

[Manuals.plus](#) /

› [Superun](#) /

› SupeRun Walking Pad User Manual

Superun BA03-B1

SupeRun Walking Pad User Manual

Model: BA03-B1

1. INTRODUCTION

Thank you for choosing the SupeRun Walking Pad. This under-desk treadmill is designed to provide a convenient and effective way to incorporate physical activity into your daily routine, whether at home or in the office. Its compact design, quiet operation, and versatile speed settings make it an ideal solution for walking, jogging, or light running.

This manual provides essential information for the safe and efficient use of your walking pad. Please read it thoroughly before operation and keep it for future reference.



Image: The SupeRun Walking Pad, illustrating its primary use for walking and as an under-desk treadmill.

2. SAFETY INFORMATION

- Always place the walking pad on a flat, stable surface.
- Ensure adequate clearance around the treadmill (at least 20 inches on sides and rear).
- Do not use the treadmill on a blanket or thick carpet, as this may cause overheating.
- Keep children and pets away from the treadmill during operation.
- Maximum user weight capacity: 300 lbs.
- Always wear appropriate athletic footwear.
- If you feel dizzy, nauseous, or experience any pain, stop exercising immediately.
- Unplug the treadmill when not in use or before cleaning/maintenance.

3. COMPONENTS AND FEATURES

Your SuperRun Walking Pad comes with the following components and features:

- **LED Display:** Shows Speed, Time, Distance, and Calories.
- **Remote Control:** For adjusting speed and starting/stopping the treadmill.
- **2.5HP Powerful and Quiet Motor:** Ensures smooth and silent operation.
- **Multiple Shock Absorption Design:** Protects ankles and knees during use.
- **Compact and Portable Design:** Easy to store under furniture and move with built-in wheels.
- **PitPat APP Integration:** Connects to a global intelligent sports community platform for training, events, and social features.

WHY CHOOSE SUPERUN TREADMILL?

SUPERUN strictly controls the quality of each machine



2.5HP
Motor Power



0.6-3.8MPH
Speed Range



<45dB
Low Noise



300LBS
Weight Capacity



LED
Digital Display



Remote & APP
Control



Various Colors
Available



No
Installation

Image: An overview of the key features and benefits of the SuperRun Walking Pad.

Image: Contents included in the product package.

4. SETUP

The SupeRun Walking Pad is designed for minimal setup. It is largely installation-free.

1. **Unpack:** Carefully remove the walking pad and all accessories from the packaging.
2. **Placement:** Place the walking pad on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and movement. Avoid placing it on thick carpets or blankets to prevent motor overheating.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet.
4. **Initial Check:** Before first use, ensure the running belt is centered and free from any obstructions.



Image: Demonstrating the ease of moving and storing the walking pad.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

- To power on, plug in the treadmill and press the power button usually located near the front.
- To power off, press the power button again or unplug the unit.

5.2 Using the Remote Control

The remote control allows you to easily manage the treadmill's functions:

- **Start/Stop:** Press the power button on the remote to start or stop the treadmill.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed.



Image: The smart remote control and LED display, showing various metrics.

5.3 Speed Modes and Usage

The SupeRun Walking Pad offers a speed range of 0.6-3.8 mph (1-6 km/h), suitable for various activities:

- **Working Mode (0.6-1.6 MPH):** Ideal for walking while working at a standing desk. Operates silently (below 45dB).
- **Walking Mode (0.6-2.4 MPH):** Suitable for general walking.
- **Jogging Mode (0.6-3.8 MPH):** For light jogging and increasing cardiovascular activity.



Image: The three-in-one functionality of the walking pad, showing different speed ranges for working, walking, and jogging.



Image: Illustrating the low noise operation of the walking pad, suitable for quiet environments.

5.4 PitPat APP Integration

Enhance your workout experience by connecting your SuperRun Walking Pad to the PitPat APP. The app provides:

- Training courses and professional coaching guides.
- Virtual running tracks and simulation scenes.
- Opportunities to participate in competitions and win rewards.
- A community platform to connect with other runners.

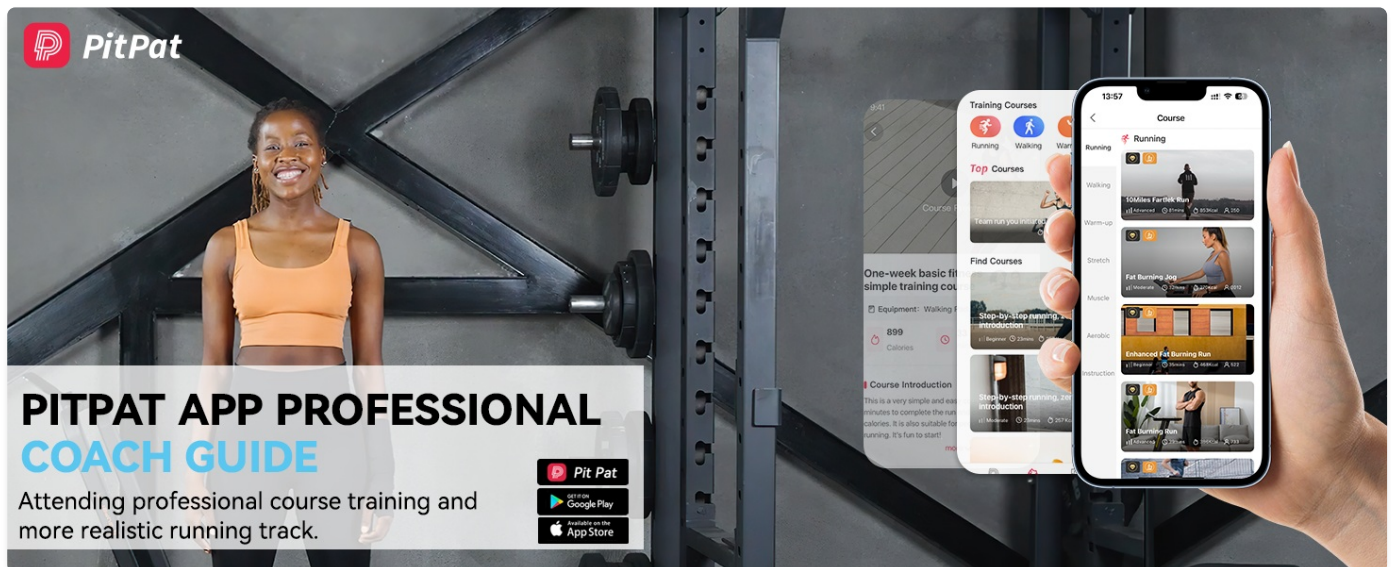


Image: The PitPat APP interface, highlighting professional coaching and training features.

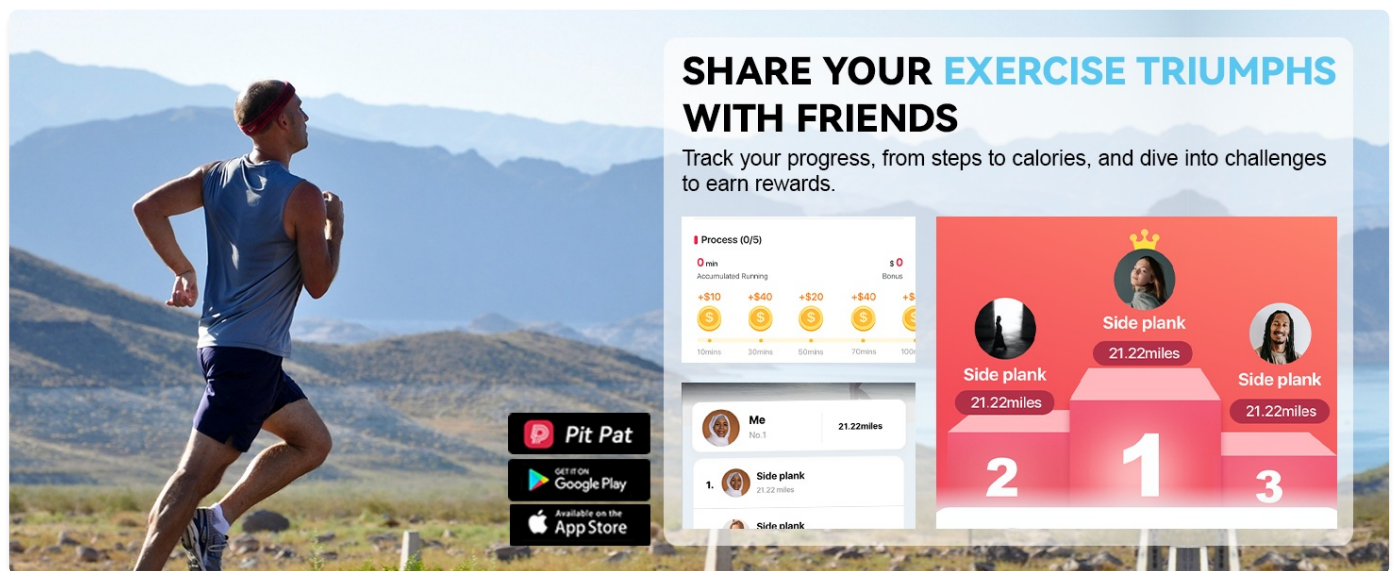


Image: The PitPat APP's social features, allowing users to share progress and compete.



Image: Real outdoor simulation scenes available through the PitPat APP for an immersive experience.

5.5 How to Use Superun Walking Pad Treadmill (Video)

Your browser does not support the video tag.

Video: A comprehensive guide on how to set up and use the Superun Walking Pad treadmill, demonstrating its features and various modes of operation.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your walking pad.

- **Cleaning:** Wipe down the treadmill with a damp cloth after each use. Avoid using abrasive cleaners.
- **Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and wear. Use the provided lubricant or a silicone-based treadmill lubricant. Apply a small amount under the belt every 3-6 months, depending on usage.
- **Belt Alignment:** If the belt starts to drift to one side, use the L-shaped wrench to adjust the rear rollers until the belt is centered. Refer to the specific instructions in the included user manual for detailed belt adjustment procedures.

- **Storage:** When not in use, store the walking pad in a dry, cool place. Its slim design allows it to be stored under a sofa or bed.

COMPACT SIZE

Takes up only **6.5ft²** of space



Image: The compact size of the walking pad, demonstrating its easy storage capabilities.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not plugged in; Power switch off; Remote control battery low.	Check power connection; Turn on power switch; Replace remote control battery.
Running belt slips or is off-center.	Belt needs adjustment or lubrication.	Adjust belt tension/alignment using the L-shaped wrench; Lubricate the belt.

Problem	Possible Cause	Solution
Unusual noise during operation.	Loose parts; Lack of lubrication; Foreign object.	Check for and tighten any loose screws; Lubricate the belt; Inspect for foreign objects.
Display not working correctly.	Loose connection; Malfunction.	Ensure all connections are secure; Contact customer support if issue persists.

8. SPECIFICATIONS

- **Brand:** Superun
- **Model Name:** BA03-B1
- **Product Dimensions:** 42.72"D x 20.17"W x 4.17"H
- **Item Weight:** 41 Pounds
- **Material:** Alloy Steel
- **Maximum Speed:** 3.8 Miles per Hour (6 km/h)
- **Minimum Speed:** 0.6 Miles per Hour (1 km/h)
- **Maximum Horsepower:** 2.5 HP
- **Maximum Weight Recommendation:** 300 Pounds
- **Deck Length:** 35.43 Inches
- **Deck Width:** 15.35 Inches
- **Display Type:** LED
- **Connectivity Technology:** Bluetooth
- **Assembly Required:** No
- **UPC:** 717331438029

SUPER **MINI** FOR **300LBS** CAPACITY



Image: Highlighting the 300 lbs weight capacity of the walking pad.

BRUSHLESS MOTOR & QUIET OPERATION



Image: Internal view of the 2.5HP powerful and quiet brushless motor.

9. WARRANTY AND SUPPORT

Your SupaRun Walking Pad comes with a manufacturer's warranty. Please refer to the warranty description provided with your purchase for specific terms and conditions. For any questions, issues, or support needs, please contact our professional customer service team.

Customer Service: You can send us an email through Amazon. Our team is available 24/7 to provide a satisfactory solution.

Return Policy: 30-day easy returns are available for this product.

Important Note: The machine will generate heat when running. Avoid using it on a blanket to prevent accidents and ensure proper ventilation.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question