

## Drfeify Drfeifys5m7tycvaw-11

# Drfeify Smart Music Punching Target User Manual

Model: Drfeifys5m7tycvaw-11

## 1. INTRODUCTION

Thank you for choosing the Drfeify Smart Music Punching Target. This electronic, wall-mounted boxing target is designed to enhance your boxing skills, reaction speed, and overall fitness through engaging, music-synchronized training. This manual provides essential information for safe setup, operation, and maintenance of your device.

## 2. SAFETY INFORMATION

Please read all safety instructions carefully before using the product. Failure to follow these instructions may result in injury or damage to the device.

- **Adult Supervision:** Children and teenagers should use the device under adult supervision.
- **Proper Installation:** Ensure the punching target is securely mounted to a stable wall surface to prevent it from falling during use.
- **Protective Gear:** Always wear appropriate boxing gloves or hand wraps to protect your hands and wrists during training.
- **Clear Area:** Maintain a clear area around the punching target to avoid accidental collisions with objects or other people.
- **Electrical Safety:** Use only the provided USB cable for charging. Do not expose the device to water or extreme temperatures.
- **Health Considerations:** Consult a physician before starting any new exercise regimen, especially if you have pre-existing health conditions.

## 3. PACKAGE CONTENTS

Verify that all items listed below are included in your package:

- 1 x Smart Music Punching Target
- 4 x Hook-and-Loop Straps
- 1 x Adhesive Panel (for mounting)
- 1 x USB Charging Cable



Image 3.1: Contents of the Drfeify Smart Music Punching Target package, including the main unit, hook-and-loop straps, an adhesive panel, and a USB charging cable.

## 4. PRODUCT OVERVIEW

The Drfeify Smart Music Punching Target features a circular design with six impact zones, a central control panel, and integrated speakers.



Image 4.1: Front view of the Drfeify Smart Music Punching Target, showing the six impact zones, central LED display, and control buttons.



Image 4.2: Back view of the Drfeify Smart Music Punching Target, illustrating the mounting points and overall structure.

## Control Panel

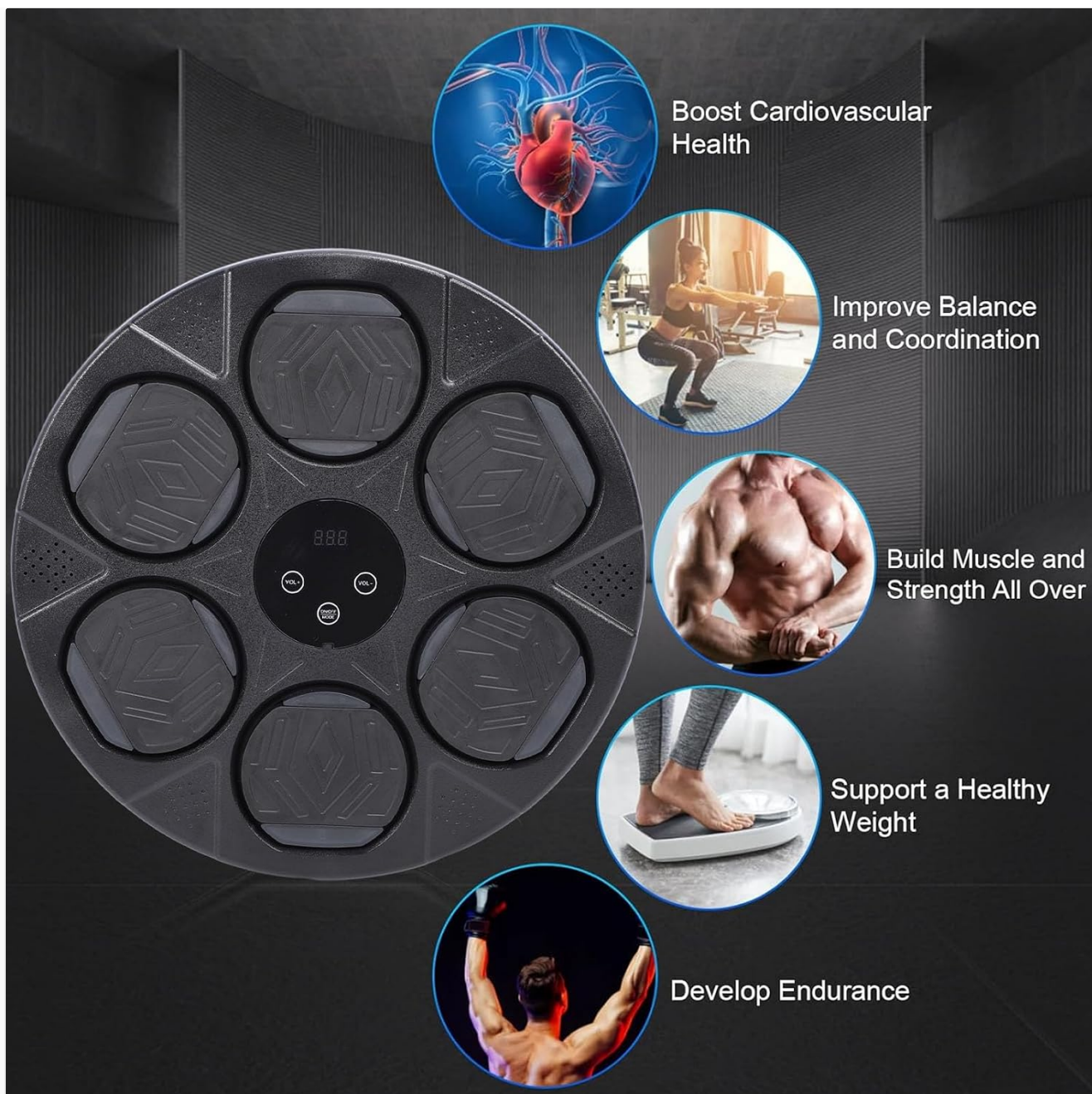


Image 4.3: A detailed view of the central control panel, featuring the LED display, power button, and volume controls.

- **LED Display:** Shows current mode, score, or other relevant information.
- **Power Button:** Turns the device on/off and may cycle through modes.
- **Volume Buttons (VOL+, VOL-):** Adjusts the audio output level.
- **Impact Zones:** Six pressure-sensitive areas that light up and register hits.
- **Speakers:** Integrated for music playback and sound effects.

## 5. SETUP AND INSTALLATION

The Drfeify Smart Music Punching Target is designed for easy wall-mounted installation without the need for drilling.

### Charging the Device

1. Connect the provided USB charging cable to the charging port on the device.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.

3. Allow 3 to 5 hours for a full charge. The LED indicator will show charging status. A full charge provides approximately 5 to 7 hours of usage time.

## Wall Mounting

Choose a sturdy, flat wall surface for installation. Ensure the chosen location allows for unrestricted movement during training.

1. Clean the wall surface thoroughly to ensure optimal adhesion.
2. Attach the adhesive panel to the back of the punching target.
3. Apply the hook-and-loop straps to the designated areas on the back of the punching target and the corresponding areas on the wall.
4. Press the punching target firmly against the wall, ensuring a secure attachment.
5. Verify that the target is stable and does not wobble before beginning your workout.

Boxing machines can improve reaction speed and body coordination.

Boxing machines are ideal tools for professional training and daily exercise, suitable for professional boxers, fitness enthusiasts, children, teenagers, office workers, and more.

LED display screen:

Display your click count and record every progress and growth you make.

Surround speakers and cool lighting immerse you in training.



Image 5.1: Visual guide demonstrating the wall-mounting process using the provided hook-and-loop straps for secure attachment.

## 6. OPERATING INSTRUCTIONS

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### Power On/Off

- To power on, press and hold the Power button on the central control panel until the LED display illuminates.
- To power off, press and hold the Power button again until the LED display turns off.

### Mode Selection

The device offers multiple modes and speeds to cater to various training needs. Press the Power button briefly to cycle through available modes. The LED display will indicate the current mode.

### Volume Adjustment

Use the VOL+ and VOL- buttons on the control panel to increase or decrease the audio volume. There are 16 volume levels available.

### Music Connectivity

The punching target can connect to your smartphone or other Bluetooth-enabled devices to play your favorite music during workouts. Refer to your device's Bluetooth settings to pair with the punching target.

### LED Display and Feedback



Free adjustment of striking speed  
Play any song on your phone  
Large impact module, capable of withstanding 800 pounds of impact  
Child grade skin friendly material  
Strike reaction light can be freely set  
Super strong adhesion, not easy to peel off

Image 6.1: The LED display showing a numerical value, likely representing a score or mode setting during operation.

The LED display tracks your progress, such as hit count or score, and provides visual feedback during training. The impact zones will light up, guiding your punches and enhancing the immersive experience.

## 7. MAINTENANCE AND CARE

Regular maintenance ensures the longevity and optimal performance of your Drfeify Smart Music Punching Target.

- **Cleaning:** The smooth surface of the punching target is easy to clean. Use a soft, damp cloth to wipe down the device after each use. Avoid abrasive cleaners or solvents.
- **Storage:** When not in use for extended periods, store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in constant use.

## 8. TROUBLESHOOTING

If you encounter any issues with your Drfeify Smart Music Punching Target, refer to the following common problems and solutions:

| Problem                     | Possible Cause                                                 | Solution                                                                                                                              |
|-----------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Device does not power on    | Low battery; Power button not pressed correctly                | Charge the device for 3-5 hours; Press and hold the Power button firmly.                                                              |
| No sound from speakers      | Volume too low; Not connected to music source; Bluetooth issue | Increase volume using VOL+ button; Ensure proper Bluetooth connection; Re-pair Bluetooth device.                                      |
| Impact zones not responding | Device malfunction; Insufficient impact force                  | Ensure device is powered on and in a training mode; Apply sufficient force to the impact zones. If problem persists, contact support. |
| Device falls from wall      | Improper installation; Unstable wall surface; Adhesion failure | Re-install following instructions carefully; Ensure wall surface is clean and suitable; Replace adhesive panel/straps if worn.        |

## 9. SPECIFICATIONS

| Feature            | Detail                               |
|--------------------|--------------------------------------|
| Product Type       | Smart Music Punching Target          |
| Model Number       | Drfeifys5m7tycvaw-11                 |
| Material           | ABS, PU, High-elasticity Foam        |
| Battery Type       | Built-in Polymer Battery             |
| Battery Capacity   | 2000 mAh                             |
| Charging Time      | 3 to 5 hours                         |
| Usage Time         | 5 to 7 hours                         |
| Rated Voltage      | 3.7 V (Nominal), 4.2 V (Upper Limit) |
| Power              | 5 W                                  |
| Target Positions   | 6                                    |
| Volume Levels      | 16                                   |
| Control Method     | Touch Control                        |
| Color              | Black                                |
| Item Weight        | 2.07 kg                              |
| Package Dimensions | 41 x 40 x 6 cm                       |

## 10. WARRANTY AND SUPPORT

Warranty information for the Drfeify Smart Music Punching Target is not explicitly provided in the product details. For specific warranty terms or technical support, please refer to the retailer where the product was purchased or visit the official Drfeify brand store for contact information.

You can visit the Drfeify store at: [Drfeify Store](#)

