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Orient RA-AC0F06L

Orient Contemporary Symphony III Automatic Wristwatch

Model: RA-AC0F06L

INTRODUCTION

Thank you for choosing the Orient Contemporary Symphony III Automatic Hand Winding Wristwatch, Model RA-AC0F06L. This timepiece combines classic design with reliable mechanical movement, offering both elegance and functionality. This manual provides essential information for the proper setup, operation, and maintenance of your watch to ensure its longevity and accurate performance.



Image: Front view of the Orient Contemporary Symphony III Automatic Wristwatch, featuring a blue dial, silver-tone hands and markers, and a blue leather strap.

SETUP

1. Unboxing and Initial Inspection

Carefully remove your watch from its packaging. Inspect the watch for any visible damage. The watch comes in a protective box.



Image: The black presentation box for the Orient watch, with the Orient logo on the lid.

2. Winding the Watch

Your Orient Symphony III features an automatic mechanical movement (Calibre F6722) that can also be hand-wound.

- **Hand Winding:** To start the watch or if it has stopped, turn the crown clockwise in position 1 (normal position) for approximately 30-40 rotations. This will build up a sufficient power reserve.
- **Automatic Winding:** The watch will automatically wind itself through the motion of your arm while worn. For optimal performance, wear the watch for at least 8-10 hours daily.

3. Setting the Time

1. Pull the crown out to position 3. The second hand will stop.
2. Turn the crown to set the hour and minute hands. To ensure accurate time setting, set the time a few minutes ahead and then turn the crown counter-clockwise to the desired time.
3. Push the crown back into position 1 (normal position) to start the watch.

4. Setting the Date

1. Pull the crown out to position 2.
2. Turn the crown clockwise to set the date.
3. Avoid setting the date between 9:00 PM and 3:00 AM, as this can interfere with the automatic date change

mechanism. If you need to set the date during this period, first set the time outside this range, then adjust the date, and finally reset the time.

4. Push the crown back into position 1 (normal position).

5. Adjusting the Strap

Your watch is fitted with a blue leather strap with a pin buckle (tang buckle).

- To adjust, simply insert the pin into the desired hole on the strap for a comfortable fit.
- Ensure the strap is not too tight to allow for proper circulation, nor too loose to prevent the watch from sliding excessively.

OPERATING YOUR WATCH

Automatic Movement (Calibre F6722)

The Calibre F6722 is a self-winding mechanical movement. It is powered by the natural motion of your wrist. When worn, an oscillating weight inside the watch rotates, winding the mainspring.



Image: Rear view of the Orient Contemporary Symphony III watch, showcasing its clear caseback which reveals the intricate mechanical movement (Calibre F6722) and its oscillating weight.

- If the watch is not worn for an extended period, the power reserve will deplete, and the watch will stop. Simply hand-wind it as described in the "Setup" section to restart.
- The movement also supports hand-winding, allowing you to manually wind the watch by turning the crown clockwise in position 1.
- The second hand features a hacking function, meaning it stops when the crown is pulled out to position 3, allowing for precise time setting.

Water Resistance (5 ATM)

Your watch has a water resistance rating of 5 ATM (50 meters). This means it is suitable for everyday use and can withstand splashes, rain, and brief immersion in water.

- **Do NOT** operate the crown or pushers when the watch is wet or submerged.
- **Do NOT** use for swimming, showering, diving, or any water sports.
- Exposure to steam or hot water (e.g., in a sauna or hot shower) can compromise the water resistance seals.

MAINTENANCE

Cleaning

- Wipe the case and crystal with a soft, dry cloth regularly to remove dust and fingerprints.
- For the leather strap, wipe with a slightly damp cloth and allow it to air dry completely. Avoid using harsh chemicals or excessive moisture.

Storage

- When not wearing the watch, store it in a cool, dry place away from direct sunlight, extreme temperatures, and strong magnetic fields.
- The original watch box is ideal for storage.

Service Intervals

Mechanical watches require periodic servicing to maintain optimal performance and accuracy. It is recommended to have your watch serviced by an authorized watchmaker every 3-5 years. This service typically includes cleaning, lubrication, and adjustment of the movement.

Leather Strap Care

- Avoid prolonged exposure to water, sweat, and direct sunlight, as these can cause the leather to deteriorate, crack, or fade.
- If the strap gets wet, gently pat it dry with a soft cloth and allow it to air dry naturally.
- Leather straps are consumables and may need replacement over time due to wear and tear.

TROUBLESHOOTING

Watch Not Running or Stops Frequently

- **Insufficient Power Reserve:** Hand-wind the watch by turning the crown clockwise for 30-40 rotations. Wear the watch for at least 8-10 hours daily to ensure it is fully wound by the automatic mechanism.
- **Impact:** A severe impact may affect the movement. If the watch does not resume normal operation after winding, it may require professional inspection.

Inaccurate Timekeeping

- **Magnetic Fields:** Exposure to strong magnetic fields (e.g., from speakers, refrigerators, or certain electronic devices) can affect the watch's accuracy. If suspected, have the watch demagnetized by a professional.
- **Power Reserve:** Ensure the watch is sufficiently wound. An under-wound watch may run inaccurately.
- **Service:** If the watch consistently runs too fast or too slow beyond its specified accuracy (+25/-15 seconds per day), it may be due for servicing.

Date Not Changing Correctly

- **Incorrect Setting Time:** Ensure you are not setting the date between 9:00 PM and 3:00 AM. Refer to the "Setting the Date" section.
- **Insufficient Power:** An under-wound watch may not have enough power to advance the date mechanism reliably.

SPECIFICATIONS

Model Number	RA-AC0F06L
Movement	Orient Calibre F6722 Automatic, Hand-Winding, Hacking (22 Jewels)
Accuracy	+25 / -15 seconds per day
Case Material	Stainless Steel
Case Diameter	42 mm
Case Thickness	12 mm
Crystal	Mineral Glass
Caseback	Clear (Exhibition)
Dial Color	Blue
Band Material	Leather
Band Color	Blue
Clasp Type	Pin Buckle (Tang Buckle)
Water Resistance	5 ATM (50 meters) - Not suitable for swimming or diving.
Functions	Hours, Minutes, Seconds, Date
Item Weight	70 Grams

WARRANTY AND SUPPORT

Warranty Information

Your Orient watch is covered by a manufacturer and seller combination warranty. Please refer to the warranty card included with your purchase for specific terms, conditions, and duration of coverage. Keep your proof of purchase for warranty claims.

Customer Support

For further assistance, technical support, or service inquiries, please contact Orient customer service or visit the official Orient website.

[Visit Orient Watch Official Website](#) (Example link, actual link may vary by region)

