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MERACH MR-S26B2

MERACH MR-S26B2 Magnetic Exercise Bike User Manual

Model: MR-S26B2

Introduction

This manual provides essential information for the safe and effective use of your MERACH MR-S26B2 Magnetic Exercise Bike. Please read this manual thoroughly before assembly and operation. Keep it for future reference.



Image: The MERACH MR-S26B2 Magnetic Exercise Bike, showcasing its sleek black design, integrated display, and app connectivity features.



Image: A user demonstrating proper posture while exercising on the MERACH MR-S26B2 Magnetic Exercise Bike.

Safety Information

Before using the MERACH MR-S26B2, please observe the following safety precautions:

- Consult a physician before starting any exercise program.
- Ensure all parts are correctly assembled and tightened before each use.

- Place the exercise bike on a flat, stable surface.
- Keep children and pets away from the equipment during operation.
- The maximum user weight capacity is 122.5 kg (270 lbs). Do not exceed this limit.
- Wear appropriate exercise attire and footwear.
- Stop exercising immediately if you feel faint, dizzy, or experience pain.

Package Contents

The MERACH MR-S26B2 exercise bike comes 80% pre-installed. The package includes:

- MERACH MR-S26B2 Main Frame (pre-assembled)
- Handlebar assembly
- Seat post and saddle assembly
- Pedals (left and right)
- Stabilizer bars
- Tool kit for final assembly
- User Manual

Setup and Assembly

The MERACH MR-S26B2 is designed for quick assembly, with most components pre-installed. The entire process should take approximately 20 minutes.

1. **Unpack Components:** Carefully remove all parts from the packaging.
2. **Attach Stabilizer Bars:** Secure the front and rear stabilizer bars to the main frame using the provided bolts and tools.
3. **Install Pedals:** Identify the left (L) and right (R) pedals. Thread the left pedal counter-clockwise and the right pedal clockwise into their respective crank arms. Tighten securely.
4. **Install Seat Post and Saddle:** Insert the seat post into the frame and adjust to your desired height. Secure with the adjustment knob. Attach the saddle to the seat post if not already connected.
5. **Install Handlebar:** Attach the handlebar assembly to the front post. Adjust the height and position as needed and secure.
6. **Final Check:** Ensure all bolts and knobs are securely tightened before use.

Refer to the included installation video for visual guidance if needed.



Image: Illustration of the MERACH MR-S26B2's stable dual-triangle frame design, highlighting its robust structure and 270 lbs weight capacity.

Operating Instructions

Adjusting the Bike

- **Seat Adjustment:** The ultra-soft seat can be adjusted in 4 directions (up/down, forward/backward) to accommodate users between 1.2m and 1.8m in height. Loosen the adjustment knob, move the seat to the desired

position, and tighten securely.

- **Handlebar Adjustment:** The non-slip handle can be adjusted in 2 directions (up/down). Loosen the adjustment knob, move the handlebar to a comfortable height, and tighten securely.

Resistance Adjustment

The MERACH MR-S26B2 features infinite magnetic resistance adjustment. Turn the resistance knob clockwise to increase resistance and counter-clockwise to decrease it. This allows for a wide range of exercise intensities.



Image: Close-up view of the MERACH MR-S26B2's ultra-quiet magnetic resistance system, emphasizing low noise, smooth resistance, and durability compared to friction-based systems.



Image: Diagram illustrating the belt drive system and magnetic resistance of the MERACH MR-S26B2, highlighting its quiet and smooth operation.

LED Display Functions

The integrated LED display tracks your workout data. It typically shows:

- **Time:** Duration of your workout.
- **Distance:** Total distance covered.
- **Speed:** Current cycling speed.
- **Calories:** Estimated calories burned.
- **Odometer:** Total accumulated distance.
- **Cadence:** Pedaling revolutions per minute (RPM).

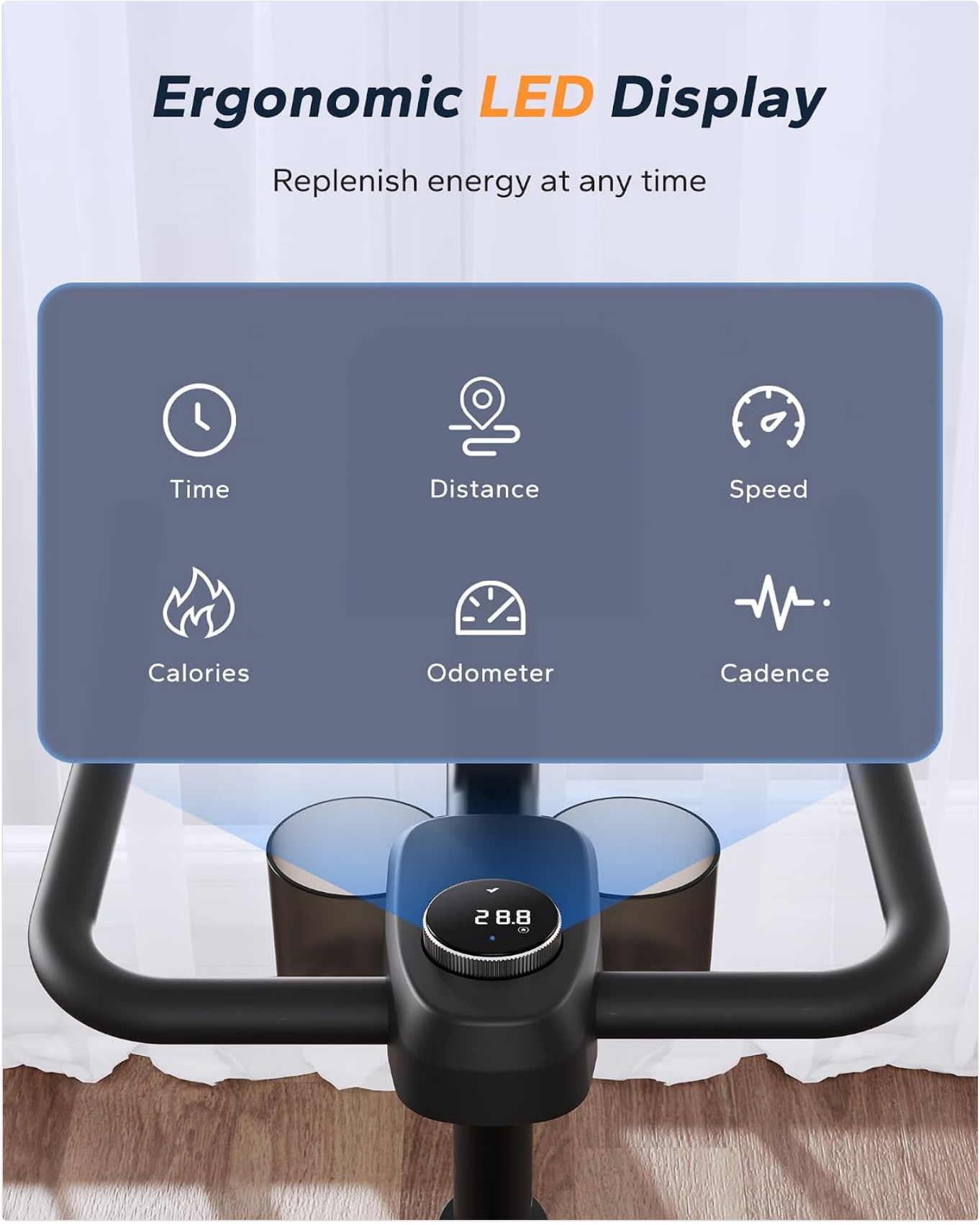

Image: Close-up of the MERACH MR-S26B2's ergonomic LED display, showing icons for Time, Distance, Speed, Calories, Odometer,

and Cadence.

Convenience Features

The MERACH MR-S26B2 includes several design details for user convenience:

- **Dual-Slot Bottle Holder:** Located on the handlebar, this holder allows you to keep your water bottle and phone easily accessible during your workout.
- **Dumbbell Rack:** A unique rack design is integrated to store various dumbbells, keeping your workout area tidy.
- **Shock-Absorbing Seat Cushion:** Provides a more comfortable riding experience.



Image: View of the MERACH MR-S26B2's handlebar area, featuring a dual-slot bottle holder designed to hold a water bottle and a smartphone.

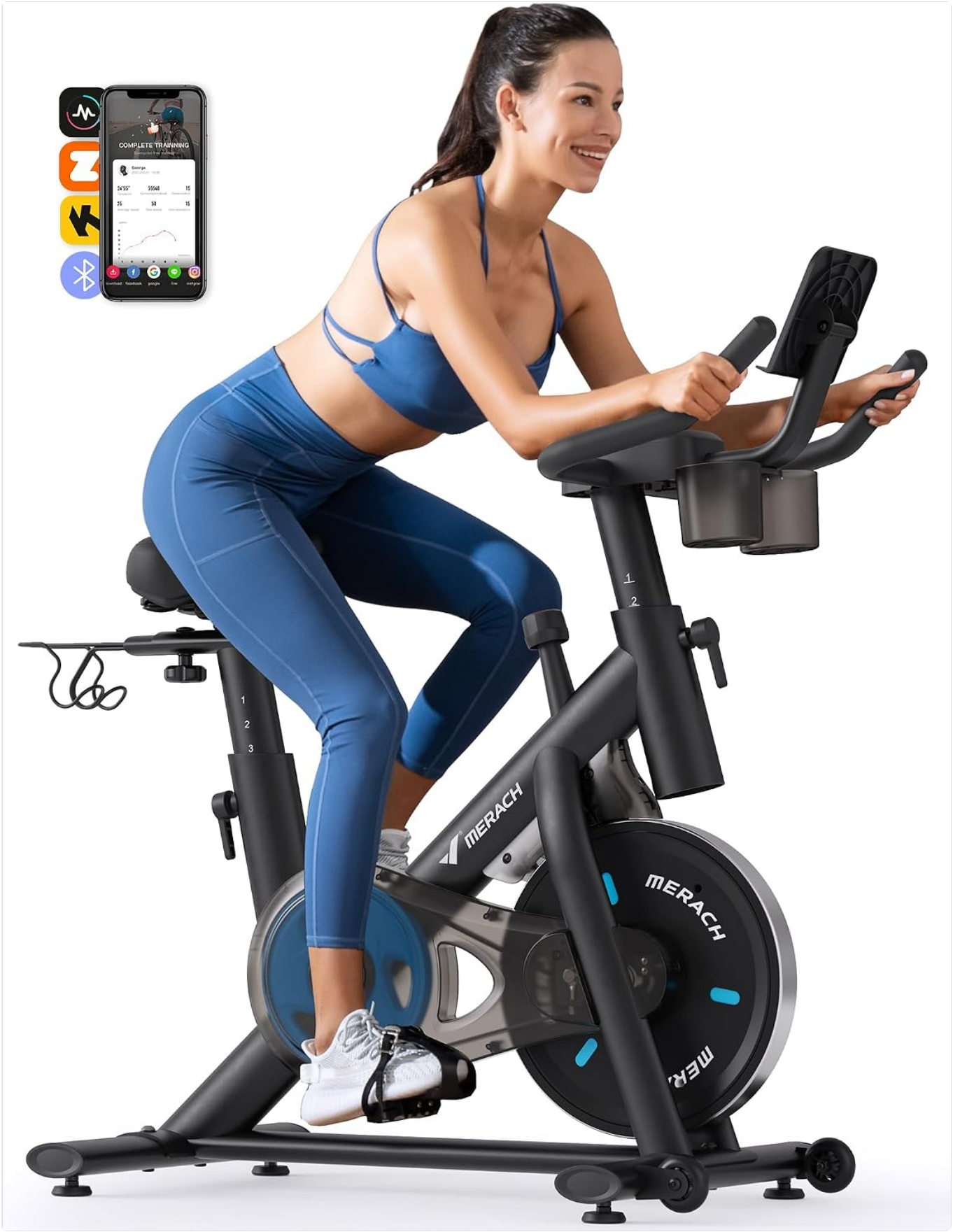

Image: Detailed view of MERACH MR-S26B2 features, including the shock-absorbing seat cushion, upgraded LED electronic screen, and the unique dumbbell rack design.

MERACH App Connectivity

Enhance your workout experience by connecting your MERACH MR-S26B2 to the exclusive MERACH fitness app via Bluetooth. The app offers:

- Personalized training plans.
- Professional guidance from online instructors.
- Virtual real-life cycling experiences (e.g., Swiss snow crossing, alpine challenge, coastal riding).
- Tracking and analysis of your workout data.

Download the MERACH app from the App Store or Google Play and follow the in-app instructions to connect your bike.

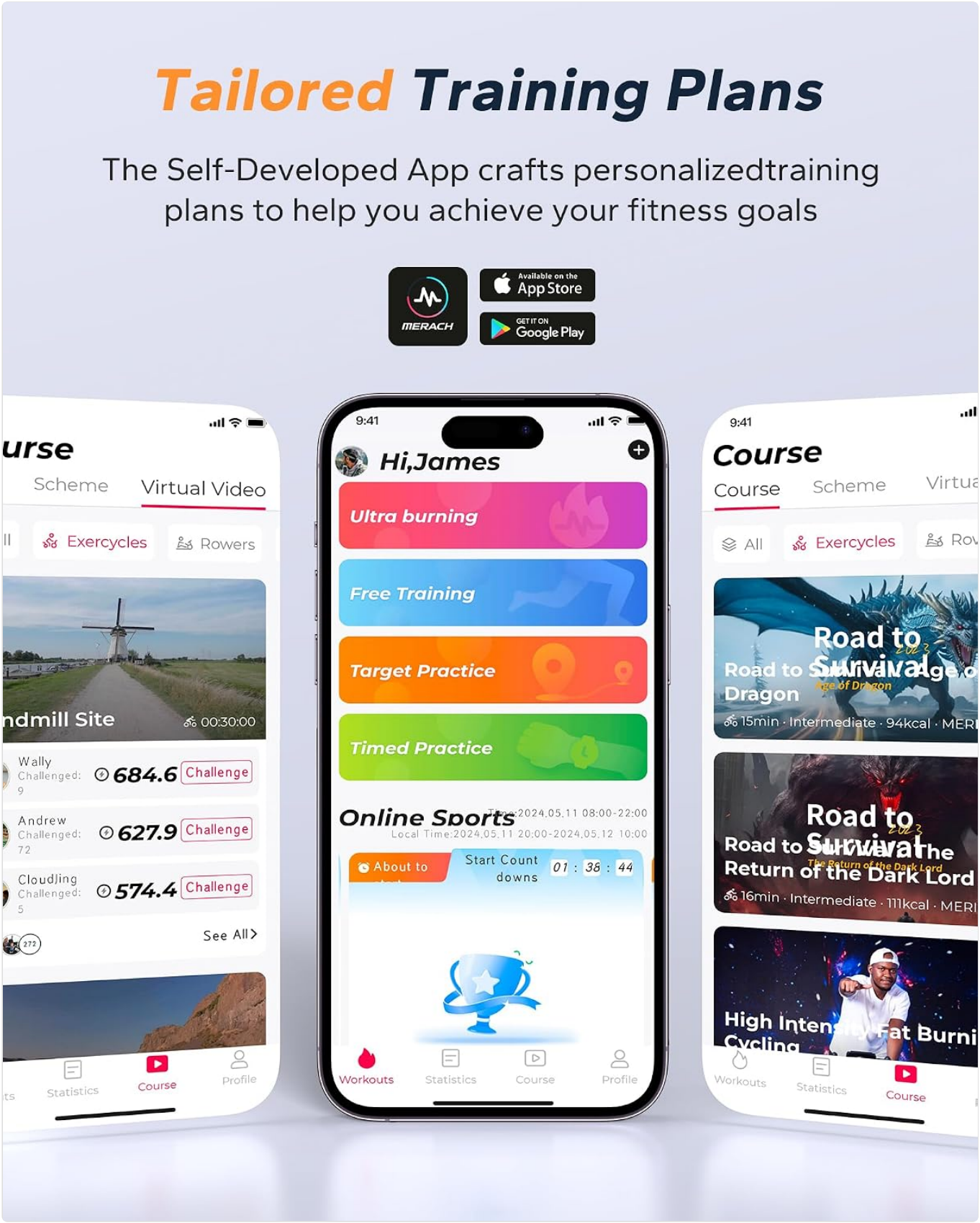

Image: Screenshots of the MERACH app interface, demonstrating tailored training plans, virtual video courses, and various workout options.

Maintenance

Regular maintenance ensures the longevity and optimal performance of your MERACH MR-S26B2:

- **Cleaning:** Wipe down the bike with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Inspection:** Periodically check all bolts, nuts, and moving parts for tightness and wear. Tighten any loose fasteners.
- **Lubrication:** The magnetic resistance system is generally maintenance-free. Do not apply lubricants to the flywheel or resistance mechanism.
- **Storage:** Store the bike in a dry, cool place away from direct sunlight and extreme temperatures.

Troubleshooting

Problem	Possible Cause	Solution
Bike is unstable or wobbles.	Uneven surface; loose stabilizer bolts.	Ensure bike is on a flat surface. Check and tighten all stabilizer bolts.
Pedals are noisy or feel loose.	Loose pedals; worn bearings.	Tighten pedals securely. If noise persists, contact customer support.
Resistance adjustment is not working.	Mechanism issue.	Contact customer support for assistance.
LED display is not working.	Batteries are dead or incorrectly installed.	Check and replace batteries in the display unit. Ensure correct polarity.
Cannot connect to MERACH App.	Bluetooth not enabled; app not updated; bike not discoverable.	Ensure Bluetooth is on your device. Update the MERACH app. Restart the bike and your device.

Specifications

Model: MR-S26B2

Brand: MERACH

Resistance Mechanism: Magnetic

Drive System: Belt

Material: Alloy Steel

Max User Weight: 122.5 kg (270 lbs)

Product Dimensions (L x W x H): 108.2 x 49.02 x 123.44 cm

Item Weight: 28.1 kg

Adjustable Seat: 4-way (suitable for users 1.2m - 1.8m)

Adjustable Handlebar: 2-way

Display: LED (Time, Distance, Speed, Calories, Odometer, Cadence)

Connectivity: Bluetooth (MERACH App)

Power Source (Display): Battery

Noise Level: < 30 dB

Special Features: Dual-Triangle Frame, Dumbbell Rack, Bottle Holder, Transport Wheels

Warranty and Support

MERACH provides a **12-month warranty** for the MR-S26B2 Magnetic Exercise Bike. If you encounter any issues or have questions during use, please contact MERACH customer support. We aim to respond within 12 hours and assist you throughout the process.
For support, please refer to the contact information provided on the MERACH official website or your purchase documentation.

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