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› Fila Smart Watch SW52 User Manual

Fila SW52

FILA Smart Watch SW52 User Manual

Model: SW52

INTRODUCTION

This user manual provides comprehensive instructions for the Fila Smart Watch SW52. It covers setup, operation, maintenance, and troubleshooting to ensure you get the most out of your device. Please read this manual thoroughly before using your smartwatch.



Image: Front view of the FILA Smart Watch SW52, featuring a black casing and a distinctive orange and black strap. The watch face displays fitness metrics.

WHAT'S IN THE BOX

Upon opening the package, please verify that all the following items are included:

- FILA Smart Watch (SW52)
- Charging Cable

- Watch Band
- User Manual (this document)

SETUP GUIDE

1. Initial Charging

Before first use, fully charge your smartwatch. Connect the charging cable to the charging port on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours. The watch display will indicate charging status.

Stay charged with a week of battery life



Up to 7 days
battery life



Compatible with
Android™ & iOS

Image: The FILA Smart Watch displaying its battery level, illustrating its long battery life of up to 7 days.

2. App Installation and Pairing

The FILA Smart Watch integrates with the **Da Fit** app for full functionality. Follow these steps to install and pair:

1. **Download the Da Fit App:** Scan the QR code in the watch's quick start guide or search for "Da Fit" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).

2. **Create Account:** Open the Da Fit app and follow the on-screen instructions to create an account or log in.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** In the Da Fit app, navigate to the "Device" section and tap "Add Device" or "Bind Device". Select "SW52" from the list of available devices.
5. **Confirm Pairing:** A pairing request will appear on your watch. Confirm the pairing on both your watch and smartphone.

Once paired, the watch will synchronize time and data with your phone.

OPERATING YOUR SMART WATCH

Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and widgets. Tap to select.
- **Side Button(s):** Typically, one button serves as a power on/off, back, or home button. Refer to the watch's physical layout for specific functions.

Key Features and Functions

Bluetooth Call and Message Notification

The FILA Smart Watch features a built-in HD speaker and microphone, allowing you to answer and make calls directly from your wrist after connecting to your smartphone via Bluetooth. You will also receive vibrating alerts for social media messages and other notifications.



Bluetooth Dial

Answer Calls

Image: A man engaging in a call using the Bluetooth dial feature on his FILA Smart Watch, demonstrating hands-free communication.

Smart Notification

Never miss any important messages.



Image: The FILA Smart Watch screen showing incoming notifications from a smartphone, highlighting its smart notification capability.

Rugged GPS Watch

With a built-in GPS receiver, the watch can precisely determine your location, navigate, and monitor fitness activities. It accurately records your movement trajectory even without a phone, providing detailed insights into your workouts.

1.52" Display

The FILA Smart Watch features an ultra-large 1.52" display with rich colors and clear visuals. This allows for easy viewing of message notifications, workout data, and other information at a glance. The curved high-strength glass enhances both appearance and wear resistance.

120+ Fitness Modes

The smartwatch offers over 100 sport modes. Built-in sensors and professional sports algorithms monitor and analyze your body during various activities, providing comprehensive data on your performance.

Making Fitness Simple

 123+ Exercise Modes



▶ Music Controls

 7/24 Monitoring

 Sports Data Recording

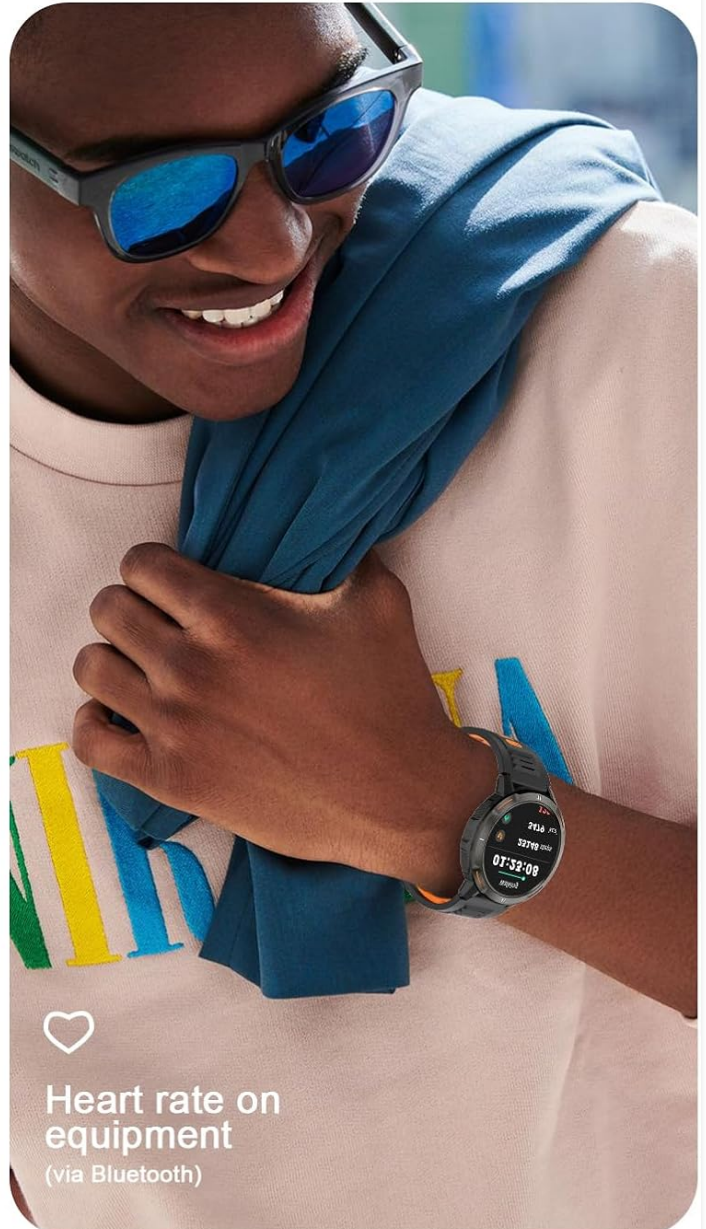


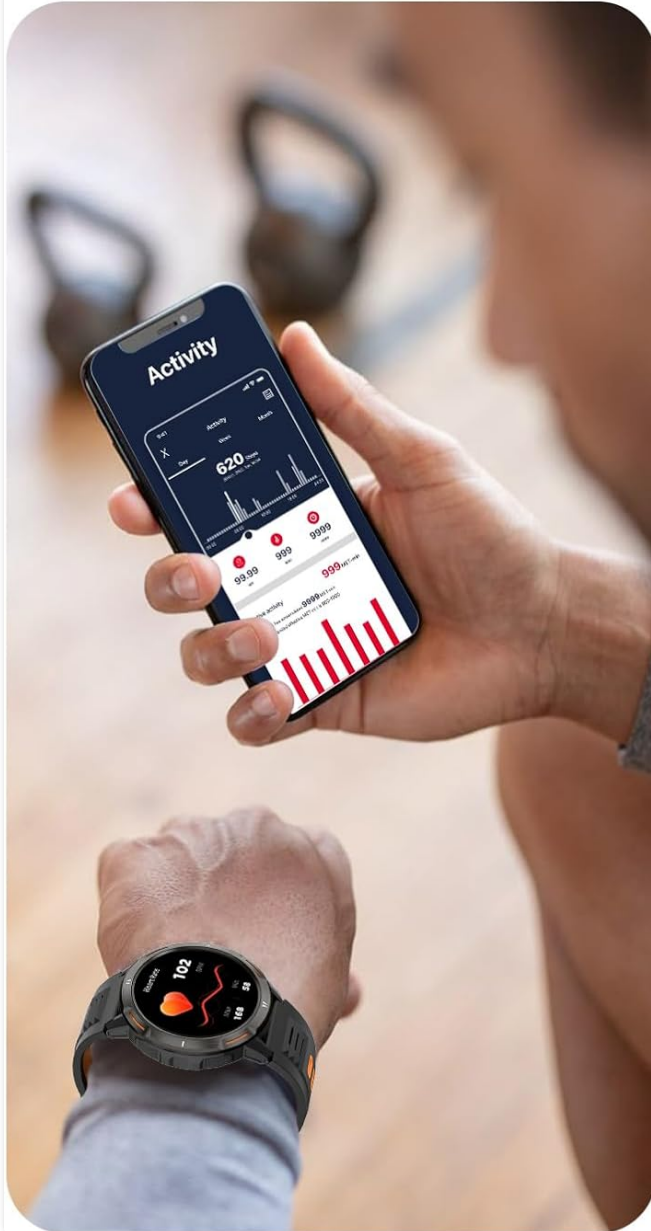
Image: The FILA Smart Watch showing various exercise modes and tracking capabilities, emphasizing its fitness features.

Health Monitoring

The watch provides continuous monitoring of key health metrics:

- **Heart Rate Monitoring:** Tracks your heart rate 24/7.
- **Sleep Monitoring:** Analyzes your sleep patterns.
- **Blood Oxygen Level (SpO2) Monitoring:** Measures your blood oxygen saturation.

Health and Fitness Tracking



Blood Oxygen Level
(SpO2) Monitoring



Heart Rate Notifications



Health Metrics

Image: The FILA Smart Watch displaying heart rate and blood oxygen levels, illustrating its comprehensive health tracking capabilities.

Smart Connectivity with Da Fit App

Integrated with the Da Fit app, this smartwatch helps you track your data, set up training plans, and access a range of fitness courses. All your health and activity data is synced to the app for detailed analysis.

MAINTENANCE AND CARE

- **Cleaning:** Regularly clean your watch and watch band with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The watch is designed to be water-resistant. Avoid prolonged submersion or exposure to hot water/steam. Dry the watch thoroughly after exposure to water.
- **Charging:** Use only the provided charging cable. Ensure the charging contacts on the watch and cable are clean and dry before charging.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place. It is recommended to charge

the watch to about 50% before long-term storage to preserve battery health.

- **Avoid Extreme Temperatures:** Do not expose the watch to extremely high or low temperatures, as this can damage the battery and internal components.

TROUBLESHOOTING

Problem	Possible Solution
Watch won't turn on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes. If it still doesn't turn on, try a soft reset (press and hold the side button for 10-15 seconds).
Cannot pair with phone	1. Ensure Bluetooth is enabled on your phone and the watch is discoverable. 2. Make sure the Da Fit app is installed and running. 3. Forget the device from your phone's Bluetooth settings if it was previously paired. 4. Restart both your phone and the watch. 5. Ensure the watch is within Bluetooth range of your phone.
Notifications not received	1. Check app notification permissions on your phone for the Da Fit app. 2. Ensure the watch is connected via Bluetooth. 3. Verify notification settings within the Da Fit app. 4. Make sure your phone's "Do Not Disturb" mode is off.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
Short battery life	1. Reduce screen brightness. 2. Turn off continuous heart rate monitoring if not needed 24/7. 3. Limit the number of apps sending notifications to the watch. 4. Ensure the watch is fully charged each time.

SPECIFICATIONS

Feature	Detail
Model Number	SW52
Product Dimensions	6.1 x 4.33 x 1.69 inches
Item Weight	7.8 ounces
Display Size	1.52 Inches
Screen Shape	Round
Memory Storage Capacity	256 MB
RAM Memory Installed Size	256 MB

Feature	Detail
Operating System	Wear OS 3.0
Special Features	Touchscreen, Multisport Tracker, Activity Tracker, Phone Call, Notifications
Battery Capacity	300 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Ion
GPS	Built-in GPS
Manufacturer	FILA
Supported Languages	English, German, Italian, Spanish, French
Country of Origin	China

WARRANTY AND SUPPORT

FILA provides a limited warranty for this product. Please refer to the warranty card included in your product packaging for detailed terms and conditions, including warranty period and coverage.

For technical support, product inquiries, or warranty claims, please contact FILA customer service through the official website or the contact information provided in your product documentation. Ensure you have your model number (SW52) and proof of purchase ready when contacting support.

Online Resources: For the latest updates, FAQs, and additional support, visit the official FILA support page.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for

conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Why won't my Fila SW52 smart watch turn on?

If your Fila SW52 smart watch will not turn on, please follow these troubleshooting steps from the user manual: Charge the device: Connect the watch to its charging cable and plug it into a power...

[Read full answer](#)