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GuruNanda 13-27-4OZ-08494-48

GuruNanda Hydroxyapatite Toothpaste Instruction Manual

Model: 13-27-4OZ-08494-48

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1. INTRODUCTION

This manual provides detailed instructions for the proper use and care of your GuruNanda Hydroxyapatite Toothpaste. Please read this manual thoroughly before first use and retain it for future reference.



Image 1: GuruNanda Hydroxyapatite Toothpaste packaging, including the tube, tongue scraper, and tube squeezer.

2. PRODUCT OVERVIEW

The GuruNanda Hydroxyapatite Toothpaste is a fluoride-free formulation designed to support oral hygiene. It contains hydroxyapatite and neem, along with natural essential oils and vitamins, to aid in remineralization, plaque removal, and breath freshening.

Key Features:

- Fluoride-Free Formula: Aids in remineralization and deep cleans teeth.
- Hydroxyapatite & Neem: Enhances enamel health and supports gum health.
- Natural Ingredients: Blends neem, jasmine, essential oils, and vitamins D3, K2, E with Celtic Sea Salt.
- Multiple Benefits: Helps remove plaque and debris, freshens breath, and supports overall oral hygiene.
- Gentle on Sensitive Teeth: Formulated without harsh chemicals like SLS, parabens, artificial colors, flavors, or

preservatives.



Image 2: Visual representation of the toothpaste tube highlighting key benefits such as fluoride-free, freshens breath, fights plaque, holistic, and whitening.

3. SETUP AND UNBOXING

Your GuruNanda Hydroxyapatite Toothpaste typically comes with a tongue scraper and a tube squeezer for enhanced oral care and product utilization.

Unboxing Contents:

- 1 x Tube of GuruNanda Hydroxyapatite Toothpaste (4.2 oz / 119 g)
- 1 x Tongue Scraper (metal)
- 1 x Tube Squeezer (plastic)

New look, Same Benefits



During the transition
packaging may vary.

Image 3: The GuruNanda toothpaste tube, tongue scraper, and tube squeezer shown together.

Tube Squeezer Usage:

To maximize product usage, slide the tube squeezer onto the end of the toothpaste tube. As you use the toothpaste, push the squeezer up the tube to dispense the remaining product efficiently.

Your browser does not support the video tag.

Video 1: A user demonstrating how to use the tube squeezer to extract toothpaste from the tube.

4. USAGE INSTRUCTIONS

For optimal results, follow these directions for brushing your teeth with GuruNanda Hydroxyapatite Toothpaste.

Daily Brushing:

1. **Apply Toothpaste:** Place a pea-sized amount of toothpaste onto your toothbrush.
2. **Brush Thoroughly:** Brush your teeth thoroughly for at least two minutes, twice daily, or as directed by a dentist or

physician. Ensure all surfaces of your teeth are cleaned.

3. **Rinse:** After brushing, rinse your mouth thoroughly with water.

Recommendation: For best results, use this toothpaste after oil pulling with GuruNanda's range of oil-pulling products.



Video 2: A user demonstrating the oil pulling process followed by brushing with GuruNanda toothpaste.

Tongue Scraper Usage:

Use the provided tongue scraper before or after brushing to remove bacteria and debris from your tongue, contributing to fresher breath and improved oral hygiene.

1. **Position:** Place the scraper at the back of your tongue.
2. **Scrape:** Gently pull the scraper forward towards the tip of your tongue.
3. **Rinse:** Rinse the scraper after each pass. Repeat 2-3 times.



Video 3: A short preview video demonstrating the use of the tongue scraper.

5. INGREDIENTS

GuruNanda Hydroxyapatite Toothpaste is formulated with a blend of natural ingredients and essential oils:

- Water, Glycerin, Sorbitol, Xylitol, Hydrated Silica
- Calcium Hydroxyapatite, Sodium Lauroyl Sarcosinate
- Fractionated Coconut Oil, Peppermint Oil, Menthol
- Stevia Leaf Extract, Xanthan Gum, Sodium Bicarbonate
- Cardamom Oil, Clove Oil, Arginine, Jasmine Oil
- Spearmint Oil, Neem Extract, Vitamin E, Tea Tree Oil
- Fennel Oil, Celtic Sea Salt, Oregano Oil
- Vitamin K2 MK-7, Vitamin D3

POWERFUL INGREDIENTS FOR A HEALTHY SMILE!

Enriched with Neem,
Jasmine, Coconut,
Peppermint,
Vitamins D3 & K2,
Cardamom, and
more for enhanced
freshness.



Image 4: Close-up of the toothpaste tube emphasizing the natural ingredients such as Neem and Hydroxyapatite.

6. SAFETY INFORMATION

- For external use only. Do not swallow.
- Keep out of reach of children.
- Discontinue use and consult a dentist if irritation occurs.
- Do not use if the foil seal under the cap is broken or missing.
- Do not use if you are allergic to any of the ingredients.
- For children under 12, use a pea-sized amount and supervise the child's brushing and rinsing to minimize swallowing.
- For children under 2 years of age, consult a dentist or doctor before use.

7. PRODUCT SPECIFICATIONS

Brand:	GuruNanda
Model Number:	13-27-4OZ-08494-48
Flavor:	Coco-Mint Jasmine
Item Form:	Paste
Age Range:	Adult (consult dentist for children under 2)
Material Type Free:	Fluoride-free, SLS-free, Dye-free, Bisphenol-A free, Paraben-free, Fragrance-free
Package Dimensions:	7.28 x 2.52 x 1.73 inches
Item Weight:	4.2 ounces
Manufacturer:	GuruNanda

8. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

