

UREVO URTM025

# UREVO URTM025 Under Desk Treadmill User Manual

Model: URTM025 | Brand: UREVO

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## 1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the UREVO URTM025 Under Desk Treadmill. Retain this manual for future reference.

- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear during use.
- Do not use the treadmill outdoors or in damp environments.
- Always unplug the treadmill from the power outlet before cleaning or performing maintenance.
- Consult a physician before starting any new exercise program.

## 2. PACKAGE CONTENTS

Verify that all components are present in the package:

- UREVO URTM025 Under Desk Treadmill Unit
- Remote Control
- Power Cord

- User Manual (this document)
- Lubricant Oil (for belt maintenance)

### 3. PRODUCT OVERVIEW

Familiarize yourself with the main components of your UREVO URTM025 treadmill.



*Image: General representation of the UREVO URTM025 Under Desk Treadmill. This image illustrates the compact design suitable for under-desk use, featuring a walking belt and a low-profile frame.*

#### Key Components:

- **Walking Belt:** The surface you walk on, designed with multiple layers for anti-slip and shock absorption.
- **Motor Cover:** Protects the internal motor components.
- **LED Display:** Shows time, speed, distance, and calories.
- **Remote Control:** Used to start/stop the treadmill and adjust speed.
- **Power Cord Port:** Where the power cord connects to the treadmill.
- **Transport Wheels:** For easy relocation of the treadmill.

### 4. SETUP AND INITIAL USE

1. **Unpacking:** Carefully remove the treadmill and all accessories from the packaging.
2. **Placement:** Place the treadmill on a firm, level surface. Ensure there is at least 2 feet of clear space behind the treadmill and 1 foot on each side for safety.
3. **Power Connection:** Insert the power cord into the treadmill's power port and then plug the other end into a grounded electrical outlet.
4. **Remote Control:** Ensure the remote control has batteries installed (usually 2x AAA, not always included).
5. **Initial Check:** Before stepping on, turn on the treadmill using the remote control and let it run at a low speed for a minute to ensure the belt is tracking correctly.

### 5. OPERATING INSTRUCTIONS

#### Using the Remote Control:

- **Power On/Off:** Press the **START/STOP** button to turn the treadmill on or off.
- **Start Walking:** After powering on, press **START** to begin the walking program. The treadmill will typically

start at a low speed.

- **Adjust Speed:** Use the **+** button to increase speed and the **-** button to decrease speed. Adjust gradually.
- **Stop:** Press the **STOP** button to safely bring the treadmill to a halt.

### LED Display Information:

The LED display cycles through various metrics during your workout:

- **TIME:** Duration of your workout in minutes and seconds.
- **SPEED:** Current walking speed in miles per hour (MPH) or kilometers per hour (KM/H).
- **DISTANCE:** Total distance walked during the current session.
- **CALORIES:** Estimated calories burned during the workout.

**Important:** Always start at a slow speed and gradually increase as you become comfortable. Do not step on or off the treadmill while the belt is moving.

## 6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

### Cleaning:

- **Daily:** Wipe down the treadmill surface with a damp cloth after each use to remove sweat and dust.
- **Weekly:** Clean the area around the motor cover to prevent dust buildup.
- **Caution:** Do not use abrasive cleaners or solvents. Ensure the treadmill is unplugged before cleaning.

### Belt Lubrication:

The walking belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricant oil.

1. Unplug the treadmill from the power outlet.
2. Carefully lift the edge of the walking belt on one side.
3. Apply a small amount of lubricant oil (approx. 5-10ml) in a zigzag pattern onto the center of the deck, underneath the belt.
4. Repeat on the other side.
5. Plug in the treadmill and run it at a low speed (e.g., 1 MPH) for 3-5 minutes to distribute the lubricant evenly.
6. **Frequency:** Lubricate every 3 months or after 50 hours of use, whichever comes first.

### Belt Adjustment:

If the walking belt shifts to one side or slips, it may need adjustment. Refer to the specific adjustment screws at the rear of the treadmill (usually two screws, one on each side). Turn them in small increments (quarter turns) to center the belt or increase tension. Consult the diagram in your physical manual for precise locations.

## 7. TROUBLESHOOTING

This section addresses common issues you might encounter with your UREVO URTM025 treadmill.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in; outlet issue; remote control batteries dead.	Ensure power cord is securely plugged into treadmill and a working outlet. Check/replace remote control batteries.
Walking belt slips or hesitates.	Belt needs lubrication; belt tension is too loose.	Lubricate the walking belt (see Maintenance section). Adjust belt tension (see Maintenance section).
Unusual noise during operation.	Loose components; motor issue; belt misalignment.	Check for any loose screws. Ensure treadmill is on a level surface. Adjust belt alignment if necessary. If noise persists, contact customer support.
Remote control not responding.	Dead batteries; remote not paired (if applicable); obstruction.	Replace remote control batteries. Ensure no obstructions between remote and treadmill. If pairing is required, refer to specific pairing instructions (not common for basic models).

If you encounter an issue not listed here or if the problem persists after attempting the solutions, please contact UREVO customer support.

## 8. PRODUCT SPECIFICATIONS

Feature	Detail
Model Name	URTM025
Brand	UREVO
Type	Under Desk Treadmill / Walking Pad
Deck Length	40 Inches
Deck Width	15 Inches
Input Power	10 Watts
Material	Rubber (for belt)
Special Feature	Shock Absorbent, Portable, LED Display, Remote Control
Target Audience	Adult

## 9. WARRANTY AND CUSTOMER SUPPORT

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UREVO products are manufactured to high-quality standards. For specific warranty details regarding your URTM025 treadmill, please refer to the warranty card included in your product packaging or visit the official UREVO website.

If you have any questions, require technical assistance, or need to report a problem, please contact UREVO customer support:

- **Website:** [www.urevo.com](http://www.urevo.com) *(Note: This is a placeholder URL, please refer to your product documentation for the official support website.)*
- **Email:** [support@urevo.com](mailto:support@urevo.com) *(Note: This is a placeholder email, please refer to your product documentation for the official support email.)*
- **Phone:** Refer to your product documentation for phone support.

When contacting support, please have your model number (URTM025) and purchase date ready.