Motorola 9b2a20b1-8854-41a4-b33c-ae7e2e77ec64

Motorola Moto Watch 120 - User Manual

Brand: Motorola | Model: Moto Watch 120 (9b2a20b1-8854-41a4-b33c-ae7e2e77ec64)

1. Introduction

The Motorola Moto Watch 120 is a premium Bluetooth smartwatch designed to seamlessly integrate into your daily life, offering advanced health monitoring, extended battery life, and versatile compatibility. This manual provides essential information for setting up, operating, and maintaining your device.

2. What's in the Box

- Motorola Moto Watch 120 (Phantom Black)
- 60 cm black USB-A charging cable with POGO Pins (with Magnets)
- 22mm black Silicone watch band with black alloy buckle
- Quick Start Guide (not included in this HTML manual)

3. Setup Guide

3.1 Initial Charging

Before first use, fully charge your Moto Watch 120. Connect the magnetic POGO pin charging cable to the charging contacts on the back of the watch and plug the USB-A end into a compatible power adapter (not included). A full charge typically takes approximately 2 hours.

3.2 App Installation and Pairing

1. Download the official Moto Watch app from your smartphone's app store (available for Android and iPhone).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Moto Watch app and follow the on-screen instructions to pair your watch. This typically involves scanning a QR code displayed on the watch or selecting your watch from a list of nearby devices.
4. Grant necessary permissions to the app for full functionality, including notifications, health data access, and location services.

3.3 Strap Attachment

Align the spring bars of the silicone watch band with the lugs on the watch body. Push the spring bar inwards and slide

the band into place until it clicks securely. Repeat for the other side.

4. Operating Your Smartwatch

4.1 Navigating the Interface

The Moto Watch 120 features a vibrant 1.43-inch AMOLED touchscreen display. Swipe left or right to cycle through different watch faces and quick access widgets. Swipe down from the top to access quick settings, and swipe up from the bottom to view notifications.



Image: The Motorola Moto Watch 120 in Phantom Black, showcasing its round AMOLED display with various health metrics and time. The watch features a comfortable silicone band.

4.2 Watch Faces

Customize your watch's appearance by selecting from a variety of pre-installed watch faces or downloading more through the Moto Watch app. Long-press the current watch face to enter the selection mode.



Image: A collage of various digital and analog watch faces available for the Moto Watch 120, highlighting the vibrant AMOLED display and customization possibilities.

4.3 Notifications and Calls

Receive real-time notifications for calls, messages, and app alerts directly on your wrist. The watch supports Bluetooth connectivity for seamless integration with your smartphone, allowing you to manage calls and view messages without needing to reach for your phone.

Your browser does not support the video tag.

Video: An official product video showcasing the Motorola Moto Watch 120's features, including its display, health tracking, and connectivity. This video provides a general overview of the smartwatch's capabilities.

5. Health and Fitness Monitoring

The Moto Watch 120 is equipped with comprehensive health and fitness tracking features to help you monitor your well-being and achieve your fitness goals.

5.1 Heart Rate and SpO2 Tracking

Continuously monitor your heart rate and blood oxygen saturation (SpO2) levels throughout the day. These metrics provide valuable insights into your cardiovascular health and overall physical condition.



Image: A visual representation of the Moto Watch 120's health tracking capabilities, including heart rate monitoring, sleep tracking, step counting, SpO2 measurement, and stress level assessment.

5.2 Activity and Stress Monitoring

Track various activities with over 100 sports modes and automatic activity recognition. The watch also provides stress monitoring to help you manage your mental well-being.



Image: A graphic illustrating the diverse activity tracking features of the Moto Watch 120, such as support for over 100 sports, automatic exercise detection, music control during workouts, and comprehensive step and calorie tracking.

5.3 Sleep Tracking

Monitor your sleep patterns, including deep, light, and REM sleep stages, to gain insights into your sleep quality and improve your rest.

6. Battery Life and Charging

The Moto Watch 120 is designed for extended use, offering up to 10 days of battery life on a single charge, thanks to its 300 Milliamp Hours capacity. This ensures you stay connected and track your activities without frequent recharging.

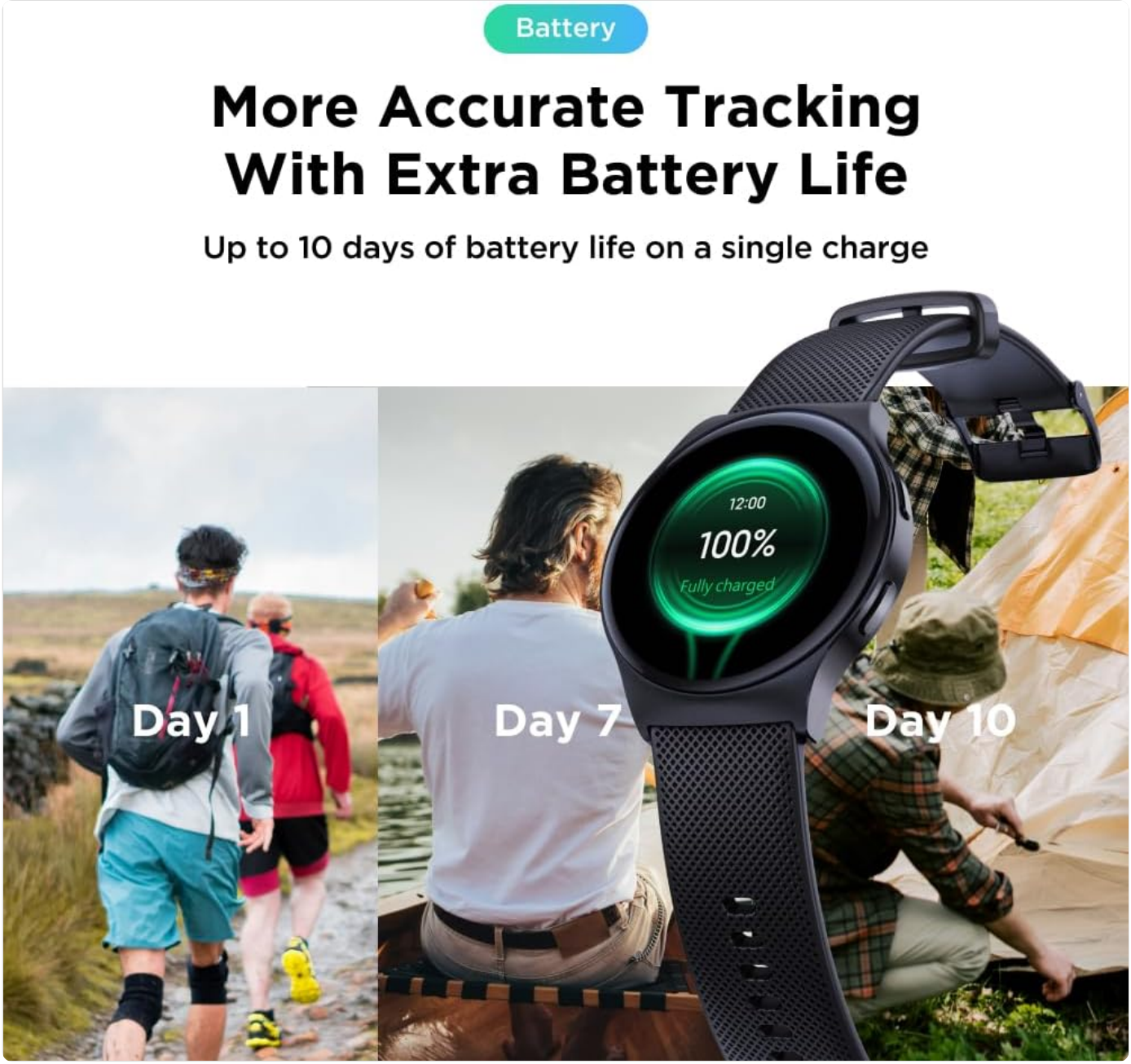

Image: A visual demonstration of the Moto Watch 120's 10-day battery life, showing the watch being used on Day 1, Day 7, and Day 10 during various outdoor activities, emphasizing its long-lasting power.

7. Maintenance and Care

- **Cleaning:** Regularly clean your watch and band with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** The watch is designed to be water-resistant. However, avoid prolonged submersion or exposure to high-pressure water. Dry the watch thoroughly after contact with water.
- **Charging:** Use only the provided charging cable. Ensure the charging contacts on the watch and cable are clean and dry before charging.
- **Storage:** Store the watch in a cool, dry place when not in use.

8. Troubleshooting

8.1 Watch Not Turning On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.

- Press and hold the power button for 10-15 seconds to perform a forced restart.

8.2 Pairing Issues

- Make sure Bluetooth is enabled on your smartphone and the watch is within range.
- Restart both your smartphone and the watch.
- Forget the device in your phone's Bluetooth settings and try pairing again through the Moto Watch app.
- Ensure the Moto Watch app is updated to the latest version.

8.3 Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone.
- Clean the sensor on the back of the watch.
- Keep your arm still during measurements.

9. Specifications

Feature	Detail
Brand	Motorola
Model Number	9b2a20b1-8854-41a4-b33c-ae7e2e77ec64
Display Size	1.43 Inches AMOLED
Operating System	Moto Watch OS
Battery Capacity	300 Milliamp Hours
Battery Life	Up to 10 days on a single charge
Connectivity	Bluetooth
GPS	Assisted GPS
Health Tracking	Heart Rate, SpO2, Stress Monitoring, Sleep Tracking, Activity Tracking (100+ sports)
Compatibility	Android and iPhone
Item Weight	5 ounces
Package Dimensions	7.24 x 2.76 x 1.38 inches

10. Warranty and Support

Your Motorola Moto Watch 120 comes with a standard manufacturer's warranty. Please refer to the warranty card included with your product for specific terms and conditions.

For general inquiries, technical support, or troubleshooting assistance, please contact Motorola customer support:

Email: support@motowatch.com

For the most up-to-date information and additional resources, please visit the official Motorola website or the product's detail page on Amazon.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question