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GUAEVER BP351A

GUAEVER Blood Pressure Monitor BP351A User Manual

Model: BP351A

1. INTRODUCTION

This manual provides comprehensive instructions for the GUAEVER BP351A Rechargeable Upper Arm Blood Pressure Monitor. It is designed to assist users in understanding the device's features, proper setup, operation, maintenance, and troubleshooting. Please read this manual thoroughly before using the device to ensure accurate measurements and safe operation.

2. SAFETY INFORMATION

Measurement results can be influenced by various factors. Always observe the following precautions:

- Consult a healthcare professional for interpretation of blood pressure readings. Self-diagnosis and treatment based on measurements can be dangerous.
- Do not use this device on infants, children, or individuals who cannot express their consent.
- Do not use this device for purposes other than measuring blood pressure.
- Avoid taking measurements in a moving vehicle or during physical activity.
- Ensure the cuff is applied correctly and comfortably.
- If you experience discomfort during inflation, press the START/STOP button to stop the measurement.
- Keep the device away from strong electromagnetic fields.
- Do not disassemble or attempt to repair the device.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- GUAEVER BP351A Blood Pressure Monitor Unit
- Upper Arm Cuff (8.7" - 16.5" / 22-42 cm)
- USB Charging Cable



Image: Contents of the GUAEVER BP351A Blood Pressure Monitor package, including the main unit, cuff, and USB cable.

4. PRODUCT OVERVIEW

4.1 Main Unit and Display

The GUAEVER BP351A features a large LED screen for clear display of readings and indicators. The main unit includes control buttons for operation.



Image: Front view of the GUAEVER BP351A Blood Pressure Monitor, showing the large LED display with blood pressure readings, pulse rate, and battery indicator. Buttons for MEM, SET, and START/STOP are visible.

4.2 Key Features

- **Large LED Display:** Provides clear readings day or night.
- **Color-coded Blood Pressure Indicator:** Visual guide for blood pressure levels.
- **One-touch Operation:** Simplifies the measurement process.
- **Dual User Mode:** Supports two users with separate memory storage.
- **Adjustable Cuff:** Fits arm circumferences from 8.7 to 16.5 inches (22-42 cm).
- **2x120 Memory Storage:** Stores 120 readings for each of two users.
- **Rechargeable Lithium Battery:** Eliminates the need for frequent battery replacement.
- **Voice Broadcast:** Announces readings and operational instructions (can be turned off).
- **Irregular Heartbeat Detection:** Alerts users to potential arrhythmias.

Arm Intelligent Blood Pressure Monitor

Easy to Read | Easy to Use



-  Large Display
-  Color-coded Blood Pressure Indicator
-  One-touch Operation
-  Dual User Mode
-  Large and Comfortable Cuff
-  2x120 Memory Storage
-  Dual Power Options
-  Low battery check



Image: Diagram highlighting key features of the monitor, including large display, color-coded indicator, one-touch operation, dual user mode, comfortable cuff, memory storage, dual power options, and low battery check.

5. SETUP

5.1 Charging the Device

The GUAEVER BP351A is equipped with a built-in rechargeable lithium battery. Before first use, or when the battery indicator shows low power, charge the device using the provided USB cable.

1. Connect the small end of the USB cable to the charging port on the side of the monitor.
2. Connect the larger end of the USB cable to a standard USB power adapter (not included) or a computer USB port.
3. The battery indicator on the display will show charging status. A full charge typically supports up to 150 uses.

Long-lasting Battery Life Rechargeable Lithium Battery

Say goodbye to AAA batteries.

150 CYCLES

150



Image: The blood pressure monitor connected to a USB cable for charging, illustrating its rechargeable battery feature.

5.2 Applying the Arm Cuff

Correct cuff placement is crucial for accurate readings.

1. Ensure the cuff is suitable for your arm circumference (8.7" - 16.5" / 22-42 cm).
2. Sit in a comfortable position with your feet flat on the floor and your arm resting on a table.
3. Slide your arm through the cuff loop. The air tube should run down the inside of your arm.
4. Position the cuff so the bottom edge is approximately 1-2 cm (0.5-1 inch) above your elbow joint.
5. Wrap the cuff snugly around your upper arm, ensuring it is not too tight or too loose. The indicator arrow on the cuff should align with your brachial artery (inner elbow).
6. Secure the cuff with the Velcro fastener.

Large and Comfortable Blood Pressure Monitor Cuff 22-42cm (8.6-16.5 inches) in circumference

Fan-Shaped Cuff With 360° Intelligent Inflation Technology
More Fitting | More Comfortable | More Accurate



Image: A person demonstrating the correct placement of the blood pressure cuff on the upper arm, with the monitor unit placed on a table.

6. OPERATING INSTRUCTIONS

6.1 Taking a Measurement

1. Sit quietly for 5 minutes before taking a measurement.
2. Ensure the cuff is correctly applied and the device is charged.
3. Press the **START/STOP** button. The cuff will automatically inflate, and the measurement will begin.
4. Remain still and do not talk during the measurement.
5. Once the measurement is complete, the cuff will deflate, and your systolic, diastolic, and pulse readings will be displayed on the screen and announced via voice broadcast (if enabled).
6. The reading will be automatically stored in the selected user's memory.

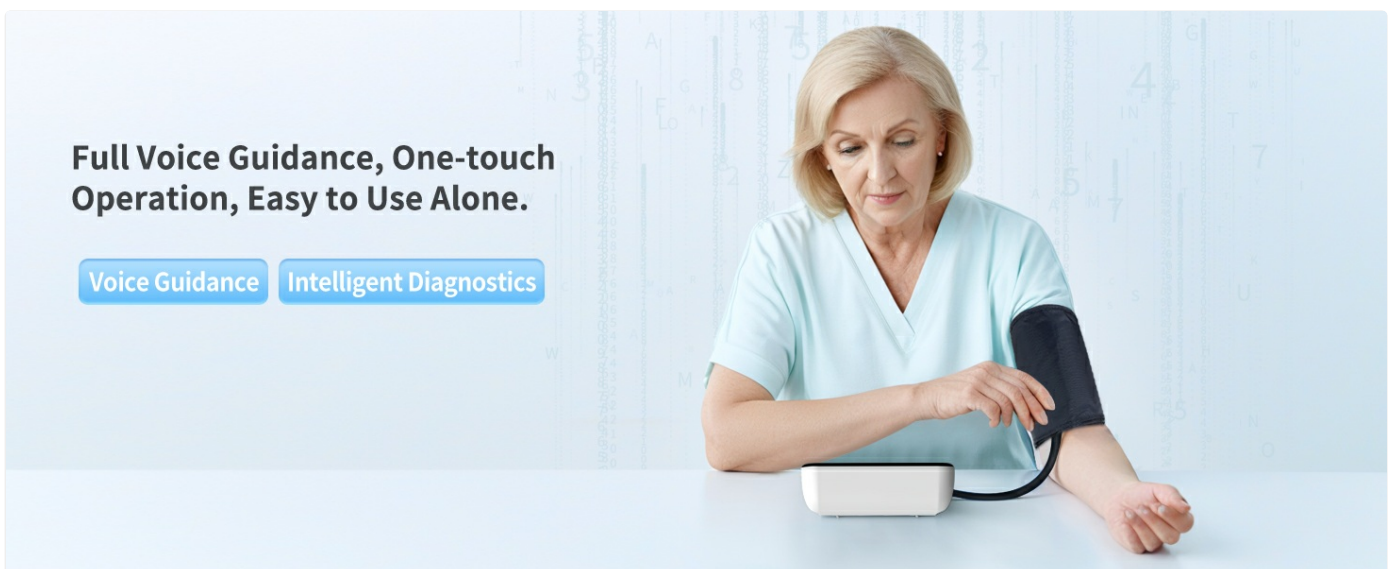


Image: A woman using the GUAEVER blood pressure monitor, illustrating the one-touch operation and voice guidance feature.

6.2 Dual User Mode

The device supports two users (User 1 and User 2) to track their readings separately.

- To switch between User 1 and User 2, press the **SET** button when the device is off or in standby mode. The display will show "USER 1" or "USER 2".

- Ensure the correct user is selected before taking a measurement to store readings in the appropriate memory bank.

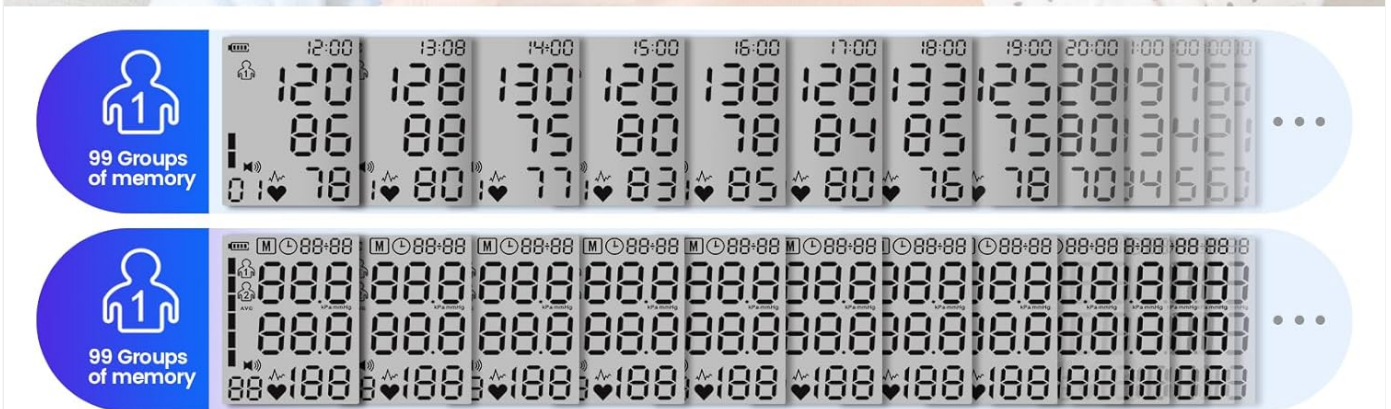


Image: An elderly couple, representing the dual-user mode, with a graphic showing 99 groups of memory for each user, illustrating the device's ability to track blood pressure over time.

6.3 Voice Broadcast Function

The monitor provides voice prompts and broadcasts measurement results. To adjust or disable the voice function:

- When the device is off, press and hold the **SET** button for a few seconds to enter settings mode.
- Use the **MEM** button to cycle through settings, including voice volume or on/off.
- Press **SET** again to confirm your selection and exit settings.

6.4 Accessing Memory Records

The device stores up to 120 readings for each user.

1. With the device off, press the **MEM** button.
2. The most recent reading for the currently selected user will be displayed.

3. Press **MEM** repeatedly to scroll through older readings.
4. To exit memory mode, press the **START/STOP** button or wait for the device to automatically power off.

7. MAINTENANCE

7.1 Cleaning

- Wipe the monitor unit and cuff with a soft, dry cloth.
- If necessary, use a cloth lightly dampened with water or a mild detergent. Do not use abrasive cleaners or immerse the device in water.
- Ensure no liquid enters the device casing or air tube.

7.2 Storage

- Store the device in a clean, dry place, away from direct sunlight, extreme temperatures, and humidity.
- Avoid dropping the device or subjecting it to strong impacts.
- Do not store the cuff tightly rolled or folded for extended periods to prevent damage.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery.	Charge the device using the USB cable.
Inaccurate readings.	Incorrect cuff placement, movement during measurement, talking during measurement, improper posture.	Ensure correct cuff application, remain still and silent, sit in a relaxed posture. Wait 5 minutes between measurements.
Cuff does not inflate or inflates too little/much.	Air tube disconnected, cuff leak, or device malfunction.	Check that the air tube is securely connected. Inspect the cuff for damage. If the problem persists, contact customer support.
Voice function is too loud or silent.	Voice volume setting needs adjustment.	Adjust the voice volume or turn off the voice function in the settings menu (refer to section 6.3).

9. SPECIFICATIONS

Feature	Detail
Model Number	BP351A
Brand	GUAEVER
Measurement Method	Oscillometric
Cuff Size	8.7" - 16.5" (22-42 cm)
Memory	2 users x 120 readings

Feature	Detail
Power Source	Built-in Rechargeable Lithium Battery
Display Type	LED
Product Dimensions	4.13"L x 3.54"W x 3.54"Th (Monitor Unit)
Item Weight	14.39 ounces (approx. 408 grams)
Manufacturer	SHENZHEN JIACOM TECHNOLOGY CO., LTD.

10. CUSTOMER SUPPORT

For any questions, concerns, or assistance with your GUAEVER BP351A Blood Pressure Monitor, please contact our customer service team. We are committed to providing support and ensuring your satisfaction. Refer to the product packaging or the official GUAEVER website for specific contact information.

11. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

