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> [SIHOO L3D Office Chair Instruction Manual](#)

SIHOO L3D-M101-V1

SIHOO L3D Office Chair Instruction Manual

Model: L3D-M101-V1

INTRODUCTION

This manual provides detailed instructions for the assembly, operation, and maintenance of your SIHOO L3D Office Chair. Designed for ergonomic support and comfort, this chair features a faux leather finish, adjustable backrest, and seat depth. Please read this manual thoroughly before use to ensure proper setup and to maximize your chair's lifespan and performance.

SAFETY INFORMATION

- **Maximum Load Capacity:** Do not exceed the maximum weight recommendation of 300 pounds (136 kg). Exceeding this limit may cause damage to the chair and potential injury.
- Ensure all screws and bolts are securely tightened before use. Periodically check and re-tighten as necessary.
- Keep hands and fingers clear of moving parts during adjustment to prevent pinching.
- Use the chair on a flat, stable surface to prevent tipping.
- Do not stand on the chair.

ASSEMBLY INSTRUCTIONS

Assembly typically takes approximately 20-40 minutes. All necessary tools and hardware are included. It is recommended to assemble the chair on a soft, clean surface to prevent scratches.

1. **Unpack Components:** Carefully remove all parts from the packaging. Verify that all components listed in the parts list are present. The hardware (screws, bolts) is typically provided in a blister package with extra pieces.
2. **Attach Casters to Base:** Insert the casters into the holes at the ends of the chair base. Press firmly until they click into place.
3. **Attach Gas Lift to Base:** Place the gas lift cylinder into the center hole of the wheeled base.
4. **Assemble Seat and Backrest:** Connect the seat cushion and backrest according to the provided diagrams. Ensure all screws are aligned and tightened securely. Some parts may require careful alignment.
5. **Attach Armrests:** Secure the armrests to the seat and backrest assembly using the provided screws.

6. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder.
7. **Final Check:** Ensure all connections are tight and the chair is stable before use.



Image: The SIHOO L3D Office Chair, highlighting its design and adjustability.

OPERATING INSTRUCTIONS

Adjusting the Backrest

The backrest of the SIHOO L3D chair can be adjusted to three different height levels, providing up to 1.5 inches (approximately 4 cm) of vertical adjustment. To adjust, simply lift the backrest upwards. It will click into place at each level. To lower, lift it past the highest setting, and it will reset to the lowest position.

Adjusting the Seat Depth

Customize your seating experience with the adjustable seat depth, allowing for a maximum adjustment of 1.97 inches (approximately 5 cm). This feature helps you find the perfect fit for your hips and thighs, enhancing comfort and ergonomic support.

Adjusting the Seat Height

The seat height can be adjusted to suit various desk heights and user preferences. The seat height ranges from approximately 16.75 inches (42.5 cm) to 19.75 inches (50 cm) at the center front. Use the lever located under the seat to raise or lower the chair. To raise, lift the lever while taking your weight off the seat. To lower, lift the lever while seated.

Recline Function

The chair features a recline function where the backrest can tilt backward. Please note that the recline position is not lockable and will return to an upright position when pressure is released. The recline mechanism offers minimal tension or resistance.

Mobility

The chair is equipped with a five-wheel base for easy movement. The casters are designed to roll smoothly on various floor surfaces, including hardwood floors. Avoid lifting the chair by the seat or arms without supporting the base, as the wheeled base may separate.

Your browser does not support the video tag.

Video: A demonstration of the SIHOO L3D chair's features, including backrest adjustment and overall design. This video illustrates how to adjust the backrest and highlights the chair's faux leather texture and ergonomic support.

MAINTENANCE AND CARE

- **Cleaning Faux Leather:** The premium faux leather surface is designed to be easy to clean and resists stains, scratches, and peeling. For general cleaning, wipe with a soft, damp cloth. For tougher stains, use a mild soap solution and wipe dry immediately. Avoid harsh chemicals or abrasive cleaners.
- **Frame Care:** Wipe the metal frame with a soft, dry cloth to remove dust.
- **Caster Maintenance:** Periodically check the casters for hair or debris that may hinder smooth movement. Clean as needed.
- **Hardware Check:** Regularly inspect all screws and bolts to ensure they remain tight. Re-tighten any loose hardware to maintain stability and safety.

- **Avoid Direct Sunlight:** Prolonged exposure to direct sunlight can cause the faux leather to fade or crack. Position the chair away from direct sunlight when possible.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Chair is wobbly or unstable.	Loose screws or bolts. Uneven floor surface.	Check and tighten all assembly screws and bolts. Ensure the chair is on a flat surface.
Backrest feels tilted or misaligned after assembly.	Parts not aligned correctly during assembly.	Disassemble the backrest and reassemble, ensuring all parts are perfectly aligned before tightening screws.
Chair does not adjust height smoothly.	Gas lift issue or obstruction.	Ensure the gas lift lever is fully engaged. Check for any obstructions around the gas lift mechanism. If the issue persists, contact customer support.
Casters do not roll smoothly.	Debris (hair, lint) caught in casters.	Turn the chair over and carefully remove any debris from the caster wheels.

PRODUCT SPECIFICATIONS

Feature	Detail
Brand	SIHOO
Model Number	L3D-M101-V1
Color	Brown
Product Dimensions (D x W x H)	24.8"D x 26.77"W x 36.61"H (63 cm D x 68 cm W x 93 cm H)
Back Style	Solid Back
Special Feature	Ergonomic
Maximum Weight Recommendation	300 Pounds (136 kg)
Surface Material	Faux Leather
Fill Material	Foam
Chair Backrest Width	18.9 Inches (48 cm)
Seat Cushion Width	20.47 Inches (52 cm)
Reclining Position Count	1 (non-locking)

Feature	Detail
Item Weight	33.7 pounds (15.3 kg)

WARRANTY AND SUPPORT

For warranty information, technical support, or to inquire about replacement parts, please contact SIHOO customer service directly. Refer to the product packaging or the official SIHOO website for the most current contact details.

SIHOO Official Website: [Visit the SIHOO Store on Amazon](#)

