

Braun PL5356

Braun Silk-Expert Pro PL5356 IPL Device User Manual

Model: PL5356

For further information and support, please visit the official Braun website.

1. IMPORTANT SAFETY INFORMATION

Before using the Braun Silk-Expert Pro PL5356, please read all instructions carefully. This device emits intense pulsed light (IPL) and improper use can lead to skin irritation or eye injury. Keep this manual for future reference.

- Always perform a skin patch test before full treatment.
- Do not use on tattooed areas, moles, or dark spots.
- Avoid direct eye exposure to the pulsed light.
- Consult a doctor if you have any pre-existing skin conditions or are taking photosensitive medication.
- Keep out of reach of children.

2. PRODUCT COMPONENTS

The Braun Silk-Expert Pro PL5356 package typically includes the following items:

- Braun Silk-Expert Pro PL5356 IPL Handset
- Precision Heads (various sizes for different body areas)
- Power Adapter and Cord
- Storage Pouch
- Gillette Venus Razor (for pre-treatment shaving)



Image: The Braun Silk-Expert Pro PL5356 IPL device shown with its main body and three interchangeable precision heads.



Image: Close-up of the three precision heads, designed for treating different body contours and areas.



Image: A grey storage pouch provided for convenient storage and transport of the device and its accessories.



Image: A Gillette Venus razor, typically included for preparing the skin before IPL treatment.

3. SETUP

1. **Unpack the Device:** Carefully remove all components from the packaging.
2. **Connect Power:** Plug the power adapter into the device and then into an electrical outlet. The device is designed for corded use.



Image: The IPL device connected to its power adapter, ready for use.

3. **Prepare Skin:** Shave the area to be treated. The IPL device works most effectively on clean, shaven skin. Do not wax or epilate, as the hair follicle needs to be present for the light to target.
4. **Perform Skin Test:** Before your first full treatment, perform a skin patch test on a small area of skin you intend to treat. Follow the operating instructions for a single flash, then wait 24-48 hours to check for any adverse reactions.

4. OPERATING INSTRUCTIONS

1. **Turn On:** Plug in the device. The indicator lights will illuminate.
2. **Select Precision Head:** Choose the appropriate precision head for the area you are treating. Use smaller heads for delicate or hard-to-reach areas like the face or bikini line, and larger heads for broader areas like legs.
3. **Skin Tone Adaptation (SensoAdapt™):** The Braun Silk-Expert Pro PL5356 features SensoAdapt™ technology, which automatically reads your skin tone 80 times per second and adjusts the light intensity to the optimal level for safe and effective treatment. You will see indicator lights on the side of the device showing the detected intensity level (1 to 10).



Image: Side view of the device highlighting the SensoAdapt™ indicator, which displays the automatically selected intensity level.

4. **Application Modes:**

- **Gliding Mode:** For larger areas like legs, hold the flash button down and glide the device slowly and continuously over your skin.
 - **Stamping Mode:** For smaller or bony areas like knees, ankles, or the bikini line, place the device on your skin, press and release the flash button, then lift and move to the next adjacent area.
5. **Treatment Schedule:** For optimal results, use the device once a week for the first 4-12 weeks. After this initial phase, continue treatments as needed, typically once every 1-2 months, to maintain smooth skin. Visible hair reduction can be observed in as little as 3 weeks.
6. **Treatment Areas:** The device is suitable for use on the body, face, and bikini area. Always use the appropriate precision head for each area.



Image: Front view of the device, showing the flash window where the pulsed light is emitted.

5. MAINTENANCE

1. **Cleaning:** After each use, ensure the device is unplugged. Wipe the flash window and the exterior of the device with a dry, lint-free cloth. Do not use abrasive cleaners or immerse the device in water.
2. **Storage:** Store the device and its accessories in the provided storage pouch in a cool, dry place, away from direct sunlight and moisture.

6. TROUBLESHOOTING

• Device Not Flashing:

- Ensure the device is properly plugged into a power outlet.
- Make sure the flash window is fully in contact with your skin. The device has a skin contact sensor that prevents flashing if not properly positioned.
- Check the skin tone indicator lights. If no lights are illuminated or a red light appears, your skin tone may be too dark for safe treatment in that area.

• Skin Irritation:

- Mild redness or tingling after treatment is normal and should subside quickly.
- If irritation persists or is severe, discontinue use and consult a healthcare professional. Ensure you are not treating areas with contraindications.
- **Device Overheating:** If the device becomes excessively warm, it may temporarily stop flashing. Allow it to cool down for a few minutes before resuming use.

7. SPECIFICATIONS

Brand	Braun
Model Name	Silk-Expert Pro PL5356
Article Model Number	PL5152
Technology	IPL (Intense Pulsed Light) with SensoAdapt™ skin tone sensor
Intensity Levels	10 automatic intensity levels
Color	White and Gold
Power Source	Corded Electric

8. WARRANTY AND SUPPORT

This Braun product comes with a manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms and conditions, including warranty period and coverage details. For technical support, spare parts, or further assistance, please contact Braun customer service or visit their official website.

You may also find additional information and resources by scanning the QR code often found on product packaging or by visiting the manufacturer's support page directly.

Additional information link: <https://scan.pg.com/01/8700216247986>