

Quican IDW19

Quican IDW19 Smart Watch User Manual

Model: IDW19 | Brand: Quican

1. INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Quican IDW19 Smart Watch. Designed for both men and women, this smart watch offers a wide range of features including Bluetooth calling, Alexa voice control, comprehensive health monitoring, and multiple sports modes. Please read this manual thoroughly to ensure proper use and to maximize your device's capabilities.

2. WHAT'S IN THE BOX

Upon opening your Quican IDW19 Smart Watch package, you should find the following components:

- Smartwatch Body ×1
- Original Watch Strap ×1
- Magnetic Charging Cable ×1
- Smartwatch Manual ×1

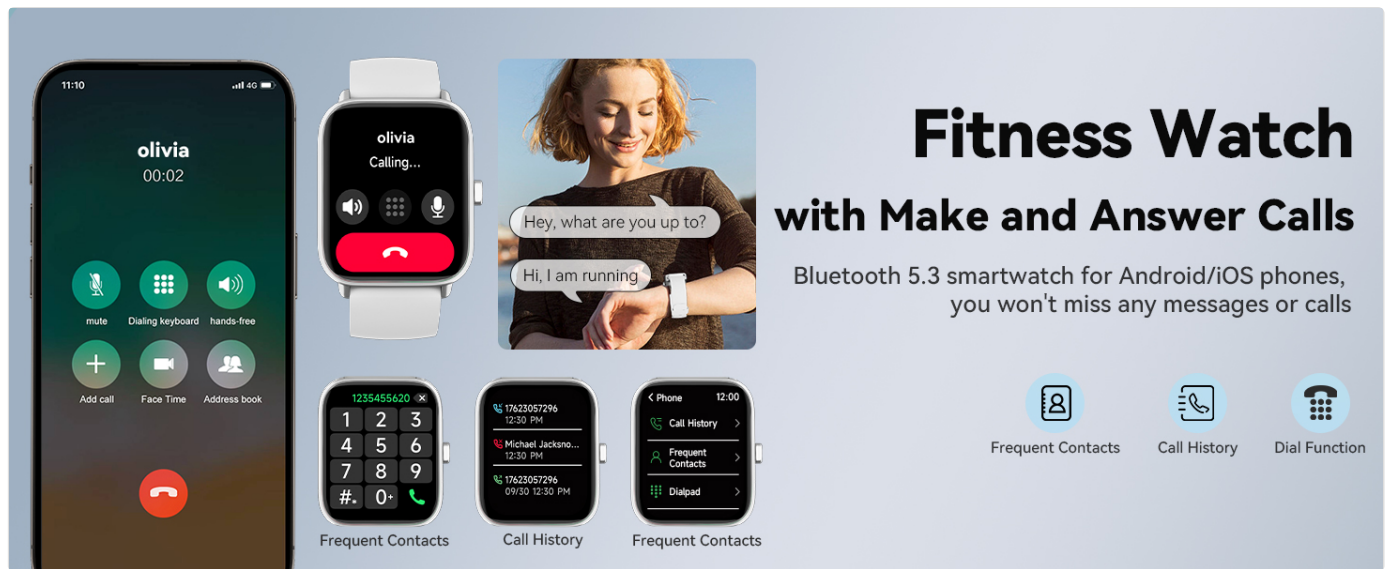


Image: Package contents of the Quican IDW19 Smart Watch, showing the watch, strap, charging cable, and user manual.

3. SETUP GUIDE

Follow these steps to set up your Quican IDW19 Smart Watch and pair it with your smartphone.

3.1. App Download and Installation

1. **Download the "VeryFit" App:** Scan the QR code provided in the manual or search for "VeryFit" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Install the App:** Follow the on-screen instructions to install the application on your smartphone.

3.2. Device Pairing

1. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
2. **Open VeryFit App:** Launch the VeryFit application on your smartphone.
3. **Add Device:** In the app, navigate to the device section and select "Add Device" or a similar option. The app will search for nearby devices.
4. **Select IDW19:** From the list of found devices, select "IDW19" to initiate the pairing process.
5. **Confirm Pairing:** Follow any prompts on both your watch and smartphone to confirm the pairing.

Ideal Gifts for Men and Women



Image: Visual guide demonstrating the setup process, including downloading the VeryFit app and connecting the watch via Bluetooth.

4. OPERATING INSTRUCTIONS

This section details the various functions and how to operate your Quican IDW19 Smart Watch.

4.1. Bluetooth Call and Alexa Voice Control

The IDW19 Smart Watch features Bluetooth 5.3 for stable connectivity, allowing you to make and receive calls directly from your wrist. It also integrates Alexa for convenient voice commands.

- **Making/Receiving Calls:** Once paired, you can answer incoming calls or dial numbers from the watch's interface. The built-in HD speaker and microphone enable clear communication.
- **Alexa Voice Commands:** Activate Alexa on your watch to inquire about weather, news, set alarms, control smart home devices, and more using voice commands.

Bluetooth Call/Answer

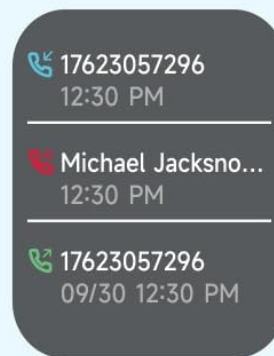
Free your hands and never miss a message or call



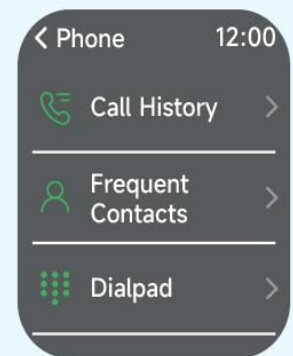
Dial Function



Calling



Call History



Frequent Contacts

Image: The smart watch screen displaying an incoming call, illustrating the Bluetooth call feature.

Alexa Built-in and Message Notification



Image: The smart watch screen indicating Alexa is active and listening for a voice command.

4.2. Sports Modes and IP68 Waterproofing

The IDW19 supports over 120 sports modes and is designed to withstand water exposure.

- **120+ Sports Modes:** Track various activities such as walking, running, cycling, swimming, yoga, and more. The watch records data like steps, calories burned, and distance.
- **IP68 Waterproof:** The watch is IP68 rated, meaning it is resistant to dust and can be submerged in water up to 1.5

meters for 30 minutes. It is suitable for daily use, hand washing, and swimming, but not for hot water activities like hot showers or saunas.



Image: A visual representation of the smart watch's capabilities in various sports and its IP68 waterproof rating, featuring scenes of skiing, hiking, and surfing.

4.3. 24/7 Health Monitoring

The watch is equipped with 7 high-performance optical sensors to continuously monitor your health data.

- **Heart Rate Monitoring:** Tracks your heart rate throughout the day.
- **SpO2 Monitoring:** Measures your blood oxygen levels.
- **Sleep Tracking:** Monitors your sleep patterns, including deep sleep, light sleep, and wakefulness.
- **Stress Level Monitoring:** Provides insights into your stress levels.
- **Activity Data:** Records daily steps, distances, and calories.

Note: This device is not intended for medical use and should not replace professional medical advice.

Smart Life with More Features

Meet all your daily needs!

How's the weather like today?



**Text & Notifications
Reminder**

Answer or Make Call

Alexa Voice



Activity Data



Workout



Messages



Weather



Alarm Clock



Stopwatch



Timer



**Sedentary
Reminder**



**Find Your
Phone**



**Breathing
Training**



Calendar



**Music
Control**



**Camera
Control**



**Do Not
Disturb Mode**

Image: The smart watch interface showing various health metrics such as heart rate, sleep patterns, blood oxygen, and stress levels.

4.4. Message Notifications and Display

Stay connected with notifications directly on your wrist.

- **Message Alerts:** Receive notifications for SMS, Email, SNS, Facebook, WhatsApp, Instagram, Twitter, Telegram, TikTok, and more. Notifications are delivered via vibration. (Note: Replying to messages is not supported.)
- **1.8" HD Touch Screen:** The watch features a 1.8-inch colorful touch screen with 240x284 resolution for clear viewing of messages and data.
- **Customizable Dials:** Choose from over 120 different dial styles or upload your own photos to personalize the watch face.

1.8" HD Touch Screen



100+
Watch Colorful Dials

240*284
HD Resolution



Long Battery Life



Normal use
3-7 Days



Standby
30 Days



Charging
2.5 Hours

Image: The smart watch showcasing its 1.8-inch HD touch screen and a selection of customizable watch faces.

4.5. Additional Features

The Quican IDW19 Smart Watch includes several other useful functions:

- Weather Forecasts
- Stopwatch
- Alarms

- Timer
- Sedentary Reminder
- Flashlight
- Music Control
- Camera Control (remote shutter)
- Motion Recognition
- Breather Guide
- Find Phone functionality

24-Hour Health Monitoring

Heart Rate



Sleep Monitor



Blood Oxygen



Stress Level



Heart
Rate



Sleep
Monitor



Blood
Oxygen



Stress
Level

Image: The smart watch demonstrating its smart life features, such as text and notification reminders, answering calls, and Alexa voice commands.

5. MAINTENANCE

5.1. Cleaning Your Smart Watch

To maintain the watch's appearance and functionality, regularly clean the device and strap. Use a soft, damp cloth to wipe the screen and body. For the strap, follow the manufacturer's recommendations based on the material. Avoid using harsh chemicals or abrasive materials.

5.2. Charging the Battery

The Quican IDW19 Smart Watch is equipped with a 300mAh Lithium Polymer battery. To charge:

1. Connect the magnetic charging cable to the charging points on the back of the watch.
2. Plug the USB end of the cable into a standard USB power adapter (not included) or a computer USB port.
3. The watch will display a charging indicator.

A full charge takes approximately 2.5 hours. The watch can last for 7 days with normal use and up to 30 days on standby.



Image: The smart watch connected to its magnetic charging cable, highlighting its battery capacity and charging duration.

6. TROUBLESHOOTING

If you encounter issues with your Quican IDW19 Smart Watch, refer to the following common problems and solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to pair with smartphone:**
 - Ensure Bluetooth is enabled on your phone and the watch is within range.
 - Make sure the VeryFit app is updated to the latest version.
 - Restart both your phone and the watch.
 - Forget the device in your phone's Bluetooth settings and try pairing again through the VeryFit app.
 - Verify your phone's operating system meets the compatibility requirements (Android 6.0+ or iOS 9.0+).
- **Inaccurate step tracking:** Ensure the watch is worn snugly on your wrist. Excessive movement or loose fit can affect accuracy.
- **Notifications not appearing:**
 - Check app permissions in your phone settings to ensure VeryFit has access to notifications.
 - Verify notification settings within the VeryFit app for specific applications.
 - Ensure the watch is connected via Bluetooth.

- **Short battery life:**
 - Reduce screen brightness or screen-on time.
 - Disable continuous heart rate monitoring if not needed.
 - Limit the number of apps sending notifications to the watch.

If the problem persists after trying these steps, please contact Quican customer support for further assistance.

7. SPECIFICATIONS

Detailed technical specifications for the Quican IDW19 Smart Watch:

Feature	Specification
Model Number	IDW19
Product Dimensions	9.8 x 1.5 x 0.45 inches
Item Weight	1.2 ounces (0.03 Kilograms)
Screen Size	1.8 Inches
Screen Resolution	240 x 284
Battery Type	Lithium Polymer
Battery Capacity	300 Milliamp Hours
Charging Time	Approx. 2.5 hours
Normal Use Battery Life	Up to 7 days
Standby Battery Life	Up to 30 days
Connectivity Technology	Bluetooth 5.3
Waterproof Rating	IP68
Memory Storage Capacity	128 MB
RAM Memory Installed Size	128 MB
Operating System Compatibility	Android 6.0 or above, iOS 9.0 or above
GPS	Via Smartphone



Image: Compatibility chart illustrating the range of iOS and Android smartphones that can be paired with the Quican IDW19 Smart Watch.

8. WARRANTY AND SUPPORT

Quican offers a 5-year warranty for the IDW19 Bluetooth Smart Watch. This warranty covers manufacturing defects and ensures product reliability.

For any product-related questions, suggestions, or issues, please do not hesitate to contact Quican customer support. We aim to respond within 24 hours to address your concerns and provide solutions.

You can typically find contact information on the official Quican website or through the retailer where you purchased the product.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question