

Tissot T1379079720100

Tissot PRX Powermatic 80 Automatic Watch Instruction Manual

Model: T1379079720100

1. INTRODUCTION

Welcome to the instruction manual for your Tissot PRX Powermatic 80 automatic watch. This timepiece, model T1379079720100, combines Swiss precision engineering with a distinctive forged carbon case. Designed for durability and performance, it features a Powermatic 80 movement with an impressive 80-hour power reserve and a scratch-resistant sapphire crystal. Please read this manual carefully to ensure proper use and maintenance of your watch.



Image 1.1: Front view of the Tissot PRX Powermatic 80 watch, showcasing its unique forged carbon dial and case.

2. SETUP

2.1 Unboxing and Initial Inspection

Upon receiving your Tissot PRX Powermatic 80, carefully remove it from its packaging. Inspect the watch for any visible damage. Ensure all protective films are removed from the crystal and case back.

2.2 Initial Winding

Your Tissot PRX Powermatic 80 is an automatic mechanical watch. While it winds itself with wrist movement, it may require initial manual winding if it has stopped.

1. Unscrew the crown (if applicable) and pull it out to position 1 (winding position).

2. Turn the crown clockwise approximately 30-40 times. This will build up a sufficient power reserve to start the watch.
3. Push the crown back in and screw it down securely to ensure water resistance.



Image 2.1: Side view of the watch, highlighting the crown for winding and setting.

2.3 Adjusting the Strap

The watch comes with a silicone strap. To adjust the fit, use the buckle and tang system. Ensure the strap is snug but comfortable on your wrist, allowing for proper movement of the automatic rotor.



Image 2.2: The silicone strap of the Tissot PRX watch, showing the buckle mechanism.

3. OPERATING THE WATCH

3.1 Setting the Time

1. Unscrew the crown (if applicable) and pull it out to position 2 (time setting position). The seconds hand will stop.
2. Turn the crown to move the hands clockwise or counter-clockwise until the desired time is set.
3. Once the time is set, push the crown back into position 0 and screw it down securely.







Image 3.1: A hand demonstrating how to pull and turn the crown to set the watch's time.

3.2 Setting the Date

Your watch features a date display.

1. Unscrew the crown (if applicable) and pull it out to position 1 (date setting position).
2. Turn the crown clockwise or counter-clockwise to advance the date until the correct date is displayed.
3. **Caution:** Avoid setting the date between 9 PM and 3 AM, as this can damage the movement. If the current time falls within this window, first set the time outside this period, then adjust the date, and finally reset the time.
4. Once the date is set, push the crown back into position 0 and screw it down securely.

3.3 Power Reserve

The Powermatic 80 movement offers an impressive power reserve of up to 80 hours when fully wound. If the watch is not worn for an extended period, it will stop. To restart, follow the initial winding procedure (Section 2.2) or wear the watch for several hours to allow the automatic winding mechanism to function.



Image 3.2: The transparent case back revealing the intricate Powermatic 80 automatic movement.

4. MAINTENANCE

4.1 Cleaning Your Watch

To maintain the appearance of your watch, clean the case and strap regularly.

- For the case and sapphire crystal: Use a soft, damp cloth. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and drying thoroughly.
- For the silicone strap: Wash with mild soap and water, then rinse and dry.
- Always ensure the crown is securely screwed down before cleaning with water.

4.2 Water Resistance

Your Tissot PRX Powermatic 80 is water-resistant up to 10 bar (100 meters / 330 feet). This makes it suitable for swimming and showering.

- **Important:** Always ensure the crown is fully screwed down before exposing the watch to water.
- Do not operate the crown or pushers (if present) while the watch is wet or submerged.

- Water resistance is not a permanent feature and may decrease over time due to aging of gaskets or accidental impacts. It is recommended to have the water resistance checked every 2-3 years by an authorized service center.

4.3 Service Recommendations

For optimal performance and longevity, it is recommended to have your watch serviced by an authorized Tissot service center every 3-5 years. Regular servicing includes cleaning, lubrication, and adjustment of the movement, as well as replacement of worn gaskets.

5. TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch has stopped or is running slow.	Insufficient power reserve.	Manually wind the watch by turning the crown 30-40 times (Section 2.2). Wear the watch regularly for at least 8 hours a day.
Date changes at noon instead of midnight.	Time is set incorrectly (AM/PM).	Advance the time by 12 hours.
Condensation under the crystal.	Loss of water resistance or extreme temperature change.	Immediately take the watch to an authorized service center. Do not attempt to dry it yourself.
Watch is running too fast or too slow consistently.	Magnetization or need for regulation.	Consult an authorized Tissot service center for demagnetization or regulation.

6. SPECIFICATIONS

Model Name: Tissot PRX Powermatic 80

Model Number: T1379079720100

Movement: Swiss Automatic (Powermatic 80)

Case Material: Forged Carbon

Case Diameter: 40.5 Millimeters

Case Thickness: 11.23 Millimeters

Crystal: Sapphire Crystal with antireflective coating

Water Resistance: 10 bar (100 Meters / 330 Feet)

Strap Material: Rubber / Silicone

Clasp Type: Push Button Deployment Clasp

Power Reserve: Up to 80 hours

Item Weight: 76 Grams

Display: Analog

Dial Color: Black

Band Color: Black

7. WARRANTY AND SUPPORT

7.1 Warranty Information

Your Tissot watch comes with a 2-year international limited warranty from the date of purchase. This warranty covers material and manufacturing defects. It does not cover normal wear and tear, damage caused by improper handling, lack of care, accidents, or unauthorized repairs. Please refer to the warranty card provided with your watch for full terms and conditions.

7.2 Customer Support

For any questions, service requests, or warranty claims, please contact an authorized Tissot retailer or visit the official Tissot website for customer support contact information. Ensure to have your watch's model number (T1379079720100) and proof of purchase available.

Note: Only authorized Tissot service centers should perform repairs or maintenance to ensure the integrity of your watch and to keep the warranty valid.