



GTS-5

# Generic GTS-5 Bluetooth Smartwatch User Manual

Model: GTS-5

## 1. INTRODUCTION

This manual provides instructions for the Generic GTS-5 Bluetooth Smartwatch. The GTS-5 is designed to integrate with Android 4.4+ and iOS 9.0+ devices, offering communication and health tracking functionalities. It features a 2.0-inch TFT color screen with 240\*282 resolution.



Image 1.1: The GTS-5 Smartwatch with its display showing various metrics.

## 2. WHAT'S IN THE BOX

Upon opening the product packaging, please ensure all the following items are present:

- GTS-5 Bluetooth Smartwatch
- USB Charging Cable
- Instruction Leaflet

## 3. SETUP

### 3.1. Charging the Smartwatch

Before initial use, fully charge your GTS-5 smartwatch. Connect the provided USB charging cable to the charging contacts on the back of the watch and to a standard USB power source.



Image 3.1: The GTS-5 Smartwatch connected to its magnetic charging cable.

### 3.2. App Download and Installation

To access all features of your smartwatch, download the "RunmeFit" application on your smartphone.

1. Search for "RunmeFit" on the Google Play Store (for Android devices) or the Apple App Store (for iOS devices).
2. Alternatively, scan the QR code provided in the instruction leaflet or on the product packaging to directly download the app.
3. Install the application on your smartphone.

### 3.3. Pairing with Your Smartphone

Follow the instructions within the RunmeFit app to pair your GTS-5 smartwatch with your smartphone. Ensure Bluetooth is enabled on your phone during the pairing process.

## 4. OPERATING INSTRUCTIONS

### 4.1. Basic Navigation

The GTS-5 smartwatch features a full-touch 2.0-inch TFT screen. Swipe left, right, up, or down to navigate through menus and access different functions. Press the side button to return to the home screen or wake the device.

# Runmefit OS

## Original Runmefit OS Ecosystem, Extremely Beautiful

Runmefit OS rebuilds system animation to achieve smooth and realistic dynamic effects. Adopting a four-quadrant operation interaction design, the dynamic effect is richer and the operation is more flexible.





Image 4.1: Examples of the RunmeFit OS interface on the GTS-5 smartwatch.

## 4.2. Making Calls and Sending Texts

Utilizing BT5.2 technology, the GTS-5 allows you to make and receive calls directly from your wrist when connected to your smartphone. You can also view and respond to text messages and notifications from various applications.

## 4.3. Fitness Tracking

The smartwatch offers 100 sport modes to track various physical activities. It records steps, calories burned, and distance. When paired with the RunmeFit app, GPS tracking can be utilized for outdoor activities.

# SPORTS HEALTH MONITORING

It can record all-day steps, activity miles, Calories, etc., to quantify the daily movement



Image 4.2: Sports health monitoring features, including activity tracking and GPS route display via the app.

## 4.4. Health Monitoring

The GTS-5 includes sensors (LC11S for heart rate and SC7A20E G-Sensor) for monitoring various health metrics:

- **Heart Rate:** Continuous monitoring and one-tap measurement.
- **Blood Oxygen:** One-tap measurement.
- **Blood Pressure:** One-tap measurement.
- **Sleep Tracking:** Provides insights into sleep patterns.

**WARNING: This product is not a medical device. Measurements are for informational purposes only and should not be used for medical diagnosis. By default, heart rate, blood oxygen, blood pressure, body temperature, and other data are automatically monitored every 15 minutes.**



Image 4.3: The rear view of the GTS-5 smartwatch, highlighting the heart rate sensor and charging pins.

#### 4.5. Smart Features

The smartwatch integrates several smart features for daily convenience:

- **SOS Emergency Calls:** For quick access to emergency contacts.
- **Time Reminders:** Customizable alerts for various events.
- **Voice Assistant:** Control functions using voice commands.
- **Music Control:** Manage music playback on your smartphone.
- **Camera Control:** Remotely trigger your smartphone's camera.
- **Notifications:** Receive alerts from social media, messages, and other apps.
- **Customizable Watch Faces:** Personalize the display to match your style.

# Fluid Aesthetics, Firmness And Softness

Reshaping the square watch,  
combining shiny transparent 3D curved glass  
with a durable zinc alloy body



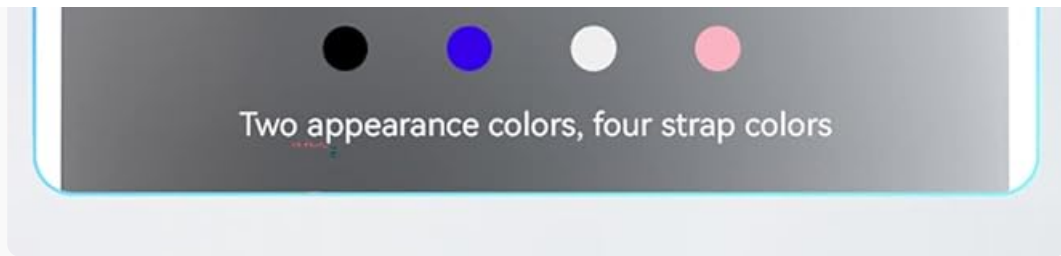


Image 4.4: The GTS-5 smartwatch available in different colors, showcasing customizable watch faces.

## 5. MAINTENANCE

### 5.1. Cleaning

Wipe the smartwatch regularly with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used. Avoid using harsh chemicals or abrasive materials.

### 5.2. Water Resistance

The GTS-5 smartwatch is rated IP67 waterproof. This means it is protected against dust ingress and can withstand immersion in water up to 1 meter for 30 minutes. It is suitable for daily use, such as hand washing or light rain. Avoid prolonged immersion or use in hot water, saunas, or steam rooms.



## IP67 WATERPROOF

Expanded more sports. Life scenes, daily waterproofing is worry-free and play whatever you want

Image 5.1: The GTS-5 smartwatch demonstrating its IP67 waterproof capability.

### 5.3. Storage

When not in use for extended periods, store the smartwatch in a cool, dry place away from direct sunlight and extreme temperatures.

## 6. TROUBLESHOOTING

### 6.1. Smartwatch Not Turning On

- Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the side button for several seconds to attempt a power-on.

### 6.2. Connectivity Issues (Bluetooth Disconnection)

- Ensure Bluetooth is enabled on your smartphone and the smartwatch is within range.
- Restart both your smartphone and the smartwatch.
- Unpair the device from your phone's Bluetooth settings and re-pair it through the RunmeFit app.

- Ensure the Runmefit app is running in the background and has necessary permissions.

### 6.3. Inaccurate Health Data

- Ensure the smartwatch is worn snugly on your wrist, not too tight or too loose.
- Clean the sensor on the back of the watch.
- Remember that measurements are for informational purposes only and not for medical diagnosis.

### 6.4. App Not Syncing Data

- Verify that the smartwatch is successfully paired with the app.
- Check your smartphone's internet connection.
- Close and reopen the Runmefit app.
- Ensure the app has all required permissions on your smartphone.

## 7. SPECIFICATIONS

Feature	Detail
Model Number	GTS-5
Brand	Generic
Screen Size	2.0 Inches
Display Type	TFT Color Screen
Resolution	240*282
Connectivity	Bluetooth 5.2, Wi-Fi
Compatibility	Android 4.4+, iOS 9.0+
Battery Capacity	350 mAh
Water Resistance	IP67
Sensors	LC11S Heart Rate Sensor, SC7A20E G-Sensor
Memory Storage Capacity	64 MB
Item Weight	3.7 ounces
Manufacturer	STARMAX

## 8. WARRANTY INFORMATION

Specific warranty details for the Generic GTS-5 Smartwatch are not provided in this manual. Please refer to the product packaging, the retailer's website, or contact the manufacturer directly for warranty terms and conditions.

## 9. CUSTOMER SUPPORT

For technical assistance, troubleshooting, or further inquiries regarding your GTS-5 Smartwatch, please refer to the contact information provided on the product packaging or the official website of the manufacturer, STARMAX. You

may also consult the Runmefit app for in-app support options.