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Mibro XPAW019

Mibro Lite 3 Pro Smartwatch User Manual

Model: XPAW019 | Brand: Mibro

1. Introduction

The Mibro Lite 3 Pro Smartwatch is a sophisticated wearable device designed to enhance your daily life with advanced health monitoring, extensive sports tracking, and seamless smart connectivity. Featuring a vibrant AMOLED display and robust build quality, it is engineered for both performance and style.
Key features include a 1.35-inch AMOLED display, a 10-axis motion sensor for precise tracking, Bluetooth calling capabilities, integrated GPS, over 150 sports modes, 5 ATM water resistance, and advanced heart rate monitoring. With a long-lasting battery, the Mibro Lite 3 Pro is your ideal companion for an active and connected lifestyle.

Figure 1: Mibro Lite 3 Pro Smartwatch with green strap.

2. What's in the Box

Upon unboxing your Mibro Lite 3 Pro Smartwatch, please ensure all the following items are present:

- Mibro Lite 3 Pro Smartwatch (with pre-installed strap)
- Magnetic Charging Cable
- User Manual

3. Setup

3.1 Charging the Device

Before first use, fully charge your Mibro Lite 3 Pro Smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (5V/1A recommended).

- The watch display will show the charging progress.
- A full charge typically takes approximately 2 hours.
- The watch offers up to 15 days of battery life in daily mode and up to 50 days in basic mode.

3.2 Pairing with Your Smartphone

To unlock the full potential of your smartwatch, pair it with the Mibro Fit application on your smartphone.

1. Download the **Mibro Fit** app from your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Open the Mibro Fit app and create an account or log in.
3. Ensure Bluetooth is enabled on your smartphone.
4. In the Mibro Fit app, navigate to 'Device' or 'Add Device' and select the Mibro Lite 3 Pro from the list of available devices.
5. Follow the on-screen prompts to complete the pairing process. A confirmation message will appear on both your watch and phone once successfully paired.

3.3 Initial Configuration

After pairing, the app will guide you through setting up personal information such as gender, age, height, and weight, which are crucial for accurate health and fitness tracking.

4. Operating the Smartwatch

4.1 Navigation

The Mibro Lite 3 Pro features a responsive touchscreen and a physical button for intuitive navigation:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or widgets (e.g., heart rate, weather, music control).
- **Tap:** Select an item or confirm an action.
- **Press Button:** Return to the home screen or wake the device.

Figure 2: Close-up view of the smartwatch display, showing date and activity indicators.

4.2 Basic Functions

- **Time Display:** The watch face shows the current time, date, and other selected information.
- **Notifications:** Receive call, message, and app notifications directly on your wrist.
- **Bluetooth Calls:** Make and receive calls directly from the watch when connected to your phone.

4.3 Sports Modes and GPS Tracking

The Mibro Lite 3 Pro supports over 150 sports modes, allowing you to accurately track various activities. Integrated GPS provides precise route mapping and distance tracking for outdoor exercises.

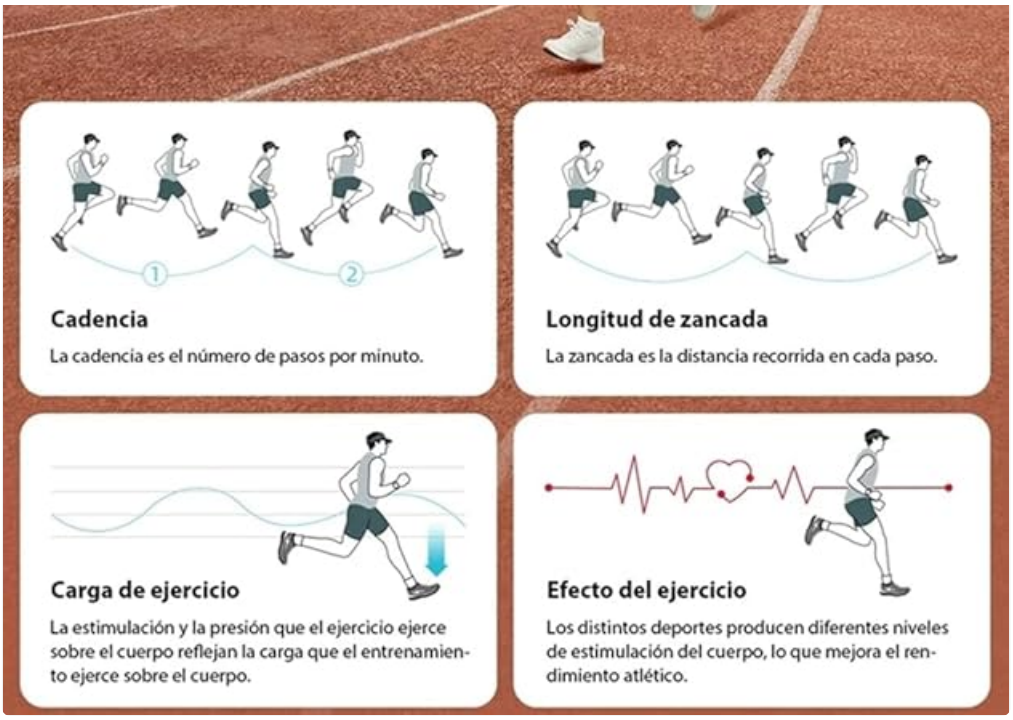

Figure 3: Visualization of the Mibro Fit app showing trajectory and a wide range of sports modes.

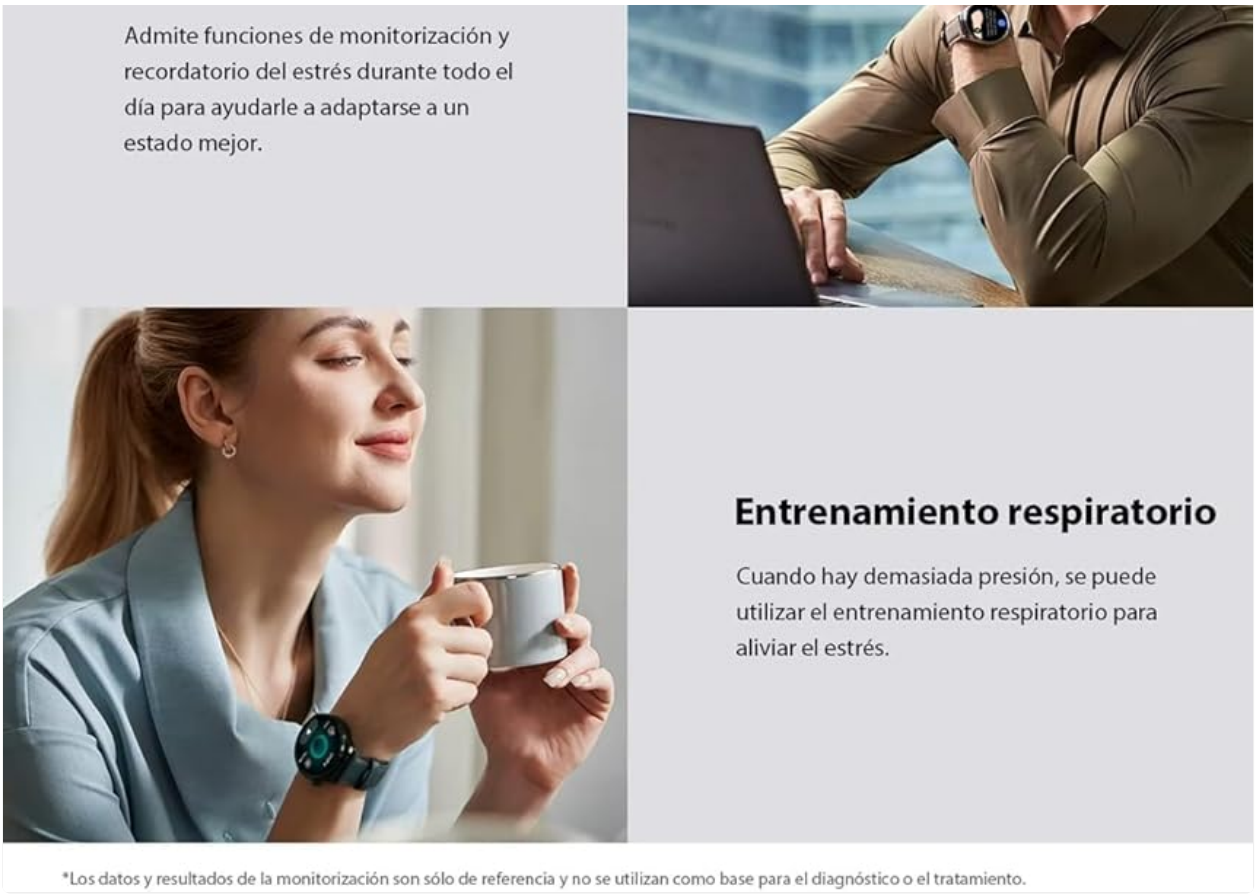

Figure 4: Detailed running metrics including cadence, stride length, exercise load, and effect.

4.4 Health Monitoring

Monitor your health with advanced sensors:

- **Heart Rate Monitoring:** Continuous and accurate heart rate tracking with the 4PD sensor.
- **Blood Oxygen Measurement:** Monitor your SpO2 levels.
- **Sleep Tracking:** Analyze your sleep patterns for better rest.
- **Stress Detection:** Track your stress levels throughout the day.
- **Respiratory Training:** Guided breathing exercises to help alleviate stress.
- **Women's Health:** Track menstrual cycles and ovulation.

Figure 5: Illustration of the biological detection system for heart rate and scientific sleep monitoring.

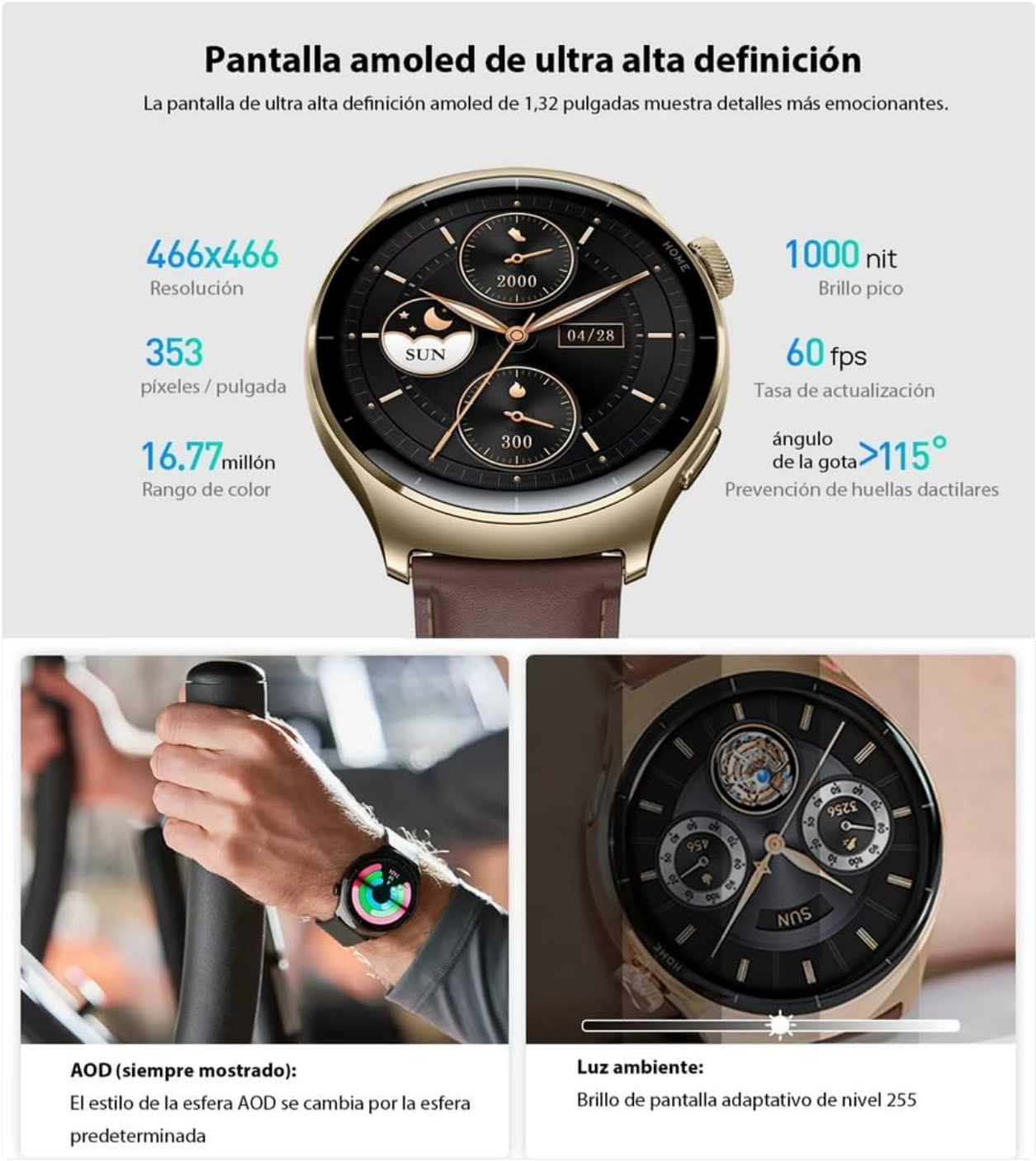

Figure 6: Overview of advanced health monitoring features such as blood oxygen, women's health, stress detection, and respiratory training.

4.5 Customization

Personalize your smartwatch experience:

- **Watch Faces:** Choose from a variety of pre-installed watch faces or download more via the Mibro Fit app.
- **Strap Replacement:** Easily switch between different straps to match your style.

5. Features Overview

The Mibro Lite 3 Pro is packed with features designed for convenience and performance:

- **1.35" AMOLED Display:** High-definition display with 466x466 resolution, 1000 nit peak brightness, 60fps refresh rate, 16.77 million color range, and a 115-degree viewing angle.
- **10-Axis Motion Sensor:** For precise and detailed tracking of various movements and activities.
- **150+ Sports Modes:** Comprehensive tracking for a wide range of activities with integrated GPS.
- **4PD Heart Rate Sensor:** Continuous and accurate heart rate monitoring.
- **Up to 15 Days Battery Life:** Long-lasting 350mAh battery, reducing the need for frequent charging.
- **5 ATM Water Resistance:** Designed to withstand depths up to 50 meters, suitable for swimming and water activities.
- **Satellite Positioning:** Supports GPS, BeiDou, GLONASS, Galileo, and QZSS for enhanced positioning accuracy.
- **Exquisite Metal Body:** Manually polished for over 30 minutes, with a ceramic coating for durability and a premium feel.

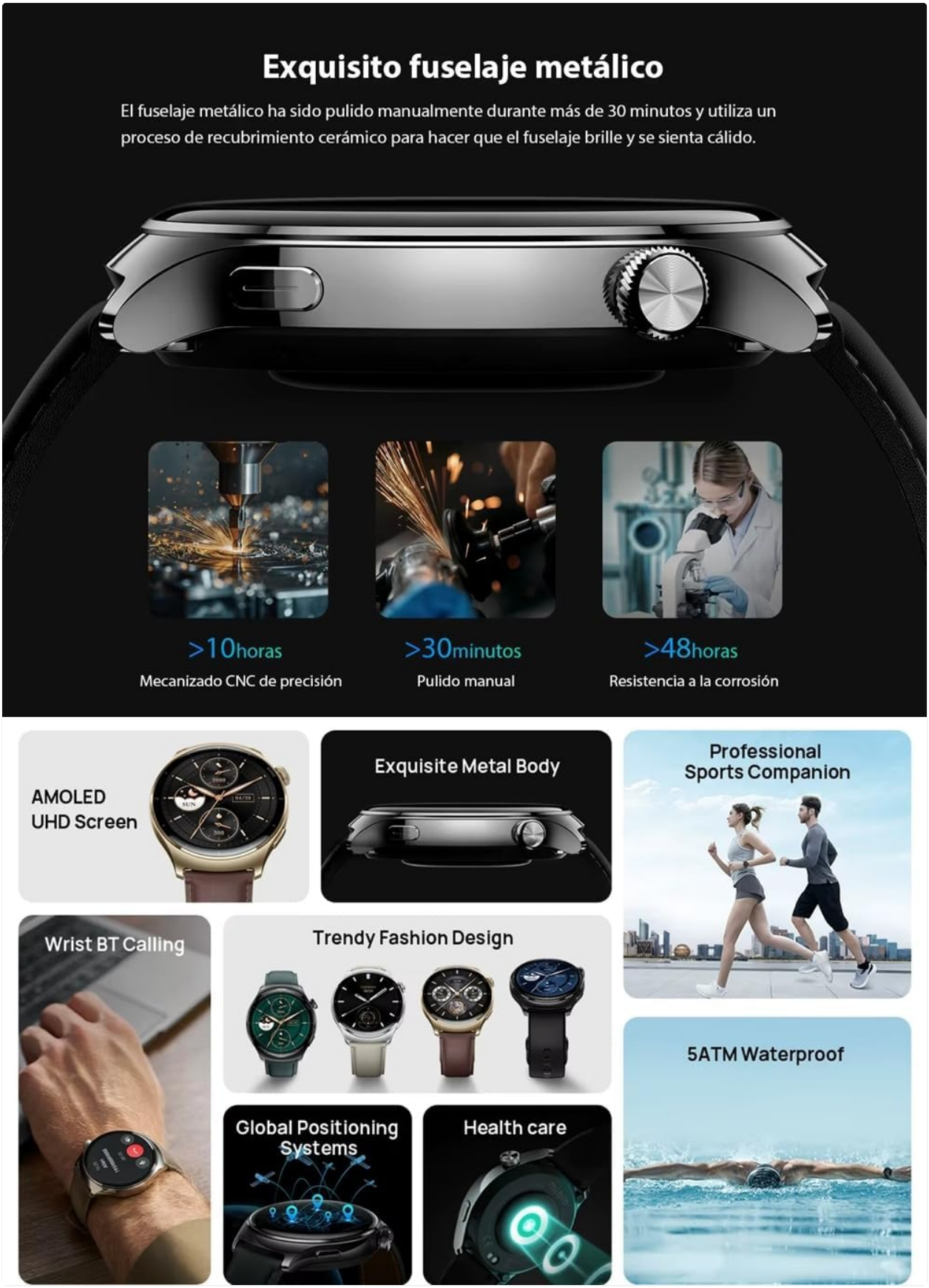

Figure 7: Visual summary of key features including AMOLED screen, metal body, Bluetooth calling, GPS, health care, and 5 ATM water resistance.

Figure 8: Details on extended battery life modes and improved satellite positioning gain and precision.

6. Maintenance

6.1 Cleaning

To maintain the performance and appearance of your smartwatch:

- Wipe the watch body and strap regularly with a soft, damp cloth.
- Ensure the charging contacts are clean and dry before charging.
- Avoid using harsh chemicals or abrasive materials for cleaning.

6.2 Water Resistance

The Mibro Lite 3 Pro is 5 ATM water-resistant, meaning it can withstand pressures equivalent to a depth of 50 meters. This makes it suitable for swimming and showering. However, please note:

- Do not use the watch in hot water, saunas, or steam rooms, as steam can penetrate the seals.
- Avoid exposing the watch to high-velocity water or sudden temperature changes.
- Rinse the watch with fresh water after exposure to saltwater.

7. Troubleshooting

If you encounter issues with your Mibro Lite 3 Pro Smartwatch, try the following solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes.
- **Not charging:** Check if the charging cable is properly connected to both the watch and the power source. Ensure the charging contacts on the watch are clean.
- **Bluetooth connection issues:** Make sure Bluetooth is enabled on your phone and the watch is within range. Try restarting both the watch and your phone. Re-pair the device through the Mibro Fit app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Keep the sensor clean.
- **App not syncing:** Check your phone's internet connection. Ensure the Mibro Fit app is updated to the latest version.
- **Watch frozen/unresponsive:** Press and hold the physical button for about 10-15 seconds to force a restart.

8. Specifications

Feature	Specification
Brand	Mibro

Model Number	XPAW019
Color	Green
Operating System	Android (Compatible)
Screen Size	1.35 Inches AMOLED
Display Resolution	466 x 466 pixels
Brightness	1000 nits (peak)
Refresh Rate	60 fps
Connections	Bluetooth
Special Features	GPS, Heart Rate Monitor, Notifications, Bluetooth Calling
Compatible Devices	Smartphone
Battery Composition	Lithium-polymer
Battery Capacity	350 mAh
Battery Life (Daily Use)	Up to 15 days
Battery Life (Basic Mode)	Up to 50 days
Water Resistance	5 ATM
Sensors	10-axis motion sensor, 4PD heart rate sensor

9. Warranty and Support

The Mibro Lite 3 Pro Smartwatch comes with a standard manufacturer's warranty. For detailed warranty terms and conditions, please refer to the warranty card included in your product packaging or visit the official Mibro website.
For technical support, troubleshooting assistance, or any product-related inquiries, please contact Mibro customer service through their official channels. You can typically find contact information on the Mibro website or within the Mibro Fit application.

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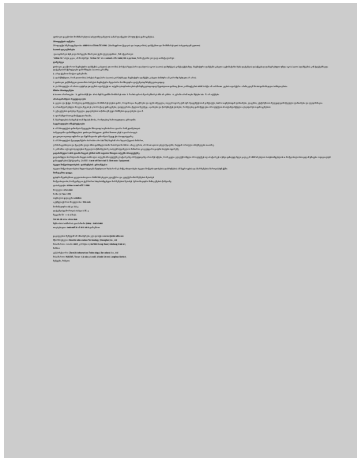

[pdf] User Manual

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Mibro Watch Lite3 Pro (XPAW019) User Manual

Comprehensive user manual for the Mibro Watch Lite3 Pro (XPAW019), detailing setup, features, charging, troubleshooting, and specifications. Learn how to connect, use, and maintain your Mibro smartwatch.

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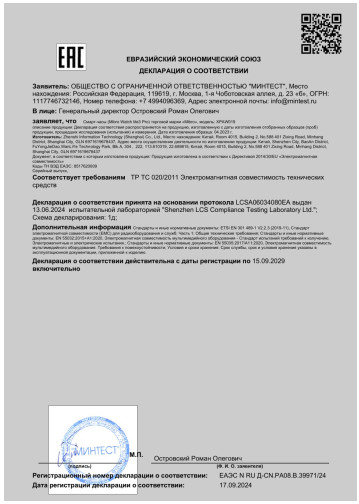

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[pdf] Label

Label and Location ZhenShi Information Technology Shenzhen Co Ltd XPAW019 2BAYW 2BAYWXPAW019 xpaw019

Page 1 of 1 LABEL AND LOCATION Mibro Watch Lite3 Pro Model:**XPAW019** FCC ID: 2BAYW-**XPAW019** FCC ID: 2BAYW-**XPAW019** Size: L 3.5cm x W 3.5cm Label Location Shenzhen LCS Compliance Testing Laboratory Ltd. Add: 101, 201 Bldg A 301 Bldg C, Juji Industrial Park Yabianxueziwei, Shajing Street, Baoan D...

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[pdf] Test Report

Test Report BT LE ZhenShi Information Technology Shenzhen Co Ltd XPAW019 2BAYW 2BAYWXPAW019 xpaw019

Page 1 of 34 FCC ID: 2BAYW-**XPAW019** Report No.: LCSA06034082EB FCC TEST REPORT For ZhenShi Information Technology Shenzhen Co., Ltd Mibro Watch Lite3 Pro Test Model: **XPAW019** Prepared for Address : ZhenShi Information Technology Shenzhen Co., Ltd : RM1401-1403,1408, Tower E, Galaxy World, Min...

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Test Report BT ZhenShi Information Technology Shenzhen Co Ltd XPAW019 2BAYW 2BAYWXPAW019 xpaw019

Page 1 of 37 FCC ID: 2BAYW-**XPAW019** Report No.: LCSA06034082EA FCC TEST REPORT FOR ZhenShi Information Technology Shenzhen Co., Ltd Mibro Watch Lite3 Pro Test Model: **XPAW019** Prepared for Address : ZhenShi Information Technology Shenzhen Co., Ltd : RM1401-1403,1408, Tower E, Galaxy World, M...

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[pdf] SAR Rating

RF Exposure Evaluation FCC ZhenShi Information Technology Shenzhen Co Ltd XPAW019 2BAYW 2BAYWXPAW019 xpaw019

Page 1 of 4 FCC ID: 2BAYW-**XPAW019** FCC RF Exposure Evaluation 1. Product Information FCC ID Product name Test Model Power Supply Hardware Version Software Version Bluetooth Frequency Range Channel Number Channel Spacing Modulation Type Bluetooth Version Antenna Type Antenna Gain Exposure category...

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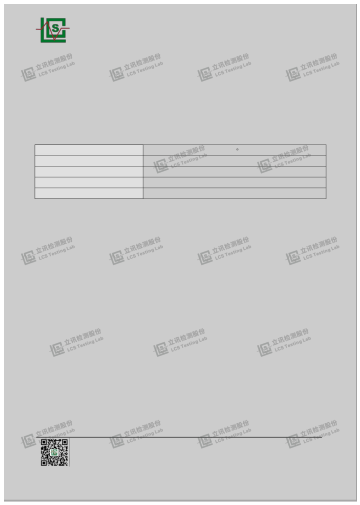

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Appendix B Test Data for BT LE FCC ZhenShi Information Technology Shenzhen Co Ltd XPAW019 2BAYW 2BAYWXPAW019 xpaw019

Page 1 of 23 FCC ID: 2BAYW-**XPAW019** Appendix B Report No.: LCSA06034082EB RF Test Data for BT LE Conducted Measurement Product Name: Mibro Watch Lite3 Pro Test Model: **XPAW019** Temperature: Relative Humidity: ATM Pressure: Test Engineer: Supervised by: Environmental Conditions 23.8 C 52.1 100.0...

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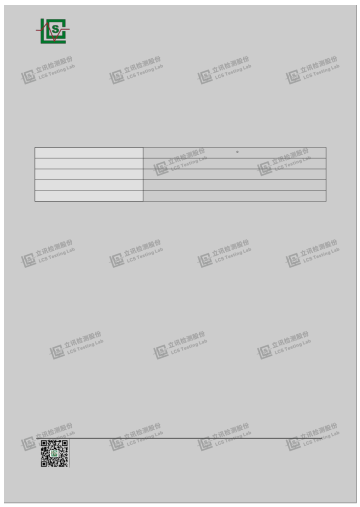

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Appendix A Test Data for BT FCC ZhenShi Information Technology Shenzhen Co Ltd XPAW019 2BAYW 2BAYWXPAW019 xpaw019

Page 1 of 61 FCC ID: 2BAYW-**XPAW019** Appendix A Report No.: LCSA06034082EA RF Test Data for BT Conducted Measurement Product Name: Mibro Watch Lite3 Pro Test Model: **XPAW019** Temperature: Relative Humidity: ATM Pressure: Test Engineer: Supervised by: Environmental Conditions 23.8 C 52.1 100.0 kP...

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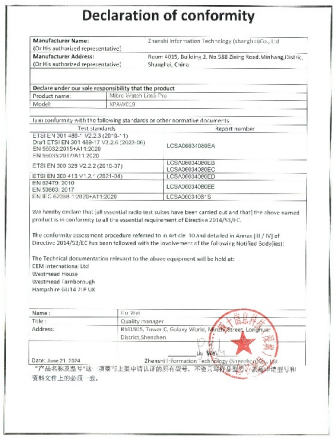

[pdf] Decleration of Conformity

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