

F2 Strato 10'5" Limited Edition

F2 Strato 10'5" Limited Edition SUP Board User Manual

Model: Strato 10'5" Limited Edition | Brand: F2

1. INTRODUCTION

The F2 SUP Strato Limited Edition 10'5" in blue is designed for paddlers who require enhanced space and stability on the water. With a length of 320 cm and a width of 83 cm, the board offers a volume of 317 liters, ensuring excellent stability and balanced volume distribution.

The robust 6-inch Dropstitch Highend material guarantees long-term durability, while the diamond-cut pad provides increased comfort and a secure grip. This board also features additional D-rings for attaching a seat, making it versatile for use as both a Stand Up Paddleboard (SUP) and a kayak.

The board is designed for quick assembly and disassembly, with an optimal air pressure range of 10 to 15 psi. This comprehensive package includes all necessary accessories, making it ideal for adventures in calm and protected waters.

2. PACKAGE CONTENTS

Upon unboxing your F2 Strato 10'5" SUP Board, please verify that all the following components are included:

- 1 x F2 Strato 10'5" (320 cm) Inflatable SUP Board
- 1 x Transport Backpack
- 1 x High-Pressure Pump
- 1 x Repair Kit
- 1 x 4-piece Dual Tech Kayak Paddle
- 1 x Kayak Seat



Image: The F2 Strato 10'5" SUP board laid out with all its included accessories, including the board itself, paddle, pump, backpack, and kayak seat.

3. SETUP GUIDE

3.1. Board Inflation

1. Unroll the SUP board on a clean, flat surface.
2. Locate the air valve, typically at the tail of the board. Ensure the valve pin is in the "up" position (closed for inflation).
3. Attach the high-pressure pump hose to the valve.
4. Begin pumping air into the board. The recommended air pressure range is **10 to 15 psi**. Do not overinflate.
5. Once the desired pressure is reached, quickly detach the pump hose and secure the valve cap.

3.2. Fin Installation

The F2 Strato board typically uses a slide-in fin system. Slide the fin into the fin box until it clicks into place. Ensure it is securely locked before use.

3.3. Paddle Assembly

Assemble the 4-piece Dual Tech kayak paddle by connecting the sections. Adjust the paddle length to your height for SUP use, or configure it as a double-bladed kayak paddle as needed. Ensure all locking mechanisms are secure.

3.4. Kayak Seat Attachment (Optional)

If using the board in kayak mode, attach the kayak seat to the D-rings located on the board's surface. Adjust the straps for a comfortable and secure seating position.



F2 Fun & Function GmbH
Schleizer Straße 105
D-95028 Hof
Mail: info@f2boards.com
www.f2boards.com

Strato

Dimensions: 10'5"
320 x 83 x 15 cm

Color: blue

Includes:
Kayak Paddle, Bag, Repair Kit, Pump, Kayak Sit



SKU 803459



4 065997 032362



Only for swimmers



Not for children under 14 years



No protection against drowning



Permissible operation pressure
15 psi/1.0 bar



Safe distance to the shore



Do not use in white water



Do not use in breaking waves



Do not use in offshore wind

Image: A diagram illustrating the dimensions of the F2 Strato 10'5" board (320 x 83 x 15 cm) and a visual representation of the included accessories: kayak paddle, bag, repair kit, pump, and kayak seat.

4. OPERATING INSTRUCTIONS

4.1. Stand Up Paddleboard (SUP) Mode

- **Entering the Water:** Carry the inflated board to calm, shallow water. Place the board flat on the water.
- **Getting On:** Start by kneeling on the center of the board. Once stable, slowly stand up, placing your feet shoulder-width apart over the handle, facing forward.
- **Paddling Technique:** Hold the paddle with one hand on the top of the handle and the other on the shaft. Insert the paddle blade fully into the water and pull it towards your feet. Alternate sides to maintain a straight course.
- **Turning:** To turn, paddle on one side only, or perform a sweep stroke by paddling in a wide arc on one side.

4.2. Kayak Mode

- **Setup:** Ensure the kayak seat is securely attached to the D-rings. Configure the paddle into its double-bladed kayak setup.
- **Seating:** Sit comfortably in the attached seat.
- **Paddling:** Use the double-bladed paddle to propel the board, alternating strokes on either side. This mode is ideal for longer tours or when stability is preferred over standing.

5. SAFETY GUIDELINES

ATTENTION! Practicing water sports such as Stand Up Paddling carries inherent risks. Careful preparation and awareness of potential dangers are essential for your safety!

5.1. General Safety Instructions

- **Observe Rules:** Always inform yourself in advance whether your type of water sport is permitted on the specific body of water. Observe all local regulations and shipping rules.
- **Check Weather Conditions:** Do not rely solely on your perception. Regularly check weather reports and warnings for sudden winds or storms.
- **Maintain Distance:** Do not venture too far into open waters. Keep a safe distance from obstacles such as buoys, debris, or shipping lanes.
- **Pay Attention to Wind Conditions:** Avoid paddling in offshore winds, as this can drift you away from the coast. Plan your route so you can paddle back against the wind.

5.2. Equipment and Protection

- **Life Vest:** Always wear a tested life vest or buoyancy aid.
- **Cold Water Protection:** In low temperatures, wear a wetsuit or drysuit to prevent hypothermia.
- **Equipment Check:** Before starting, check that your equipment, including the board, paddle, and leash, is in perfect condition.

5.3. Minimizing Dangers

- **Be Considerate:** Be considerate of other water sports enthusiasts and swimmers. Maintain sufficient distance, especially at high speeds or during maneuvers.
- **No Dangerous Objects:** Do not carry sharp, pointed, or dangerous objects on the board.
- **No Modifications:** Ensure that no technical modifications have been made to your equipment that could compromise safety.

5.4. Caution During Use

- **No Impairment:** Never use your equipment under the influence of alcohol, drugs, or medication.
- **Know Your Limits:** Do not overestimate your abilities! Plan your strength and endurance so that you can safely return.
- **Do Not Leave Unattended:** Never leave your equipment unattended on the water, as it can quickly drift away.

5.5. Further Recommendations

- **Take a Course:** As a beginner, learn the basics of your sport in a certified course. Get instructed by an experienced water sports instructor.
- **Familiarize with Water Body:** Familiarize yourself with the specifics of the body of water, including currents, water depths, and potential hazards.
- **Communicate Plans:** Communicate your plans in advance with a trusted person and arrange return times.

Risk of Injury! Protect yourself through prudent behavior and appropriate safety equipment. Respect nature, weather, and fellow human beings to ensure a safe and accident-free experience.

Warnhinweise – Wassersport bei Wind (Windsurfen, Kiten, Wingfoilen und ähnliches)



DE

ACHTUNG!

Die Ausübung von Wassersportarten wie Windsurfen, Kiten und Wingfoilen birgt Risiken. Eine sorgfältige Vorbereitung und das Bewusstsein für mögliche Gefahren sind essenziell für Ihre Sicherheit!

Sicherheitshinweise:

Regeln beachten: Informieren Sie sich vorab, ob Ihre gewählte Sportart auf dem jeweiligen Gewässer erlaubt ist. Beachten Sie örtliche Vorschriften und Schifffahrtsregeln.

Wetterlage prüfen: Verlassen Sie sich nicht allein auf Ihre Wahrnehmung. Überprüfen Sie regelmäßig Wetterberichte und Warnungen vor plötzlich aufkommenden Winden oder Stürmen.

Abstand halten: Fahren Sie nicht zu weit auf offene Gewässer hinaus. Halten Sie sich in sicherer Entfernung von Hindernissen wie Bojen, Treibgut oder Schifffahrtsrouten.

Auf Windverhältnisse achten: Vermeiden Sie das Fahren bei ablandigem Wind, da dieser Sie von der Küste abtreiben kann. Planen Sie Ihre Route so, dass Sie gegen den Wind zurückfahren können.

Ausrüstung und Schutz:

- Tragen Sie immer eine geprüfte Schwimmweste oder Rettungsweste.
- Bei niedrigen Temperaturen sollten Sie einen Neopren- oder Trockenanzug tragen, um Unterkühlung zu vermeiden.
- Prüfen Sie vor dem Start, ob Ihre Ausrüstung, wie Segel, Kite, Leinen und Foil, in einwandfreiem Zustand ist.

Gefahren minimieren:

Nehmen Sie Rücksicht auf andere Wassersportler und Badegäste. Halten Sie genügend Abstand, insbesondere bei hohen Geschwindigkeiten oder Manövern.

- Führen Sie keine scharfen, spitzen oder gefährlichen Gegenstände mit sich.
- Achten Sie darauf, dass keine technischen Veränderungen an Ihrer Ausrüstung vorgenommen wurden, die die Sicherheit beeinträchtigen könnten.

Vorsicht bei der Nutzung:

Benutzen Sie Ihre Ausrüstung niemals unter dem Einfluss von Alkohol, Drogen oder Medikamenten. Überschätzen Sie nicht Ihre Fähigkeiten! Planen Sie Ihre Kraft und Ausdauer so ein, dass Sie sicher zurückkehren können.

- Lassen Sie Ihre Ausrüstung niemals unbeaufsichtigt auf dem Wasser treiben, da sie schnell abgetrieben werden kann.

Weitere Empfehlungen:

- Erlernen Sie als Anfänger die Grundlagen Ihrer Sportart in einem Kurs. Lassen Sie sich von einem erfahrenen Wassersportlehrer einweisen.
Machen Sie sich mit den Besonderheiten des Gewässers vertraut, einschließlich Strömungen, Wassertiefen und potenziellen Gefahrenstellen.
- Kommunizieren Sie Ihre Pläne vorab mit einer vertrauenswürdigen Person und vereinbaren Sie Rückkehrzeiten.

Verletzungsgefahr!

Schützen Sie sich durch umsichtiges Verhalten und geeignete Sicherheitsausrüstung. Respektieren Sie Natur, Wetter und Mitmenschen, um ein sicheres und unfallfreies Erlebnis zu gewährleisten.

Image: An original safety warning sheet, primarily in German, detailing precautions for water sports, including advice on weather, distance, equipment, and personal responsibility.

6. MAINTENANCE AND STORAGE

6.1. Cleaning

After each use, rinse the board thoroughly with fresh water to remove salt, sand, and dirt. Use a mild soap if necessary. Avoid harsh chemicals or abrasive cleaners.

6.2. Drying

Ensure the board is completely dry before deflating and storing. Drying in the shade is recommended to prevent UV damage.

6.3. Deflation and Storage

1. Open the air valve and push the pin down to lock it in the "open" position for rapid deflation.
2. Roll the board tightly from the nose towards the tail, pushing out any remaining air.
3. Store the deflated board in its transport backpack in a cool, dry place, away from direct sunlight and extreme temperatures.
4. Store fins and paddles separately to prevent damage.

7. TROUBLESHOOTING

7.1. Board Losing Air

- **Check Valve:** Ensure the valve cap is tightly sealed and the valve pin is in the "up" (closed) position after inflation.
- **Inspect for Punctures:** Inflate the board and apply soapy water to the surface. Bubbles will indicate a leak. Use the included repair kit for minor punctures. For larger damage, professional repair may be required.

7.2. Difficulty Standing on Board

- **Inflation:** Ensure the board is inflated to the recommended 10-15 psi. An underinflated board will be less stable.
- **Foot Placement:** Ensure your feet are shoulder-width apart and centered over the board's handle.
- **Practice:** Start by kneeling and gradually progress to standing in calm water.

8. SPECIFICATIONS

Model	F2 Strato 10'5" Limited Edition
Dimensions (L x W x H)	320 x 83 x 15 cm (10'5" x 32.7" x 6")
Volume	317 Liters
Recommended Max Weight	150 kg (330 lbs)
Material	6" Dropstitch Highend Plastic
Color	Blue
Optimal Air Pressure	10 - 15 psi
SKU / Manufacturer Reference	803459 / 4065997032362
Skill Level	All

EUROPAS GRÖßTE WASSERSPORT-AUSWAHL!



Image: A cutaway diagram showing the internal construction of the F2 Strato board, highlighting features like the non-slip EVA pad, extra supported fabric design, F2 Ultra Light Base Cloth Space Yarn, and double layer sheet, emphasizing its durability and high-end reinforcement.

9. WARRANTY AND SUPPORT

F2 products are manufactured to high quality standards. For specific warranty information, please refer to the documentation provided with your purchase or contact your retailer.

For technical support, spare parts, or further inquiries, please contact F2 customer service or your authorized dealer. Keep your purchase receipt and product model information handy for faster assistance.

