

Panasonic ES-L690U-K

Panasonic LAMDASH PRO 6-Blade Electric Shaver ES-L690U-K User Manual

Model: ES-L690U-K | Brand: Panasonic

1. INTRODUCTION AND OVERVIEW

Thank you for purchasing the Panasonic LAMDASH PRO 6-Blade Electric Shaver ES-L690U-K. This advanced shaver is designed to provide a deep, close shave while prioritizing gentleness on your skin. It features innovative technologies such as the LAMDASH AI+ Navi, a new 6-blade system, a flexible 5D head, and a convenient fully automatic cleaning and charging system.

This manual will guide you through the proper setup, operation, maintenance, and troubleshooting of your new shaver to ensure optimal performance and longevity.



Figure 1.1: Panasonic LAMDASH PRO 6-Blade Electric Shaver ES-L690U-K with its accessories.

2. SETUP

2.1 Initial Charging

Before first use, fully charge the shaver. You have two charging options:

1. **Using the Fully Automatic Cleaning Charger:** Place the shaver into the cleaning charger. The charger will automatically begin cleaning, drying, and charging the unit. Ensure the shaver is dry before placing it in the charger for cleaning and drying cycles.
2. **Using USB Type-C:** Connect the shaver directly to a USB power adapter (sold separately, Panasonic ES-RU1-01 recommended) using the provided USB Type-C cable. A full charge takes approximately 2 hours.

全自動洗淨充電器システム

全自動洗淨充電器で
「洗淨・加熱乾燥・充電」。
スイッチひとつで毎日清潔。

※1
99%以上
除菌

ヒーターとファンで
加熱乾燥



〈イメージ〉



※1 【試験依頼先】(一財)日本食品分析センター【試験方法】洗淨充電器にて専用洗淨剤を使用し、洗淨・乾燥した刃部の除菌率を測定
【試験結果】99%以上除菌【試験成績書発行】2024年3月20日【試験成績書発行番号】第24018133001-0101号

○写真はイメージです。

Figure 2.1: Charging the shaver via USB Type-C cable.

2.2 Preparing for First Use

Once fully charged, remove the protective cap from the shaver head. It is recommended to perform a test shave on a small area of your skin to familiarize yourself with the shaver's feel and performance.

3. OPERATING INSTRUCTIONS

3.1 Shaving Techniques

The ES-L690U-K can be used for both dry and wet shaving. For best results, hold the shaver at a right angle to your skin and move it slowly against the direction of hair growth. The flexible 5D head will adapt to the contours of your face, ensuring maximum contact and a smooth shave.

ラムダッシュPRO 6枚刃

光が導くラムダッシュAI ナビ^{※1}

	トップグレード	ハイグレード	スタンダード
	ES-L690U 	ES-L670U 	ES-L650U ES-L650D 
刃数	6枚刃	6枚刃	6枚刃
ヒゲの濃さ	とても濃い	とても濃い	とても濃い
日本製 (刃・本体のみ)	●	●	●
駆動方式	ラムダッシュ史上最速 ^{※2} リニアモーター駆動 約14,000ストローク/分	ラムダッシュ史上最速 ^{※2} リニアモーター駆動 約14,000ストローク/分	ラムダッシュ史上最速 ^{※2} リニアモーター駆動 約14,000ストローク/分
ラムダッシュ AI ナビ ^{※1}	● ナビモニター・ナビLED	● ナビLED	● ナビLED
特長	お風呂でも剃れる	お風呂でも剃れる	L650U:お風呂でも剃れる L650D:充電中でも剃れる ^{※3}
モード	泡メイキング	泡メイキング	L650U: 泡メイキング L650D: 音波 ^{※4} 洗浄
全自動洗浄充電器	●	●	—
USB充電対応 [Type-C]	● ^{※5}	● ^{※5}	L650U: ● L650D: —
セミハードケース	●	●	—

※1 ヒゲの濃さや、シェーバーヘッド内部のヒゲゲズによって、センサーが反応（駆動音や光の色の変化）しない場合がありますが、異常ではありません。

※2 パナソニック製シェーバー ラムダッシュにおいて、2024年7月30日現在。※3 お風呂やシャワー室など、水にぬれる環境で使用しないでください。

※4 音波領域内での振動。※5 本体充電時のみ

○写真はイメージです。

Figure 3.1: Proper shaving technique with the LAMDASH PRO shaver.

3.2 LAMDASH AI+ Navi and Navimonitor

The LAMDASH AI+ Navi automatically adjusts the shaver's power based on your stubble density. When stubble is thick, it activates BOOST mode for powerful cutting. When stubble is thin, it switches to SOFT mode for a gentler shave. This intelligent control is indicated by light on the shaver head.

密着5Dヘッド

アゴ下の複雑な凹凸にも
ぴったり密着して、
肌にやさしく剃りあげる。

ヘッドが360°
全方位に傾く



○写真はイメージです。

Figure 3.2: LAMDASH AI+ Navi indicating BOOST (orange) and SOFT (white) modes.

The Navimonitor display on the shaver body provides real-time feedback on the shaving power distribution, showing the percentage of time spent in BOOST and SOFT modes. This allows you to confirm the shaving results based on your stubble condition.

ラムダッシュAIナビ^{※1}

ラムダッシュAI⁺^{※2} & ナビLED

ヒゲの状態に合わせて、最適なパワーに自動制御。
BOOSTモード/SOFTモードを
LEDの光でリアルタイムにお知らせ。



※1 ヒゲの濃さや、シェーバーヘッド内部のヒゲクズによって、センサーが反応(駆動音や光の色の変化)しない場合がありますが、異常ではありません。

※2 ヒゲの濃さや、シェーバーヘッド内部のヒゲクズによって、センサーが反応(駆動音の変化)しない場合がありますが、異常ではありません。

○写真はイメージです。

Figure 3.3: Navimonitor display showing shaving mode distribution.

3.3 5D Head Movement

The shaver's close-fitting 5D head moves in multiple directions (front, back, left, right, up, down) to perfectly follow the contours of your face, including complex areas like under the jawline. This ensures consistent skin contact and reduces pressure, leading to a comfortable and efficient shave.

ラムダッシュ史上最速^{※1}リニアモーター駆動

「濃い・太い・くせ」ヒゲも、逃さずすばやく剃りきる。



※1 パナソニック製シェーバー ラムダッシュにおいて。2024年7月30日現在。

○写真はイメージです。

Figure 3.4: The flexible 5D head adapts to facial contours.

4. MAINTENANCE

4.1 Automatic Cleaning Charger System

The fully automatic cleaning charger provides a convenient way to clean, dry, and charge your shaver daily. Simply place the shaver into the charger after use. The system uses a dedicated cleaning solution (Panasonic ES-4L) to remove stubble and debris, followed by a heated drying cycle, and then charges the shaver. This system achieves over 99% sterilization.

光が導くラムダッシュAI ナビ。*1

深剃りと肌へのやさしさの両立へ。

LAMDASH PRO6

※1 ヒゲの濃さや、シェーバーヘッド内部のヒゲゲイズによって、センサーが反応（駆動音や光の色の変化）しない場合がありますが、異常ではありません。
○写真はイメージです。

Figure 4.1: The fully automatic cleaning charger system.

4.2 Manual Cleaning

For manual cleaning, rinse the shaver head under running water after each use. You can use the included cleaning brush to remove any stubborn stubble from the blades. Apply a small amount of dedicated oil (Shell Ongina Oil 32) to the blades periodically to maintain performance.

4.3 Blade Replacement

The shaver features a new 6-blade system with ultra-thin deep shaving blades and jawline trimmers for enhanced cutting efficiency. While durable, blades will eventually wear out. Replace the outer foil and inner blades approximately every 1-2 years, or when you notice a decrease in shaving performance. Refer to the product packaging or Panasonic's official website for compatible replacement parts.

USB充電

持ち運びに便利な

USB充電 [Type-C] に対応。

2時間
急速充電

USB電源アダプター
(別売) 使用時

USB電源アダプターは別売です。
パナソニック製ES-RU1-01をご使用ください。

○写真はイメージです。

Figure 4.2: The 6-blade system with new ultra-thin deep shaving blades.

5. TROUBLESHOOTING

If you encounter any issues with your Panasonic LAMDASH PRO shaver, please refer to the following common problems and solutions:

- **Shaver not turning on:** Ensure the shaver is fully charged. If using the automatic cleaning charger, confirm it is properly connected to power.
- **Reduced shaving performance:** Clean the shaver head thoroughly. If performance does not improve, the blades may be dull and require replacement.
- **LAMDASH AI+ Navi not reacting (drive sound or light change):** As noted in the product description, the sensor may not react in all cases depending on stubble density or debris inside the shaver head. This is not an abnormality. Ensure the shaver is clean.
- **Shaver making unusual noise:** Clean the shaver thoroughly. If the noise persists, contact customer support.

For more detailed troubleshooting or issues not listed here, please refer to the full product manual or contact Panasonic customer support.

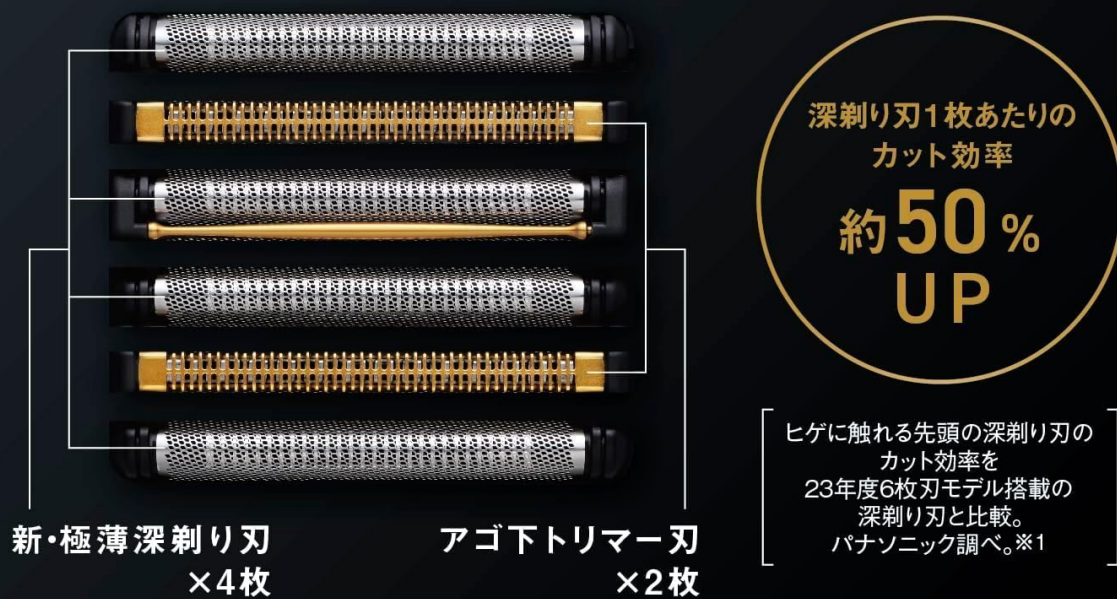
6. SPECIFICATIONS

Feature	Specification
Model Number	ES-L690U-K
Dimensions (H x W x D)	18.1 x 7.2 x 5.8 cm (excluding cap)
Weight	Approx. 230g (excluding cap)
Color	Craft Black
Blade System	6-blade (New Ultra-thin Deep Shaving Blades x 4, Jawline Trimmers x 2)
Motor Type	High-speed Linear Motor (approx. 14,000 strokes/minute)
Head Type	Close-fitting 5D Head (Fixed/Movable switching, Close-fitting blade float mechanism)
Power Source	Rechargeable (Battery-powered)
Charging System	Fully Automatic Cleaning Charger / USB Type-C Charging
Charging Time	Approx. 2 hours for full charge (via USB)
Wattage	10 W

6枚刃システム

配列を変えて刃穴のカバー範囲を拡大した

「新・極薄深剃り刃」を4枚搭載。



※1 <ES-LS9CXに搭載の従来深剃り刃>カット率17.2%、<ES-L690Uシリーズに搭載の新深剃り刃>カット率27.4%。
パナソニック独自の基準に基づく。使用条件により効果は異なります。

○写真はイメージです。

Figure 6.1: High-speed linear motor for powerful shaving.

7. WARRANTY AND SUPPORT

Your Panasonic LAMDASH PRO 6-Blade Electric Shaver ES-L690U-K comes with a 12-month manufacturer's warranty from the date of purchase. This warranty covers defects in materials and workmanship under normal use.

For warranty claims, technical support, or inquiries about replacement parts and accessories, please contact Panasonic customer service. Keep your proof of purchase for warranty validation.

For the most up-to-date support information and contact details, please visit the official Panasonic website for your region.