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› [Double love](#) /

› Double love Automatic Upper Arm Blood Pressure Monitor (Model CK-A120) - User Manual

Double love CK-A120

Double love Automatic Upper Arm Blood Pressure Monitor (Model CK-A120) - User Manual

Your guide to accurate and convenient blood pressure monitoring.

IMPORTANT SAFETY INFORMATION

This device is intended for non-invasive measurement and monitoring of arterial blood pressure in adults. It is not intended for use on infants or children. Consult your physician for interpretation of blood pressure measurements. Self-diagnosis and treatment based on measurement results can be dangerous. Always follow your doctor's instructions.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

PACKAGE CONTENTS

- Double love Blood Pressure Monitor Unit
- Adjustable Upper Arm Cuff (9"-17.3" / 22-44cm)
- USB Cable
- User Manual
- 4 x AAA Batteries (Included)

PRODUCT OVERVIEW

The Double love Automatic Upper Arm Blood Pressure Monitor is designed for ease of use and accuracy in home settings. It features a large LCD display, voice broadcast, and memory storage for two users.



Figure 1: Front view of the Double love Blood Pressure Monitor with cuff.

SETUP

1. Power Supply

Your monitor can be powered by either batteries or a USB cable.

- **Battery Installation:** Open the battery compartment on the back of the unit. Insert 4 AAA batteries, ensuring correct polarity (+/-).
- **USB Power:** Connect the provided USB cable to the monitor's USB port and to a compatible USB power source (e.g., wall adapter, computer USB port).

TWO TYPES OF POWER SUPPLY

AT HOME WITH POWER, SAVE MONEY AND ENVIRONMENTAL PROTECTION;
TRAVEL WITH BATTERIES, EASY TO CARRY.



Figure 2: The monitor can be powered by 4 AAA batteries or via the included USB cable.

2. Cuff Connection

Insert the air tube connector from the arm cuff firmly into the air jack on the side of the monitor unit.

CUFF STORAGE DESIGN

UNIQUE STORAGE ONE DESIGN COMPLETELY SOLVES
THE OLD STYLE BLOOD PRESSURE MONITOR CUFF
EASILY LOST OR STAINED, STORAGE MESSY AND OTHER PROBLEMS!



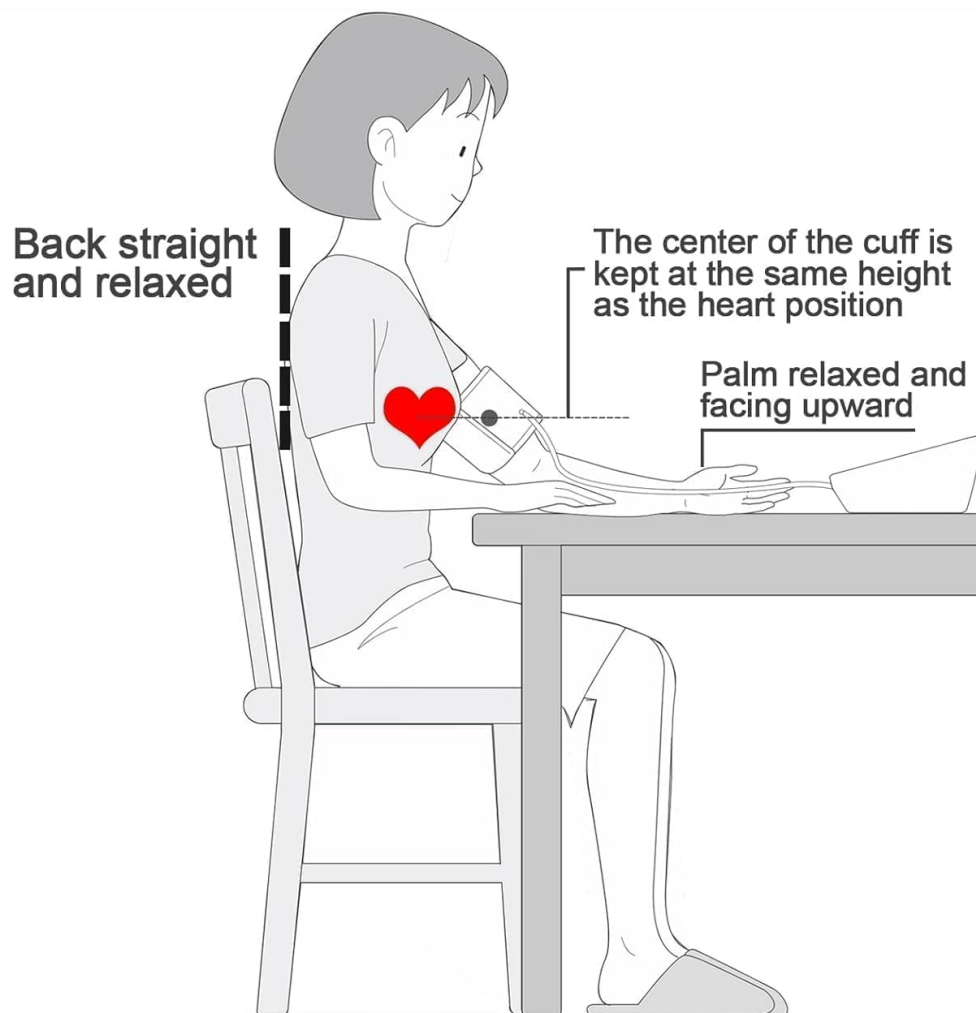
Figure 3: The monitor features an integrated cuff storage design for convenience.

OPERATING INSTRUCTIONS

1. Proper Measurement Posture

For accurate readings, ensure correct posture:

- Sit in a room with a suitable temperature.
- Relax your body and sit in a natural position.
- Ensure your back is straight and relaxed.
- Place your arm on a table with your palm facing upward.
- The center of the cuff should be at the same height as your heart.
- Avoid intense physical activity, eating, drinking, smoking, exercising, or getting wet at least 30 minutes before measurement.
- It is advisable to use the restroom before measurement.



- Please sit in a room with a suitable temperature to measure your blood pressure, relax your body and sit in a natural position.
- Please go to the bathroom before taking the measurement.
- Be sure to wait at least 30 minutes after eating, drinking, smoking, exercising, or getting wet before starting the measurement.

Figure 4: Correct posture for taking a blood pressure measurement.

2. Applying the Arm Cuff

- Slide the cuff onto your bare upper arm, approximately 2-3 cm (0.8-1.2 inches) above the elbow joint.
- Ensure the air tube is positioned on the inside of your arm and aligned with your middle finger.
- Wrap the cuff snugly around your arm. It should be tight enough that you can only insert two fingers between the cuff and your arm.

3. Taking a Measurement

- Press the 'Start/Stop' button to begin the measurement.
- The cuff will automatically inflate and then slowly deflate.
- The monitor will display your systolic (SYS), diastolic (DIA) blood pressure, and pulse rate (PUL).
- The voice broadcast system will guide you through the process and announce the results. This feature can be turned off if preferred.

Your browser does not support the video tag.

Video 1: Demonstration of the Double love Automatic Upper Arm Blood Pressure Monitor in use.

The monitor supports two users (User 1 and User 2) and stores up to 99 readings for each user, totaling 198 memory sets. This allows for easy tracking of individual health trends.



Figure 5: The monitor features group memory management for two users, storing 99 readings each.

1. Switching Users

Use the 'S' button to switch between User 1 and User 2 before taking a measurement.

2. Viewing History

Press the 'M' button to review past measurements for the currently selected user. The device can also calculate the average of the last three times for tracking.

UNDERSTANDING YOUR READINGS

- **SYS (Systolic Pressure):** The highest pressure in your arteries when your heart beats.
- **DIA (Diastolic Pressure):** The lowest pressure in your arteries when your heart rests between beats.
- **PUL (Pulse Rate):** Your heart rate, measured in beats per minute.

WHO Classification Indicator

The monitor includes a color-coded indicator based on World Health Organization (WHO) standards to help

you understand your blood pressure levels at a glance.

IRREGULAR HEART RATE MARKER ALERT

WHEN THE MEASUREMENT VALUE EXCEEDS 135MMHG AND IS LOWER THAN 85MMHG, THE MACHINE WILL SHOW IRREGULAR HEARTBEAT ICON FLASHING PROMPT.



Figure 6: WHO classification indicator on the monitor display.

Irregular Heartbeat Detection

If the measurement value exceeds 135 mmHg and is lower than 85 mmHg, the machine will show an irregular heartbeat icon, prompting you to consult a healthcare professional.

MAINTENANCE

- Clean the monitor unit and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the device in a cool, dry place, away from direct sunlight and extreme temperatures.
- Remove batteries if the device will not be used for an extended period.

TROUBLESHOOTING

1. Inaccurate Readings

If you experience inaccurate readings, consider the following:

- Ensure the cuff is positioned correctly, 2 inches above the bend of your arm.
- Sit still for five minutes before measurement.
- Put your arms out in front of the table with your palms up and fingers relaxed.
- Maintain a seated position, aligning your arm and heart at the same level during measurement.
- Avoid wearing thick clothing as it may lead to inaccurate measurements.
- Avoid intense physical activity before taking measurements.

2. Display Issues

If the numbers on the screen are vague or lack contrast, ensure the device is adequately powered. If using batteries, check if they need replacement. If using USB, ensure a stable power connection.

SPECIFICATIONS

Feature	Detail
Model Number	CK-A120
Product Dimensions	4.1"L x 2.76"W x 6.3"Th
Item Weight	300 Grams (10.58 ounces)
Cuff Size	9"-17.3" (22-44cm)
Display Type	LCD
Power Source	4*AAA Batteries or USB Cable
Memory Storage	2 users x 99 sets
Age Range	Adult

WARRANTY AND SUPPORT

For warranty information, technical support, or customer service inquiries, please refer to the contact information provided in your product packaging or visit the official Double love website.