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esonstyle Sleep Earbuds

esonstyle Sleep Earbuds User Manual

Invisible Wireless Bluetooth 5.3 Sleeping Headphones

1. Introduction

Thank you for choosing esonstyle Sleep Earbuds. These invisible wireless Bluetooth 5.3 headphones are designed to provide a comfortable and undisturbed sleep experience, especially for side sleepers. With advanced noise-cancelling features and a compact design, they offer an oasis of tranquility by isolating external disruptions.



Image: esonstyle Sleep Earbuds in their charging cases, showcasing both black and pink color options. The compact design of the earbuds and their respective charging cases is visible.

Key features include:

- **Noise Blocking Design:** Soft, flexible silicone eartips are engineered to completely plug your ears, effectively isolating you from external noise like snoring and environmental sounds.
- **Comfort for Side Sleepers:** The tiny size and lightweight build ensure maximum comfort, allowing you to sleep on your side without discomfort or pressure.
- **Seamless Bluetooth 5.3 Connectivity:** Provides a stable and efficient wireless connection for uninterrupted, high-quality audio.
- **Extended Battery Life:** Enjoy up to 4 hours of music playback on a single charge, with the charging case providing an additional 20 hours, totaling up to 24 hours of use.
- **IPX6 Waterproof Rating:** Designed to be sweatproof and rainproof, making them suitable for various activities beyond just sleeping.

2. Package Contents

Please check the package for the following items:

- esonstyle Sleep Earbuds (Left and Right)

- Charging Case
- USB-C Charging Cable
- User Manual (this document)

3. Setup

3.1 Charging the Earbuds and Case

Before first use, fully charge the earbuds and the charging case. Connect the provided USB-C cable to the charging port on the case and plug the other end into a USB power source (e.g., wall adapter, computer USB port).

- The charging case has a 350mAh battery capacity.
- Each earbud charge provides up to 4 hours of music playback.
- The charging case provides approximately 20 additional hours of battery life.



Image: The pink esonstyle charging case with indicators showing 24 hours of total battery life with the case and 4 hours of playback time for the earbuds themselves.

3.2 Bluetooth Pairing

To pair your earbuds with a device:

1. Ensure the earbuds are charged and placed in the charging case.
2. Open the charging case. The earbuds will automatically enter pairing mode (check for indicator lights, if any, as per product design).
3. On your device (smartphone, tablet, etc.), go to Bluetooth settings and turn Bluetooth on.
4. Search for "esonstyle Sleep Earbuds" or a similar name in the list of available devices.
5. Select the earbuds to connect. Once connected, you will hear an audio prompt or see an indicator light change.

The earbuds utilize Bluetooth 5.3 for a fast and stable connection.



Image: A detailed close-up of a single esonstyle Sleep Earbud, highlighting its compact size and the internal Bluetooth 5.3 chip. The image also notes the earbud's light weight of 3.7g.

3.3 How to Wear

For optimal comfort and noise blocking, ensure the earbuds are properly inserted:

1. Gently insert the earbud into your ear canal.
2. Adjust the earbud by slightly twisting it until it feels secure and comfortable, creating a seal that blocks out external noise. The soft silicone eartips are designed for a snug fit.



Image: A visual guide demonstrating the two steps for wearing the esonstyle Sleep Earbuds: "Insert" into the ear canal and "Tuck" for a secure and comfortable fit.



Image: A person sleeping comfortably on their side, illustrating how the esonstyle Sleep Earbuds are designed for side sleepers, with the pink charging case visible in the foreground.

4. Operating Instructions

Once paired, you can control your audio playback directly from your connected device. The earbuds are primarily designed for passive noise blocking and comfortable audio playback during sleep.

- **Audio Playback:** Play music, podcasts, or white noise from your connected device.
- **Noise Blocking:** The physical design of the earbuds, with their soft silicone eartips, provides effective passive noise cancellation, reducing disturbances from snoring or environmental sounds.



Image: A person sleeping peacefully, with the text "True Sleep Earbuds with Noise Blocking" emphasizing the product's primary function of providing a quiet environment for sleep.

5. Maintenance

Proper maintenance ensures the longevity and performance of your esonstyle Sleep Earbuds.

- **Cleaning:** Regularly wipe the earbuds and charging case with a soft, dry, lint-free cloth. Do not use harsh chemicals or abrasive materials.
- **Water Resistance:** The earbuds are IPX6 waterproof, meaning they are resistant to sweat and rain. Do not submerge them in water or expose them to strong jets of water. Dry them thoroughly if they get wet.
- **Storage:** When not in use, store the earbuds in their charging case to protect them from dust and damage. Store in a cool, dry place away from direct sunlight and extreme temperatures.



Image: A person wiping sweat from their face, illustrating the IPX6 waterproof rating of the earbuds, which makes them sweatproof and rainproof.

6. Troubleshooting

If you encounter issues with your earbuds, try the following solutions:

- **Earbuds not pairing:**
  - Ensure earbuds are charged.
  - Turn off and on Bluetooth on your device.
  - Forget the device in your Bluetooth settings and try pairing again.
  - Ensure earbuds are within pairing range of your device.
- **No sound:**
  - Check the volume level on your device.
  - Ensure earbuds are properly connected to your device.
  - Try playing audio from a different application or source.

- **Charging issues:**
  - Ensure the USB-C cable is securely connected to both the case and the power source.
  - Try a different USB-C cable or power adapter.
  - Ensure the charging contacts on the earbuds and inside the case are clean and free of debris.

7. Specifications

Brand	esonstyle
Model	Sleep Earbuds
Form Factor	In Ear
Connectivity	Bluetooth 5.3
Cable Feature	Wireless (Without Cable)
Earbud Playback Time	Up to 4 hours
Total Playback Time (with case)	Up to 24 hours
Charging Case Battery Capacity	350mAh
Charging Port	USB-C
Waterproof Rating	IPX6 (Sweatproof and Rainproof)
Earbud Weight (Single)	3.7g

8. Safety Information

Please read and follow these safety guidelines:

- Do not expose the earbuds or charging case to extreme temperatures (hot or cold).
- Avoid dropping or subjecting the device to strong impacts.
- Do not disassemble or attempt to repair the device yourself. This will void the warranty and may cause damage.
- Keep out of reach of children and pets. Small parts may pose a choking hazard.
- Use only the provided or certified charging cables and adapters.
- Prolonged exposure to loud sounds may cause hearing damage. Adjust volume to a safe level.

9. Warranty and Support

esonstyle products are manufactured to the highest quality standards. For any questions, technical support, or warranty claims, please contact esonstyle customer service through the retailer where you purchased the product or visit the official esonstyle website for contact information.

Please retain your proof of purchase for warranty purposes.

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