

HUAWEI WATCH GT5 Pro 46mm Black

HUAWEI WATCH GT 5 Pro 46mm User Manual

Model: WATCH GT5 Pro 46mm Black

Brand: HUAWEI

1. PRODUCT OVERVIEW

The HUAWEI WATCH GT 5 Pro is the pinnacle of the HUAWEI WATCH GT series, crafted with premium materials like sapphire glass and high-hardness titanium for a sophisticated yet robust design. It seamlessly integrates into both professional and active lifestyles, offering a suite of advanced health management features, smart assistant functionalities, and an impressive battery life of approximately 14 days under typical usage.

Key enhancements include a 3D golf map display with global course support, providing strategic insights such as green slope and precise distances to hazards. For outdoor enthusiasts, it offers advanced running monitoring, contour maps, and GPX file compatibility for reliable navigation. The watch also supports 40m free diving, making it a versatile companion for various sports and daily activities.



Figure 1: HUAWEI WATCH GT 5 Pro 46mm Smartwatch.

2. INITIAL SETUP

Before using your HUAWEI WATCH GT 5 Pro, please follow these steps to ensure proper setup and functionality:

1. **Charging the Device:** Connect the watch to its charging cradle and a power source. Ensure the watch is fully charged before first use.
2. **Downloading the HUAWEI Health App:** The HUAWEI Health app is essential for pairing your watch and accessing its full features.
 - For iOS devices, download from the Apple App Store.
 - For Android devices, download the app directly from the HUAWEI official website or AppGallery,

as it may not be available on Google Play due to regional policies.

3. Pairing the Watch:

- Open the HUAWEI Health app on your smartphone.
 - Navigate to the 'Devices' tab and select 'Add device'.
 - Select your HUAWEI WATCH GT 5 Pro from the list of available devices.
 - Follow the on-screen prompts to complete the pairing process. Ensure Bluetooth is enabled on your smartphone.
4. **Initial Data Synchronization:** Once paired, the watch will begin synchronizing data with the app. This may take a few moments.
5. **Firmware Updates:** Check for and install any available firmware updates through the HUAWEI Health app to ensure optimal performance and access to the latest features.

For detailed pairing instructions and tips on maximizing your wearable experience, please refer to the 'Wearable Product Pairing Guide' and 'Tips for Mastering Wearables' sections on the HUAWEI official support page.

3. OPERATING INSTRUCTIONS

3.1 Golf Features

The HUAWEI WATCH GT 5 Pro offers advanced golf navigation to enhance your game. It supports over 2,300 golf courses in Japan (covering over 99% of courses) and over 60 countries globally. You can download your preferred golf course maps via the HUAWEI Health app and sync them to your watch, eliminating the need to carry your smartphone on the course.

- **3D Course Map Display:** Visualize the entire course in 3D for better strategic planning.
- **Precise Distance Measurement:** Get real-time distances to the center, front, and back of the green, as well as to various hazards (bunkers, water).
- **Green Slope and Direction:** Understand the green's inclination and direction to optimize your approach and putting.
- **Shot Tracking and Analysis:** Manually input scores per hole to get detailed play data statistics on your watch and the HUAWEI Health app. Review your shot trajectory animations to analyze your performance.

進化したゴルフ機能



Figure 2: Advanced Golf Features including 3D course view and green details.

3.2 Advanced Running Experience

The watch provides a highly accurate and comprehensive running experience:

- **Full-Color Map Display:** During workouts, view a full-color map on the watch screen, showing your current position and route.
- **Running Form Analysis:** The watch analyzes your running form, providing scientific data such as left/right foot balance and ground contact time to help improve performance and reduce injury risk.
- **Enhanced GPS Accuracy:** The innovative Himawari-type antenna system and intelligent algorithms improve GPS accuracy by over 20% compared to previous models, ensuring precise tracking even in challenging environments.

高度なランニング体験



トレイルランニング
モードに対応

ウォッチのみでの
ランニングフォーム測定



ワークアウトモード中の
フルカラーマップ表示

Figure 3: Running features with on-watch map and form analysis.

3.3 Outdoor Navigation (Hiking & Mountaineering)

Navigate challenging trails with confidence:

- **Contour Maps & Offline Use:** Download contour maps from the HUAWEI Health app to your watch for offline use, ideal for hiking and trail running.
- **GPX File Support:** Import GPX (GPS Exchange Format) files to follow pre-planned routes.
- **Rich Data Display:** Access comprehensive data during your ascent, including climbing distance, altitude changes, heart rate, and blood oxygen levels.

YAMAPやYamaRecoの ルートインポート

GPXファイルの読み込みも可能



先輩ユーザーに続いて
美しい山々を楽しもう

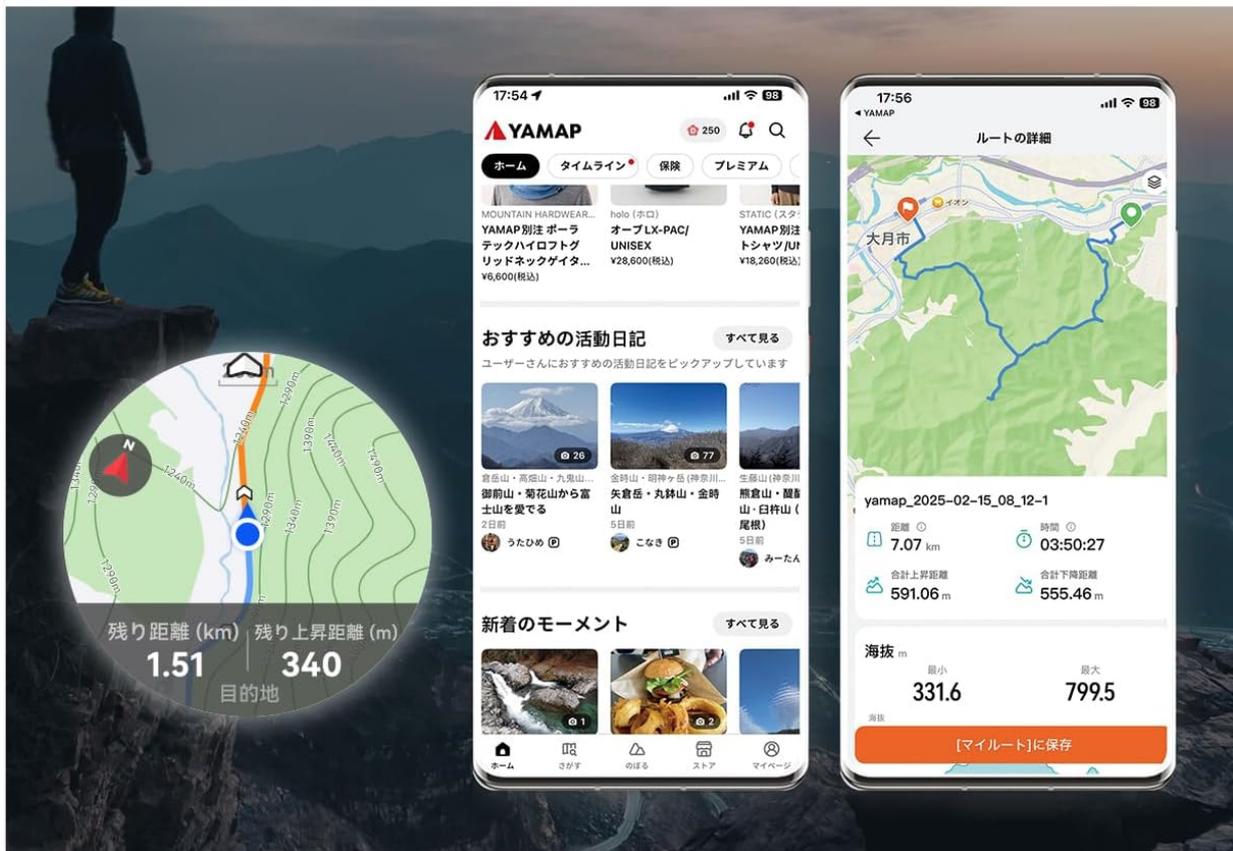


Figure 4: Outdoor navigation features with route import and map display.

3.4 Health Monitoring

The HUAWEI WATCH GT 5 Pro integrates the HUAWEI TruSense system for comprehensive and accurate health management:

- **ECG Measurement:** Perform an electrocardiogram (ECG) anytime, anywhere by gently pressing the electrode button on the watch for 30 seconds. The ECG app captures electrical signals from your heart to assess heart rate and rhythm, helping detect potential atrial fibrillation. Reports can be downloaded and printed for medical consultation.
- **Sleep Breathing Disorder Detection:** Analyze heart rate and blood oxygen level changes during sleep to identify and track potential sleep breathing interruptions.
- **24/7 Heart Rate Monitoring:** Continuously monitor your heart rate with alerts for abnormal readings.
- **Blood Oxygen (SpO2) Monitoring:** Track your blood oxygen saturation levels throughout the day.

- **Stress Monitoring:** Measure your stress levels and receive suggestions for relaxation, such as guided breathing exercises.
- **Emotion Measurement:** Intelligently infer and record your emotional state (comfortable, normal, uncomfortable) to provide a more holistic view of your well-being.
- **Skin Temperature Measurement & Menstrual Cycle Calendar:** Additional health tracking features for comprehensive personal health management.

心電図 (ECG) ※2

心電図は、心臓の鼓動をつかさどっている微小な電気信号をグラフに表したものです。心電図アプリは、こうした電気信号をとらえて心拍数を把握し、心臓の心房と心室が規則的に動いているかを調べます。リズムが乱れている場合は心房細動が疑われます。

下ボタン（電極）を**30秒**間指押しするだけで、いつでもどこでも心電図の測定および記録が可能。

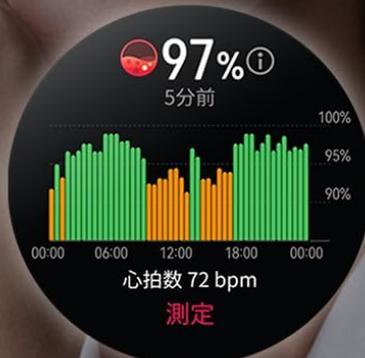
1月8日（水）以降、「HUAWEI Health」アプリとスマートウォッチをそれぞれ最新バージョンにアップデートすることで心電図測定機能が使用できます。

Figure 5: ECG measurement in progress on the watch.

24時間健康管理※3



睡眠測定
睡眠中呼吸乱れ検知



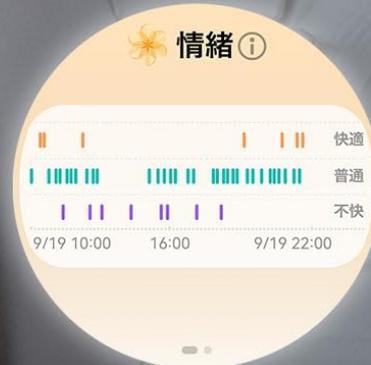
血中酸素
レベル測定



心拍数
測定とアラート



ストレス測定



情緒測定

Figure 6: Overview of 24-hour health monitoring features.

3.5 Battery Life

The 46mm model boasts an impressive battery life of approximately 14 days under typical usage. It supports wireless fast charging, allowing for a full charge in about 60 minutes.

2週間持続するバッテリー※4

ワイヤレス充電対応、約60分でフル充電



HUAWEI WATCH GT 5 Pro 46mm

約**14**日間
通常使用

約**9**日間
ヘビーユース

約**5**日間
常時点灯機能使用時



HUAWEI WATCH GT 5 Pro 42mm

約**7**日間
通常使用

約**5**日間
ヘビーユース

約**3**日間
常時点灯機能使用時

Figure 7: Battery life comparison for 46mm and 42mm models.

3.6 Smart Features

- **Bluetooth Calling:** Answer calls directly from your watch.
- **Notifications:** Receive notifications from apps like LINE.
- **Quick Reply (Android only):** Respond to messages using the on-screen keyboard (Android devices only).
- **Music Playback Control:** Control music playing on your smartphone.
- **Calorie Management:** Utilize calorie management features introduced from HUAWEI FIT3.
- **Screenshot Function:** Press both physical buttons simultaneously to take a screenshot of the watch screen for easy sharing.

- **Cross-Platform Compatibility:** The watch pairs seamlessly with both iOS and Android devices.

Bluetooth通話に対応

いつでもどこでも
手軽に通話することが可能



Figure 8: Bluetooth call functionality on the smartwatch.

3.7 Durability and Water Resistance

The HUAWEI WATCH GT 5 Pro is built with high-hardness titanium and sapphire glass, offering superior wear and scratch resistance. It meets stringent global diving accessory standards, supporting 40m free diving. It also features 5ATM + IP69K water and dust resistance, along with enhanced corrosion resistance, making it suitable for various demanding environments.

高硬度のチタニウムと サファイアガラス 高い耐摩耗性と耐擦傷性



HUAWEI WATCH GT 5 Pro 46mm
ブラック

Figure 9: High-hardness titanium and sapphire glass construction.

40mフリーダイビング※8

EN 13319準拠
業界内ダイバー向け
最高レベル



Figure 10: The watch supporting 40m free diving.

4. MAINTENANCE

To ensure the longevity and optimal performance of your HUAWEI WATCH GT 5 Pro, regular cleaning and proper care are recommended:

- **Cleaning:** Regularly wipe the watch screen and strap with a soft, lint-free cloth. For stubborn dirt, a slightly damp cloth can be used. Avoid using harsh chemicals or abrasive materials.

- **Drying:** After exposure to water (e.g., swimming, showering), ensure the watch is thoroughly dried before charging or prolonged wear to prevent corrosion and maintain water resistance.
- **Strap Care:** If you experience skin irritation, ensure the strap is clean and dry. Consider adjusting the tightness or trying a different strap material if discomfort persists. The HUAWEI EasyFit belt allows for easy strap replacement.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures.

For detailed guidance on correct wearing methods and maintenance, please refer to the 'Tips for Mastering Wearables' section on the HUAWEI official support page.

5. TROUBLESHOOTING

If you encounter issues with your HUAWEI WATCH GT 5 Pro, consider the following common solutions:

Issue	Possible Solution
Difficulty pairing with smartphone	Ensure Bluetooth is enabled on both devices. Restart both the watch and smartphone. Make sure the HUAWEI Health app is the latest version. For Android, ensure the app is downloaded from the official HUAWEI website/AppGallery.
Inaccurate GPS tracking	Ensure the watch has a clear view of the sky. Update watch firmware. Calibrate GPS if an option is available in settings.
Short battery life	Reduce screen brightness, disable always-on display, limit continuous heart rate monitoring, and close unnecessary background apps on the watch. Ensure no third-party apps are excessively draining power.
Skin irritation	Clean the watch and strap regularly. Ensure the strap is not too tight. If irritation persists, consider changing the strap material or consulting a dermatologist.
App performance issues (slow, unresponsive)	Ensure your smartphone meets the minimum system requirements. Clear the app cache. Reinstall the HUAWEI Health app if necessary.

If the issue persists after trying these solutions, please contact HUAWEI customer support for further assistance.

6. SPECIFICATIONS

Feature	Detail
OS	HarmonyOS
Product Weight	53 g
Package Dimensions	14 x 11.9 x 6.6 cm
Battery	1 Lithium Ion battery (included)
Connectivity	Bluetooth
GPS	Built-in GPS
Special Features	Distance Tracker, Voice Call, Sleep Monitor, Notifications, GPS
Human Interface Input	Buttons, Touchscreen
Color	46mm Black
Box Contents	USB cable with charging cradle, Quick Start Guide, Warranty and After-sales Service Guide
Languages Supported	Japanese, English, Chinese
Manufacturer	HUAWEI
Country of Origin	China
Battery Capacity	14 Days (typical use)
Wireless Communication Standard	Bluetooth

7. WARRANTY AND SUPPORT

HUAWEI provides the following warranty periods for this product:

- **Main Device:** 15 months + 1 additional year from the date of purchase.
- **Included Charger:** 6 months.
- **USB Cable:** 3 months.

A product warranty card is not included with this product. Please retain your Amazon delivery slip as proof of purchase, as it will be required for warranty repair requests. The product warranty applies to items purchased from Amazon.co.jp as the seller and shipper.

HUAWEI Customer Support: Support.jp@huawei.com

Carry-in Repair Service (Wearable and Audio Products Only):

1. HUAWEI Authorized Repair Shop "Smartphone Repair Workshop Shinjuku PePe Store"

Hours: 11:00-21:30 (Closed on Seibu Shinjuku PePe holidays)

Address: Seibu Shinjuku PePe 4F, 1-30-1 Kabukicho, Shinjuku-ku, Tokyo

Phone: 03-6273-8950

2. HUAWEI Authorized Repair Shop "Smartphone Repair Workshop Namba Walk Store"

Hours: 10:00-21:00 (Closed on Namba Walk holidays)

Address: Namba Walk 2-ban-gai Kita-dori, Niji-no-machi, 1-3-5 Namba, Chuo-ku, Osaka

Phone: 050-5228-0214