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Alfine A710 Pro

Alfine A710pro 4D Full Body Massage Chair Instruction Manual

Model: A710 Pro

Important Safety Information

For safe use, the A710 Pro 4D Massage Chair is intended for users aged 16 and above. The maximum weight recommendation is 330.7 pounds (150 kg). Ensure stability when reclining and using the electric calfrest extension. Use the chair only on carpeted surfaces to prevent damage or instability.

Product Overview

The Alfine A710pro is a 4D full body massage chair designed to provide a comprehensive massage experience. It incorporates advanced features for personalized comfort and relaxation.

Key Features:

- **4D Roller Mechanism with Health Detection:** Features advanced 4D technology for back mechanical massage with adjustable width, 5 intensity levels, and speed. Includes health assessment technology for personalized sessions.
- **Zero Gravity Recline:** Elevates legs above the heart to reduce spinal pressure and enhance massage depth through even weight distribution.
- **Full-Body Airbag Compression:** Airbags with 5-level adjustable intensity and individually controlled zones for shoulders, arms, calves, and feet.
- **20 Automatic Programs & Customization:** Includes 20 built-in automatic massage programs. Additional programs can be downloaded via Wi-Fi. Manual mode allows customization of techniques, areas, intensity, speed, and width. Up to 3 personal settings can be saved.
- **Multiple Control Options:** Supports remote control, armrest shortcut buttons, mobile app, and AI voice control.
- **Heating Function:** Features back heating and a heating shawl that can also warm the abdomen.
- **Leg & Foot Massage:** Includes 3-speed foot rollers, full-foot air compression, and calf kneading.
- **OTA Updates:** Supports Over-The-Air software updates via Wi-Fi.
- **Yoga Stretch Function:** Provides a full-body deep stretch massage.
- **Space-Saving Design:** Requires only 1.97 inches (5 cm) clearance from a wall when reclining.

Product Dimensions:



Image: Alfine A710pro Massage Chair dimensions, showing height, width, and depth in upright and reclined positions.

Upright Dimensions: 35.04"D x 32.5"W x 48.03"H

Reclined Dimensions: 70.87"D x 32.5"W x 34.64"H

Minimum Doorway Width (without armrests): 28.93 inches

Weight: 291 pounds (132 kg)

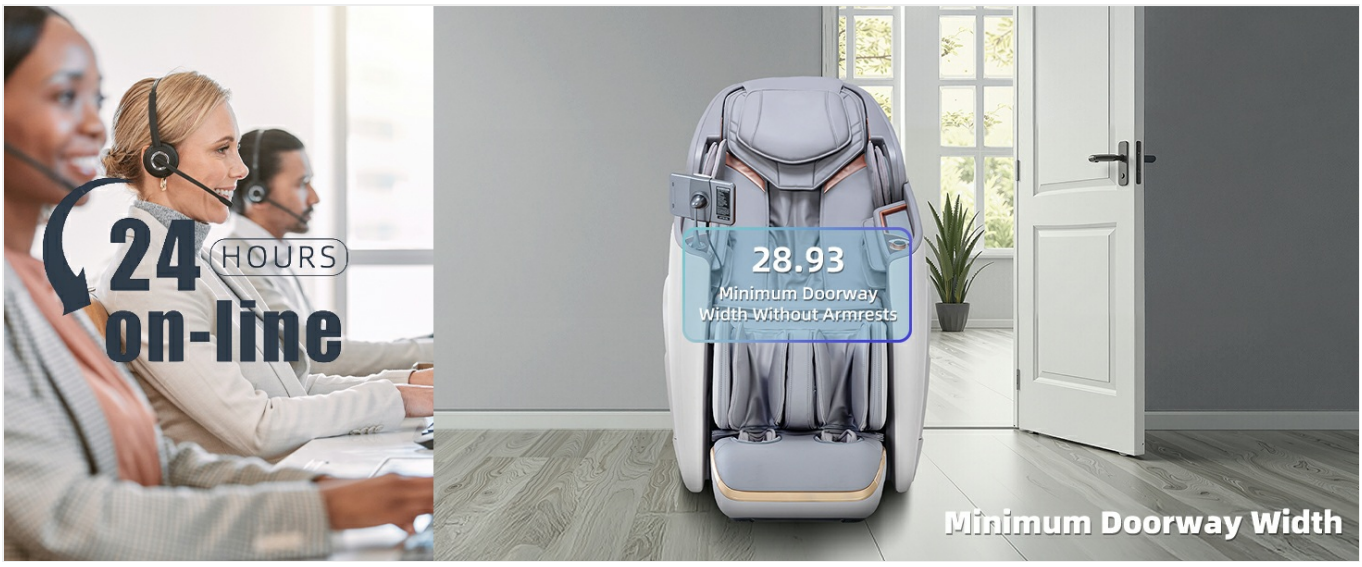


Image: Diagram illustrating the minimum doorway width required for the Alfine A710pro Massage Chair without armrests.

Setup and Installation

The Alfine A710pro massage chair requires minimal assembly. It is recommended to have two people for safe handling and installation due to its weight and size.

Unboxing and Placement:

1. Carefully cut the packing tape and open the box.
2. With assistance, lift the massage chair from the packaging and place it in the desired location. Ensure the handling method is safe and balanced.
3. Ensure the chair is placed on a carpeted surface for stability.

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Video: Alfine A710 PRO Unboxing Tutorial. This video demonstrates the process of unboxing and initial placement of the massage chair.

Armrest Installation:

1. Locate the armrests and the corresponding attachment points on the main chair body.
2. Align the buckles on the armrests with the specified positions on the chair frame.
3. Gently push and secure the armrests into place until they click or are firmly attached.

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Video: Alfine A710 Pro Installation Tutorial. This video provides a step-by-step guide for installing the armrests and other components of the massage chair.



Image: The Alfine A710pro 4D Full Body Massage Chair in Beige, showcasing its design and features.

Operating Instructions

Power On/Off:

- Connect the power cord to a suitable electrical outlet.
- Press the power button on the control panel or remote to turn the chair on.
- Press the power button again to turn the chair off.

Health Detection:

The chair features intelligent health detection technology. Upon starting a session, the chair will scan your body to customize the massage experience to your specific needs.



Image: Close-up of the Alfine A710pro control panel displaying the health detection interface.

Automatic Programs:

The chair comes with 20 pre-programmed automatic massage routines. Select a program from the control panel, remote, or mobile app to begin a session tailored for different relaxation needs.



Image: User interface showing various automatic massage programs available on the Alfine A710pro.

Manual Customization:

In manual mode, you can adjust massage techniques, target specific areas, and modify intensity, speed, and roller width. Save up to 3 personalized massage settings for quick access.

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Video: ALFINE A710pro 4D Massage Chair Using Tutorial. This video demonstrates how to operate the chair, including selecting programs and customizing settings.

Control Options:

- **Remote Control:** Use the included remote for easy access to all functions.
- **Armrest Shortcut Buttons:** Quick access buttons located on the armrest for common functions.
- **Mobile App:** Download the Alfine app to control the chair from your smartphone.
- **AI Voice Control:** Use voice commands for hands-free operation.



Image: Visual representation of the various control methods for the Alfine A710pro massage chair, including remote, app, and voice control.



Image: Screenshot of the Alfine mobile app interface for controlling the massage chair.

Zero Gravity Function:

Activate the Zero Gravity mode to recline the chair into a position where your legs are elevated above your heart. This posture helps to decompress the spine and maximize massage effectiveness.

Heating Function:

The chair provides heating for the upper and lower back. A heating shawl is also included, which can be draped over the abdomen for additional warmth.



Image: Diagram illustrating the back heating and heating shawl features of the Alfine A710pro massage chair.

Leg and Foot Massage:

The leg and foot unit offers 3-speed foot rollers, full-foot air compression, and calf kneading. The electric calfrest extension automatically adjusts to user height.

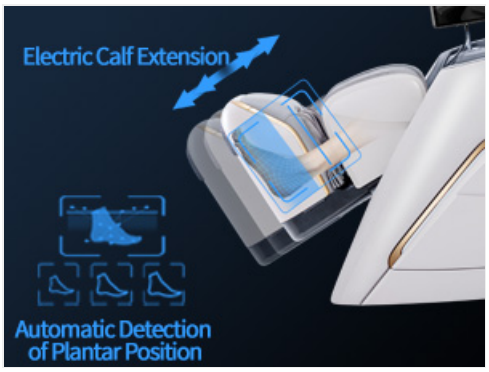


Image: Illustration of the electric calf extension and automatic plantar position detection feature.

Yoga Stretch:

Engage the Yoga Stretch program for a full-body deep stretch massage, designed to improve flexibility and relieve muscle tension.



Image: Diagram showing the full-body stretch function of the Alfine A710pro massage chair.

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Video: Alfine A710 Pro new model overview. This video highlights various features including the Yoga Stretch massage.

Maintenance

Regular maintenance ensures the longevity and optimal performance of your massage chair.

- **Cleaning:** Wipe the chair's surface with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Storage:** When not in use for extended periods, cover the chair to protect it from dust and direct sunlight.
- **Power Cord:** Regularly inspect the power cord for any damage. Do not use the chair if the cord is frayed or damaged.

Troubleshooting

If you encounter issues with your Alfine A710pro massage chair, refer to the following common solutions:

- **Chair Not Powering On:**
  - Ensure the power cord is securely plugged into both the chair and the electrical outlet.
  - Check if the power outlet is functional by plugging in another device.
- **Voice Control Issues:**
  - Ensure you are using the correct activation phrase (e.g., "Hello Alice").
  - Speak clearly and at a moderate volume.
  - Check for any software updates via OTA to improve voice recognition.
- **Uneven Rollers/Massage:**
  - Ensure the chair is placed on a flat, stable surface.
  - Perform a body scan to allow the chair to recalibrate its roller positions.
  - If the issue persists, contact customer support.
- **Calf Massage Not Optimal for Height:**
  - The chair automatically adjusts leg length. Ensure the initial body scan is completed correctly.
  - Manually adjust the leg extension if needed during a session.
  - Note that the chair is optimized for users up to approximately 6'2" (188 cm).
- **App Connectivity Issues:**
  - Ensure your chair is connected to your home Wi-Fi network.
  - Verify your smartphone's Bluetooth is enabled and paired with the chair.
  - Restart both the chair and your smartphone.

Specifications

Feature	Detail
Brand	Alfine
Model Number	A710 Pro
Color	Beige
Material	Faux Leather, Foam (Fill Material), Metal (Frame)
Product Dimensions (Upright)	35.04"D x 32.5"W x 48.03"H
Product Dimensions (Reclined)	70.87"D x 32.5"W x 34.64"H
Item Weight	291 pounds (132 kg)
Maximum User Weight	330.7 pounds (150 kg)

Age Range Description	Adult (16 years and above)
Reclining Position Count	3 (including Zero Gravity)
Additional Features	Adjustable Lumbar, Big and Tall support, Foot Rest, Heavy Duty, Electric Calfrest Extension, Health Detection, OTA Updates, Yoga Stretch, SL Track, Custom Programs, App & AI Voice Control
Indoor/Outdoor Usage	Indoor
UPC	850037299751

Warranty and Support

Alfine is committed to providing quality products and customer satisfaction.

- **Customer Service:** For any questions, concerns, or technical assistance, please contact Alfine customer service. 24-hour online customer service is available.
- **Seller Information:** This product is sold by Wellness One-US.
- **Returns:** The product is eligible for 30-day easy returns.

Please refer to your purchase documentation for specific warranty details.



Image: Alfine brand logo.

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