HUAWEI Vili-B29F

HUAWEI Watch GT 5 Pro 46 mm Smartwatch User Manual

Model: Vili-B29F
Brand: HUAWEI

Introduction

This manual provides comprehensive instructions for setting up, operating, maintaining, and troubleshooting your HUAWEI Watch GT 5 Pro 46 mm Smartwatch. Please read this manual carefully to ensure proper use and to maximize the device's capabilities.

What's in the Box

The HUAWEI Watch GT 5 Pro package includes the following items:

- HUAWEI Watch GT 5 Pro 46 mm Smartwatch
- Charging Cable
- User Manual

Initial Inspection

Upon opening the box, carefully remove all components and inspect them for any signs of damage.

Setup

Charging the Device

Before first use, ensure your HUAWEI Watch GT 5 Pro is fully charged.

1. Connect the magnetic end of the charging cable to the charging contacts on the back of the watch.
2. Plug the USB-A end of the charging cable into a compatible power adapter (not included) or a computer's USB port.
3. The watch display will illuminate and indicate the charging status. Allow the watch to charge completely.



The HUAWEI Watch GT 5 Pro, showcasing its vibrant display with a map and fitness metrics.

Pairing with Your Smartphone

The HUAWEI Watch GT 5 Pro is designed for broad compatibility with both iOS and Android devices.

1. Download and install the **HUAWEI Health** app from your smartphone's respective app store (Google Play Store for Android, Apple App Store for iOS).
2. Open the HUAWEI Health app and log in or create a HUAWEI ID.
3. Navigate to the "Devices" section within the app and tap "Add device".
4. Ensure Bluetooth is enabled on your smartphone and the watch is powered on.
5. Select "HUAWEI Watch GT 5 Pro" from the list of discovered devices.
6. Follow the on-screen prompts to confirm the pairing request on both your watch and smartphone.



The HUAWEI Health app interface on a smartphone, demonstrating compatibility with both iOS and Android, shown alongside the smartwatch.

Operating the Smartwatch

Navigating the Interface

The HUAWEI Watch GT 5 Pro features an intuitive touchscreen display and two physical buttons for seamless interaction.

- **Swipe Up/Down:** Swipe down from the top of the watch face to access quick settings (e.g., Do Not Disturb, Alarm, Find Phone). Swipe up to view notifications.
- **Swipe Left/Right:** Swipe left or right on the watch face to cycle through various widgets, such as heart rate,

weather, activity data, and more.

- **Top Button (Rotating Crown):** Press once to open the app list from the watch face or return to the watch face from any app. Rotate the crown to scroll through menus and lists.
- **Bottom Button:** This button is customizable. By default, it may open the workout modes. You can configure its function in the watch settings.



A side view of the HUAWEI Watch GT 5 Pro, highlighting the design and the two control buttons.

Key Features

Health Tracking

The HUAWEI Watch GT 5 Pro is equipped with advanced sensors for comprehensive health monitoring:

- **Heart Rate Monitoring:** Provides continuous, accurate heart rate tracking throughout the day and during workouts.

- **Sleep Monitoring:** Analyzes your sleep stages (deep, light, REM) and provides detailed insights and suggestions for improving sleep quality.
- **SpO2 Monitoring:** Measures your blood oxygen saturation levels, offering an important indicator of respiratory health.
- **Stress Monitoring:** Tracks your stress levels and offers guided breathing exercises to help you relax.
- **Emotional Wellbeing Assistant:** Utilizes HUAWEI TruSense data to provide insights into your emotional state, helping you stay attuned to your mental health.

Pro-Level Sports Modes and GPS

The watch supports over 100 workout modes and includes built-in GPS for precise outdoor activity tracking.

- To start a workout, press the bottom button or navigate to the "Workout" app from the app list.
- Select your desired activity (e.g., Outdoor Run, Indoor Cycle, Swimming, Hiking).
- The built-in GPS accurately records your route, distance, pace, and other metrics for outdoor activities.
- After your workout, review detailed summaries and performance analysis in the HUAWEI Health app.





The watch display showing a detailed running route and real-time exercise data, including duration, calories, and distance.

Notifications and Calls

Receive real-time notifications from your smartphone directly on your watch. You can also answer or reject incoming calls.

- Ensure the HUAWEI Health app has the necessary permissions enabled for notifications on your smartphone.
- Incoming calls will display the caller ID; tap the green icon to answer or the red icon to reject.

Maintenance

Cleaning Your Watch

Regularly clean your HUAWEI Watch GT 5 Pro to ensure optimal performance, accurate sensor readings, and hygiene.

- Wipe the watch case and strap with a soft, lint-free, damp cloth.
- For stubborn dirt or residue, use a small amount of mild, non-abrasive soap solution and rinse thoroughly with clean water.
- Ensure the charging contacts and heart rate sensor on the back of the watch are clean and dry before charging or wearing.

Water Resistance

The HUAWEI Watch GT 5 Pro is designed to be water-resistant, making it suitable for various water-based activities.

- The watch is suitable for shallow-water activities such as swimming in pools or the ocean.
- Avoid using the watch in hot showers, saunas, or steam rooms, as the steam and high temperatures can compromise the water-resistant seals over time.
- Do not press any buttons while the watch is submerged in water.
- After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.



The rear of the HUAWEI Watch GT 5 Pro, displaying the advanced heart rate sensor and magnetic charging contacts.

TROUBLESHOOTING

Common Issues and Solutions

Issue	Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes. If it still doesn't turn on, try a different charging cable or power source.
Cannot pair with smartphone	Make sure Bluetooth is enabled on your phone. Restart both the watch and the phone. Ensure the HUAWEI Health app is updated to the latest version. Check if the watch is already paired with another device.
Inaccurate heart rate or sleep data	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.

Issue	Solution
Short battery life	Reduce screen brightness, disable always-on display, limit continuous heart rate monitoring, and close unused apps running in the background.
GPS not connecting or inaccurate	Ensure you are in an open outdoor area with a clear view of the sky. Wait a few moments for the watch to acquire a GPS signal before starting your activity.

Resetting the Watch

If you encounter persistent issues that cannot be resolved through the above steps, you may need to perform a factory reset. This will erase all data on the watch and restore it to its original settings.

1. On your watch, navigate to **Settings**.
2. Scroll down and select **System**.
3. Choose **Reset** or **Factory Reset**.
4. Confirm the action when prompted.

Specifications

Feature	Detail
Model Number	Vili-B29F
Product Dimensions	4.72 x 4.72 x 2.56 inches
Item Weight	53 Grams (1.87 ounces)
Screen Size	46 Millimeters
Operating System	HarmonyOS
Battery Capacity	524 Milliamp Hours
Typical Battery Life	Up to 9 days
Max Battery Life	Up to 14 days
Connectivity Technology	Bluetooth
GPS	Built-in GPS
Special Features	Multisport Tracker, Activity Tracker, Alarm Clock, GPS, Phone Call
Materials	Aerospace-grade titanium alloy, Sapphire glass screen
Manufacturer	HUAWEI
Date First Available	October 2, 2024

Warranty and Support

For detailed warranty information, technical assistance, and customer support, please refer to the official HUAWEI website or contact their customer service channels.

- **Official Support Website:** consumer.huawei.com/en/support/
- **Customer Service:** Contact information for customer service varies by region. Please check the product packaging or the official support website for the most accurate contact details for your location.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question