

Smartwatch

D18 Smart Watch User Manual

Model: Smartwatch

INTRODUCTION

This manual provides comprehensive instructions for the operation and maintenance of your D18 Smart Watch. Please read this manual thoroughly before using the device to ensure proper functionality and to maximize your user experience. Keep this manual for future reference.

WHAT'S IN THE BOX

Upon opening the package, please verify that all components are present and in good condition.

- Smartwatch



Image: The D18 Smart Watch in red, showing its main display with time, date, day, and various activity tracking icons.

SETUP

Charging the Device

1. Connect the charging cable to the charging port on the back of the D18 Smart Watch.
2. Plug the other end of the charging cable into a standard USB power adapter (not included) or a computer's USB port.
3. The watch display will indicate charging status. Allow approximately 2-3 hours for a full charge.

Initial Power On and Pairing

1. Press and hold the power button (if available, or touch screen to activate) until the screen lights up.
2. Ensure Bluetooth is enabled on your smartphone.
3. Download the recommended companion application from your phone's app store.
4. Open the application and follow the on-screen instructions to search for and pair with your D18 Smart Watch. The watch's Bluetooth name will typically be "D18" or similar.
5. Confirm the pairing request on both your watch and smartphone.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Tap to select, swipe left/right or up/down to navigate through menus and features.
- **Power Button:** Press to wake/sleep the screen, long press to power on/off.

Monitoring Heart Rate

The D18 Smart Watch is equipped with a heart rate monitor. To measure your heart rate:

1. Navigate to the Heart Rate function on your watch.
2. Ensure the watch is worn snugly on your wrist, with the sensor in contact with your skin.
3. Remain still during the measurement. The watch will display your heart rate reading.

Activity Tracking

The watch tracks various activities including steps, distance, and calories burned. Access these features through the main menu or dedicated sports modes.

- **Steps:** Displays your daily step count.
- **Distance:** Estimates the distance covered based on your steps.
- **Calories:** Calculates estimated calories burned.
- **Sports Modes:** Select specific modes for activities like running, walking, or cycling for more accurate tracking.

FEATURES

- **Heart Rate Monitor:** Continuously or on-demand monitoring of your heart rate.
- **Blood Pressure Monitor:** Provides estimated blood pressure readings.
- **Fitness Smart Bracelet:** Tracks daily activity including steps, distance, and calories.
- **Sports Band Functionality:** Supports various sports modes for dedicated workout tracking.
- **Bluetooth Connectivity:** Connects to your smartphone for data synchronization and notifications.
- **Digital Display:** Clear and easy-to-read digital time and information display.

MAINTENANCE

- **Cleaning:** Wipe the watch and band regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and then dry thoroughly.
- **Water Resistance:** The watch is designed for daily use and may be splash-resistant. Avoid prolonged immersion in water, hot water, or steam. Do not wear while swimming or showering.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Charging:** Use only the provided charging cable. Do not use damaged cables or chargers.

TROUBLESHOOTING

Watch Not Turning On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Try pressing and holding the power button for 10-15 seconds.

Cannot Pair with Smartphone

- Make sure Bluetooth is enabled on your smartphone and the watch is within range.
- Restart both the watch and your smartphone.
- Ensure the companion application is installed and updated to the latest version.
- Forget the device in your phone's Bluetooth settings and try pairing again.

Inaccurate Readings (Heart Rate, Steps)

- Ensure the watch is worn snugly on your wrist, not too loose or too tight.
- Clean the sensor on the back of the watch.
- For heart rate, remain still during measurement.

SPECIFICATIONS

Feature	Detail
Brand	Generic
Model Name	Smartwatch
Color	Red
Special Feature	Heart Rate Blood Pressure Monitor, Fitness Smart Bracelet Sports Band
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Polymer
GPS	No GPS
Shape	Oval
Age Range (Description)	Adult

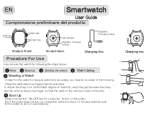
WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the contact details provided by your retailer or the manufacturer's official website. Keep your purchase receipt as proof of purchase.

For further assistance, you may contact the manufacturer or seller through the platform where the product was purchased.



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This manual is subject to change without notice.

	AK63 Smartwatch User Manual: Features, Operation, and FAQs Comprehensive user manual for the AK63 smartwatch, detailing product parameters, button and screen operations, charging, app connection, health tracking features, exercise modes, and troubleshooting FAQs. Compatible with Android and iOS devices.
	Smartwatch User Guide: Setup, Features, and Specifications Comprehensive user guide for the Smartwatch, covering initial setup, procedure for use, common functions like sports modes and altitude barometer, product specifications, and important precautions. Learn how to wear, boot up, set up, and use your smartwatch.
	Smartwatch Instruction Manual: Features, Usage, and Specifications This comprehensive guide details the features and usage of the smartwatch, including activity tracking, health monitoring, notifications, and app synchronization. Learn how to get the most out of your wearable device.
	Smartwatch User Manual: Features, Operation, and Specifications Comprehensive user manual for the Smartwatch, detailing its features, app pairing, touchscreen controls, health monitoring (heart rate, SpO2, blood pressure), AI voice assistant, alarms, notifications, and general specifications.
	SmartWatch Operation Instructions and FCC Compliance Comprehensive guide to operating your SmartWatch, including setup, functions, and FCC compliance information. Learn how to pair your device, utilize its features like pedometer, heart rate monitor, and sleep tracker, and understand important regulatory guidelines.
	XS8 Pro Ultra Sport Smartwatch User Manual User manual for the XS8 Pro Ultra Sport Smartwatch, covering app download, connection, watch features, settings, and maintenance.

User Manual Smartwatch SW15



PRIXTON

[\[pdf\] User Manual Guide](#)

SW15ENG SW15 User Manual Guide for Prixton SmartWatch Free Instruction central manuals smartwatch prixton |||

User Manual **Smartwatch** SW15 1. Functions Health and exercise -Pedometer Built-in accelerometer checks tracks your exercise time, fat burning, temperature, speed and distance. -Sleep Monitor Built-in accelerometer checks and tracks your sleep and monitors your health. -Sedentary Alarm Built-i...

lang:en **score:66** filesize: 195.01 K page_count: 7 document date: 2017-02-17



[Mi Watch XMWTCL02 User Manual and Specifications](#)

User manual for the Xiaomi Mi Watch XMWTCL02 smartwatch. Covers setup, usage, features, specifications, safety, and compliance. Learn to connect and operate your device.

lang:en **score:66** filesize: 6.75 M page_count: 122 document date: 2021-09-26



[Prixton Smartwatch SW21 User Manual and Features](#)

Comprehensive guide to the Prixton Smartwatch SW21, covering specifications, functions, setup, Bluetooth connectivity, troubleshooting, and warranty information.

lang:es **score:64** filesize: 768.97 K page_count: 41 document date: 2017-09-29

[\[pdf\] User Manual Quick Start Guide Guide](#)

Q Smartwatch Generation 5 Quick Start Manual User Guide for Fossil SmartWatch Free Instruction Gen QSG EN central manuals sr fossil |||



ATTENZIONE: onde evitare danni all'orologio, usare soltanto il caricatore in dotazione. Non usare un ... om f howto s, troubleshooting, frequently asked questions more. 1. AUFLADEN: Schließen Sie Ihre **Smartwatch** an mitgelieferte Ladekabel an. Sobald sie automatisch eingeschaltet wird, tippen Sie ...

lang:it **score:63** filesize: 806.98 K page_count: 2 document date: 2021-12-08

[Fossil Gen 6 Smartwatch Quick Start Guide](#)



A quick start guide for the Fossil Gen 6 Smartwatch, detailing charging, pairing with a phone via Bluetooth or Wear OS app, and connecting to Wi-Fi for updates. Includes troubleshooting tips and support resources.

lang:it **score:63** filesize: 808.03 K page_count: 2 document date: 2021-12-08



[Fossil Q Smartwatch Quick-Start Guide](#)

Get started with your Fossil Q Smartwatch. This quick-start guide covers navigation, charging, apps, customi and staying connected.

lang:en **score:63** filesize: 718.69 K page_count: 1 document date: 2021-09-17

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Q Smartwatch Generation 5 LTE Quick Start Manual User Guide for Fossil SmartWatch Free Instruction Gen QSG EN central manua smartwatch fossil |||



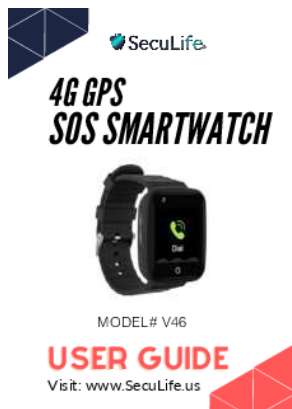
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lang:de score:62 filesize: 804.67 K page_count: 2 document date: 2021-12-08



[Fossil Q Smartwatch Quick-Start Guide: Setup and Features](#)

Get started with your Fossil Q Smartwatch. This quick-start guide covers setup, navigation, charging, apps, customization, and connectivity features.

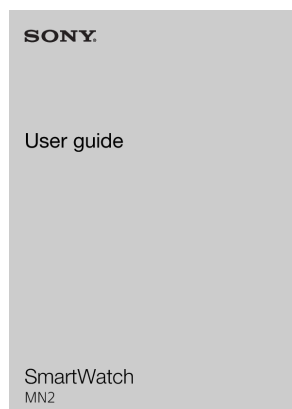
lang:en score:59 filesize: 718.7 K page_count: 1 document date: 2019-02-26



[SecuLife 4G GPS SOS Smartwatch V46 User Guide](#)

Comprehensive user guide for the SecuLife 4G GPS SOS Smartwatch (Model V46), covering setup, device features, app usage, safety information, and troubleshooting.

lang:i-klngon score:44 filesize: 7.1 M page_count: 30 document date: 2022-11-03



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User guide SmartWatch 5776306 archive org manualzilla id

User guide SmartWatch MN2 Contents Introduction.....3
Overview.....3
Charging.....

lang:en score:41 filesize: 922.3 K page_count: 19 document date: 2013-03-06



[LifeFone Smartwatch Active User's Guide: Setup, Features, and Operation](#)

Comprehensive user guide for the LifeFone Smartwatch Active, covering activation, features like heart rate monitoring and location services, battery information, and emergency procedures. Learn how to set up, test, use your medical alert watch effectively.

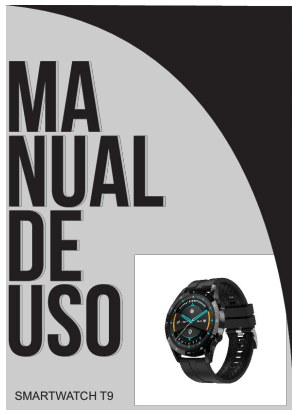
lang:en score:41 filesize: 2.65 M page_count: 20 document date: 2022-12-23



[Lifeline Smartwatch Quick Start Guide](#)

A quick start guide for the Lifeline Smartwatch, detailing its features, charging instructions, basic settings, activation, fall detection capabilities, and essential care guidelines for optimal performance and longevity.

lang:en score:41 filesize: 402.28 K page_count: 2 document date: 2024-06-05



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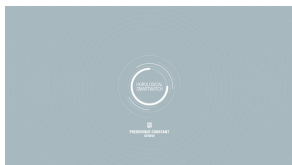
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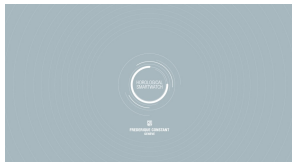
[MOTA SmartWatch User Manual and Specifications](#)

Official user manual and specifications for the MOTA SmartWatch, covering setup, features, pairing, charging, handling, safety guidelines, and technical details.
lang:en score:37 filesize: 87.66 K page_count: 2 document date: 2015-06-05



[Frederique Constant Horological Smartwatch FC-282 User Manual](#)

User manual for the Frederique Constant Horological Smartwatch FC-282, detailing setup, navigation, function activity tracking, sleep monitoring, notifications, and technical specifications.
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DUTCH Frederique Constant SmartWatches User Manuals Manual Smartwatch FC 281 NL SD frederiqueconstant documents NIEDERLÄNDISCH Benutzerhandbuch |||

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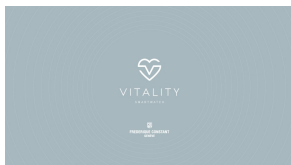


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Bay Alarm Medical SOS **Smartwatch** Quick Start Guide SOS **Smartwatch** Package Items SOS **Smartwatch**
Docking Cradle Charger Power Supply For Charger Cable For Charger Understanding Your SOS **Smartwatch**
Button Power Button Action To Place An Emergency Call On/Off Sleep Mode To Go Back How...
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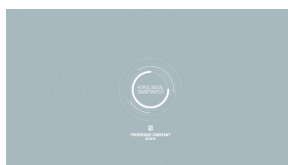


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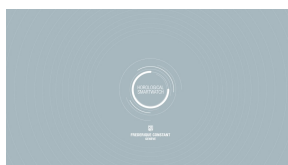


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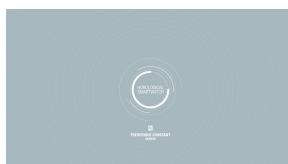


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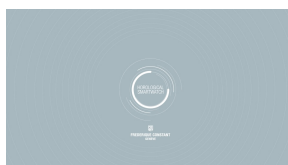


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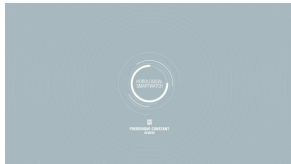


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Boyd Smartwatch Outspot handling parya smartwatch nl 2018 DE outspot be assets manual |||

1. Schnellstart 1.1 Warnung Konsultieren Sie Ihren Arzt, bevor Sie sich fr eine neue Sportart entsch ... der F; nehmen Sie die Uhr ab und schalten Sie sie sofort aus. Eine Weile abkhlen lassen. 4. **Smartwatch** mit Ihren Handy verbinden Fhren Sie die folgenden Schritte aus, um Ihr Telefon mit der Uh...

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[HYKKER Smartwatch EZ-020114 User Manual and Specifications](#)

Official user manual and technical specifications for the HYKKER Smartwatch EZ-020114. Learn how to use charge, maintain, and troubleshoot your smartwatch. Includes details on the Da Fit app and safety informatio

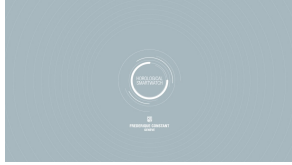
lang:sw **score:35** filesize: 1008.62 K page_count: 24 document date: 2021-10-20



[HYKKER Smartwatch EZ-020214 User Manual](#)

Comprehensive user manual for the HYKKER Smartwatch EZ-020214, covering setup, features, operation, troubleshooting, maintenance, and safety guidelines. Learn how to use your smartwatch effectively with deta instructions and specifications.

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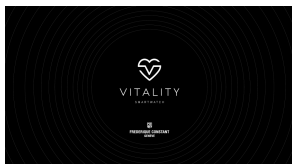
[Garrett Kids Twin 4G Smartwatch User Manual and Guide](#)

Comprehensive user manual for the Garrett Kids Twin 4G smartwatch, covering setup, operation, app integration, troubleshooting, and technical specifications. Learn how to install the SIM card, use the Garrett Tracker app, and manage device features.

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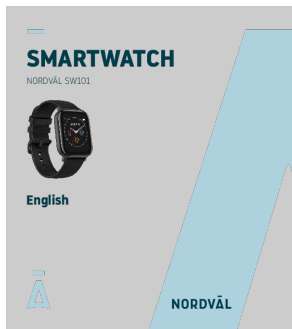
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[Nordvål SW101 Smartwatch User Manual and Specifications](#)

User guide and specifications for the Nordvål SW101 smartwatch, covering setup, features, troubleshooting, and technical details.

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[iTECH Jr Kids Smartwatch User Manual](#)

User manual for the iTECH Jr Kids Smartwatch, detailing features, setup, operation, and care instructions. In information on camera, video, games, and connectivity.

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manuale d uso smartwatch gents rtiotto fc 282 Frederique Constantorologio svizzero che ne rispetcia la pura tradizione orologiaia Il orologio è dotato di un movimento elettronico con 2 anni durata della batteria v1frederiqueconstant documents User Manual Smartwa SD srsltid AfmBOoqTJKhThqR99aEOMwEgoM6rVtsc3 ayswWHwuailTD8gBarLJSl Constantmanuale batteria La data può essere vis sull tramite le lancette delle ore e dei minuti Per farlo 1 Configurare il pulsante nell applicazione associatav1v1frederiqueconstant ayswWHwuailTD8gBarLJSlfrederiqueconstant AfmBOooSnsa GMZmwncJy JY s6cjONtlvmWRchOVHVxZH1OooZWZfqdx associataLa associatav1v1v1frederiqueconstant s6cjONtlvmWRchOVHVxZH1OooZWZfqdxfrederiqueconstant AfmBOooN41hamcjXkhuSx87xxS49wt3kCQzgLCFWrP5uapjKW758eFO associatav1v1v1v1frederiqueconstant AfmBOooN41hamcjXkhuSx87xxS49wt3kCQzgLCFWrP5uapjKW758eFOfrederiqueconstant AfmBOop0XQ7 gMkuAqvLTSH98deCdL AVovtx9jmcQnqE5P6EE associatall primo passo da fare impostare proprio obiettivo sonno Premendo sulla corona torneranno ad indi attualev1v1v1v1v1frederiqueconstant AVovtx9jmcQnqE5P6EEfrederiqueconstant AfmBOoqVFbej7N93WB2Udoad5O76kcl1JWWHIC n5nx5dcCQg it attualeLa associatav1v1v1v1v1v1frederiqueconstant ifrederiqueconstant AfmBOoq55jwDqjr8 ma4aXC4KLCJag3uNb6nzN2luDnR5 9cyk78msK3 associataPer associata Premere una spinta due spinte o tre a seconda delle v1v1v1v1v1v1v1frederiqueconstant 9cyk78msK3frederiqueconstant AfmBOopH8Vn0fi1bkdSTEKBA0ozMIM8v728yITriHqKTgxGFvEnf40nX delle La associatav1v1v1v1v1v1v1v1frederiqueconstant AfmBOopH8Vn0fi1bkdSTEKBA0ozMIM8v728yITriHqKTgxGFvEnf40nXfrederiqueconstant AfmBOopMLCiyxYero62huWG0YCOAFzgDC7BxQibJugNmCgZmr4mHHHlH associataORA E DATA Se durante viaggio cambia fusc rileva attraverso smartphone fornisce automaticamente indicazione corretta v1v1v1v1v1v1v1v1v1frederiqueconstant AfmBOopMLCiyxYero62huWG0YCOAFzgDC7BxQibJugNmCgZmr4mHHHlHfrederiqueconstant AfmBOorx5htlpsqj7XXGpDfJ1naLi8WO74BJgl 3jeXEBryCvNjgGko Assicura risveglio piacevole riposante consentendo sveglia inte nel momento migliore del ciclo Puoi facilmente v1v1v1v1v1v1v1v1v1v1v1v1frederiqueconstant 3jeXEBryCvNjgGkofrederiqueconstant AfmBOop7F01rCyyby0gPivRWNtjOemhuho31bUbM19btbGbiOhNkr Constantll COME LEGGERE I RISULTATI DEL SONNO SULL OROLOGIO In modalità sonno orologio facilmente v1v1v1v1v1v1v1v1v1v1v1v1frederiqueconstant AfmBOop7jZ zJGDUHoyDiXByyqk 21C2JshDdKSEuzgBe X4aSNfTpvfrederiqueconstant sonno La associataorologio facilmente v1v1v1v1v1v1v1v1v1v1v1v1frederiquec AfmBOoo86WpjWdQeZn C98hPcSnAXNcsxfQx2FAG7eyhWejA3LaMnmfrederiqueconstant facilmente v1v1v1v1v1v1v1v1v1v1v1v1v1frederiqueconstant AfmBOoqKirggigVS5 N7M1jbK HhAfCZHNqLuhqNE0SEFmCydxsqRCmBfrederiqueconstant sonno Il Smart all interno La facilmente v1v1v1v1v1v1v1v1v1v1v1v1v1frederiqueconstant AfmBOorj3JM y9zRmPhvT0sYFxEJlt3zDRHa6nJsO09XCfCCYTeC0ryfrederiqueconstant associataPrima tutto si deve creare profilo quindi proce abbinamento app infine posso no gli obiettivi orologio orologio facilmente v1v1v1v1v1v1v1v1v1v1v1v1v1v1v1v1v1frederiqueconstant AfmBOorJMB9UBXkLntC7ndyCs8 NHUapWnf mQimTvfvnAKRdlkmo92Pfrederiqueconstant ConstantMESSAGGI Quando riceve mes emette vibrazione spostano 10 Missing leggono Show results with leggonoll

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