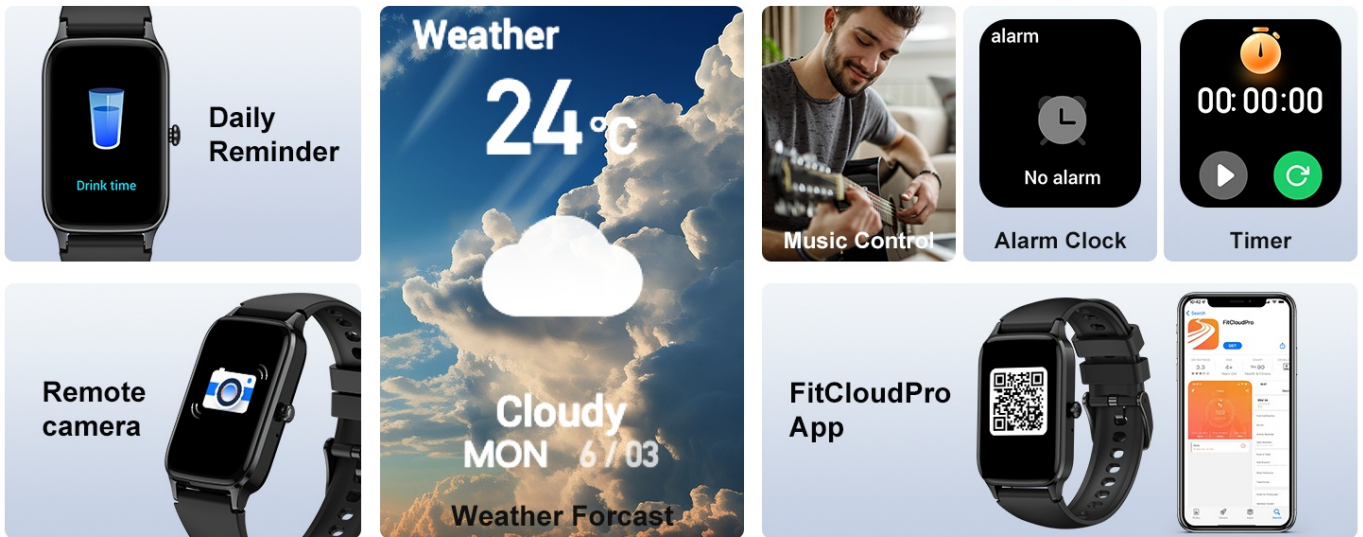


Figure 5: Visual guide for connecting your smart watch to the FitCloudPro app.

### 3. Bluetooth Call Function Setup

After successful pairing with the "FitCloudPro" app, enable the Bluetooth call function. Go to your phone's Bluetooth settings, find the watch (usually listed as "P97" or similar), and ensure it is connected for calls. Grant necessary permissions for contacts and call logs within your phone's settings and the app.



Figure 6: The smart watch's Bluetooth call capabilities, including answering/making calls and accessing contacts.

#### 4. Customizing the Watch Face

The watch offers over 100 personalized watch faces through the "FitCloudPro" app. You can also set your favorite photo from your phone as a custom watch face. Navigate to the watch face section within the app to browse and apply new designs or upload your own image.

# 1.57" HD Full Touch Screen

- **200+** Watch Face in FitCloudPro APP
- **DIY** your smartwatch wallpaper



Figure 7: Examples of customizable watch faces available for the smart watch.

## OPERATING INSTRUCTIONS

### 1. Basic Navigation

The Dyrwa P97 Smart Watch features a 1.57" HD full touch screen for intuitive navigation. Swipe left, right, up, or down to access different functions and menus. The side button typically serves as a power button or a return-to-home function.

### 2. Sports Modes

The watch supports over 110 sports modes, including running, walking, hiking, cycling, fitness, swimming, yoga, and more. Select your desired activity from the sports menu to track real-time data such as calorie consumption, steps, distance, and speed. This data is synced to the "FitCloudPro" app for detailed analysis.

# Multiple Sports Modes

110+  
modes

Smoothly switch between various sports modes to meet your daily sports needs



IP68 Waterproof

Figure 8: A visual representation of the multiple sports modes available on the smart watch.

## Record Women's Menstrual Cycle

Accurately monitor the date, care for women every day, and give you warm protection.



Figure 9: The extensive list of 110+ sports modes for tracking various physical activities.



Figure 10: Detailed exercise data tracking, providing insights into steps, distance, calories, and heart rate.

### 3. Health Monitoring

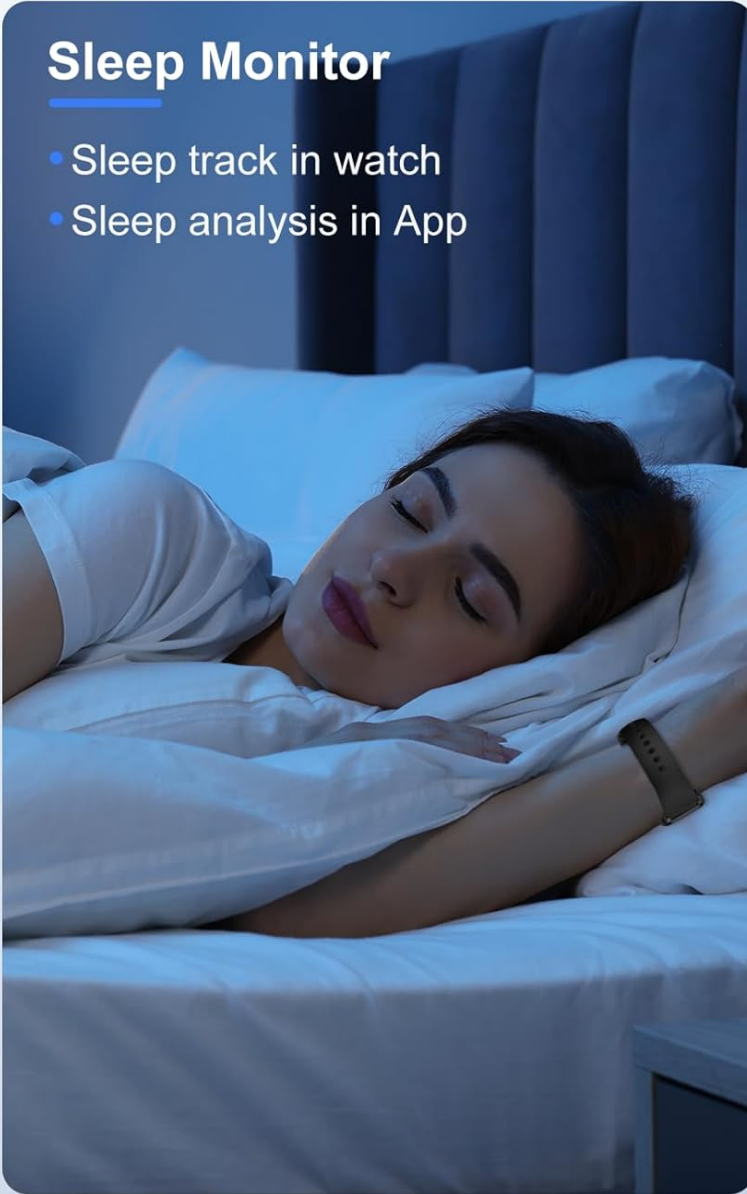
The watch is equipped with high-performance optical sensors for continuous health monitoring:

- **Heart Rate Monitoring:** Continuously monitors your heart rate, providing real-time data and alerts.
- **Blood Oxygen (SpO2) Monitoring:** Tracks your blood oxygen levels to optimize your body's health status.
- **Sleep Monitoring:** Automatically tracks how long you sleep each night and time spent in light, deep, and REM sleep stages. Data is analyzed in the app to help build better bedtime routines.
- **Stress Monitoring:** Provides insights into your stress levels.
- **Women's Health:** Features for tracking and recording the menstrual cycle.

# 24-Hour Heart Track

## Sleep Monitor

- Sleep track in watch
- Sleep analysis in App



## Heart Rate



## Blood oxygen



Figure 11: Sleep and heart rate monitoring features of the smart watch.

## Ultra Long Battery Life

**2 Hour** Charging      **6-8 Days** Usage Time      **30 Days** for standby

Previously Larger capacity than the last, longer use.



Figure 12: Detailed 24/7 heart rate monitoring with graphical representation.

## 24/7 Heart Rate Monitor

The Smartwatch adopts an high-precision sensor that detect your heart rate in real time, alerts you to your heart rate and keeps an eye on your health.



120  
100  
80  
60

07:30 10:30 13:30 16:30 19:30

90 Resting state bpm

Figure 13: Blood oxygen monitoring feature, showing current SpO2 and historical data.

## BLOOD OXYGEN MONITOR

Track your blood oxygen level at any time optimize you body health status to a higher level.



Heart Rate Monitoring

2024-01-08

Highest	Average	Lowest
90 bpm	81 bpm	54 bpm

200  
158  
115  
72  
30

17:12 23:42

Normal resting heart rate: 60-100 bpm  
People who exercise frequently has a low heart rate. Good habits and regular exercise are better for heart rate.

The best heart rate during exercise:  
60%-80% of max. heart rate(220-age)  
Exercise according to this heart rate could burn fat effectively and avoid injury.

98% Normal

99% 94%

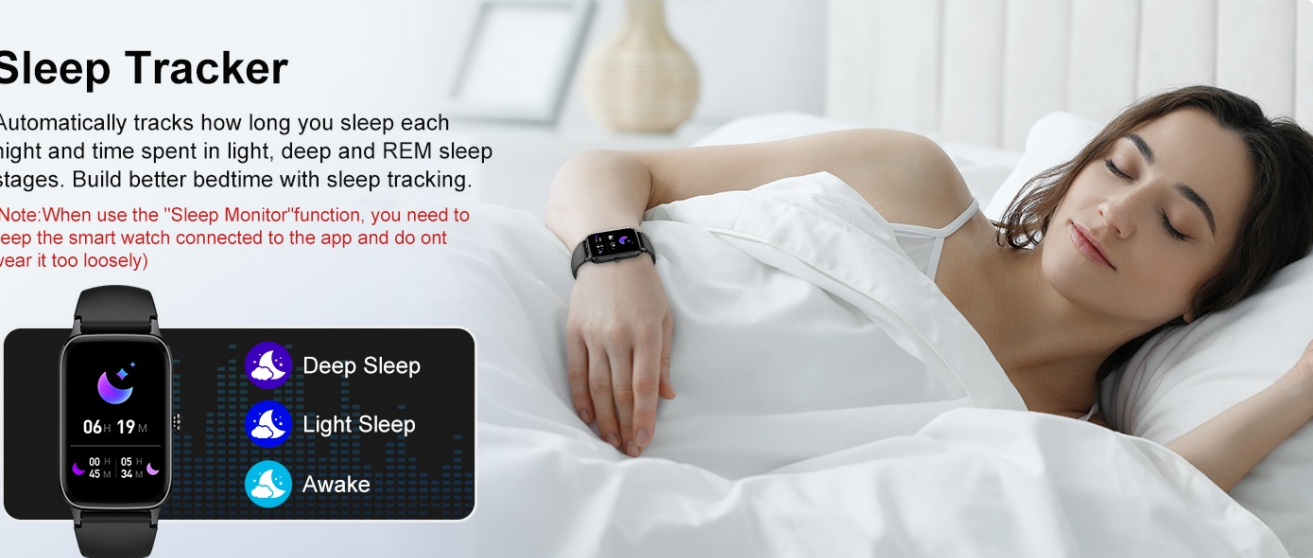
Normal SpO2 range

Figure 14: Sleep tracking functionality, categorizing sleep into deep, light, and awake periods.

## Sleep Tracker

Automatically tracks how long you sleep each night and time spent in light, deep and REM sleep stages. Build better bedtime with sleep tracking.

(Note:When use the "Sleep Monitor"function, you need to keep the smart watch connected to the app and do ont wear it too loosely)



06:19 M

00 H 05 M  
45 M 34 M

- Deep Sleep
- Light Sleep
- Awake

Figure 15: Women's health tracking feature, showing menstrual cycle prediction and safety periods.

## 4. Message and Call Notifications

After connecting to the "FitCloudPro" app, the smart watch can receive text messages and notifications from various social media platforms (e.g., Facebook, WhatsApp, Instagram). Ensure message receiving privileges are enabled for your smartwatch in the app settings.



Figure 16: The smart watch's ability to display HD Bluetooth calls and message notifications.

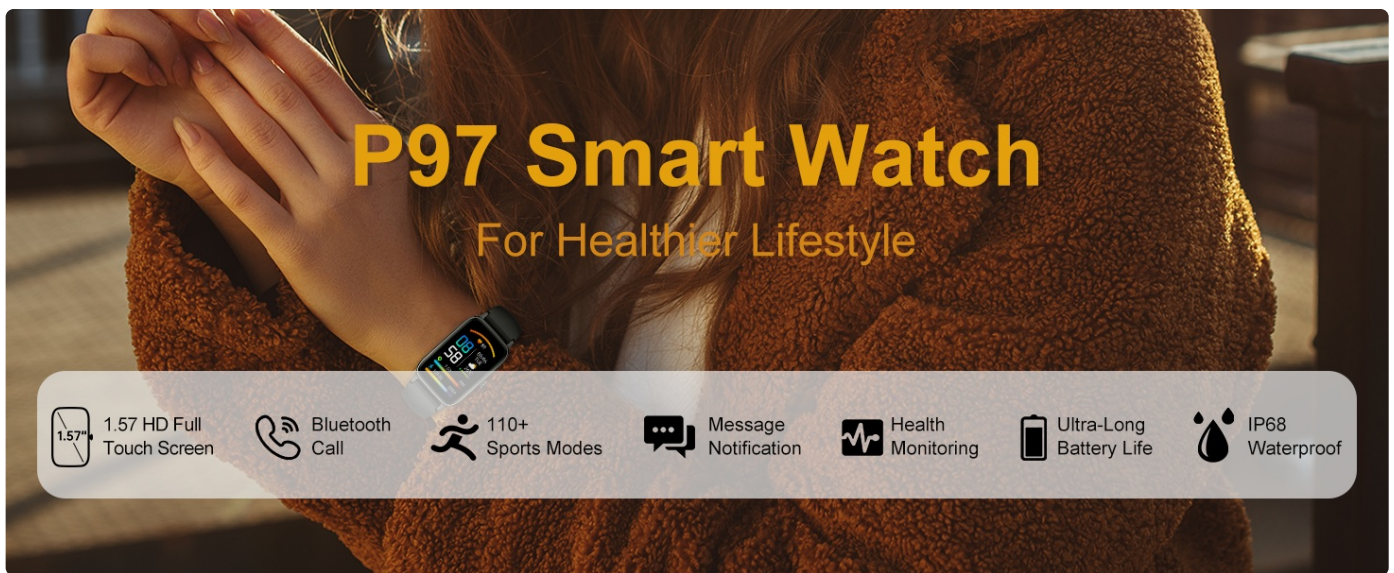


Figure 17: Smart information reminder feature, showing notifications from various messaging and social media apps.

## 5. Additional Features

The Dyrwa P97 Smart Watch includes several practical tools for daily use:

- **Weather Forecasts:** View current weather conditions and forecasts directly on your watch.
- **Stopwatch & Timer:** Useful for timing activities or setting countdowns.
- **Music Control/Play:** Control music playback on your connected smartphone.
- **Adjustable Brightness:** Adjust screen brightness across 5 levels for optimal visibility in any lighting.
- **Find Phone/Watch:** Locate your paired phone or watch if misplaced.
- **Breathing Training:** Guided breathing exercises for relaxation.
- **Smart Alarm Clock:** Set alarms directly from the watch or app.
- **Camera Control:** Remotely control your phone's camera for taking photos.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Daily Reminder:** Set reminders for various tasks, such as drinking water.

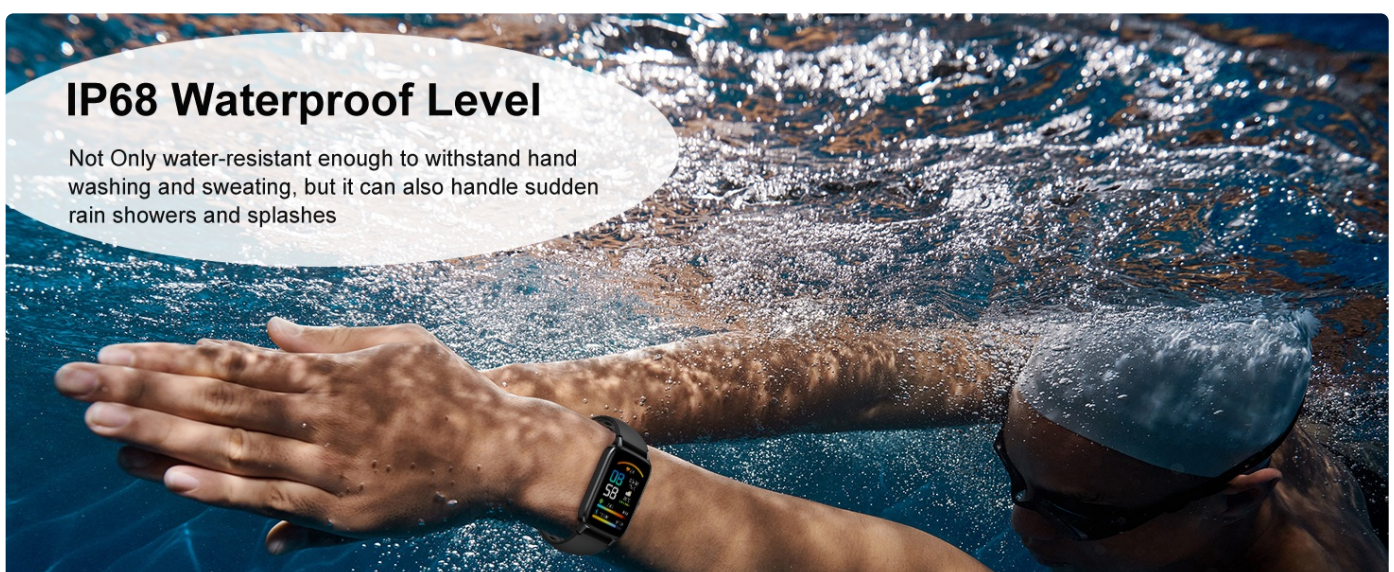


Figure 18: Overview of additional smart watch functions including weather, music control, and remote camera.

## MAINTENANCE

## 1. Waterproofing (IP68)

The Dyurwa P97 Smart Watch has an IP68 waterproof rating. This means it is designed to withstand sweat, hand washing, and rain. It can also handle sudden rain showers and splashes. However, it is not recommended for prolonged submersion or hot water activities like showering or sauna, as steam and hot water can compromise the seal.

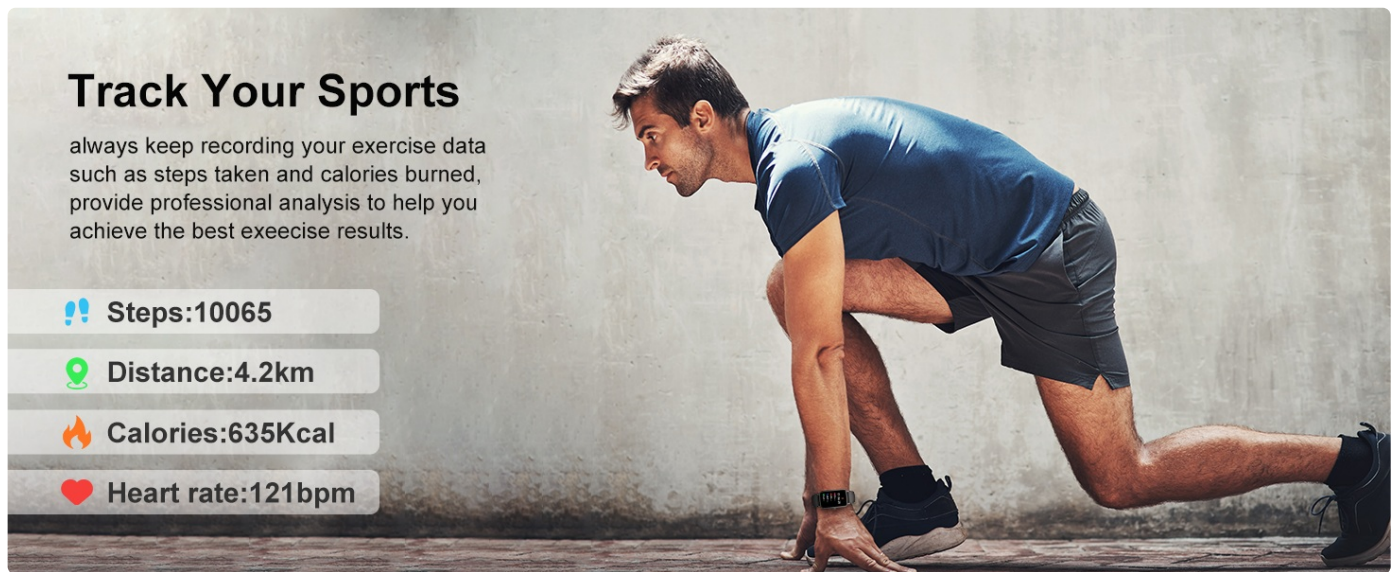


Figure 19: The smart watch's IP68 waterproof capability in action.

## 2. Battery Life

The watch features a built-in large capacity battery. A full charge takes approximately 2 hours, providing up to 7 days of continuous use or 30 days of standby time. Actual battery life may vary based on usage patterns and enabled features.

## 3. Cleaning and Care

To maintain your smart watch, regularly wipe the screen and strap with a soft, dry cloth. If necessary, use a slightly damp cloth for cleaning, then dry thoroughly. Avoid using harsh chemicals or abrasive materials, which can damage the device.

## TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 10 minutes before attempting to power it on again.
- **Unable to pair with phone:**
  - Ensure Bluetooth is enabled on your phone and the watch.
  - Make sure the "FitCloudPro" app is installed and open.
  - Restart both your phone and the watch.
  - Forget the device in your phone's Bluetooth settings and try pairing again through the app.
  - Ensure the watch is within Bluetooth range of your phone.
- **Notifications not appearing:**
  - Check if message receiving privileges are enabled in the "FitCloudPro" app and your phone's notification settings for the app.
  - Ensure the watch is connected via Bluetooth.
  - Verify that the app is running in the background on your phone.
- **Inaccurate tracking data:**

- Ensure the watch is worn snugly on your wrist, but not too tight.
- Update the "FitCloudPro" app to the latest version.
- Calibrate the watch if the app provides such an option.

- **Short battery life:**

- Reduce screen brightness.
- Disable continuous heart rate monitoring if not needed constantly.
- Limit the number of apps sending notifications to the watch.
- Ensure the watch is fully charged each time.

## SPECIFICATIONS

Feature	Detail
Model Name	P97
Brand	Dyurwa
Screen Size	1.57 Inches
Display Type	HD Full Touch Screen
Shape	Rectangular
Waterproof Rating	IP68
Operating System	Android, iOS (Compatible with Android 9.0+ and iOS 9.0+)
Connectivity Technology	Bluetooth 5.3
Special Feature	Activity Tracker, Heart Rate Monitor, Blood Oxygen Monitor, Sleep Monitor, Bluetooth Calls, 110+ Sports Modes, Message Reminders
Battery Life (Usage)	Up to 7 days
Battery Life (Standby)	Up to 30 days
Charging Time	Approx. 2 hours
Item Weight	2.89 ounces
Package Dimensions	6.1 x 3.31 x 0.79 inches

## SPECIFICATION

## COLOR

MODEL:	P97
DEVICE TYPE:	Color TFT-LCD Smart bracelet
DISPLAY:	1.57 inch
UNLOCK:	Touch screen unlock
SENSORS:	Three-axis sensor / Green light rate sensor
WATERPROOF RATING:	IP68
COMPATIBLE SYSTEMS:	Android 9.0 or above iOS 9.0 or above

### WARNING

- Please do not make the device disassemble, strike or throw into the fire.
- Please do not place the device in high temperature or deep water environment.
- Please must be connected to a power source in 5V/ 1A while charging device.
- Smart watch data cannot be used for medical purposes.  
The monitoring data is for reference only.  
If you need medical help, please contact a professional doctor.

PRODUCER

Producer Name : Shenzhen Buzz Tech Co.,Ltd  
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REP

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E-Mail : contact@evatmaster.com

标签粘贴区域

Figure 20: Detailed specifications as listed on the product packaging.

## OFFICIAL PRODUCT VIDEO

Watch the official product video for a visual overview of the Dyurwa P97 Smart Watch's features and functionalities.

Your browser does not support the video tag.

*Video 1: Official product overview of the Dyurwa P97 Smart Watch, highlighting its key features and design.*

## WARRANTY AND SUPPORT

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For warranty information, technical support, or any product-related inquiries, please refer to the contact details provided on the product packaging or contact the seller directly through your purchase platform. Keep your proof of purchase for warranty claims.

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