

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

› [Lansinoh](#) /

› [Lansinoh Discreet Duo Wearable Breast Pump Instruction Manual](#)

Lansinoh 53751

Lansinoh Discreet Duo Wearable Breast Pump Instruction Manual

Model: 53751

INTRODUCTION

The Lansinoh Discreet Duo Wearable Breast Pump is designed for modern mothers seeking convenience and efficiency in their pumping routine. This hands-free, wireless, and portable breast pump allows for discreet milk expression anywhere, anytime. Its ergonomic design ensures comfort, while quiet operation minimizes disturbance. Featuring hospital-strength suction and multiple pumping modes, it adapts to individual needs for optimal milk expression.



Figure 1: Lansinoh Discreet Duo Wearable Breast Pumps.

WHAT'S IN THE BOX

Your Lansinoh Discreet Duo Wearable Breast Pump package includes the following components:

- 2x DiscreetDuo Pumps with 6oz collection cups
- 2x 24mm flanges (comes assembled)
- 2x Bra extenders
- 2x 21mm flange inserts
- 2x Valves
- 2x USB charging cables

Pump smarter, not harder

9 levels of hospital-strength suction
4 pumping modes



Stimulation
Mode



Expression
Mode



Massage
Mode



Automatic
Mode

Figure 2: Package Contents.

PRODUCT FEATURES

The Discreet Duo Wearable Breast Pump offers several features designed for convenience and efficiency:

- **Portable and Discreet:** Lightweight design fits comfortably in your bra for hands-free pumping.
- **Customizable Pumping:** 4 pumping modes and 9 levels of hospital-strength suction.
- **Quiet Operation:** Operates at under 45db for discreet use.
- **Long-Lasting Battery:** Up to 100 minutes of pumping on a single charge.
- **Easy to Clean:** Just 5 parts, with most components being dishwasher safe.
- **Leak-Resistant Design:** Engineered to prevent leaks when properly sealed.
- **Safe and Hygienic:** Made without BPS and BPA, featuring a closed system to prevent milk backflow.



Figure 3: Key Features of the Discreet Duo Pump.

ASSEMBLY

The Lansinoh Discreet Duo Wearable Breast Pump is designed for easy assembly with only 5 main parts:

1. Ensure all parts (Pump hub, Diaphragm, Collection cup, Duckbill valve, Flange) are clean and dry.
2. Insert the duckbill valve firmly into the bottom of the collection cup.
3. Place the diaphragm onto the top of the collection cup, ensuring a secure seal.
4. Attach the flange to the collection cup, making sure it clicks into place all the way around to prevent leaks.
5. Finally, place the pump hub onto the assembled collection cup and flange, aligning the connections.

Easy to assemble

Just 5 parts



all parts (except pump hub) are dishwasher safe

Figure 4: Easy Assembly with 5 Parts.

OPERATION

To operate your Lansinoh Discreet Duo Wearable Breast Pump:

1. Once assembled, place the pump on your breast, ensuring the nipple is centered in the flange tunnel.
2. Slip the pump into your nursing or regular bra. Use the included bra extenders if needed for a comfortable fit.
3. Power on the pump using the control buttons on the pump hub. The LED display will show current settings.
4. Select your desired pumping mode:
 - **Stimulation Mode:** Mimics how babies begin feeding with fast, light sucking. Use to initiate milk flow.
 - **Expression Mode:** Used once let-down is initiated and milk is flowing. Can be used after Stimulation mode or straight after breastfeeding.
 - **Massage Mode:** Use if milk flow has stopped in Expression mode to encourage additional let-downs.
 - **Automatic Mode:** Optimizes suction from start to finish, increasing every 15 seconds.
5. Adjust the suction level (9 levels available) to your comfort.

6. The pump features an automatic shut-off after 20 minutes.



4 PUMPING MODES

Stimulation
Mimics how babies begin feeding with fast, light sucking. Use to begin pumping & initiate milk flow

Expression
When let-down is initiated & milk is flowing. Use after *Stimulation* mode or straight after breastfeeding

Massage
Use if milk has stopped flowing in *Expression* mode to encourage additional let-downs

Automatic
Optimizes suction from start to finish, increasing every 15 secs

Figure 5: Understanding Pumping Modes.

Press and Seal

To prevent leaks, press the flange against the edges of the cups



Figure 6: Proper Placement for Discreet Pumping.

FLANGE SIZING

Choosing the correct breast pump flange size is crucial for both comfort and efficient milk flow. The Discreet Duo comes with a built-in 24mm flange and a 21mm flange insert. Use the included sizing guide to determine your perfect fit. Correct fit directly impacts suction effectiveness and overall pumping experience.

Comfortable, adaptable fit



Built in 24mm
flange



21mm
flange insert

**correct fit impacts suction*

Figure 7: Flange Sizes for Optimal Fit.

CHARGING

The pump's battery provides up to 100 minutes of pumping time on a single charge. To charge, connect the included USB charging cable to the pump hub and a suitable power source. For best performance and battery longevity, avoid using a fast-charging block to recharge the pump.

Up to 100 minutes on a single charge

For best performance, avoid using a fast-charging block to recharge pump



Figure 8: Charging the Pump.

CLEANING AND MAINTENANCE

Proper cleaning and maintenance are essential for the performance and durability of your DiscreetDuo Wearable Breast Pump. All parts, except the pump hub, are dishwasher safe. Always follow the cleaning methods outlined in this manual. Improper cleaning or alternative methods may affect its efficiency and lifespan.

Important: Always remove the pump hub from the collection cup BEFORE emptying the milk and cleaning the parts. This prevents damage to the electronic components.

Reminder

Always remove
hub before
pouring &
cleaning



Figure 9: Proper Milk Transfer and Cleaning Preparation.

TIPS FOR PUMPING

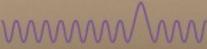
- Follow all pump assembly and usage instructions carefully.
- After pumping, remove the hub from the collection cup **BEFORE** emptying the milk from the cup.
- Hold the pump and collection cups upright to prevent spills.
- Do not bend over more than 45 degrees while pumping. Bending over may cause leaks.
- For added comfort, a small amount of coconut oil can be used as a lubricant around the flange opening.
- If pumping multiple times a day, you can store the pump parts (excluding the hub) in a plastic baggie in the fridge between sessions and wash them thoroughly at the end of the day.

4 PUMPING MODES



Stimulation

Mimics how babies begin feeding with fast, light sucking. Use to begin pumping & initiate milk flow.



Expression

When let-down is initiated & milk is flowing. Use after *Stimulation* mode or straight after breastfeeding.



Massage

Use if milk has stopped flowing in *Expression* mode to encourage additional let-downs.



Automatic

Optimizes suction from start to finish, increasing every 15 secs.



Figure 10: Pumping Tips for Best Experience.

TROUBLESHOOTING

If you encounter issues with your Lansinoh Discreet Duo Wearable Breast Pump, consider the following:

Problem	Possible Cause	Solution
No Suction or Weak Suction	<ul style="list-style-type: none"> Improper assembly (e.g., flange not sealed). Damaged or worn duckbill valve/diaphragm. Low battery. 	<ul style="list-style-type: none"> Ensure all parts are securely connected and sealed, especially the flange to the collection cup. Inspect duckbill valve and diaphragm for tears or damage; replace if necessary. Charge the pump fully.
Milk Leaking	<ul style="list-style-type: none"> Flange not properly sealed to the collection cup. Bending over too far while pumping. Collection cup is full. 	<ul style="list-style-type: none"> Press the flange firmly against the edges of the cups to ensure a complete seal. Maintain an upright posture (do not bend more than 45 degrees). Empty the collection cup when it reaches its capacity.
Pump Not Turning On	<ul style="list-style-type: none"> Battery is depleted. Charging cable or port issue. 	<ul style="list-style-type: none"> Charge the pump for at least 100 minutes. Try a different USB charging cable or power adapter.

SPECIFICATIONS

Feature	Detail
---------	--------

Feature	Detail
Model Number	53751
Product Dimensions	5.6 x 6.4 x 7.2 inches; 1.9 Pounds
Operation Mode	Electric
Pumping Modes	4 (Stimulation, Expression, Massage, Automatic)
Suction Levels	9 (Hospital Strength)
Flange Diameters Included	24mm (built-in) & 21mm (insert)
Battery Life	Up to 100 minutes
Noise Level	Under 45db
Material	Plastic (BPS and BPA free)
System Type	Closed System (prevents backflow)

IMPORTANT SAFETY INFORMATION

Please read and understand all safety warnings and instructions before using this product. Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Always consult with a healthcare professional for any health concerns or before starting any new health regimen.

WARRANTY AND SUPPORT

Lansinoh is committed to providing high-quality products. For information regarding product warranty, technical support, or to purchase replacement parts, please visit the official Lansinoh website or contact their customer service. Contact details can typically be found on the product packaging or the brand's official website.

For nearly 40 years, new mothers have trusted Lansinoh to support and care for them while they enter the messy magic of motherhood. Lansinoh proudly stands with mothers all over the world.

© 2025 Lansinoh. All rights reserved.

Related Documents - 53751

 <p>Lansinoh® Wearable Pump</p> <p>INSTRUCTIONS FOR USE</p> <p>Read all instructions before using the pump and keep this manual for future reference.</p>	<p>Lansinoh® Wearable Pump: Instructions for Use</p> <p>Detailed instructions for the Lansinoh® Wearable Pump, covering setup, operation, cleaning, storage, and technical details. Available in multiple languages for user convenience.</p>
<p>Lansinoh 2-in-1 Double Electric Breast Pump</p> <p>Read all instructions before using the pump and keep this manual for future reference.</p>	<p>Lansinoh 2-in-1 Double Electric Breast Pump User Manual and Guide</p> <p>Comprehensive guide to using, cleaning, assembling, and maintaining the Lansinoh 2-in-1 Double Electric Breast Pump, including important safety instructions and pumping tips.</p>
<p>Frequently Asked Questions</p> <p>Find answers to common questions about Lansinoh breast pumps, HPA Lanolin Nipple Cream, TheraPearl Breast Therapy Pads, baby bottles, and more. Includes troubleshooting tips and product care advice.</p>	<p>Lansinoh Breast Pump & Product FAQs and Troubleshooting Guide</p> <p>Find answers to common questions about Lansinoh breast pumps, HPA Lanolin Nipple Cream, TheraPearl Breast Therapy Pads, baby bottles, and more. Includes troubleshooting tips and product care advice.</p>
 <p>Lansinoh</p> <p>AFFINITY DOUBLE ELECTRIC BREAST PUMP INSTRUCTIONS FOR USE</p> <p>MANUAL ELECTRIC DE EXTRACCIÓN DE LECHE INSTRUCCIONES PARA EL USO</p>	<p>Lansinoh Affinity Double Electric Breast Pump: Instructions for Use, Features, and Care</p> <p>A comprehensive guide to the Lansinoh Affinity Double Electric Breast Pump, covering its features, setup, operation, cleaning, power options, breastmilk storage, and troubleshooting. Learn how to use your breast pump for efficient and comfortable milk expression.</p>
<p>FAQs</p> <p>Answers to common questions about Lansinoh baby bottles, including the NaturalWave Nipple, Air Ventilation System (AVS), BPA-free status, and cleaning instructions.</p>	<p>Lansinoh® Baby Bottles: Frequently Asked Questions</p> <p>Answers to common questions about Lansinoh baby bottles, including the NaturalWave Nipple, Air Ventilation System (AVS), BPA-free status, and cleaning instructions.</p>
 <p>Lansinoh</p> <p>Sustainability KPIs</p> <p>August 2025</p>	<p>Lansinoh Sustainability KPIs Report - August 2025</p> <p>Report detailing Lansinoh's company-wide sustainability Key Performance Indicators (KPIs) for August 2025, including targets and progress updates for climate change, energy, manufacturing, packaging, gender gap, employee engagement, and governance.</p>