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Marsyu MT500

Marsyu Smartwatch MT500 User Manual

Model: MT500

1. Introduction

This manual provides detailed instructions for the Marsyu Smartwatch MT500. It covers device setup, operation, health monitoring features, sports modes, and maintenance. Please read this manual thoroughly before using your smartwatch to ensure proper function and to maximize your user experience.

2. Safety Information

Important Note:
The data provided by the Marsyu Smartwatch MT500, including ECG, heart rate, blood pressure, SpO2, and body temperature measurements, is for reference purposes only and should not be used for medical diagnosis, treatment, or as a substitute for professional medical advice. If you have any health concerns, consult a qualified medical professional.
Do not expose the watch to extreme temperatures, strong magnetic fields, or corrosive liquids. Avoid using the watch during swimming or showering, especially in hot water or seawater, as its IP67 water resistance rating does not cover these conditions.

3. Product Overview

The Marsyu Smartwatch MT500 features a 1.97-inch AMOLED display and a robust design for daily use.



Image 3.1: Marsyu Smartwatch MT500 displaying health metrics and notification examples.

The watch is equipped with a high-definition AMOLED screen (390x450 resolution) with 2.5D spherical glass, offering clear visuals and flexible touch response. The display is designed for readability even in bright light conditions.



Image 3.2: Details of the 1.97-inch AMOLED display, highlighting its resolution and color capabilities.

4. Setup

4.1 Charging the Device

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and to a standard USB power adapter (not included).

- Charging Time: Approximately 3-4 hours for a full charge.
- Battery Capacity: 325 mAh.
- Normal Usage Time: Approximately 5-7 days on a full charge.



Image 4.1: Product dimensions and battery information, including charging time.

4.2 App Installation and Pairing

1. Download the 'H Band' application from your smartphone's app store (compatible with iOS 10.0+ and Android 5.0+).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the 'H Band' app and follow the on-screen instructions to create an account and pair your Marsyu Smartwatch MT500. The watch uses Bluetooth 5.3 for stable connectivity.
4. Once paired, the watch will synchronize time and data with your phone.

4.3 Customizing Watch Faces

The 'H Band' app offers a selection of up to 100 watch faces. You can also upload custom images to personalize your watch face through the application settings.

5. Operating Instructions

5.1 Making and Receiving Calls

The smartwatch features an integrated microphone and speaker. After connecting to your smartphone via Bluetooth, you can manage calls directly from your watch.

- **Answering Calls:** Tap the green phone icon on the watch screen when a call comes in.
- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call. You can synchronize contacts from your phone to the watch via the 'H Band' app.

5.2 Message Notifications

The watch supports notifications from various messaging applications (e.g., WhatsApp, Facebook, Instagram, Twitter, Skype, Line). Ensure notification permissions are granted in the 'H Band' app and your phone settings.



Image 5.1: Visual representation of Bluetooth call functionality and message notifications on the smartwatch.

5.3 Health Monitoring

The Marsyu Smartwatch MT500 includes an optical sensor for continuous health monitoring.

- **ECG + PPG Function:** Captures bioelectrical heart signals. ECG data can be viewed within 60 seconds, and reports are available in the 'H Band' app.
- **Heart Rate Monitoring:** Automatically monitors your heart rate 24/7.
- **Blood Pressure Monitoring:** Provides intermittent blood pressure readings.
- **SpO2 Monitoring:** Measures blood oxygen saturation levels.
- **Body Temperature Monitoring:** Tracks your body temperature.
- **Sleep Monitoring:** Monitors your sleep patterns and quality during the night.
- **Stress Monitoring:** Assesses stress levels.
- **Women's Menstrual Cycle Tracking:** Provides reminders and tracking for menstrual cycles.
- **Breathing Training:** Guided breathing exercises are available.



Image 5.2: Explanation of the ECG+PPG function and how to view data reports in the 'H Band' app.

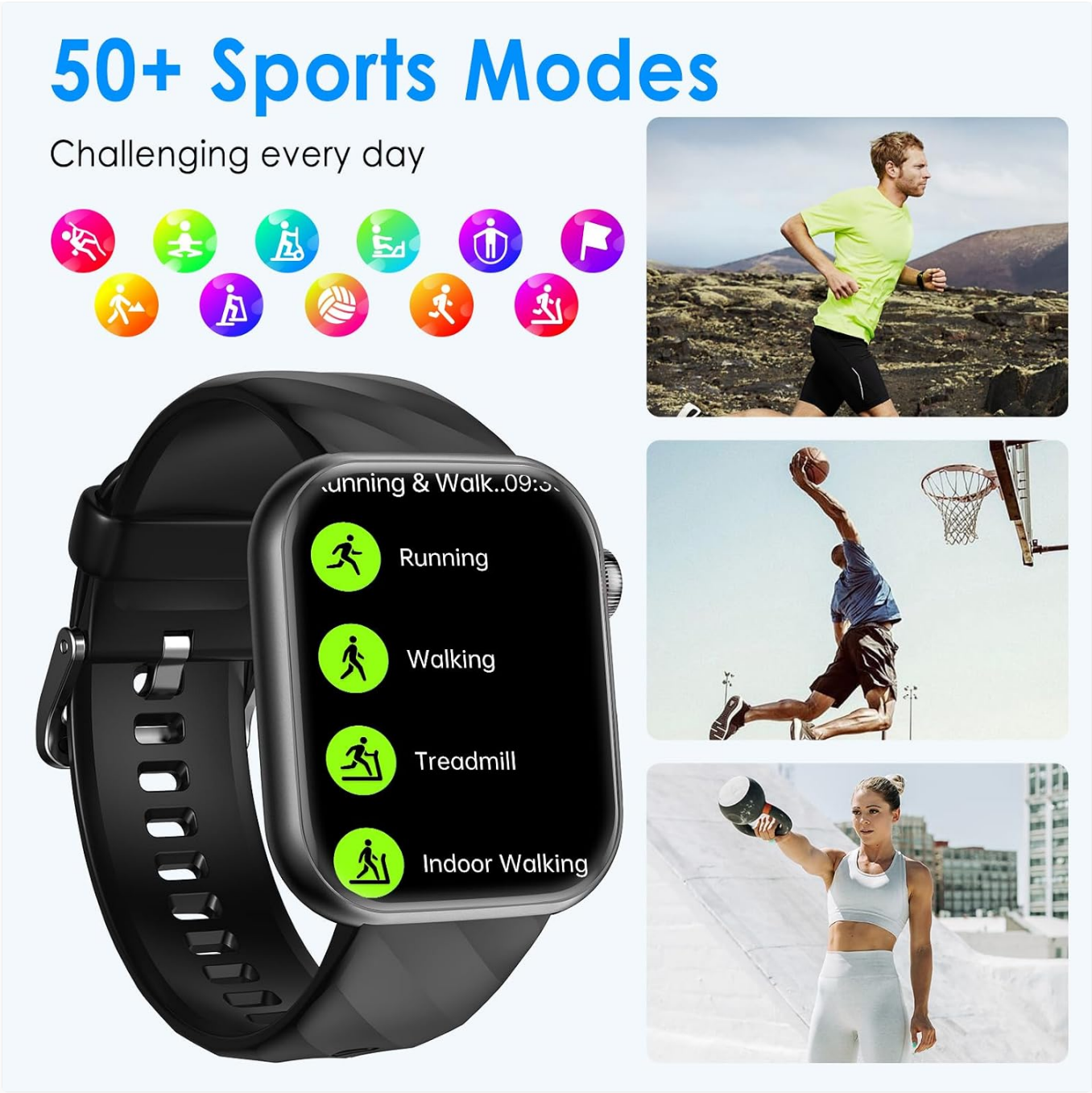

Image 5.3: Overview of the 30-second multi-indicator health measurement feature, showing heart rate, blood pressure, blood oxygen, stress, and body temperature.

5.4 Sports Modes

The smartwatch supports over 50 sports modes to track your physical activities. It records data such as steps, distance, calories burned, mileage, and workout duration.



Image 5.4: Examples of individuals engaging in physical activities while wearing the Marsyu Smartwatch MT500.

5.5 AI Voice Assistant

Utilize the integrated AI voice assistant for various tasks, including asking questions, playing music, setting alarms and timers, and checking weather information.

5.6 Other Functions

The smartwatch also offers additional practical features:

- **SOS Function:** One-click emergency contact.
- **Alarm Clock:** Set multiple alarms.
- **Sedentary Reminder:** Notifies you to move after periods of inactivity.

6. Maintenance

6.1 Water Resistance

The Marsyu Smartwatch MT500 has an IP67 water resistance rating, meaning it is protected against dust and can withstand immersion in water up to 1 meter for 30 minutes. This rating is suitable for daily activities such as hand washing or light rain.

Limitations:

- Do not use the watch in hot water, saunas, or steam rooms.
- Avoid exposure to seawater or other corrosive liquids.
- The watch is not suitable for swimming, diving, or showering.

6.2 Cleaning

Regularly clean your smartwatch and strap to prevent skin irritation and maintain device hygiene. Use a soft, damp cloth to wipe the watch. Avoid using harsh chemicals or abrasive materials.

6.3 Battery Care

To prolong battery life, avoid fully discharging the battery frequently. Charge the watch when the battery level is low. Store the watch in a cool, dry place when not in use for extended periods.

7. Troubleshooting

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
    a. Ensure Bluetooth is enabled on your phone and the watch is within range.
    b. Restart both your phone and the watch.
    c. Check if the 'H Band' app has necessary permissions.
    d. If connection issues persist, try unpairing and re-pairing the device through the app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Remember that data is for reference only and not for medical use.
- **Notifications not received:** Check notification settings in both the 'H Band' app and your phone's system settings to ensure the app has permission to display notifications.

8. Specifications

Feature	Specification
Brand	Marsyu
Model Number	MT500
Color	Black
Screen Size	1.97 inches AMOLED
Connectivity	Bluetooth 5.3
Battery Type	Lithium-polymer
Battery Capacity	325 mAh
Charging Time	Approx. 3-4 hours
Usage Time	Approx. 5-7 days
Water Resistance	IP67
Strap Width	22 mm
Strap Length	255 mm

Wrist Circumference	12 cm to 20 cm
Compatibility	iOS 10.0+ / Android 5.0+
Special Features	Phone calls, ECG+PPG, Heart Rate, Blood Pressure, SpO2, Body Temperature, Sleep Monitor, Message Notifications, 50+ Sports Modes, AI Voice Assistant

9. Warranty and Support

For warranty information and customer support, please refer to the documentation included with your purchase or contact Marsyu customer service through their official website or the 'H Band' application support section. Please retain your proof of purchase for warranty claims.

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Name

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Does the sleep monitor on the Marsyu MT500 smartwatch provide any data other than the total number of hours slept?

Yes, the Marsyu MT500 sleep monitor is designed to track more than just the total duration of your sleep.

According to the product documentation, the device monitors both your sleep patterns and sleep quality...
Read full answer

How do I clear the call history on the Marsyu MT500 smartwatch?

The Marsyu MT500 user manual does not provide a specific step-by-step procedure for deleting individual call logs directly from the watch interface. However, based on how the device operates with the H Band app,...
Read full answer

How do I change the time and display settings on the Marsyu MT500 smartwatch?

To change the time and display settings on your Marsyu MT500 smartwatch, follow these steps: Setting the Time: The smartwatch does not have a manual time-set menu. To set the time, you must pair...
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