

[manuals.plus](#) /› [FLEXISPOT](#) /› [FLEXISPOT Mobile Standing Desk 32x18 User Manual](#)**FLEXISPOT Mobile Standing Desk 32x18**

FLEXISPOT Mobile Standing Desk 32x18 User Manual

Model: Mobile Standing Desk 32x18

1. INTRODUCTION

Thank you for choosing the FLEXISPOT Mobile Standing Desk. This manual provides detailed instructions for the assembly, operation, maintenance, and troubleshooting of your new desk. Please read this manual thoroughly before use to ensure proper function and safety.

The FLEXISPOT Mobile Standing Desk is designed for versatility and ergonomic comfort, featuring a pneumatic lift system for easy height adjustment and hidden casters for mobility. It serves as an ideal portable workstation for various environments, including home offices, bedrooms, and living spaces.



Image 1.1: The FLEXISPOT Mobile Standing Desk in a home setting.

2. SAFETY INSTRUCTIONS

Please observe the following safety guidelines to prevent injury or damage to the product:

- **Weight Limit:** Do not exceed the maximum weight recommendation of 154 pounds (70 kg) on the desktop.
- **Stability:** Ensure the desk is placed on a stable, level surface. While mobile, avoid sudden movements when the desk is heavily loaded.
- **Anchoring:** If using the desk in a fixed position, especially with heavy items, consider anchoring it to a wall for added stability.
- **Children and Pets:** Keep children and pets away from the desk during height adjustments to prevent pinching or injury.
- **Clearance:** Maintain clear space around the desk during movement and adjustment to avoid collisions with other furniture or objects.
- **Assembly:** Follow all assembly instructions carefully. Ensure all screws and fasteners are tightened securely before use.
- **Liquid Spills:** Avoid spilling liquids on the desktop, especially near electronic devices. The

tabletop is durable but excessive moisture can cause damage.

3. PACKAGE CONTENTS

Verify that all components are present before beginning assembly. If any parts are missing or damaged, please contact customer support.

- Desktop Surface (1)
- Main Column with Pneumatic Lift (1)
- Base Legs (2)
- Connecting Bar for Base (1)
- Handle for Height Adjustment (1)
- Hidden Casters (pre-installed or separate, check packaging)
- Assembly Hardware (screws, Allen key)
- Instruction Manual (this document)

Your browser does not support the video tag.

Video 3.1: Overview of the FLEXISPOT H7 PRO Mobile Bedside Table, demonstrating its components and features.

4. SETUP (ASSEMBLY)

Assembly is designed to be straightforward and typically takes less than 10 minutes. All necessary tools are included.

1. **Assemble the Base:** Attach the two base legs to the main column using the provided screws. Ensure they are securely fastened.
2. **Attach the Desktop Connector:** Secure the desktop connector mechanism to the underside of the desktop surface using the appropriate screws.
3. **Connect Desktop to Column:** Carefully align the desktop with the main column and secure it using the designated screws.
4. **Install the Handle:** Attach the height adjustment handle to the side of the main column. Ensure the cable is properly connected for the pneumatic lift system.

Your browser does not support the video tag.

Video 4.1: Assembly and operational demonstration of a similar mobile standing desk.

Your browser does not support the video tag.

Video 4.2: A quick look at the assembly and height adjustment of a mobile bedside table.

5. OPERATING INSTRUCTIONS

The FLEXISPOT Mobile Standing Desk is designed for intuitive use.

5.1 Height Adjustment

The desk features a gas spring pneumatic lift system for smooth, one-hand height adjustment. The height can be adjusted from 26 inches to 41.7 inches.

- **To Raise:** Gently lift the handle located on the side of the column and guide the desktop upwards to your desired height. Release the handle to lock it in place.
- **To Lower:** Gently lift the handle and apply downward pressure on the desktop. Guide it to your desired lower height and release the handle to lock.



Image 5.1: The pneumatic lift system allows for easy height adjustment between 26 and 41.7 inches.



Image 5.2: Close-up of the pneumatic hand control for seamless adjustments.

5.2 Mobility

The desk is equipped with 4 hidden casters, allowing for easy movement across various surfaces. The low-profile base (minimum 1.2 inches high) enables it to tuck beneath furniture like beds and couches.

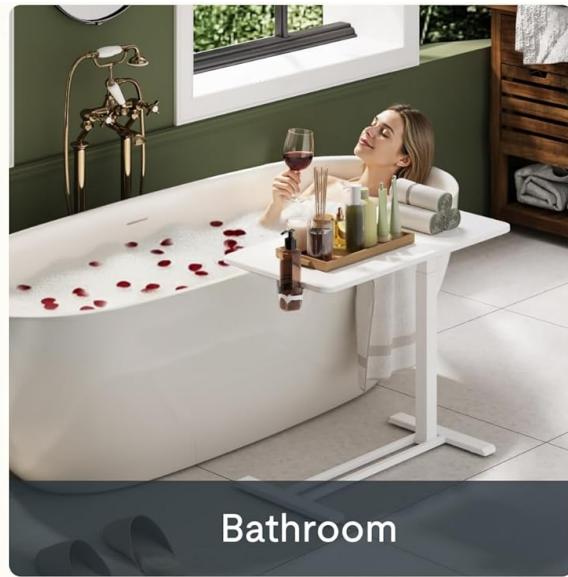
- **To Move:** Simply push or pull the desk to your desired location. The hidden casters provide smooth 360-degree rotation.
- **Positioning:** The C-shaped design allows the desk to slide under beds, sofas, or chairs, bringing the desktop closer to you.



Image 5.3: The desk features hidden casters for smooth movement and can slide under furniture.



Bedroom



Bathroom



Garden



Living Room

Image 5.4: Comparison of FLEXISPOT's hidden casters for a sleek appearance.

Your browser does not support the video tag.

Video 5.5: Demonstration of the desk's mobility and height adjustment features.

Your browser does not support the video tag.

Video 5.6: A display video showcasing the JOY SEEKER Bedside Rolling Desk.

Your browser does not support the video tag.

Video 5.7: A video demonstrating the FLEXISPOT H7 Mobile Side Table in use.

Your browser does not support the video tag.

Video 5.8: A video showcasing the FLEXISPOT Overbed Bedside Table's features.

6. MAINTENANCE

To ensure the longevity and optimal performance of your FLEXISPOT Mobile Standing Desk, follow these maintenance tips:

- **Cleaning:** Wipe the desktop surface with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that could damage the finish. For spills, clean immediately.
- **Hardware Check:** Periodically check all screws and fasteners to ensure they remain tight. Retighten if necessary.
- **Caster Care:** Keep the hidden casters free of debris (hair, dust, etc.) to ensure smooth movement. Clean them as needed.
- **Pneumatic System:** The gas spring system is maintenance-free. If you notice any issues with height adjustment, refer to the troubleshooting section.



Image 6.1: The durable tabletop is easy to clean from spills.

7. TROUBLESHOOTING

If you encounter any issues with your desk, please refer to the following common problems and solutions:

- **Desk is difficult to adjust height:**
 - Ensure the handle is fully engaged when attempting to adjust.
 - Check if the desk is overloaded beyond its maximum weight capacity.
 - Apply firm, steady pressure when lowering the desk.
- **Desk wobbles:**
 - Verify that all assembly screws are securely tightened.
 - Ensure the desk is on a flat, even surface.
 - Avoid placing excessively heavy or uneven loads on the desktop.
- **Casters are not rolling smoothly:**
 - Check the casters for any accumulated debris (e.g., hair, dust, carpet fibers) and clean them.
 - Ensure the desk is not being moved over uneven surfaces or thick carpets that might impede caster movement.

If the problem persists after trying these solutions, please contact FLEXISPOT customer support for further assistance.

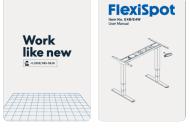
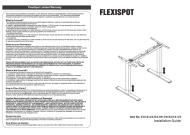
8. SPECIFICATIONS

Feature	Specification
Brand	FLEXISPOT
Product Dimensions (D x W x H)	18"D x 32"W x 37"H
Color	White
Style	Modern
Base Material	Metal and Wood
Top Material Type	Wood
Finish Type	Painted
Special Feature	Portable, Wheel
Minimum Height	26 Inches
Maximum Height	41.7 Inches
Tabletop Thickness	0.75 Inches
Maximum Weight Recommendation	154 Pounds
Required Assembly	Yes
Includes All Assembly Tools	Yes

9. WARRANTY AND SUPPORT

The FLEXISPOT Mobile Standing Desk comes with a **Limited Warranty**. For specific details regarding warranty coverage, duration, and terms, please refer to the warranty card included with your product or visit the official FLEXISPOT website.

For any questions, technical support, or warranty claims, please contact FLEXISPOT customer service. Contact information can typically be found on the manufacturer's website or on your purchase documentation.

	<p>FlexiSpot E4B/E4W Electric Standing Desk User Manual</p> <p>Comprehensive user manual for the FlexiSpot E4B/E4W electric standing desk, covering specifications, assembly instructions, keypad operation, troubleshooting, and warranty information.</p>
	<p>FlexiSpot M7L-US Computer Riser Installation Guide and Warranty</p> <p>Official installation guide and limited warranty information for the FlexiSpot M7L-US Sit-Stand Desktop Workstation. Learn how to assemble, use, and understand the warranty terms for your FlexiSpot computer riser.</p>
	<p>FlexiSpot EM7L Motorized Computer Riser Installation Guide</p> <p>Comprehensive installation guide for the FlexiSpot EM7L Motorized Computer Riser. Features include specifications, parts list, step-by-step assembly instructions, troubleshooting tips, and limited warranty information.</p>
	<p>FlexiSpot Q3G-1206-EU Electric Standing Desk User Manual</p> <p>Comprehensive user manual and installation guide for the FlexiSpot Q3G-1206-EU electric standing desk, covering specifications, assembly, operation, safety, and troubleshooting.</p>
	<p>FlexiSpot EG1S/EG1W/EG1B Series Height-Adjustable Desk: Installation Guide & Limited Warranty</p> <p>Comprehensive installation guide and limited warranty details for FlexiSpot EG1S, EG1W, and EG1B series height-adjustable desks, covering setup, specifications, troubleshooting, and warranty coverage.</p>
	<p>FlexiSpot Height Adjustable Desk EG1B/EG1W/EG1S Series Installation Guide and Limited Warranty</p> <p>Comprehensive guide for installing FlexiSpot height adjustable desks (EG1B/EG1W/EG1S series), including detailed steps, specifications, warranty information, and troubleshooting tips.</p>