

## Mibro Lite3 Pro

# Mibro Lite3 Pro GPS Smartwatch User Manual

Model: Lite3 Pro

## INTRODUCTION

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This manual provides detailed instructions for the setup, operation, maintenance, and troubleshooting of your Mibro Lite3 Pro GPS Smartwatch. Please read this manual thoroughly before using the device to ensure proper function and to maximize your user experience.

## PRODUCT OVERVIEW

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### Key Features

- **Advanced GPS Tracking:** Supports five satellite systems for quick and precise positioning, ideal for various outdoor activities.
- **1.32" AMOLED UHD Display:** Features 100% RGB color gamut and up to 1000 NIT brightness for clear visuals. Includes an Always-On Display mode.
- **Comprehensive Health Monitoring:** Integrated heart rate monitor, SpO2 sensor, sleep tracking, VO2 Max, and women's health management.
- **150+ Sports Modes:** Tracks a wide range of activities with detailed data recording for steps, distance, calories, and duration.
- **5ATM Water Resistance:** Suitable for swimming and daily water exposure.
- **Long Battery Life:** Up to 15 days of normal use, 60 days in standby, and 15 hours with continuous GPS.
- **Bluetooth Connectivity:** Compatible with iOS 10.0/Android 5.0 or above, supporting Bluetooth 5.3 for calls and notifications.
- **10-Axis Motion Sensors:** Includes acceleration, gyroscope, and pressure sensors for accurate activity tracking.

### What's in the Box

# Contenuto della confezione



Orologio (con cinturino in pelle) x1



Cinturino in silicone x1



Manuale d'uso x1



Caricatore magnetico x1

Image: Contents of the Mibro Lite3 Pro package, including the smartwatch with a leather strap, a silicone strap, a user manual, and a magnetic charger.

- Mibro Lite3 Pro Smartwatch (with leather strap) x 1
- Silicone Strap x 1
- User Manual x 1
- Magnetic Charger x 1

## SETUP

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### 1. Initial Charging

Before first use, fully charge your Mibro Lite3 Pro smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes about 2.5 to 3 hours.

### 2. App Download and Pairing

To unlock the full potential of your smartwatch, download the "Mibro Fit" app on your smartphone. The app is compatible with iOS 10.0/Android 5.0 or higher and requires Bluetooth 5.3 or higher.

1. Scan the QR code provided in the manual or search for "Mibro Fit" in your smartphone's app store.
2. Install and open the "Mibro Fit" app.
3. Follow the on-screen instructions to create an account or log in.
4. In the app, navigate to "Device" or "Add Device" and select "Mibro Lite3 Pro" from the list of available devices.
5. Confirm the pairing request on both your smartphone and smartwatch.

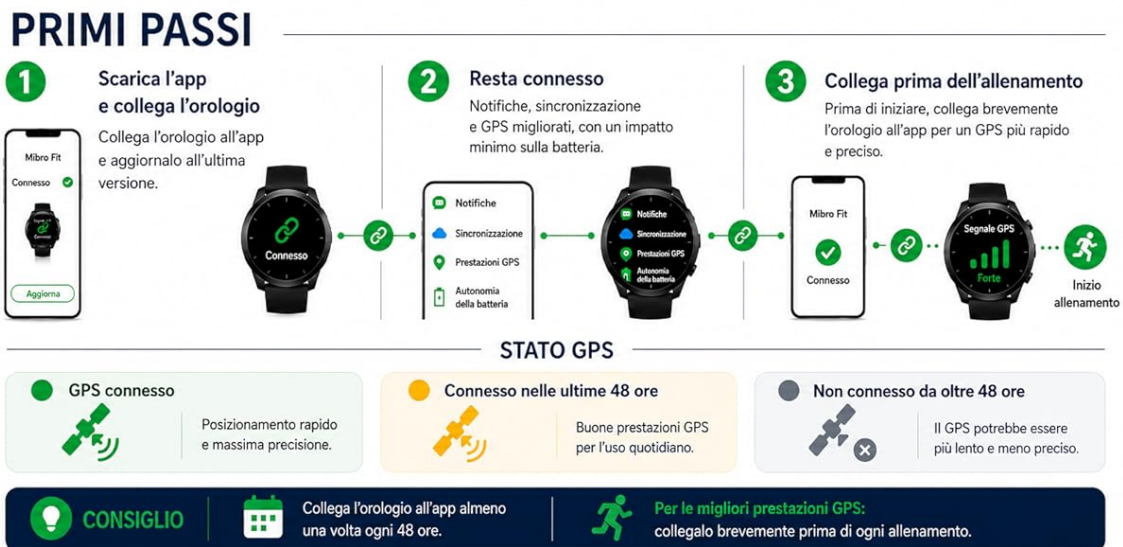


Image: Visual guide for initial setup, showing app download, connection, and GPS preparation.

**Tip for GPS Performance:** For optimal GPS tracking, connect your smartwatch to the app at least once every 48 hours and briefly connect it before each workout.

## OPERATING INSTRUCTIONS

### Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and widgets. Tap to select.
- **Side Button(s):** Typically used for power on/off, returning to the home screen, or accessing the app list. Refer to the specific button functions in the app settings.

### Always-On Display (AOD)

The Mibro Lite3 Pro supports an Always-On Display feature, allowing the time to be visible even when the screen is in standby. You can customize AOD styles through the "Mibro Fit" app.

# Always-ON-Display

Supporta la visualizzazione dell'orologio in modalità schermo spento AOD e più stili di quadrante in modalità schermo spento.



Nota: La durata della batteria si riduce se la modalità AOD è attiva. Questa modalità viene disattivata automaticamente in modalità sonno, modalità risparmio energetico e modalità batteria bassa.



Image: Illustration of the Always-On Display feature, showing various watch face options in standby mode.

**Note:** Using the Always-On Display will reduce battery life. This mode is automatically disabled during sleep, power-saving mode, and low battery conditions.

## Bluetooth Calls and Notifications

Once paired with your smartphone, the smartwatch can receive call notifications and allow you to answer calls directly from your wrist. It also displays notifications from various apps.

# Chiamata Bluetooth



Image: A Mibro Lite3 Pro smartwatch on a wrist, showing an incoming call notification with options to answer or decline.

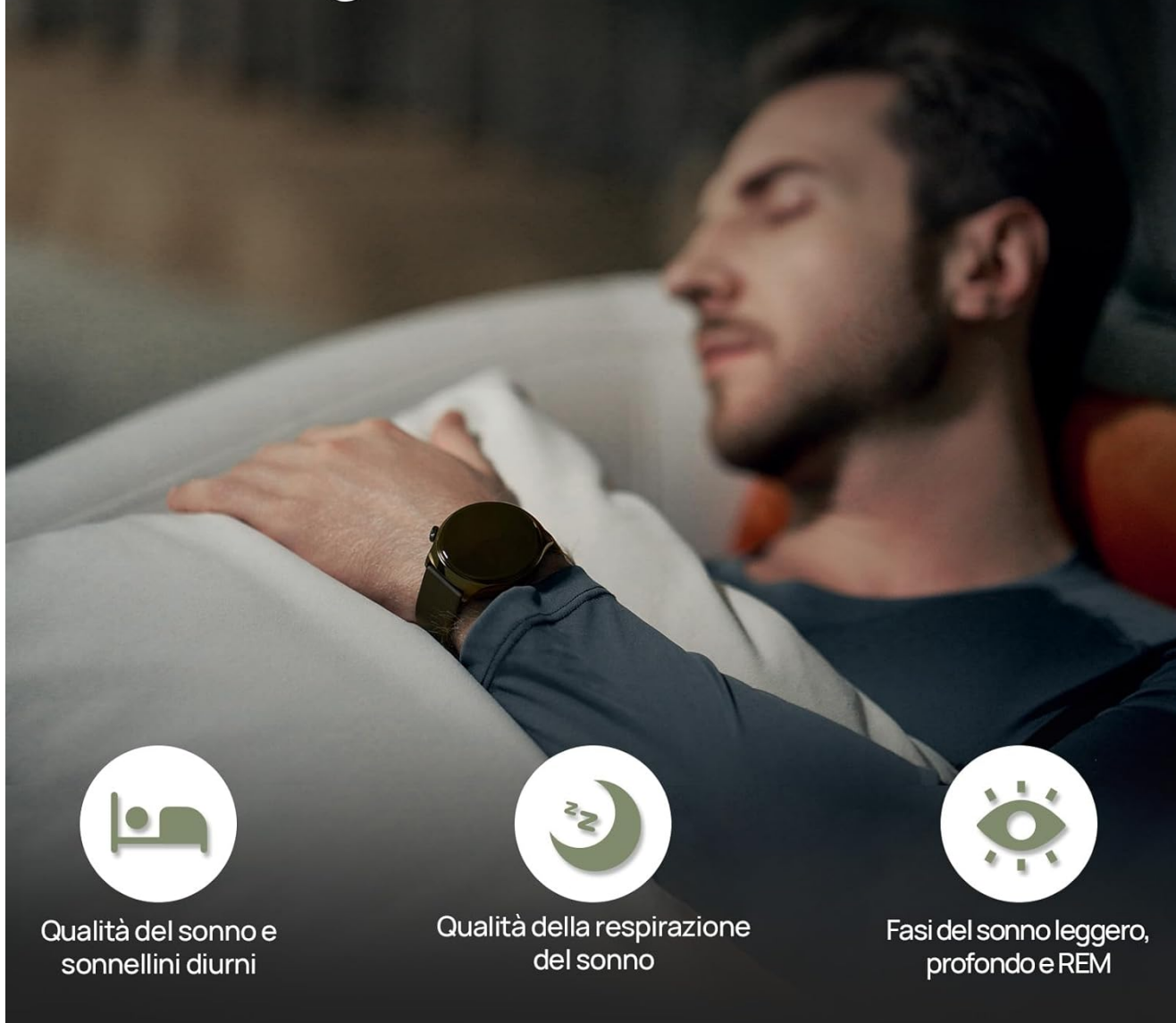
## HEALTH MONITORING

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The Mibro Lite3 Pro offers comprehensive health tracking features to help you monitor your well-being.

- **Heart Rate Monitoring:** Continuously tracks your heart rate throughout the day.
- **SpO2 Measurement:** Measures your blood oxygen saturation levels.
- **Sleep Tracking:** Monitors sleep quality, including light, deep, and REM sleep stages, and breathing quality during sleep.
- **VO2 Max:** Estimates your maximum oxygen uptake during exercise.
- **Women's Health Management:** Provides tracking and reminders for menstrual cycles.

# Registra il tuo Sonno



Qualità del sonno e  
sonnellini diurni



Qualità della respirazione  
del sonno



Fasi del sonno leggero,  
profondo e REM

Image: A person sleeping with the smartwatch on their wrist, illustrating the sleep tracking feature with icons for sleep quality, breathing, and sleep stages.

# Orologio sportivo Women's Care



Image: A smartwatch displaying a menstrual cycle tracking interface, showing days until the next period, with a woman performing yoga in the background.

## SPORTS MODES & GPS

The smartwatch supports over 150 sports modes, allowing you to track various activities with precision. Its integrated 5-satellite GPS system ensures accurate location tracking for outdoor workouts.

- **Activity Tracking:** Records steps, distance, calories burned, and workout duration.
- **GPS Accuracy:** Utilizes five satellite systems for fast and precise positioning, mapping your movement trajectory.
- **Advanced Sensors:** Equipped with 10-axis motion sensors, including acceleration, gyroscope, and pressure sensors, to accurately identify various movement data.

# 5 Stelle GPS Navigazione Globale Sistema



Image: A Mibro Lite3 Pro smartwatch showing a GPS route map on its display, with a person standing outdoors in the background, indicating global navigation system support.

# 150+ Modalità Sportive



Image: A man engaged in a battle rope exercise in a gym, symbolizing the smartwatch's support for over 150 sports modes.

## BATTERY MANAGEMENT

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The Mibro Lite3 Pro is equipped with a 350 mAh lithium-ion battery, offering extended usage times.

- **Normal Usage:** Up to 15 days.
- **Standby Mode:** Up to 60 days.
- **GPS Mode:** Up to 15 hours of continuous GPS tracking.
- **Charging Time:** Approximately 2.5 to 3 hours for a full charge.

# Durata della Batteria di 15 Giorni

**50 Giorni**

Modalità Base

**15 Giorni**

Modalità  
Quotidiana

**15 Ore**

Modalità GPS



Image: A graphic illustrating the battery life of the Mibro Lite3 Pro, highlighting 15 days of normal use, 50 days in basic mode, and 15 hours in GPS mode.

## WATER RESISTANCE

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The Mibro Lite3 Pro features 5ATM water resistance, meaning it can withstand pressures equivalent to a depth of 50 meters. This makes it suitable for swimming and other shallow-water activities. Avoid using it in hot water, saunas, or during diving.

# Resistenza all'acqua 5ATM



Image: A Mibro Lite3 Pro smartwatch showing swimming metrics, with a swimmer in a pool in the background, demonstrating its 5ATM water resistance.

## MAINTENANCE

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- **Cleaning:** Regularly clean the watch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth and mild soap, then rinse and dry thoroughly.
- **Sensor Care:** Keep the heart rate and SpO2 sensors on the back of the watch clean and free from debris to ensure accurate readings.
- **Storage:** Store the smartwatch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Avoid Chemicals:** Do not expose the watch to strong chemicals, detergents, or solvents, as these can damage the materials.

## TROUBLESHOOTING

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- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.

- **Cannot pair with phone:**

- a. Ensure Bluetooth is enabled on your phone and the watch.
- b. Make sure the watch is within range of your phone.
- c. Restart both your phone and the watch.
- d. Try unpairing and re-pairing through the "Mibro Fit" app.

- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep the sensors clean.
- **GPS not connecting:** Ensure you are in an open outdoor area. Connect the watch to the "Mibro Fit" app before starting a GPS-enabled activity.
- **Notifications not appearing:** Check app permissions on your phone to ensure "Mibro Fit" has access to notifications. Verify notification settings within the "Mibro Fit" app.

## SPECIFICATIONS

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| Feature                   | Detail  |
|---------------------------|---|
| Model Number              | Lite3 Pro   |
| Display Type              | 1.32-inch AMOLED  |
| Display Resolution        | 466 x 466 pixels  |
| Max Brightness            | 1000 NIT  |
| Battery Capacity          | 350 mAh (Lithium-ion)                                       |
| Battery Life (Normal Use) | Up to 15 days   |
| Battery Life (Standby)    | Up to 60 days   |
| Battery Life (GPS Mode)   | Up to 15 hours  |
| Charging Time             | Approx. 2.5 - 3 hours                                       |
| Connectivity              | Bluetooth 5.3   |
| GPS                       | Integrated, 5-satellite system support                      |
| Water Resistance          | 5ATM (up to 50 meters)                                      |
| Sensors                   | Heart Rate, SpO2, Accelerometer, Gyroscope, Pressure Sensor |
| Compatible OS             | iOS 10.0+ / Android 5.0+                                    |
| Weight                    | 58 grams  |
| Strap Material            | Silicone (additional leather strap included)                |

## WARRANTY AND SUPPORT

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### Warranty Information

The Mibro Lite3 Pro Smartwatch comes with a **1-year limited warranty** from the date of purchase. This warranty covers manufacturing defects under normal use. It does not cover damage caused by misuse, accidents, unauthorized

modifications, or failure to follow the instructions in this manual.

Please retain your proof of purchase for warranty claims.

## Customer Support

For technical assistance, troubleshooting, or warranty inquiries, please contact Mibro customer support. You can find contact information on the official Mibro website or through the "Mibro Fit" app.

You can also visit the official Mibro store on Amazon for more product information and support.[Mibro Store](#)

