Igia IPM001

Igia Deep Pulse Stimulation Massager (Model IPM001) User Manual

Your guide to effective pain relief and muscle relaxation.

1. Introduction

The Igia Deep Pulse Stimulation Massager is a portable, battery-powered device designed to provide targeted electro pulse stimulation for pain relief, muscle relaxation, and improved blood circulation. This manual provides essential information for the safe and effective use of your massager.

2. Safety Information

- Do not use if you have a pacemaker, defibrillator, or any other implanted electronic device.
- Consult a physician before use if you are pregnant, have heart disease, epilepsy, or any other serious medical condition.
- Do not apply pads to the head, face, throat, or over the heart.
- Keep out of reach of children.
- Discontinue use if you experience any discomfort or adverse reactions.
- Ensure skin is clean and dry before applying pads.
- Do not use while sleeping or driving.

3. Package Contents

Please check that all items are present in your package:

- 1 x Controller
- 4 x Massage pads
- 1 x Conducting wire



Image: The Igia Deep Pulse Stimulation Massager controller and its four electrode pads with connecting wires.

4. Setup

1. **Install Batteries:** Open the battery compartment on the back of the controller. Insert 2 x AAA batteries (not included), ensuring correct polarity (+/-). Close the compartment securely.
2. **Connect Pads:** Plug the conducting wire into the designated port on the top of the controller. Attach the four massage pads to the ends of the conducting wire.
3. **Prepare Skin:** Ensure the area of skin where you intend to apply the pads is clean, dry, and free from lotions or oils.

5. Operating Instructions

Follow these steps to use your Igia Deep Pulse Stimulation Massager:

1. **Apply Pads:** Carefully peel the protective film from the adhesive side of the massage pads. Place the four pads firmly on the desired area of your body. Ensure good contact with the skin.



Image: Example of electrode pads applied to the upper back and neck for muscle relief.

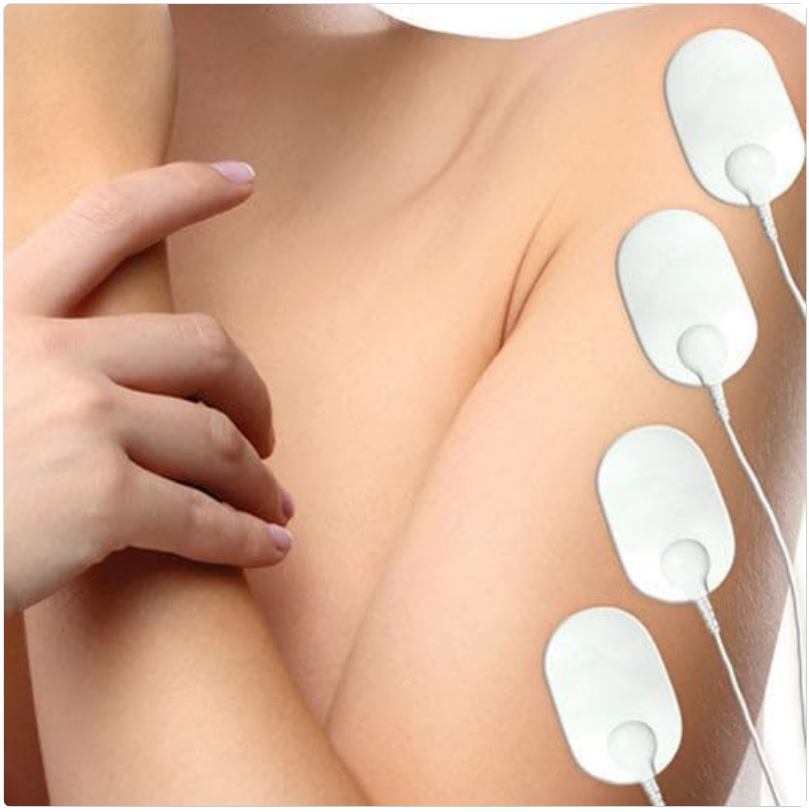


Image: Example of electrode pads applied to the shoulder and upper arm for targeted stimulation.

2. **Power On:** Press the 'ON/A' button on the controller to turn on the device. The display will illuminate.
3. **Select Mode:** Press the 'MODE' button to cycle through the available massage modes: *Tapping*, *Modulation*, or *Kneading*. Choose the mode that best suits your preference.
4. **Adjust Intensity:** Use the '+' button to increase the intensity of the stimulation and the '-' button to decrease it. Start with a low intensity and gradually increase until you feel a comfortable, yet effective, sensation.
5. **Treatment Duration:** The device typically operates in cycles. You can use it for 15-30 minutes per session, or as

recommended by a healthcare professional.

6. **Power Off:** Press the 'OFF/V' button to turn off the device after your session.
7. **Remove Pads:** Gently peel the pads from your skin. Replace the protective film on the adhesive side of the pads to preserve their stickiness for future use.

The Igia Deep Pulse Stimulation Massager can be used for various conditions including stiff shoulders, back pain, menstrual pain, muscle contractions, neuralgia, and to improve blood circulation. It is also noted to assist in muscle tone and can be applied to areas like the neck, back, knees, and other body parts requiring stimulation.



Image: Diagram illustrating various application points for electro pulse treatment on the body, including areas for neck pain, muscle toning, back pain, fitness, knee pain, and slimming.

6. Maintenance

- **Cleaning the Controller:** Wipe the controller with a soft, dry cloth. Do not use abrasive cleaners or immerse in water.
- **Cleaning the Pads:** If the adhesive pads lose their stickiness, gently wipe the adhesive surface with a damp cloth and allow to air dry. Do not use soap or harsh chemicals.
- **Storage:** Store the device and pads in a cool, dry place, away from direct sunlight and extreme temperatures. Ensure the protective film is reapplied to the pads before storage.
- **Battery Replacement:** Replace batteries when the display dims or the device stops functioning optimally. Remove batteries if the device will not be used for an extended period.

7. Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Dead or incorrectly inserted batteries.	Check battery polarity or replace with new AAA batteries.
No sensation or weak sensation.	Pads not making good skin contact; low intensity setting; worn-out pads.	Ensure pads are firmly applied. Increase intensity. Clean pads or replace if adhesive is no longer effective.
Pads do not stick.	Pads are dirty or worn out.	Gently clean pads with a damp cloth and air dry. Replace pads if they are no longer adhesive.

Problem	Possible Cause	Solution
Irritation on skin.	Skin not clean; allergic reaction; prolonged use in one spot.	Clean skin thoroughly before use. Discontinue use if irritation persists. Avoid applying to the same spot for too long.

8. Specifications

- **Model Number:** IPM001
- **Power Source:** 2 x AAA Batteries (not included)
- **Material:** Plastic
- **Color:** Grey
- **Item Weight:** 0.82 Kilograms
- **Product Dimensions (Controller):** Approximately 24L x 14W x 1H centimetres
- **Special Feature:** Portable
- **Specific Uses:** Muscle tension relief, pain relief, circulation improvement

9. Warranty and Support

Specific warranty information for the Igia Deep Pulse Stimulation Massager (Model IPM001) is not provided in this manual. For warranty details, product support, or to purchase replacement parts, please refer to the product packaging or contact your retailer directly.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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