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› anyloop ALW10 Smart Watch User Manual

anyloop ALW10

anyloop ALW10 Smart Watch User Manual

Model: ALW10 | Brand: anyloop

INTRODUCTION

Thank you for choosing the anyloop ALW10 Smart Watch. This device is designed to enhance your daily life with advanced features such as built-in GPS, Alexa integration, comprehensive health monitoring, and a wide array of sports modes. This manual will guide you through the setup, operation, and maintenance of your new smartwatch to ensure optimal performance and user experience.



The anyloop ALW10 Smart Watch, showcasing its vibrant display and sleek design.

WHAT'S IN THE BOX

Please verify that all items are present in your package:

- GPS Smart Watch x 1
- Charging Cable x 1
- Quick Start Guide x 1

SETUP GUIDE

1. Charging the Smart Watch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

2. App Installation (Fitbeing APP)

Download the 'Fitbeing' application from your smartphone's app store (available for Android and iOS). This app is essential for pairing your watch, accessing full features, and viewing detailed health data.

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the 'Fitbeing' app and follow the on-screen instructions to create an account or log in.
3. In the app, navigate to 'Device' or 'Add Device' and select your ALW10 Smart Watch from the list of discoverable devices.
4. Confirm the pairing request on both your watch and smartphone.

Once paired, your watch will synchronize data with the app and receive notifications.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate menus and screens. Tap to select.
- **Side Button/Crown:** Press to wake the screen, return to the home screen, or access the app list. Rotate the crown for scrolling through lists or adjusting settings.

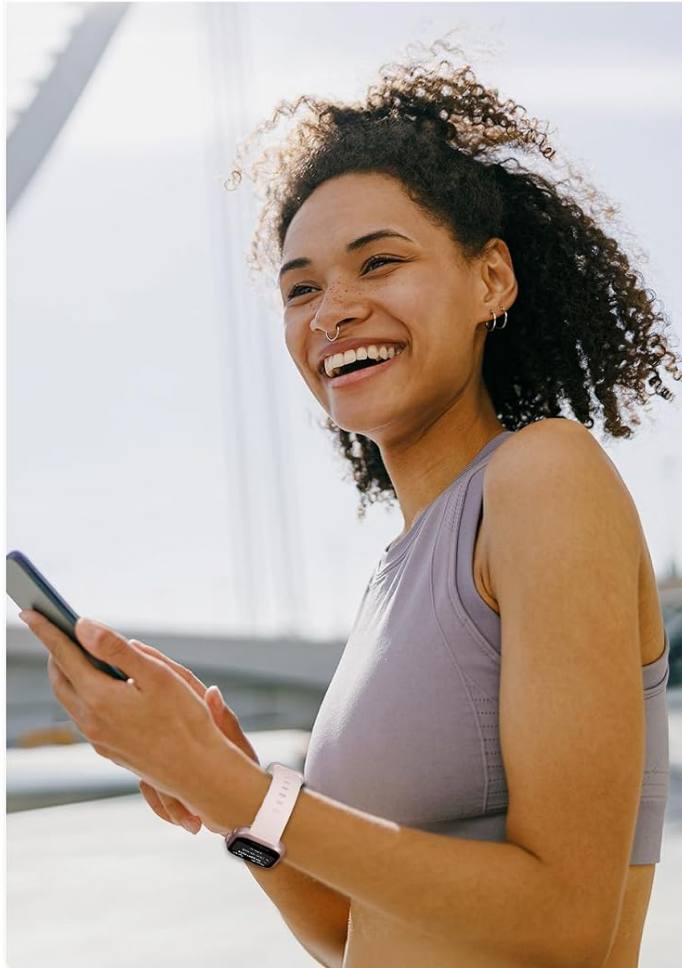
Calls & Notifications

The ALW10 allows you to answer/make calls directly from your wrist and receive timely notifications from various apps (WhatsApp, Facebook, Instagram, etc.). You can choose from 3 vibration intensities: silent, default, or prominent.

Stay Connected on the Go

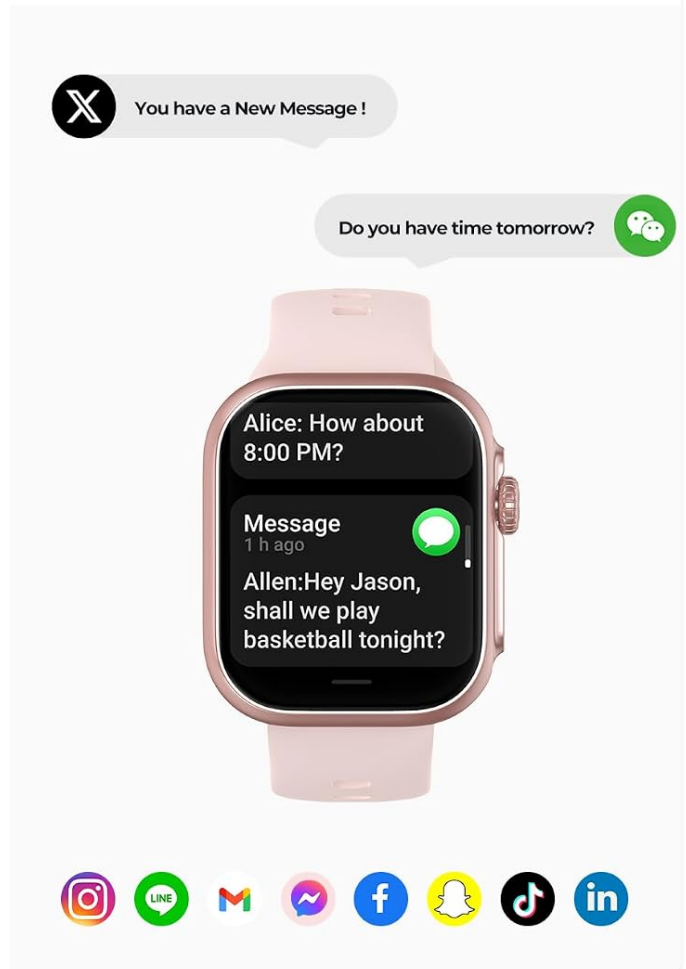
Bluetooth Call

- Call Records
- Add Contacts
- Answer & Make Calls



Smart Notifications

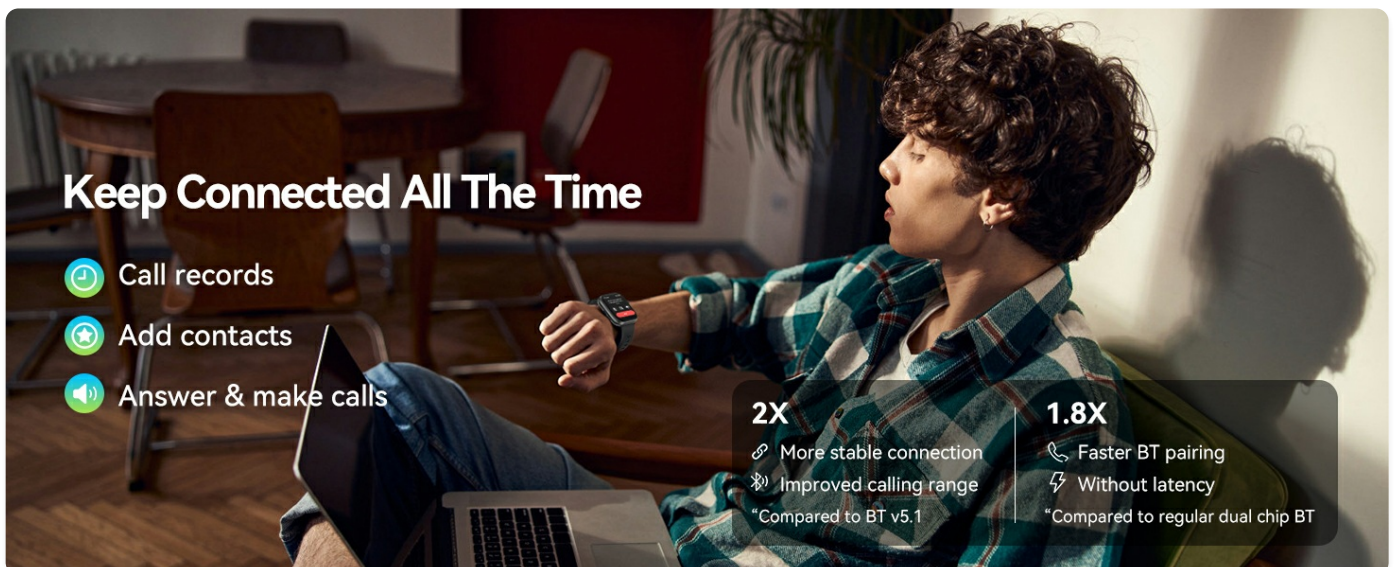
View timely notifications on smart watch from texts/apps



Stay connected with Bluetooth calls and smart notifications directly on your watch.

Keep Connected All The Time

- Call records
- Add contacts
- Answer & make calls



2X

• More stable connection
• Improved calling range

*Compared to BT v5.1

1.8X

• Faster BT pairing
• Without latency

*Compared to regular dual chip BT

The smartwatch enables seamless communication with call records, contact management, and direct call handling.

Alexa Built-in

With Alexa built-in, you can use voice commands to ask questions, set alarms, control smart home devices, and more directly from your watch.

Ready to Help on Your Wrist



SOS Emergency

Press and hold the crown for 2s to call your emergency contact number.

*Set up the emergency call number in Fitbeing app.



Access Alexa's features directly from your wrist for convenience.

Health Tracking

The ALW10 provides comprehensive 24/7 health monitoring:

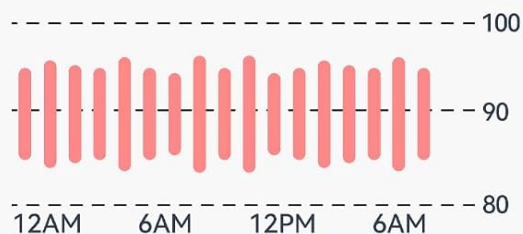
- **Heart Rate Monitor:** Continuous 24-hour heart rate tracking with accurate sensors. Provides elevated/lower heart rate warnings. Supports HRV status recording.
- **SpO2 Monitoring:** Supports single-time blood oxygen level measurement.
- **Stress Level Monitoring:** Measures and tracks your stress levels throughout the day.
- **Sleep Tracking:** Automatically tracks Deep, Light Sleep, REM, and Awake periods. Generates sleep scores and reports to help improve sleep quality.
- **Female Cycle Tracking:** Provides tracking for fertile, menstrual, and ovulation periods.

Track Your Overall Health



Heart Rate Monitor

Elevated/lower heart rate warnings



*Support HRV Status Recording



Blood Oxygen Monitor

Support single-time SpO2 measuring



Stress Level Monitor

Support real-time stress level measuring



Monitor your heart rate, blood oxygen, and stress levels for a complete health overview.

Sleep Tracking for Better Rest



Deep Sleep
Low



Light Sleep
Normal



REM
Normal



Awake
Normal



The watch tracks your sleep patterns to help you achieve better rest.

Attentive to Women's Health



Fertile Period



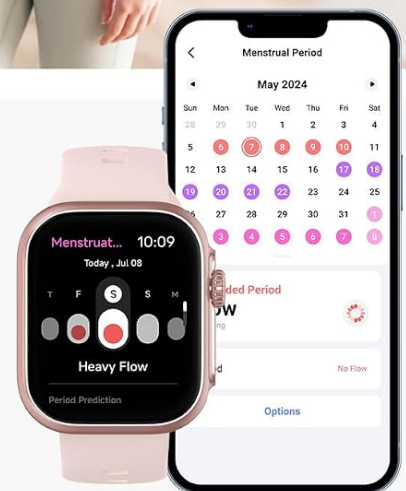
Menstrual Period



Ovulation Period

Female Friendly

3 days to end of menstrual period



Dedicated features for tracking women's health cycles.

GPS & Sports Modes

The built-in GPS receiver connects with 4 global navigational satellite systems (GPS, GLONASS, BeiDou, Galileo) for precise location tracking during activities. The watch supports over 100 sports modes, allowing you to track various workouts like walking, running, swimming, and cycling. Set personalized goals for pace, distance, and calories.

Ultimate GPS Fitness Watch

3ATM

Waterproof

100+ Sports Modes



High Precise GPS Tracking

Accurately record your movement trajectory and monitor fitness activities without taking your phone.



Utilize precise GPS tracking and over 100 sports modes for your fitness activities.

High Precise GPS Tracking

With built-in GPS to see your movement trajectory and track workout activities.



GPS



GLONASS



BeiDou



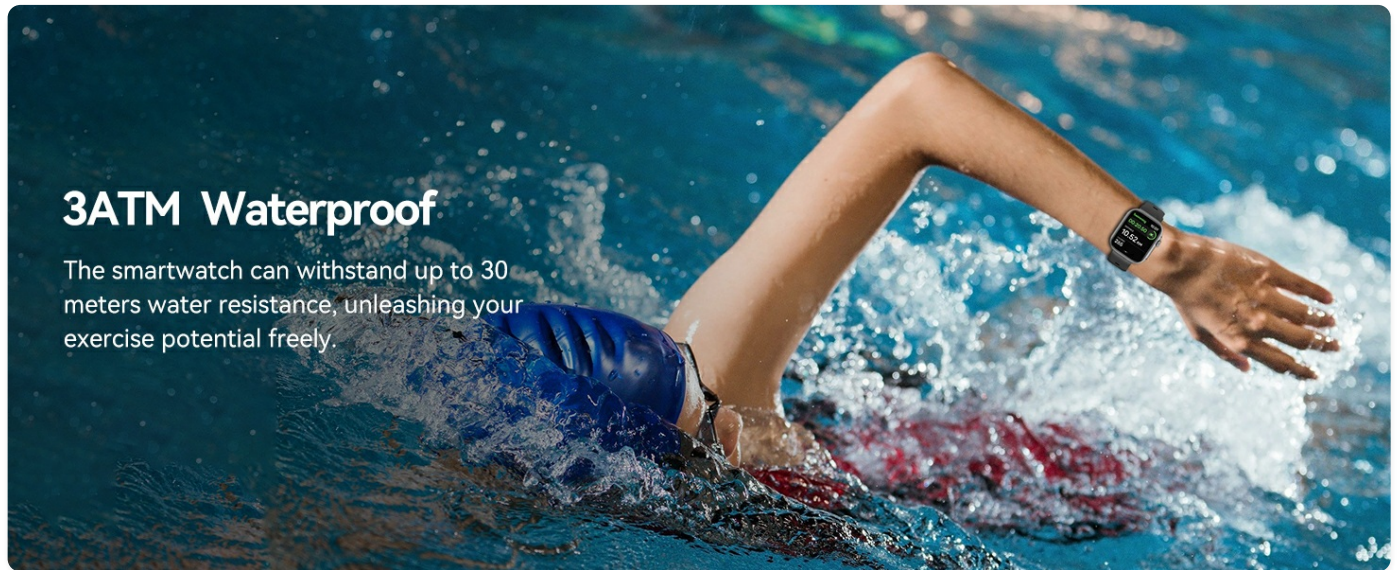
Galileo



High-precision GPS tracking allows you to record your movement trajectory and track workout activities without your phone.

Water Resistance

The ALW10 is 3ATM water-resistant, meaning it can withstand water pressure equivalent to a depth of 30 meters. This makes it suitable for swimming and other water-based activities, but not for diving or high-pressure water activities.



3ATM Waterproof

The smartwatch can withstand up to 30 meters water resistance, unleashing your exercise potential freely.

The smartwatch is 3ATM waterproof, suitable for swimming and water-based exercises.

Watch Faces & Customization

Choose from over 100 watch faces to match your mood or customize your own using photos from your phone. The 1.85" Ultra HD display offers 336 ppi and up to 1200 nits brightness for clear visibility.

100+ Watch Faces

Easily to fit your mood



1.85" AMOLED Screen



Typical Usage:

7 days

Low Power Mode:

12 days



All-Day Activity Tracker

Running 10:09
00:20.50
DISTANCE
10.52 KM
CALORIES
265
Heart Rate
132

STEPS
5135 Steps
CALORIES
265 Kcal
DISTANCE
10.52 Km
EXERCISE DURATION
00:20:50

Weather Forecast

San Francisco

32°C

20~28°C



23°C

12AM

23°C

01PM

23°C

01PM

32°C

02PM

100+ Sports Modes



Play Music

Personalize your watch with over 100 watch faces and enjoy the vibrant 1.85" Ultra HD display.

Battery Life

The ALW10 offers extended battery life: up to 7 days in typical usage and up to 12 days in low power mode on a full charge.

Other Functions

The smartwatch includes a variety of useful functions:

- **SOS Emergency Call:** Press and hold the crown for 2 seconds to call your emergency contact number (must be set up in the Fitbeing app).
- **Water Lock & Eject Water:** Features to manage water exposure.
- **Flashlight:** Use the screen as a light source.
- **Weather:** Get real-time weather updates.
- **Music Control:** Control music playback on your paired smartphone.
- **Timer & Alarm:** Set timers and alarms.
- **Do Not Disturb Mode:** Silence notifications.

- **Find My Phone:** Locate your paired smartphone.
- **Sedentary Reminder:** Prompts you to move after periods of inactivity.

SOS Emergency

Press and hold the crown for 2s to call your emergency contact number.

*Set up the emergency call number in Fitbeing app.



The SOS Emergency feature allows quick access to help when needed.

MAINTENANCE

To ensure the longevity and optimal performance of your anyloop ALW10 Smart Watch, follow these maintenance guidelines:

- **Cleaning:** Regularly wipe the watch screen and strap with a soft, dry, lint-free cloth. For stubborn dirt, dampen the cloth slightly with water. Avoid using harsh chemicals or abrasive materials.
- **Charging Contacts:** Keep the charging contacts on the back of the watch clean and dry to ensure efficient charging.
- **Water Exposure:** While the watch is 3ATM water-resistant, avoid prolonged submersion in water, hot water, or exposure to high-velocity water. Dry the watch thoroughly after exposure to water.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Strap Care:** If the strap is removable, clean it separately according to its material. Ensure it is dry before reattaching.

TROUBLESHOOTING

If you encounter issues with your smartwatch, try the following common troubleshooting steps:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **Cannot pair with phone:**
 - Ensure Bluetooth is enabled on your phone and the watch is discoverable.
 - Make sure the watch is within Bluetooth range of your phone.
 - Restart both your phone and the watch.
 - Clear the Bluetooth cache on your phone (if applicable).
 - Try unpairing and re-pairing the device through the Fitbeing app.
- **Notifications not received:**
 - Check notification permissions for the Fitbeing app in your phone's settings.
 - Ensure the watch is connected via Bluetooth.
 - Verify that 'Do Not Disturb' mode is not active on the watch.

- **Inaccurate health data:**

- Ensure the watch is worn snugly on your wrist, not too tight or too loose.
- Clean the sensor area on the back of the watch.
- Avoid excessive movement during measurements.

• **Short battery life:**

- Reduce screen brightness.
- Limit continuous heart rate monitoring or GPS usage if not needed.
- Turn off unnecessary notifications.
- Use low power mode when possible.

For further assistance, please refer to the support section or contact customer service.

SPECIFICATIONS

Feature	Detail
Model Number	ALW10
Screen Size	1.85 Inches
Display Type	Ultra HD (336 ppi, up to 1200 nits)
Operating System	Fitbeing APP
Connectivity Technology	Bluetooth, GPS (Built-in)
GPS	Built-in GPS (GPS, GLONASS, BeiDou, Galileo)
Water Resistance	3ATM (30 meters)
Battery Capacity	300 Milliamp Hours
Battery Life (Typical Usage)	Up to 7 days
Battery Life (Low Power Mode)	Up to 12 days
Item Weight	40 Grams (1.41 ounces)
Special Features	Alexa Built-in, SOS Emergency Call, Water Lock, Eject Water, 24/7 Heart Rate, Blood-Oxygen Monitor, Sleep Tracking, Stress Level Monitor, Bluetooth Call, Contacts, Notifications, AI Voice Assistant, 100+ Sport modes, Pedometer, Calorie Tracker, Activity Fitness Tracker, Weather, Time Display, Do Not Disturb Mode, Music, Alarm, Menstrual Cycle, Find My Phone, Sedentary Reminder, Customized Dials

OFFICIAL PRODUCT VIDEOS

No official product videos from the seller were found for embedding in this manual.

WARRANTY & SUPPORT

anyloop offers a **365-day warranty** for the ALW10 Smart Watch, ensuring peace of mind regarding your purchase. We are committed to providing premium team service and support.



**Trusted by
Millions**



**365 Days
Warranty**



**Premium
Team Service**



**Sold
Globally**

anyloop's commitment to quality and customer satisfaction.

For any questions, technical assistance, or warranty claims, please contact anyloop customer support through the Fitbeing app or visit the official anyloop website. Please have your model number (ALW10) and purchase details ready when contacting support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

<https://manuals.plus/asin/B0DCVJ8RWH>

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