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Braun HF3030

Braun MultiFry 3 HF3030 Air Fryer Oven

User Manual

1. Important Safety Instructions

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons, including the following:

- Read all instructions before using the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse cord, plugs, or appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to “off”, then remove plug from wall outlet.
- Do not use appliance for other than intended use.
- Ensure the appliance is placed on a stable, heat-resistant surface.
- Do not block any ventilation openings.

2. Product Overview

The Braun MultiFry 3 HF3030 is a versatile air fryer oven designed for efficient and healthy cooking. It features a 4.3L capacity, digital temperature control, and RealAir Technology for optimal results.



Figure 2.1: Front view of the Braun MultiFry 3 HF3030 Air Fryer Oven with its digital control panel.

Key Features:

- **Powerful Performance:** 1500W heating element for quick and efficient cooking.
- **RealAir Technology:** Circulates super-hot air for crispy results with up to 90% less fat compared to traditional deep frying.
- **Large Capacity:** 4.3L drawer, suitable for cooking meals for individuals or small families.
- **Digital Temperature Control:** Adjustable temperature range from 80°C to 200°C.
- **8 Preset Programs:** One-touch cooking for popular dishes.
- **Touch Control Panel:** Intuitive digital interface for easy operation.

- **Easy to Clean:** Removable basket and grid are dishwasher safe.



Figure 2.2: Overview of key features including compact design, energy efficiency, adjustable temperature, and ease of cleaning.



Figure 2.3: The air fryer utilizing RealAir Technology to circulate hot air for healthy, low-oil cooking.

3. Setup and First Use

Unpacking:

- Carefully remove the air fryer and all accessories from the packaging.
- Remove any packaging materials, stickers, or labels.

Cleaning Before First Use:

- Wash the removable basket and grid in warm, soapy water or in the dishwasher.
- Wipe the interior and exterior of the appliance with a damp cloth.
- Ensure all parts are completely dry before use.

Placement:

- Place the air fryer on a stable, heat-resistant, and level surface.

- Ensure there is adequate space (at least 10 cm) around the appliance for proper air circulation.
- Do not place the appliance directly against a wall or other appliances.

4. Operating Instructions

Basic Operation:

1. Plug the power cord into a grounded wall outlet. The display will illuminate.
2. Pull out the frying basket by the handle. Place food inside the basket, ensuring not to overfill.
3. Slide the frying basket back into the appliance until it clicks into place.
4. Press the Power button () to turn on the appliance.
5. Use the temperature control buttons (+ / -) to set the desired cooking temperature (80°C - 200°C).
6. Use the time control buttons (+ / -) to set the desired cooking time.
7. Press the Start/Pause button (▶) to begin cooking.
8. During cooking, you may pull out the basket to shake or turn food. The appliance will pause automatically. Return the basket to resume cooking.
9. Once the timer reaches zero, the appliance will beep, indicating cooking is complete.
10. Carefully pull out the basket and empty the cooked food.



Figure 4.1: The intuitive digital touch control panel for setting temperature and time.

Using Preset Programs:

The MultiFry 3 HF3030 comes with 8 pre-set programs for common dishes. To use a preset program:

1. Place food in the frying basket.
2. Press the Power button ().
3. Press the Preset Program button (icon with three dots) repeatedly to cycle through the 8 available programs. The corresponding icon will light up on the display.
4. Once the desired program is selected, press the Start/Pause button (▶) to begin cooking. The appliance will automatically set the optimal temperature and time for that program.

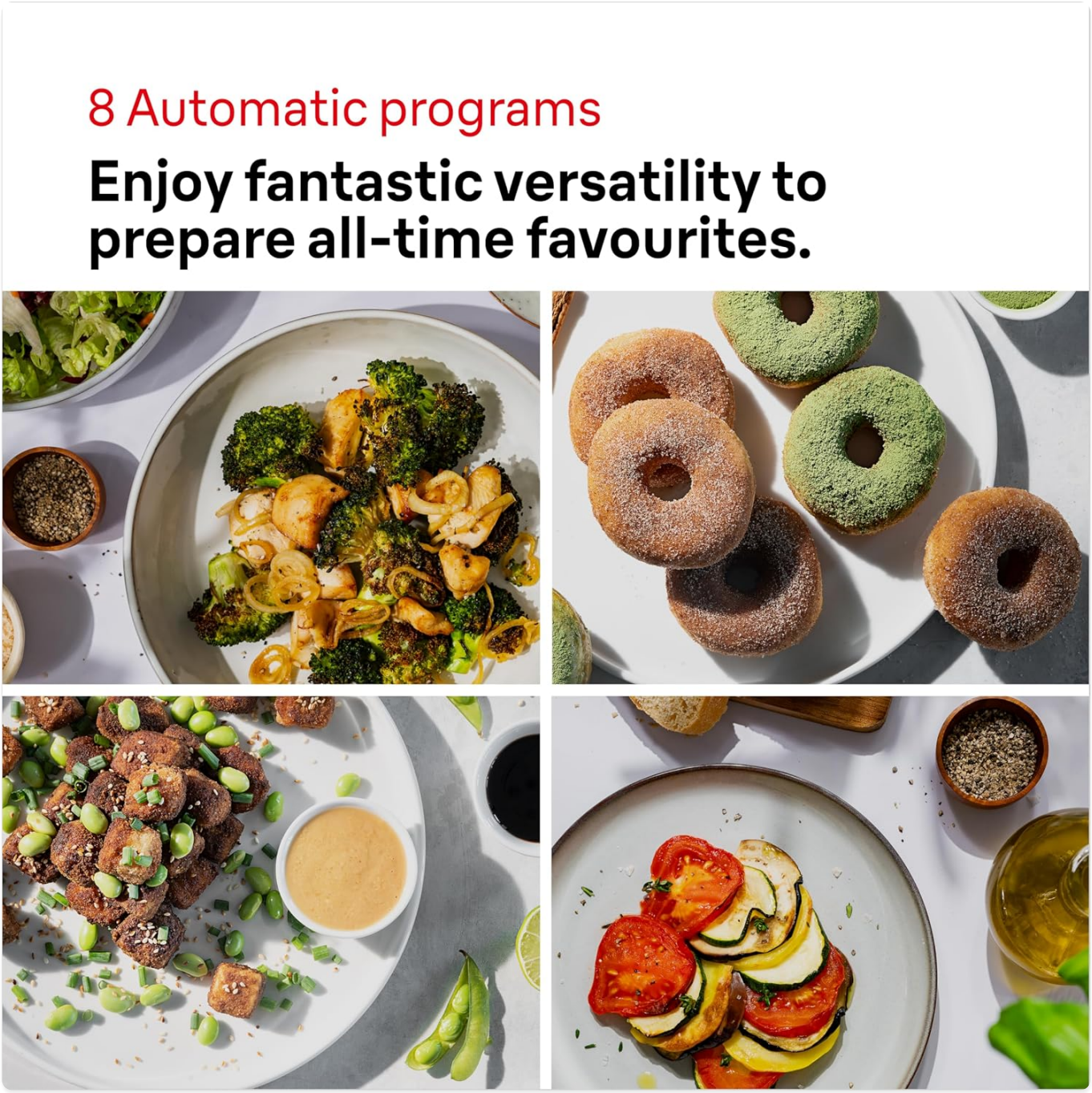

Figure 4.2: Examples of dishes that can be prepared using the 8 automatic preset programs.

Cooking Tips:

- For best results, shake the basket halfway through the cooking time for foods like fries or chicken nuggets.
- Some foods may require a small amount of oil for crispiness. Add 1-2 teaspoons of oil and toss the food before placing it in the basket.
- Do not overfill the basket. This can prevent even cooking and crisping.



Figure 4.3: The air fryer can be used for baking items like muffins.



Figure 4.4: Easily transfer cooked food from the non-stick basket.

5. Maintenance and Cleaning

Regular cleaning of your Braun MultiFry 3 HF3030 will ensure optimal performance and extend its lifespan.

General Cleaning:

1. Always unplug the air fryer and allow it to cool completely before cleaning.
2. Wipe the exterior of the appliance with a damp cloth. Do not use abrasive cleaners.
3. Clean the interior with a damp cloth and mild detergent if necessary.

Cleaning the Basket and Grid:

The frying basket and grid are designed for easy cleaning.

- The basket and grid are dishwasher safe. Place them on the top rack of your dishwasher.
- Alternatively, wash them by hand in warm, soapy water using a non-abrasive sponge.
- For stubborn residue, soak the basket and grid in warm, soapy water for about 10-15 minutes before cleaning.



Figure 5.1: The removable basket and grid are dishwasher safe for convenient cleaning.

6. Troubleshooting

If you encounter issues with your Braun MultiFry 3 HF3030, refer to the following table for common problems and solutions.

Problem	Possible Cause	Solution
Appliance does not turn on.	Not plugged in; Power outlet malfunction; Appliance malfunction.	Ensure the power cord is securely plugged into a working outlet. Try a different outlet. If problem persists, contact customer support.
Food is not cooked evenly.	Basket is overfilled; Food not shaken/turned; Incorrect temperature/time.	Do not overfill the basket. Shake or turn food halfway through cooking. Adjust temperature and time as needed.

Problem	Possible Cause	Solution
Food is not crispy.	Too much moisture; Not enough oil; Temperature too low.	Pat food dry before cooking. Add a small amount of oil (1-2 tsp) to food. Increase cooking temperature slightly.
White smoke coming from appliance.	Grease residue from previous use; High-fat food cooking.	Clean the basket and interior thoroughly. For high-fat foods, drain excess fat during cooking.
Appliance smells like burning plastic.	New appliance smell (normal for first few uses); Overheating.	This is normal for initial uses. Ensure proper ventilation. If smell persists or is strong, unplug immediately and contact support.

7. Technical Specifications

Specification	Value
Brand	Braun
Model Number	HF3030
Colour	Matt Black
Product Dimensions	36.2 x 26.2 x 30.1 cm
Capacity	4.3 Litres
Power/Wattage	1500 watts
Voltage	240 Volts
Special Features	Temperature Control, 8 Preset Programs, RealAir Technology
Item Weight	5.18 kg
Recommended Uses	Frying, Baking, Roasting

8. Warranty and Support

Braun products are manufactured to the highest quality standards. For information regarding warranty coverage, product registration, or customer support, please refer to the warranty card included with your purchase or visit the official Braun website.
Please retain your proof of purchase for any warranty claims.

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