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LIVIVOX LX-22-2B

LIVIVOX Walking Pad Under Desk Treadmill User Manual

Model: LX-22-2B

1. Introduction

Thank you for choosing the LIVIVOX Walking Pad Under Desk Treadmill. This manual provides essential information for the safe and efficient operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before initial use and retain it for future reference.



Figure 1.1: The LIVIVOX Walking Pad Under Desk Treadmill, showcasing its compact design and a user engaging in a walking exercise. An additional inset image illustrates the treadmill's flat, space-saving profile.

This portable under-desk treadmill is designed to integrate fitness into your daily routine, whether at home or in the office. Its ultra-quiet motor and slim profile make it suitable for tight spaces, allowing for comfortable walking or jogging without significant noise disruption.



Figure 1.2: The treadmill integrated into an office setting, demonstrating its utility for maintaining activity during work hours.

2. Safety Information

To ensure safe operation, please adhere to the following guidelines:

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space around the treadmill (at least 2 feet on all sides).
- Do not allow children or pets near the treadmill during operation.
- Always use the safety key during operation. In case of emergency, the safety key will immediately stop the treadmill.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Consult a physician before starting any new exercise program.
- The maximum user weight capacity for this treadmill is 265 lbs.
- Keep hands and feet clear of the moving belt and all moving parts.
- Wear appropriate athletic footwear during use.

3. Product Components and Features

The LIVIVOX Walking Pad is designed for convenience and effective home or office workouts. Key components include:

- **Running Belt:** Non-slip, multi-layer belt for comfortable and safe use.
- **LED Display:** Shows time, distance, speed, and calories burned.
- **Remote Control:** For adjusting speed and controlling functions.
- **Safety Key:** Magnetic key for emergency stops.
- **Device Holder:** Integrated holder for tablets or phones.
- **Transportation Wheels:** For easy relocation and storage.
- **Quiet Drive Motor:** Ensures low noise operation.
- **Shock Absorption System:** Minimizes impact on joints.



Figure 3.1: Overview of the treadmill's dimensions, remote control, and device holder, highlighting its compact and user-friendly design.



Figure 3.2: Detail of the non-slip, wear-resistant running belt, designed for durability and user safety.



Figure 3.3: The treadmill's quiet drive technology allows for discreet operation, suitable for shared living or working spaces.

4. Setup and Initial Use

4.1 Unpacking

1. Carefully remove the treadmill from its packaging.
2. Remove all packing materials and protective films.
3. Inspect the treadmill for any signs of damage. If damaged, do not use and contact customer support.

4.2 Placement and Portability

Place the treadmill on a hard, level surface. Ensure there is at least 2 feet of clear space behind and on both sides of the treadmill for safety and ease of use.



Figure 4.1: The treadmill features transportation wheels for easy movement and a space-saving design that allows it to be stored discreetly, such as under furniture.

4.3 Handrail Installation (Optional)

While the treadmill is largely installation-free, the handrails can be secured for added stability. Use the provided hex tool and screws to firmly attach the handrails to the designated points on the treadmill base. This process typically takes approximately 5 minutes.

4.4 Power Connection and Initial Start-Up

1. Connect the power cord to the treadmill's power input and then to a grounded electrical outlet.
2. Locate the main power switch on the front side of the treadmill base. Turn it to the 'ON' position.
3. Attach the safety key to the designated area on the treadmill's console. The treadmill will not operate without the safety key in place.
4. The LED display will illuminate, indicating the treadmill is ready for use.

5. Operating Instructions

5.1 Using the Remote Control

The remote control allows for convenient adjustment of speed and mode during your workout.

- **Power Button:** Press to start or stop the treadmill.
- **Speed +/- Buttons:** Adjust the speed incrementally.
- **Mode Button:** Switch between walking and running modes (if applicable).

5.2 Understanding the LED Display

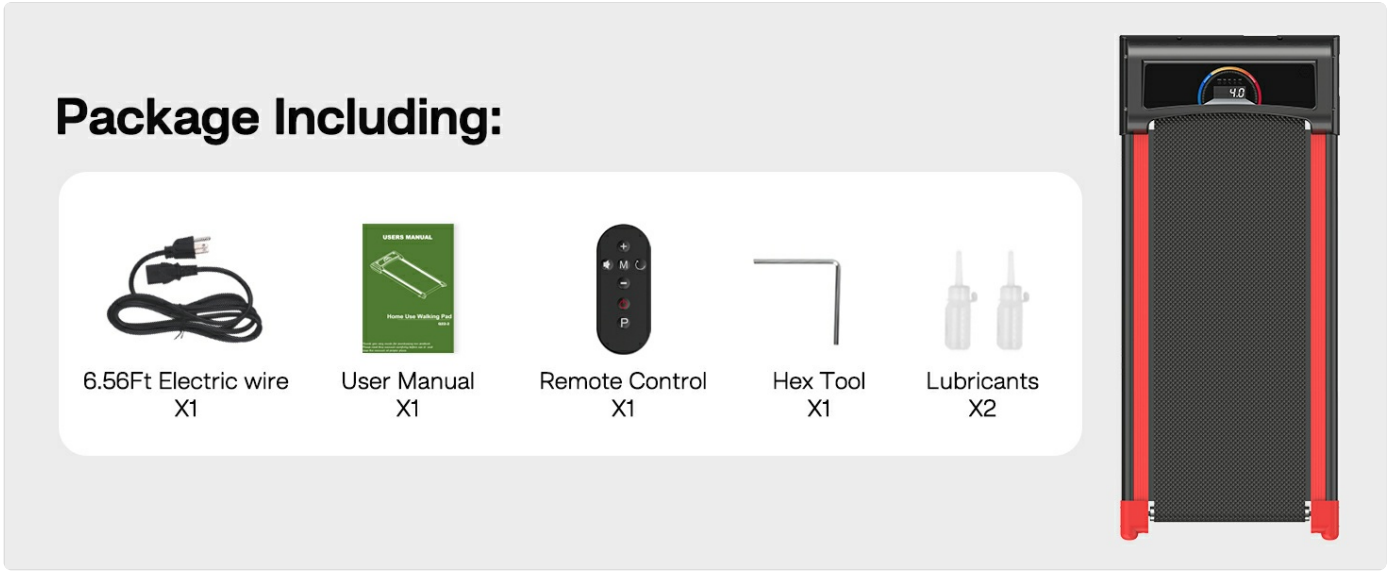


Figure 5.1: The multi-function LED display provides real-time feedback on your workout, including speed, calories burned, steps taken, and elapsed time.

The integrated LED display provides real-time workout data:

- **Speed:** Current walking/running speed (MPH).
- **Time:** Duration of your workout.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

5.3 Walking and Running Modes



Figure 5.2: The treadmill supports dual modes, allowing users to switch between walking (0.5 to 3.8 mph) and running (0.5 to 6 mph) to suit their fitness needs.

The treadmill supports two primary modes of operation:

- **Walking Mode:** Ideal for casual walking or under-desk use, with a speed range of 0.5 to 3.8 mph.
- **Running Mode:** For more intense workouts, offering a speed range of 0.5 to 6 mph.

5.4 Bluetooth Connectivity

The treadmill features Bluetooth connectivity, allowing you to connect your device for music playback or potentially app control (refer to specific app instructions if available).

6. Maintenance

Regular maintenance ensures the longevity and optimal performance of your treadmill.

6.1 Cleaning

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.

- Do not use abrasive cleaners or solvents.
- Ensure the treadmill is unplugged before cleaning.

6.2 Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricant.

1. Unplug the treadmill.
2. Lift the edge of the running belt.
3. Apply a small amount of lubricant evenly to the center of the deck, underneath the belt.
4. Plug in the treadmill and run it at a low speed (e.g., 1 mph) for 2-3 minutes to distribute the lubricant.
5. Lubricate every 3-6 months depending on usage.

6.3 Belt Adjustment

If the running belt feels loose or is off-center, it may need adjustment. Refer to the detailed instructions in the included "User Manual" (physical copy) for precise belt tensioning and centering procedures using the provided tool kit.

7. Troubleshooting

This section addresses common issues you might encounter. For problems not listed here, please contact customer support.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; Main power switch off; Safety key not in place.	Ensure power cord is securely plugged in. Turn the main power switch (on the front of the base) to 'ON'. Ensure the safety key is correctly attached.
Running belt slips or hesitates.	Belt too loose; Insufficient lubrication.	Adjust belt tension (refer to Section 6.3). Apply lubricant to the running deck (refer to Section 6.2).
Unusual noise during operation.	Loose components; Belt misalignment; Motor issue.	Check for any loose screws or parts and tighten them. Adjust belt alignment (refer to Section 6.3). If noise persists, discontinue use and contact customer support.
Remote control not responding.	Low battery; Obstruction; Not paired.	Replace remote control battery. Ensure no obstructions between remote and treadmill. Re-pair remote if necessary (refer to remote control instructions).

8. Specifications

Feature	Detail
Brand	LIVIVOX
Model Name	LX-22-2B
Color	Black-Wide
Product Dimensions (LxWxH)	49"D x 24.9"W x 6.5"H
Item Weight	44 Pounds
Frame Material	Carbon Steel or Metal

Feature	Detail
Motor Horsepower	2.5 HP (Peak: 4 HP)
Speed Range	0.5 - 6 MPH
Maximum Weight Recommendation	265 Pounds
Deck Length	40 Inches
Deck Width	16.5 Inches
Display Type	LED
Power Source	Corded Electric
Connectivity Technology	Bluetooth
Included Components	Lubricant, Safety Key, Tool Kit, User Manual

9. Warranty and Support

9.1 Product Warranty

The LIVIVOX Walking Pad Under Desk Treadmill comes with a **1-Year Warranty** from the date of purchase. This warranty covers manufacturing defects and material flaws under normal use. Please retain your proof of purchase for warranty claims.

9.2 Customer Support

For any questions, concerns, or technical assistance, LIVIVOX offers**24-Hour Online Service**. Please contact our dedicated customer service team for prompt support.
For contact information, please refer to the contact details provided on the product packaging or the official LIVIVOX website.

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