

SKG H7 ULTRA

SKG H7 Ultra Cordless Neck Massager User Manual

Model: SKG H7 ULTRA

1. INTRODUCTION

Thank you for choosing the SKG H7 Ultra Cordless Neck Massager. This device is designed to provide a comfortable and effective massage experience for your neck and shoulders, incorporating shiatsu massage techniques and heat therapy. Please read this manual thoroughly before use to ensure safe and optimal operation.

2. IMPORTANT SAFETY INFORMATION

To ensure safe operation and prevent injury or damage, please adhere to the following guidelines:

- **Avoid Prolonged Use:** Do not use the product for an extended period to prevent skin damage and low-temperature burns. If you experience any discomfort, take a break promptly.
- **Remove Jewelry:** Before use, remove any necklaces or other jewelry from your neck area to prevent skin abrasion during massage.
- **Heat Settings:** Exercise caution with the heating function. Avoid using the highest heating level for extended periods to prevent skin irritation.
- **Automatic Shut-off:** This massager includes an overheating protection mechanism that automatically shuts off after 10 minutes of continuous use. This is a safety feature.
- **Medical Conditions:** Consult a physician before using this device if you have any pre-existing medical conditions, are pregnant, have a pacemaker, or are undergoing medical treatment.
- **Children and Impaired Individuals:** This appliance should not be used by children or persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- **Water Exposure:** Do not use the massager in wet environments or immerse it in water.
- **Power Source:** Use only the provided charging cable and adapter.

3. PRODUCT OVERVIEW

The SKG H7 Ultra is a cordless neck and shoulder massager designed for deep tissue relief with integrated heat. It features a unique backpack design for hands-free operation and rotatable massage heads.

Key Features:

- **Advanced Massage Heads:** New generation massage head design with 320 facet cutting technology for enhanced contact. Rolling massage heads provide a smooth and comfortable experience.
- **Large Massage Coverage:** Micro-swinging elastic massage heads fit the entire shoulder and neck area, accommodating various neck sizes.
- **Enhanced Heating Function:** Equipped with 64 red light beads and a 2826 mm² film hot compress for a broader heating zone.
- **Hands-Free Design:** Unique backpack-style design allows for convenient use without holding the device.
- **Cordless Operation:** Battery-powered for portability and ease of use.



Figure 3.1: SKG H7 Ultra Cordless Neck Massager. This image displays the overall design of the massager, highlighting its ergonomic shape and massage nodes.

360°

Rotatable Massage Head

- Real human-like kneading massage
- Larger massage area
- No skin rubbing

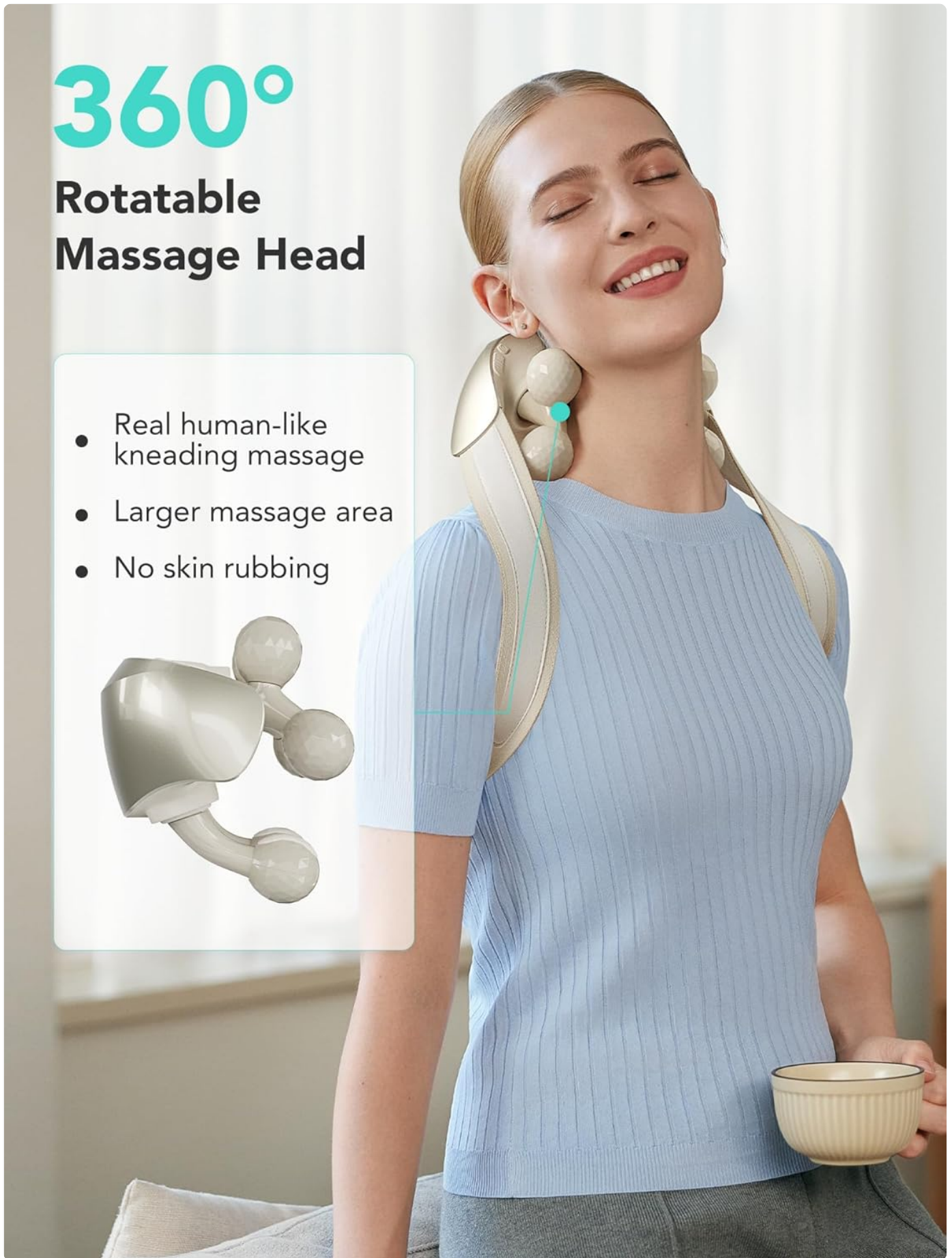


Figure 3.2: Close-up of the 360° rotatable massage heads. This image illustrates the flexible design of the massage nodes, emphasizing their ability to provide a real human-like kneading massage and cover a larger area without skin rubbing.

Different with Other Kneading Neck Massager

630_{nm}
red light

64 pcs
light bulb

102.2°F - 111.2°F
Adjustable heating

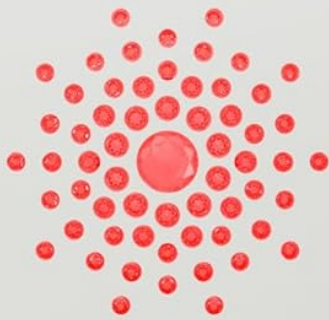


Figure 3.3: Illustration of the enhanced heating function. This image highlights the 630nm red light, 64 light bulbs, and adjustable heating range of 102.2°F - 111.2°F, indicating the broad heating zone.

4. SETUP AND CHARGING

4.1 Initial Charge

Before first use, fully charge the SKG H7 Ultra massager. The device comes with 1 AA battery included, but ensure the main unit is charged.

1. Connect the provided Type-C charging cable to the charging port on the massager.
2. Connect the other end of the cable to a suitable USB power adapter (not included) or a computer USB port.
3. The charging indicator light will illuminate. A full charge typically takes approximately 3.5 hours.
4. Once fully charged, the indicator light will change or turn off, depending on the model. Disconnect the charger.

A full charge provides approximately 80 minutes of work time.

80MIN WORK TIME



Type-C port



10Min Auto-off



3.5H charging time



Figure 4.1: Charging the SKG H7 Ultra. This image shows the Type-C charging port, indicating a 10-minute auto-off feature and 3.5 hours charging time for 80 minutes of work time.

5. OPERATING INSTRUCTIONS

5.1 Wearing the Massager

The SKG H7 Ultra features a hands-free backpack design for ease of use.

1. Place the massager around your neck, ensuring the massage heads are positioned comfortably on your neck and shoulders.
2. Adjust the straps to secure the device. The massager is suitable for neck circumferences between 13.4 inches and 17 inches.
3. Ensure the device is snug but not overly tight, allowing the massage heads to make proper contact with your skin.

Fashionable & Hand-Free



Figure 5.1: User demonstrating the hands-free design. This image shows a person wearing the massager comfortably, highlighting its fashionable and convenient design.

Suitable for neck circumference
13.4inch - 17inch

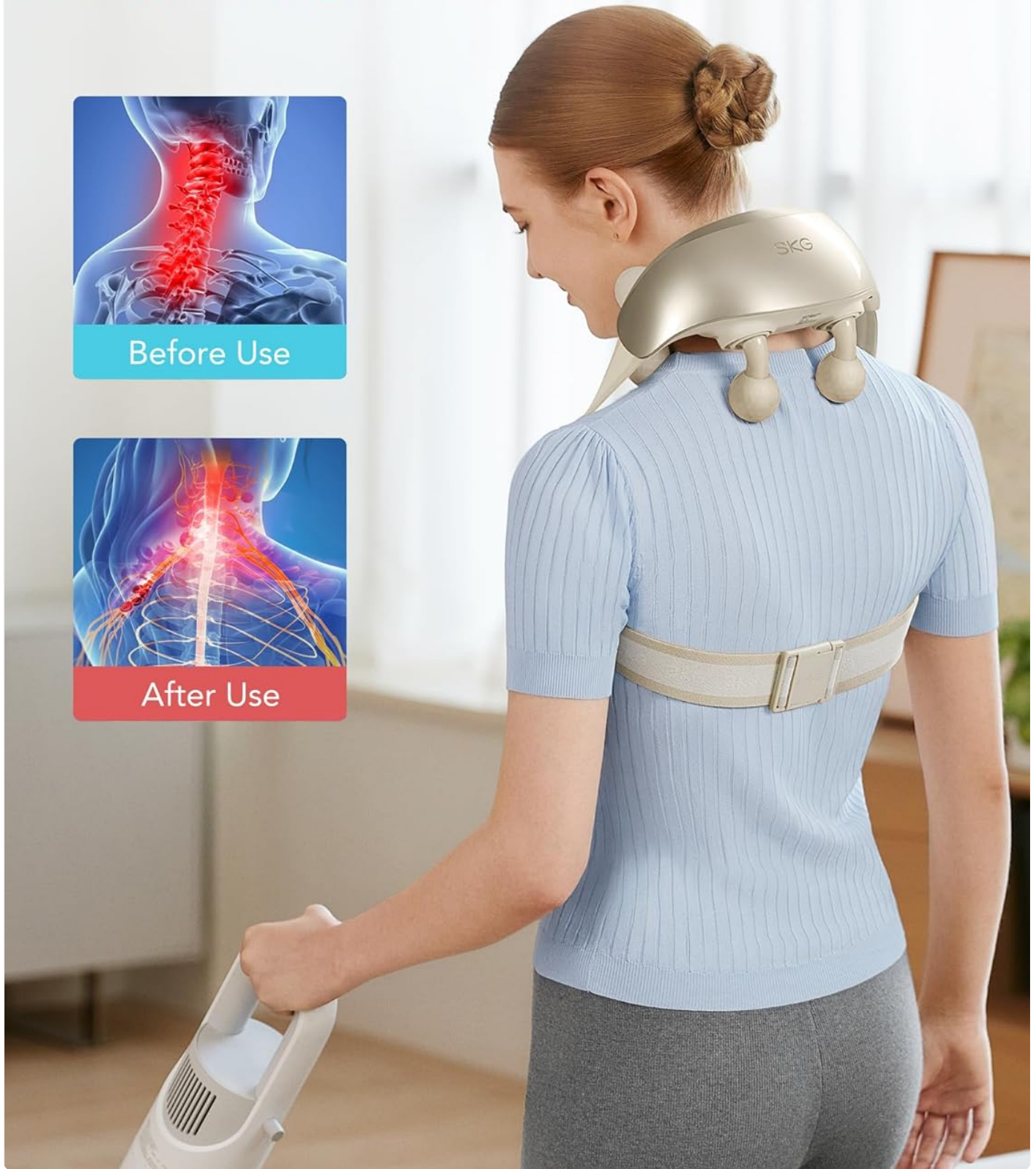
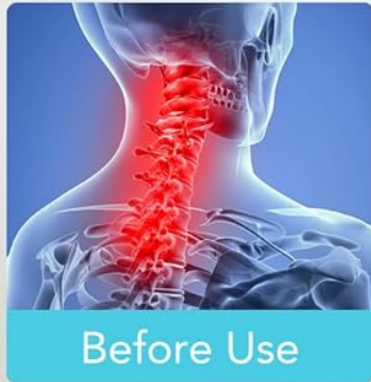


Figure 5.2: Neck circumference suitability. This image illustrates the range of neck sizes the massager can accommodate (13.4 inches - 17 inches) and shows a visual representation of neck relief before and after use.

5.2 Power On/Off and Mode Selection

Locate the power button on the device. Press and hold to turn the massager on or off. Short presses typically cycle

through massage modes.

- **Holding Mode:** Ideal for bedtime relaxation.
- **Tui Na Mode:** Provides a deep massage experience.
- **Kneading Mode:** Suitable for daily relaxation.

The device may provide voice prompts to indicate the current function or mode.

3 Shiatsu Massage Techniques



Holding Mode - Bedtime Relaxation



Tui Na Mode - Deep Massage



Kneading Mode - Daily Relaxation

Figure 5.3: Three Shiatsu Massage Techniques. This image shows users experiencing Holding Mode for bedtime relaxation, Tui Na Mode for deep massage, and Kneading Mode for daily relaxation.

5.3 Heat Function

The SKG H7 Ultra features an adjustable heating function. Refer to the device controls to activate and adjust the heat

level. Start with the lowest setting and increase as desired, being mindful of the safety warnings regarding prolonged high heat use.

The massager will automatically shut off after 10 minutes as a safety measure to prevent overheating.

6. MAINTENANCE

- **Cleaning:** Wipe the massager with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Low battery or no charge.	Charge the massager fully using the provided Type-C cable.
Massage intensity feels weak.	Incorrect mode selected or low battery.	Cycle through massage modes. Ensure the device is fully charged.
Heat function is not working.	Heat function not activated or device auto-shutoff.	Activate the heat function via controls. If it recently shut off, wait a few minutes before restarting.
Device automatically turns off after 10 minutes.	Overheating protection activated.	This is a normal safety feature. Allow the device to cool down before resuming use.

8. SPECIFICATIONS

Feature	Detail
Model Number	SKG H7 ULTRA
Brand	SKG
Product Dimensions	10.43 x 7.99 x 5.55 inches
Item Weight	2.27 Pounds
Power Source	Battery Powered
Battery Type	1 AA battery (included) <i>Note: This likely refers to a small internal battery for a specific component, the main unit has a rechargeable battery.</i>
Material	Plastic
Use For	Neck, Shoulder
Charging Time	Approx. 3.5 hours
Work Time	Approx. 80 minutes
Auto Shut-off	10 minutes

9. WARRANTY AND SUPPORT


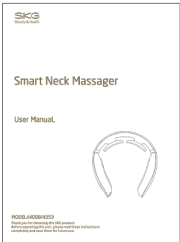
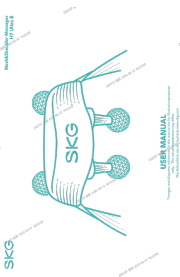


For warranty information, technical support, or customer service inquiries, please contact SKG directly through their official website or the retailer where the product was purchased.

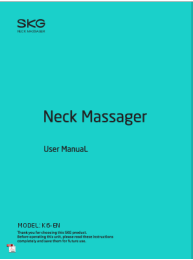
SKG is committed to providing quality products and support. Please retain your proof of purchase for any warranty claims.



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Related Documents - H7 ULTRA

	<p>SKG K6E Neck Massager User Manual: Operation, Safety, and Maintenance</p> <p>Comprehensive user manual for the SKG K6E Neck Massager. Learn about its features, how to wear, charge, operate, maintain, and important safety precautions for effective and safe use.</p>
	<p>SKG Smart Neck Massager User Manual (Models 4098/4353)</p> <p>User manual for the SKG Smart Neck Massager (Models 4098 and 4353), providing instructions on operation, precautions, maintenance, and troubleshooting. Features include heating and adjustable intensity for neck pain relief.</p>
	<p>SKG H7 Ultra E Neck & Shoulder Massager User Manual</p> <p>Comprehensive user manual for the SKG H7 Ultra E Neck & Shoulder Massager, covering features, operation, safety precautions, troubleshooting, and technical specifications.</p>
	<p>SKG T5-1 Shoulder and Neck Massager User's Guide</p> <p>User's guide for the SKG T5-1 Shoulder and Neck Massager, detailing usage instructions, technical parameters, troubleshooting, and safety precautions for effective pain relief.</p>
	<p>SKG K5-3 PRO Neck Massager: Instructions for Use</p> <p>Operating manual for the SKG K5-3 PRO Neck Massager, detailing features, usage instructions, safety precautions, and troubleshooting for effective pain relief and relaxation.</p>

	<p><u>SKG K6-EN Neck Massager User Manual: Operation Guide and Safety Precautions</u></p> <p>This user manual for the SKG K6-EN Neck Massager provides detailed instructions on operation, maintenance, safety guidelines, and troubleshooting. Learn how to use your SKG neck massager effectively and safely.</p>
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