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› [RENPHO FSA Electric Foot Massager with Heat \(Model R-WMF04\) Instruction Manual](#)

## RENPHO R-WMF04

# RENPHO FSA Electric Foot Massager with Heat

MODEL: R-WMF04

Brand: RENPHO

### 1. Introduction

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This manual provides essential information for the safe and effective use of your RENPHO FSA Electric Foot Massager with Heat, Model R-WMF04. Please read all instructions carefully before operation and retain this manual for future reference.

### 2. Safety Information

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- Ensure the device is placed on a stable, flat surface before use.
- This appliance features automatic safety shutoff and overheating protection.
- Do not touch the top massage points while the device is in use, especially when heated.
- Always unplug the massager from the power outlet when not in use or before cleaning.
- Keep the device away from water or other liquids. Do not use in wet environments.
- Consult a physician before using this device if you have any medical conditions, are pregnant, or have a pacemaker.
- Keep out of reach of children.

### 3. Product Features

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- **Ergonomic Design:** Flat-plate design for versatile use on feet, calves, or thighs.
- **Pressure-Activated Function:** Starts massage automatically when pressure is applied, pauses when feet are lifted.
- **Intelligent Heating:** Heats up to 131°F (55°C) within 10 minutes and maintains a constant temperature.
- **Shiatsu Massage:** Features 3D kneading and rolling massage nodes.
- **Two Speed Modes:** Select between high or low-speed rotation.
- **Two-Way Rotation:** Massage nodes can rotate clockwise or counter-clockwise.

- **Adjustable Stand:** Allows for comfortable positioning during use.
- **Compact and Portable:** Designed for easy storage under a desk or sofa.

## 4. Setup

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1. Unpack the RENPHO Foot Massager and ensure all components are present.
2. Place the massager on a hard, flat surface. Avoid soft surfaces like thick carpets or beds, as this may interfere with the pressure-activated function.
3. Plug the power cord into a standard electrical outlet. The power indicator light will turn solid white, indicating standby mode.
4. If desired, extend the adjustable stand on the underside of the massager to elevate it for a more comfortable angle.

## 5. Operating Instructions

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The massager is designed for simple, hands-free operation.

- **Activation:** Once plugged in, simply place your feet on the massager. The device will automatically start the massage function due to its pressure-activated design.
- **Speed Adjustment:** Use the button with the 'squares' icon to toggle between high-speed and low-speed rotation modes.
- **Direction Change:** Use the toggle switch to alternate the direction of the massage nodes (clockwise or counter-clockwise).
- **Heat Function:** The heating function activates automatically with the massage. The heated nodes will illuminate red. The maximum temperature can reach 131°F (55°C).
- **Deactivation:** To pause or stop the massage, simply lift your feet from the massager. The device will enter standby mode.
- **Recommended Use:** For optimal results, use for 15-20 minutes per session.
- **Versatile Use:** The flat-plate design allows for use on other body parts such as calves, thighs, or even against your lower back while seated.

### Pressure-activated Function

Putting your feet **off** **stop working**

Putting your feet **on** **start working**

**Tip:** placing it on the hard floor for use or the pressure button would fail to detect the weight.



Image: Pressure-activated function for easy use.

**Six Massage Balls  
Specially designed  
for pain relief**



Image: Illuminated heat zones during operation.



Thighs Massager



Calves Massager

Image: Versatile use for calves, thighs, and back.

Your browser does not support the video tag.

Video: Demonstrates the RENPHO Foot Massager with Heat in use, highlighting its compact design and ease of operation for various body parts.

## 6. Maintenance

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- Always unplug the device before cleaning.
- Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the massager in a cool, dry place when not in use.

## 7. Troubleshooting

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- **Device not turning on:** Ensure the power cord is securely plugged into a working outlet. The device activates upon pressure; ensure your feet are placed firmly on the massager.
- **Massage nodes not rotating:** Verify the device is powered on and pressure is applied. Check if the speed setting is selected.
- **No heat:** The heating function is integrated with the massage. If massage is active but no heat is felt, allow a few minutes for the device to warm up to its operating temperature.
- **Unusual noise or smell:** Immediately discontinue use, unplug the device, and contact customer support.

## 8. Specifications

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<b>Model Number</b>	R-WMF04
<b>Product Dimensions</b>	13.19 x 12.13 x 2.99 inches
<b>Item Weight</b>	4.61 Pounds
<b>Power Source</b>	Corded Electric
<b>Material</b>	Acrylonitrile Butadiene Styrene
<b>Manufacturer</b>	Joicom Corporation

## 9. Warranty and Support

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For warranty information or customer support, please refer to the contact details provided with your purchase or visit the official RENPHO website. Do not attempt to repair the device yourself.