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esonstyle S8

User Manual: Invisible Sleep Headphones

Brand: esonstyle | Model: S8

Introduction

Welcome to the esonstyle Invisible Sleep Headphones user manual. These micro sleep earbuds are designed to provide a gentle and comfortable fit, effectively isolating external noise to create a peaceful environment for improved sleep. They are also suitable for various activities such as workouts and general entertainment.

What's in the Box

- Sleep Earbuds (Left and Right)
- Charging Case
- Eartips (various sizes for optimal fit)
- USB-C Charging Cable
- User Manual (this document)

Specifications

Feature	Detail
Model Name	ES-S8
Connectivity	Bluetooth 5.3
Bluetooth Range	Up to 39 feet (12 meters)
Noise Control	Passive Noise Cancellation
Earbud Battery Life	Up to 4 hours (music time)
Total Battery Life (with case)	Up to 24 hours
Charging Time	Approx. 1.5 hours (for case)
Water Resistance	IPX6 Waterproof

Control Method	Touch Control
Material	Acrylonitrile Butadiene Styrene (ABS), Silicone
Earbud Weight (Single)	3.7 grams
Charging Case Capacity	350mAh



The earbuds offer 4 hours of playback, extended to 24 hours with the charging case.

Setup

1. Charging the Earbuds and Case

Before first use, fully charge the earbuds and the charging case. Connect the USB-C charging cable to the charging case and a power source. The indicator lights on the case will show charging status. Place the earbuds into the charging case to charge them.

2. Pairing with Your Device

1. Ensure earbuds are charged.
2. Open the charging case. The earbuds will automatically enter pairing mode (indicator lights may flash).
3. On your device (smartphone, tablet, etc.), go to Bluetooth settings and turn Bluetooth on.
4. Search for available devices and select "ES-S8" (or similar name) from the list.
5. Once connected, a voice prompt will confirm successful pairing.



The earbuds feature Bluetooth 5.3 for a fast and stable connection.

Operating Instructions

Wearing the Earbuds

For optimal comfort and noise isolation, ensure the earbuds are properly seated in your ear. The tiny design is specifically made for side sleepers.



Follow the "Insert" and "Tuck" steps for a secure and comfortable fit, especially for side sleeping.

Touch Controls

The esonstyle sleep earbuds feature intuitive touch controls. Specific functions may vary slightly, but common controls include:

- **Play/Pause:** Single tap on either earbud.
- **Next Track:** Double tap on the right earbud.
- **Previous Track:** Double tap on the left earbud.
- **Answer/End Call:** Single tap on either earbud.
- **Reject Call:** Long press on either earbud.
- **Activate Voice Assistant:** Triple tap on either earbud.
- **Volume Up/Down:** (If supported) Long press right for volume up, long press left for volume down. Refer to specific product documentation for exact details.

Your browser does not support the video tag.

This video demonstrates the touch controls and call functions of esonstyle sleep earbuds, including how to answer, end, and reject calls.

Usage Scenarios

These earbuds are versatile and designed for various activities:

- **Sleeping:** Their invisible and comfortable design makes them ideal for side sleepers, blocking out disruptive noises.
- **Workout:** IPX6 waterproof rating ensures they withstand sweat and light rain during exercise.
- **Travel:** Enjoy audio or block out ambient noise during commutes or flights.
- **Study/Work:** Focus on your tasks with minimal distractions.



The earbuds are suitable for various scenarios including sport, study, travel, and sleep.

Maintenance

- **Cleaning:** Regularly clean the earbuds and charging case with a soft, dry, lint-free cloth. Do not use harsh chemicals or abrasive materials.
- **Eartips:** Remove eartips periodically and clean them with mild soap and water. Ensure they are completely dry before reattaching.
- **Storage:** When not in use, store the earbuds in their charging case to protect them and keep them charged.
- **Water Exposure:** While IPX6 waterproof, avoid prolonged submersion in water. Dry thoroughly if exposed to sweat or rain.

Troubleshooting

Problem	Solution
Earbuds not pairing	Ensure earbuds are charged. Turn off and on Bluetooth on your device. Forget the device in Bluetooth settings and re-pair.
No sound from one earbud	Place both earbuds back in the case, close it, then open again. Check device's audio output settings.

Low volume	Increase volume on both your device and the earbuds (if applicable via touch controls). Clean any debris from the earbud speaker mesh.
Charging issues	Ensure charging cable is securely connected. Try a different USB-C cable and power adapter. Clean charging contacts on earbuds and case.
Unstable connection	Ensure no obstacles between earbuds and device. Move closer to your device. Avoid strong electromagnetic interference.

Warranty and Support

esonstyle products are designed and manufactured to the highest quality standards. For information regarding warranty coverage, returns, or technical support, please refer to the warranty card included in your product packaging or visit the official esonstyle website.
For further assistance, you may contact esonstyle customer service through the contact information provided on their official website or the platform where you purchased the product.

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