

## Z-hom Twin

# Z-hom Upgraded Twin Bed Frame Instruction Manual

**MODEL: TWIN (B0DDL5CMW)**

Thank you for choosing the Z-hom Upgraded Twin Bed Frame. This manual provides detailed instructions for assembly, operation, maintenance, and troubleshooting to ensure a safe and enjoyable experience with your new bed frame.

## 1. INTRODUCTION

The Z-hom Upgraded Twin Bed Frame combines modern simplicity with retro industrial elements, featuring a heavy-duty metal structure and a stylish wood headboard and footboard. Designed for stability, durability, and a noise-free experience, it also offers convenient under-bed storage. This platform bed eliminates the need for a box spring, providing a comfortable and organized sleeping solution.



*Image 1.1: Z-hom Upgraded Twin Bed Frame in a bedroom setting.*

## **2. SAFETY INFORMATION**

- Read all instructions carefully before assembly and use.
- Keep all small parts and packaging materials away from children.
- Ensure all bolts and screws are securely tightened before use. Periodically check and re-tighten as needed.
- Do not stand on the bed frame or use it as a ladder.
- Distribute weight evenly across the bed frame.
- Use on a flat, level surface to prevent instability.

## **3. PACKAGE CONTENTS**

Please verify that all components are present before beginning assembly. If any parts are missing or

damaged, please contact customer support.

- Headboard (1)
- Footboard (1)
- Side Rails (2)
- Support Legs (multiple)
- Metal Slats (multiple)
- Assembly Tools (Hex Key, Screws, Bolts)
- Instruction Manual

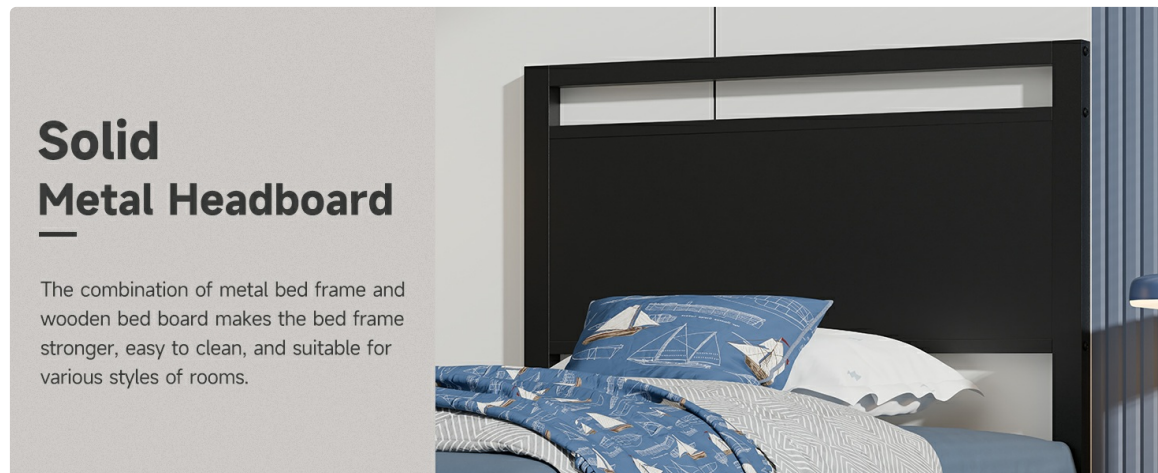


Image 3.1: Exploded view of bed frame components and hardware.

#### 4. ASSEMBLY INSTRUCTIONS

**Important: Do not fully tighten screws until all pieces are aligned and assembly is complete.**

##### Step 1: Assemble the Headboard

1. Attach the wooden panel (1) to the metal frame of the headboard using the specified screws (A).
2. Ensure the panel is securely fitted into the frame.

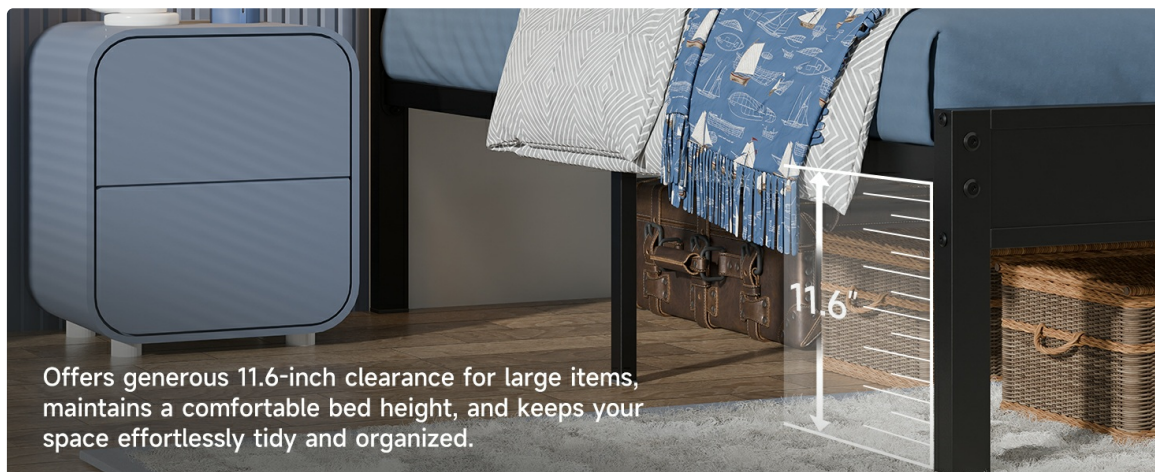


Image 4.1: Headboard assembly.

##### Step 2: Assemble the Footboard

1. Similar to the headboard, attach the wooden panel (8) to the metal frame of the footboard using the specified screws (A).
2. Confirm the panel is flush and secure.

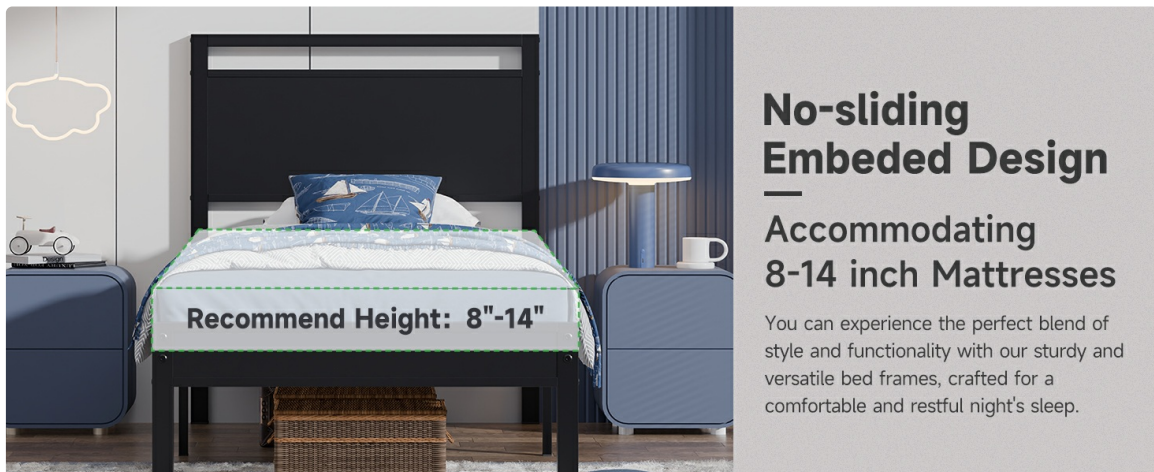


Image 4.2: Footboard assembly.

### Step 3: Attach Side Rails and Support Legs

1. Connect the side rails to the headboard and footboard using bolts (C and D).
2. Install the central support legs (12) to the middle beam of the bed frame.

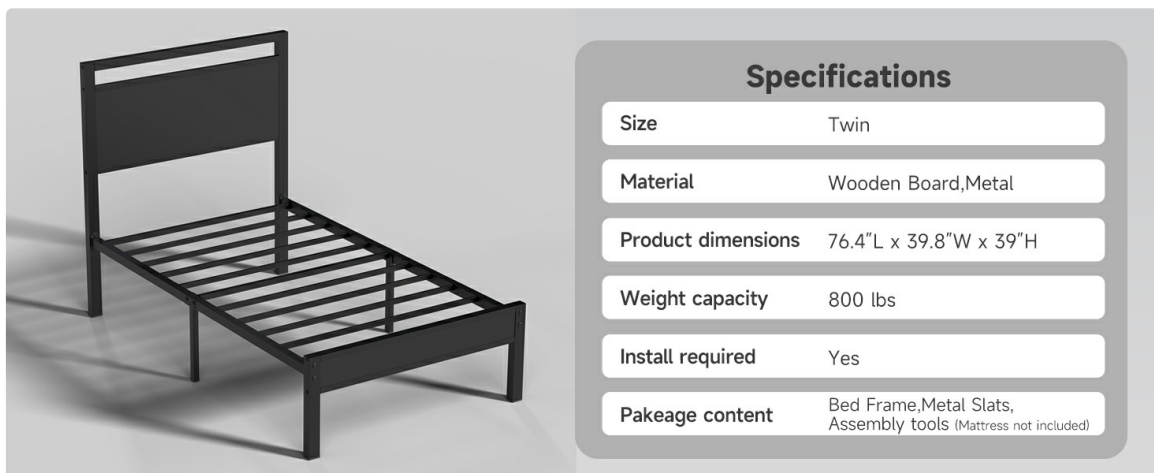
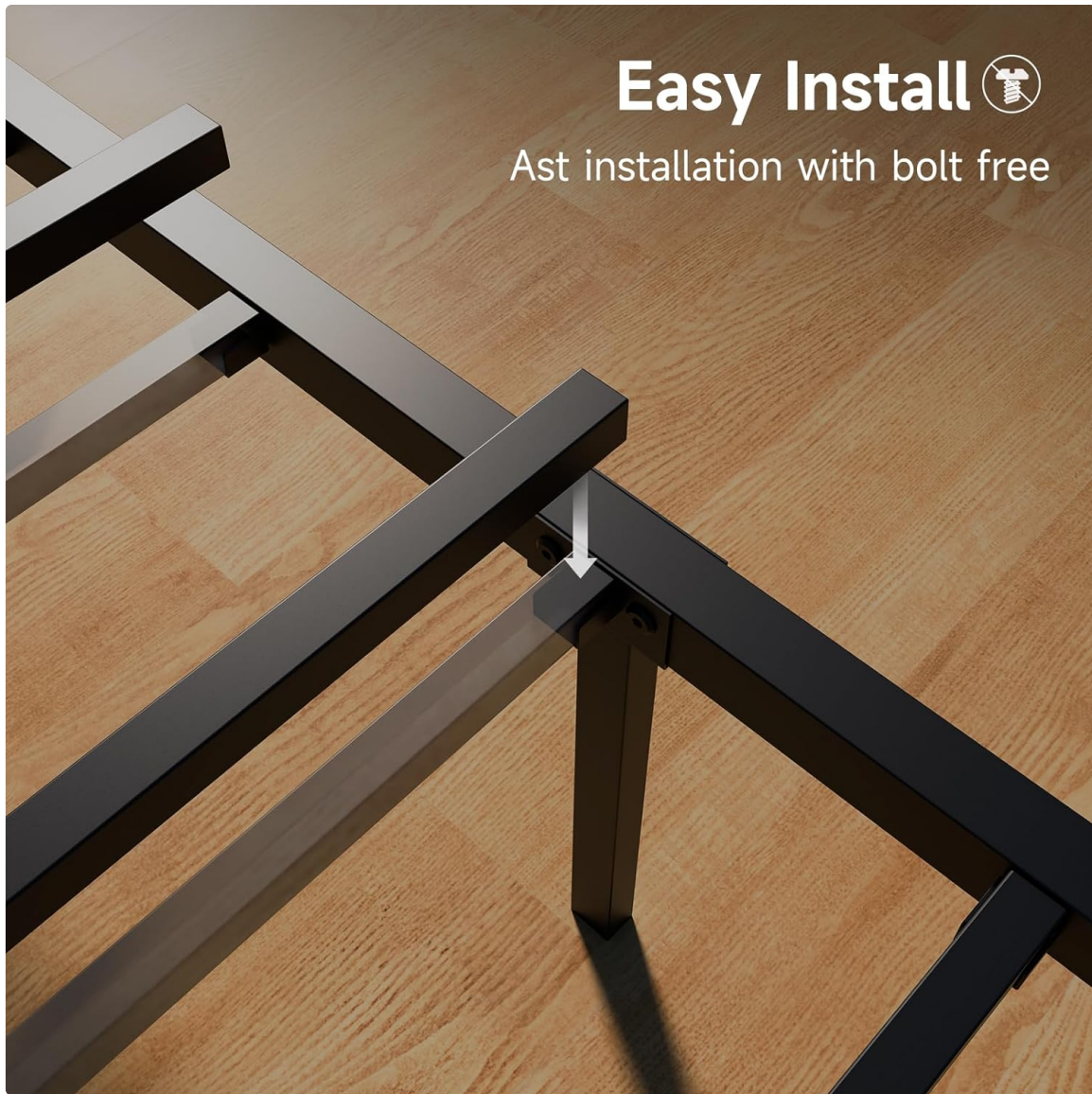


Image 4.3: Attaching side rails and support legs.

### Step 4: Install Metal Slats

1. Place the metal slats (7) across the side rails.
2. Secure the slats to the frame using the provided screws (B). Ensure even spacing for optimal mattress support.



*Image 4.4: Metal slat installation.*

### **Final Tightening**

Once all components are in place and aligned, fully tighten all screws and bolts using the provided tools. Ensure the frame is stable and secure.

### **Assembly Videos:**

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*Video 4.5: Assembly overview for Z-hom Bed Frame with Wood Headboard and Footboard. This video demonstrates the general assembly process and highlights key features.*

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*Video 4.6: Detailed assembly and feature showcase for Z-hom Bed Frame with Modern Wood Headboard & Footboard. This video provides a more in-depth look at the setup.*

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*Video 4.7: Assembly guide for Z-hom Bed Frame with Modern Wood Headboard. This video focuses on the headboard and overall frame construction.*

## **5. OPERATING INSTRUCTIONS AND FEATURES**

## Under-Bed Storage

The Z-hom bed frame offers generous under-bed clearance, ideal for storing various items such as seasonal clothing, bedding, or personal belongings in storage bins or suitcases. This helps keep your bedroom tidy and organized.



*Image 5.1: Under-bed storage capability.*

## Noiseless Design

The bed frame is engineered with a tight structure and sound-absorbing foam on the slats to minimize noise. This design ensures a peaceful and uninterrupted sleep experience.



*Image 5.2: Noise-free design feature.*

### **Embedded Mattress Design**

The frame features an embedded design that helps prevent the mattress from sliding, ensuring it stays securely in place for consistent comfort.

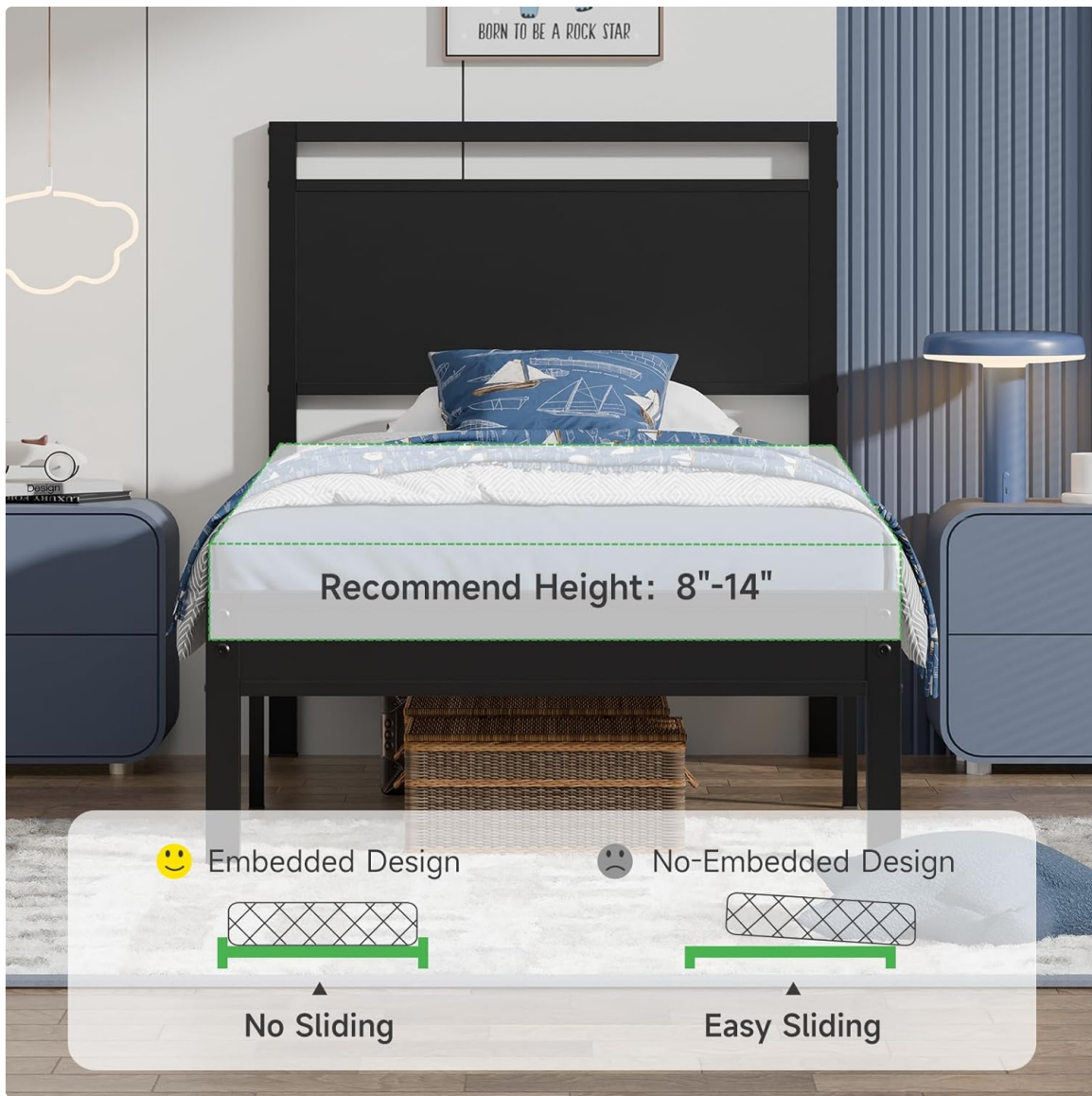


Image 5.3: Embedded mattress design for stability.

### Protective Foot Pads

Each leg of the bed frame is equipped with protective foot pads to prevent scratches on your floor and further reduce noise.



*Image 5.4: Protective foot pads.*

## 6. MAINTENANCE

- **Cleaning:** Wipe the metal and wood surfaces with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Periodically check all bolts and screws to ensure they remain tight. Re-tighten if necessary.
- **Movement:** When moving the bed, lift it rather than dragging to prevent damage to the frame or your floor.

## 7. TROUBLESHOOTING

- **Squeaking Noise:** If the bed frame makes noise, check all connections and tighten any loose bolts. Ensure the mattress is properly seated on the slats.
- **Instability:** Verify that the bed frame is on a level surface. Re-check all assembly steps to

ensure components are correctly installed and tightened.

- **Mattress Sliding:** Ensure the mattress is correctly positioned within the embedded frame design.

## 8. SPECIFICATIONS

Feature	Detail
Size	Twin
Product Dimensions	74"L x 38.9"W x 12.5"H
Material	Metal, Wood
Weight Capacity	800 lbs
Special Features	Easy Assembly, Squeak Resistant, Under-Bed Storage
Assembly Required	Yes
Compatible Mattress Size	Twin (Recommended Height: 8"-14")

## Twin Size



### Material

Wooden Board,  
Metal

### Dimension

L x W x H  
76.4" x 39.8" x 39"

### Weight Capacity



Image 8.1: Twin Bed Frame Dimensions.

## 9. WARRANTY AND SUPPORT

Z-hom products are designed for quality and durability. For any questions, missing parts, or concerns regarding your bed frame, please contact Z-hom customer support. Please refer to your purchase documentation for specific warranty details.

For further assistance, visit the [Z-hom Store on Amazon](#).