Konitee IDW25

Konitee IDW25 Smart Watch User Manual

Model: IDW25

1. Product Overview

The Konitee IDW25 Smart Watch is a versatile wearable device designed to integrate with your daily life, offering communication, health monitoring, and fitness tracking features. It includes Bluetooth call functionality, built-in Alexa voice assistant, and a range of health sensors.



Image 1.1: Konitee IDW25 Smart Watch main view. This image displays the watch face showing time, date, heart rate, steps, and battery level, alongside a smaller inset showing an incoming call screen.

What's in the Box:

- Konitee IDW25 Smart Watch
- USB Magnetic Charging Cable
- User Manual

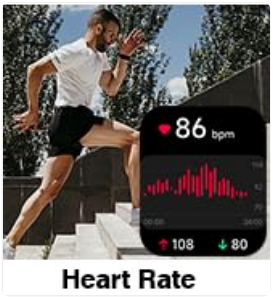


Image 1.2: Package contents including the IDW25 Smart Watch, USB magnetic charging cable, and user manual.

2. Setup Guide

2.1 Initial Charging

Before first use, fully charge your Konitee IDW25 Smart Watch. Connect the provided USB magnetic charging cable to the charging contacts on the back of the watch and to a USB power source. A full charge typically takes approximately 2 hours.



Image 2.1: The Konitee IDW25 Smart Watch connected to its magnetic charging cable, displaying a charging indicator on the screen.

2.2 App Download and Pairing

1. Download the **"VeryFit"** app from the Google Play Store (for Android devices) or the Apple App Store (for iOS devices).
2. Ensure your smartphone's Bluetooth is enabled.
3. Open the "VeryFit" app, navigate to the device section, and tap to add a new device.
4. Select "IDW25" from the list of available devices to initiate pairing. Follow the on-screen prompts in the app and on your watch to complete the pairing process.

2.3 Bluetooth Call Function Setup

To enable Bluetooth call functionality, an additional connection is required after initial pairing:

1. After successfully pairing the watch with the "VeryFit" app, go to your smartphone's Bluetooth settings.
2. Look for a device named **"IDW25 BT"** (or similar) in the list of available Bluetooth devices.
3. Tap on "IDW25 BT" to connect. Once connected, your watch can make and receive calls.



Image 2.2: Visual guide for setting up Bluetooth call feature, showing app download, device binding, and Bluetooth connection steps.

2.4 Alexa Voice Assistant Setup

To use the built-in Alexa voice assistant:

1. Ensure your watch is connected to the "VeryFit" app and has an active internet connection via your smartphone.
2. Follow the prompts within the "VeryFit" app to link your Amazon account for Alexa services.
3. Once linked, you can activate Alexa on your watch by swiping to the Alexa screen or using the designated button (if applicable).

3. Operating Instructions

3.1 Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select items.
- **Side Button:** Typically used to return to the home screen, wake the screen, or access the app list.

3.2 Bluetooth Call Functionality

With the Bluetooth call feature enabled, you can:

- **Make Calls:** Access the dial pad or contact list on your watch to initiate calls.
- **Receive Calls:** Answer or reject incoming calls directly from your watch. The watch utilizes its built-in microphone and speaker for communication.
- **View Call Records:** Check your call history directly on the watch.



Image 3.1: Displays various screens related to Bluetooth calls, including contact list, dial pad, call history, and an incoming call notification.

3.3 Message Notifications

The watch can display real-time notifications from your smartphone for various applications, including SMS, Facebook, WhatsApp, Instagram, TikTok, Twitter, and Snapchat. Ensure app notifications are enabled in the "VeryFit" app settings.



Image 3.2: A user viewing message notifications on the Konitee IDW25 Smart Watch, showing alerts from various social media and messaging apps.

3.4 Alexa Voice Assistant

Utilize Alexa for hands-free assistance. You can ask Alexa to:

- Check news and weather forecasts.
- Set alarms and timers.
- Control compatible smart home devices.

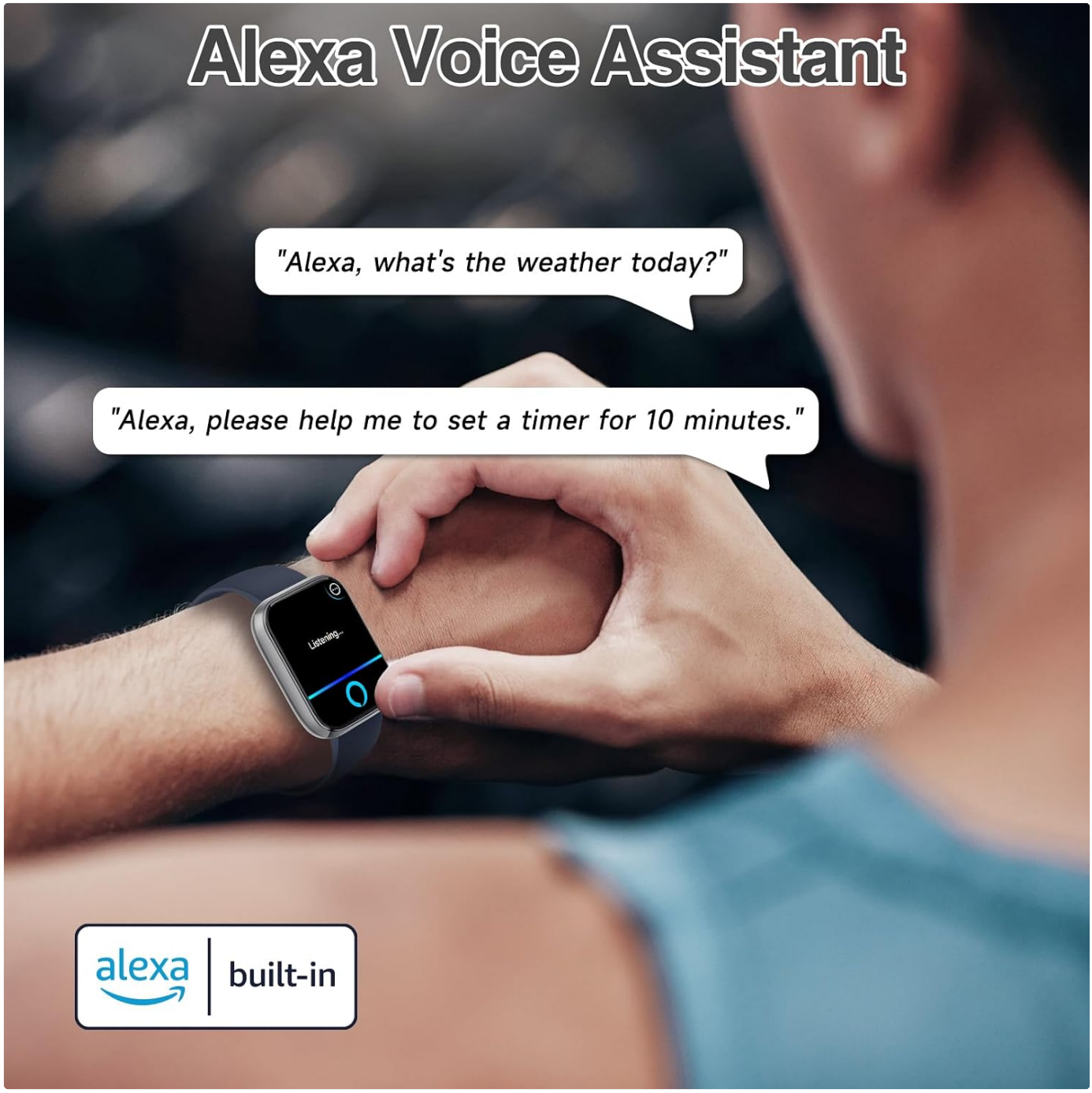


Image 3.3: A user interacting with the Alexa voice assistant on the Konitee IDW25 Smart Watch, demonstrating voice commands for weather and timers.

3.5 Health Monitoring

The IDW25 Smart Watch provides continuous health monitoring features:

- **Heart Rate Monitor:** Tracks your heart rate throughout the day.
- **SpO2 Monitor:** Measures blood oxygen saturation levels.
- **Sleep Monitor:** Analyzes sleep patterns, including deep sleep, light sleep, and wake times.
- **Stress Monitor:** Provides insights into your stress levels.
- **Breath Monitoring:** Guides you through breathing exercises.
- **Menstrual Cycle Tracking:** Helps track and predict menstrual cycles.



Image 3.4: A user exercising while the watch displays real-time heart rate data, alongside a smartphone app showing historical heart rate trends.



Image 3.5: A user engaged in physical activity, with the watch displaying blood oxygen saturation (SpO2) levels, complemented by the app's detailed SpO2 graph.



Image 3.6: A person sleeping, with the watch displaying sleep duration and quality metrics, and the accompanying app showing a detailed sleep analysis.



Image 3.7: Displays the watch's stress monitoring feature showing stress levels, and the breath monitoring feature guiding a user through relaxation exercises.



Image 3.8: The watch displaying menstrual cycle tracking information, including current phase and predictions, alongside a calendar view on a smartphone.

3.6 Sports Modes and Activity Tracking

The watch supports over 100 built-in exercise modes. You can select your preferred modes via the "VeryFit" app. The watch accurately records calories burned, distance traveled, and other relevant metrics for activities such as walking, running, cycling, swimming, and more.



Image 3.9: A collage illustrating various sports activities like cycling, running, swimming, and tennis, with the watch displaying workout tracking data.

3.7 Customizing Watch Faces

The Konitee IDW25 offers over 100 cloud dials. You can also customize watch faces using your own photos through the "VeryFit" app. Adjust screen brightness through the watch settings to suit different environments.



Image 3.10: Displays various customizable watch faces available for the Konitee IDW25 Smart Watch, including options for displaying health data and personal photos.

4. Maintenance

4.1 Waterproof Rating (IP68)

The Konitee IDW25 Smart Watch is IP68 rated, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. This makes it suitable for:

- Washing hands
- Washing face
- Daily sweating

Important: The watch is **not** suitable for use in baths, saunas, hot springs, or diving, as steam and hot water can compromise the seals.

4.2 Cleaning and Care

- Regularly clean the watch screen and strap with a soft, dry cloth.
- If necessary, use a slightly damp cloth for cleaning, then dry thoroughly.
- Avoid using harsh chemicals or abrasive materials, as these can damage the watch.
- Ensure the charging contacts are clean and dry before charging to prevent corrosion.

4.3 Battery Information

The watch is equipped with a 300mAh Lithium Polymer battery. Expected battery performance:

- **Working Time:** Up to 5-7 days (with active use)
- **Standby Time:** Up to 30 days
- **Charging Time:** Approximately 2 hours

To prolong battery life, avoid extreme temperatures and fully discharge the battery only occasionally.

5. Troubleshooting

5.1 Connectivity Issues

- **Watch not connecting to app:**
  - Ensure Bluetooth is enabled on your phone.
  - Restart both your phone and the watch.
  - Make sure the "VeryFit" app has necessary permissions (location, Bluetooth).
  - Try unpairing and re-pairing the device through the app.
- **Bluetooth calls not working:**
  - Confirm that "IDW25 BT" is connected in your phone's Bluetooth settings (separate from the app connection).
  - Check the watch's volume settings.

5.2 Charging Problems

- **Watch not charging:**
  - Ensure the magnetic charging cable is correctly aligned with the watch's charging contacts.
  - Check if the USB power source is functional.
  - Clean the charging contacts on both the watch and the cable to remove any dust or debris.
  - Try a different USB port or power adapter.

5.3 Sensor Accuracy Concerns

- **Inaccurate step count or sleep data:**
  - Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
  - Calibrate the watch's sensors through the "VeryFit" app if an option is available.
  - Note that environmental factors and individual movement patterns can affect sensor readings.

6. Specifications

Brand	Konitee
Model Number	IDW25
Screen Size	1.83 Inches
Product Dimensions	5.59 x 3.5 x 0.71 inches
Item Weight	2.39 ounces
Battery Capacity	300 Milliamp Hours (Lithium Polymer)
Connectivity	Bluetooth
Waterproof Rating	IP68
Compatibility	iOS 9.0 / Android 6.0 and above
Special Features	Bluetooth call, Lightweight, Multisport Tracker, Notifications, Phone Call, Alexa Built-in, Heart Rate, SpO2, Sleep, Stress Monitor



Image 6.1: Detailed dimensions of the Konitee IDW25 Smart Watch and its components, including the watch body, strap, and charger.

7. Warranty and Support

Konitee provides the following for your IDW25 Smart Watch:

- **1-Year Warranty:** Your device is covered by a one-year warranty from the date of purchase against manufacturing defects.
- **24-Hour Customer Service:** For any inquiries, technical assistance, or warranty claims, please contact Konitee customer support. Refer to the product packaging or the official Konitee website for contact details.



Image 7.1: Konitee's commitment to quality, including a 1-year warranty and 24-hour customer service.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question