

WALKINGPAD P1

WALKINGPAD P1 Foldable Treadmill User Manual

Model: P1 (WPP1F)

1. INTRODUCTION

Welcome to the WALKINGPAD P1 Foldable Treadmill user manual. This document provides essential information for the safe and effective operation, maintenance, and troubleshooting of your new walking pad. Please read this manual thoroughly before initial use and retain it for future reference.

2. IMPORTANT SAFETY INSTRUCTIONS

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read all instructions before operating the WALKINGPAD P1.

- Always place the walking pad on a flat, stable surface.
- Keep children and pets away from the equipment during operation.
- Do not use the walking pad outdoors or in damp environments.
- Ensure the power cord is not pinched or damaged.
- Wear appropriate athletic footwear during use.
- Do not exceed the maximum user weight of 220 lbs (100 kg).
- Unplug the walking pad from the power outlet when not in use, before cleaning, or performing maintenance.
- If you experience dizziness, nausea, chest pain, or any other abnormal symptoms, stop your workout immediately and consult a physician.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- WALKINGPAD P1 Foldable Treadmill
- Remote Control
- Lanyard for Remote Control
- Power Cord
- User Manual (this document)
- Wrench
- Silicone Oil

4. PRODUCT OVERVIEW

The WALKINGPAD P1 is an ultra-slim, foldable treadmill designed for home or office use, offering a convenient way to incorporate walking or light jogging into your daily routine.



Image: The WALKINGPAD P1 in its operational state with a user, and a smaller inset showing the unit folded for storage.



One-Piece Aluminum Skeleton

- Slimmer
- more stable
- more durable



More Comfort, Less Noise



Small Wheels, Easy to Move

Image: A collage showing the internal one-piece aluminum skeleton for stability, multiple layers of the running belt for comfort and noise reduction, and small wheels for easy movement.

5. SETUP

Follow these steps to set up your WALKINGPAD P1 for first use:

1. **Unpacking:** Carefully remove the walking pad and all accessories from the packaging.
2. **Placement:** Choose a flat, stable area with sufficient space around the walking pad. Ensure there are no obstructions.
3. **Unfolding:** Gently lift the rear section of the walking pad and unfold it until it lies flat. Ensure the folding mechanism locks securely into place.
4. **Power Connection:** Connect the power cord to the walking pad's power inlet and then plug it into a grounded electrical outlet.



Patented folding system packs into less than 0.5m²



Can be stored under the sofa, table, bed

Image: A sequence of images demonstrating the folding mechanism and how the WALKINGPAD P1 can be stored compactly under a sofa or bed.

6. OPERATING INSTRUCTIONS

The WALKINGPAD P1 offers multiple control methods for your convenience.

6.1 Power On/Off

To power on, ensure the walking pad is plugged in and press the power button on the unit or remote control. To power off, press and hold the power button on the remote or unit until the display turns off.

6.2 Remote Control Operation

The remote control allows you to start, stop, and adjust the speed of the walking pad. It also features a display for tracking your workout data.

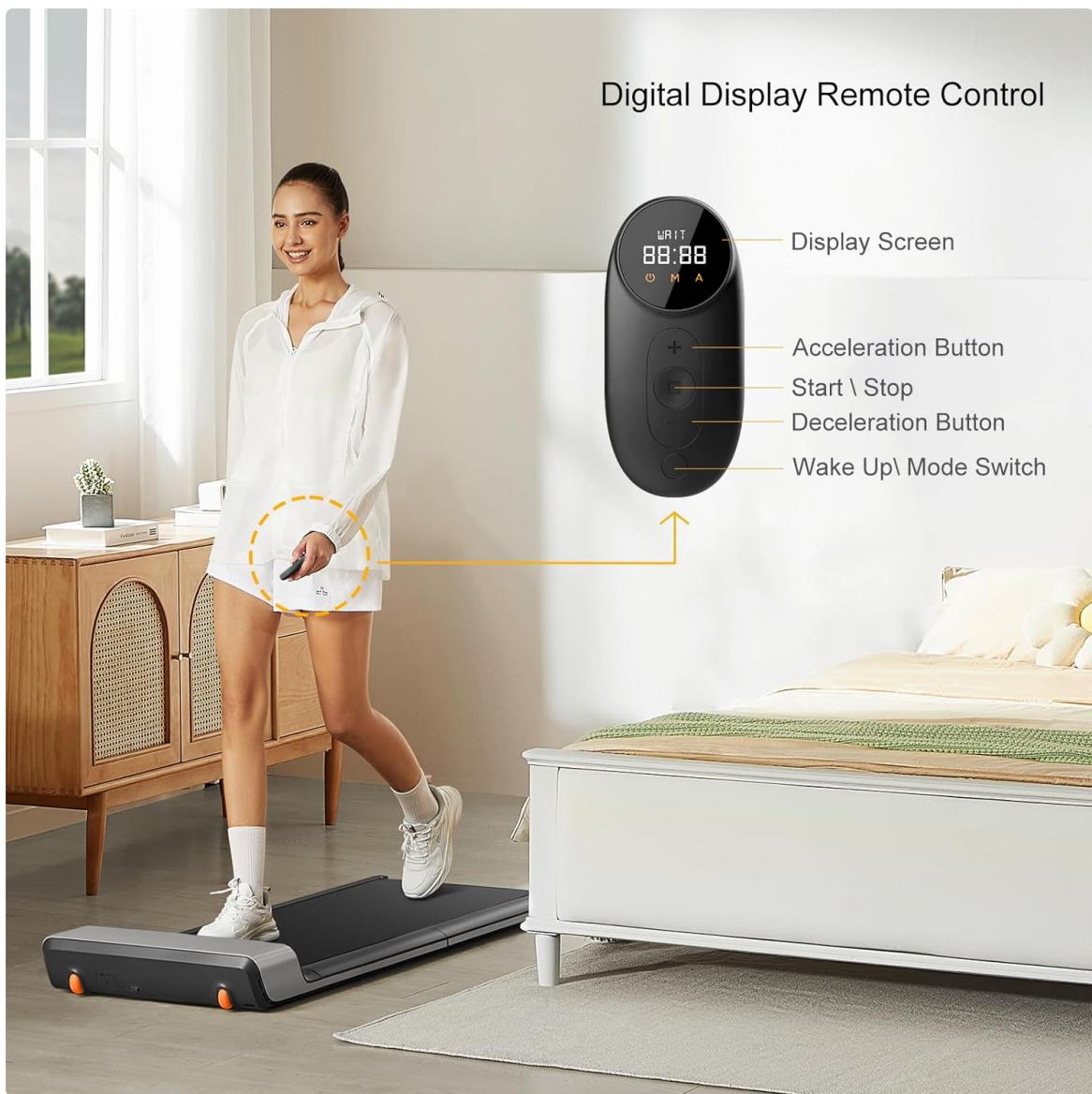


Image: A user operating the WALKINGPAD P1 with the remote control. The remote control is shown with its digital display, acceleration button, start/stop button, deceleration button, and wake up/mode switch.

- **Display Screen:** Shows exercise time, speed, distance, calories, and steps.
- **Acceleration Button (+):** Increases walking speed.
- **Deceleration Button (-):** Decreases walking speed.
- **Start / Stop Button:** Initiates or pauses the walking pad.
- **Wake Up / Mode Switch:** Wakes the remote from sleep or switches between manual and automatic modes.

6.3 Smart Gravity Foot Sensing Speed Control (Automatic Mode)

In Automatic Mode, the walking pad adjusts speed based on your foot position on the belt:

- **Front Area:** Accelerates the belt.
- **Middle Area:** Maintains a uniform speed.
- **Back Area:** Decelerates the belt.

This mode allows for hands-free speed adjustment. Exercise caution when using this feature to maintain balance.

6.4 App Control

The WALKINGPAD P1 can also be controlled via a dedicated mobile application. Refer to the app's instructions for pairing and usage details.

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Video: A demonstration of the WALKINGPAD in use, showcasing its compact design and ease of operation for daily exercise.

7. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your WALKINGPAD P1.

- **Cleaning:** Wipe down the walking pad with a damp cloth after each use. Avoid abrasive cleaners.
- **Lubrication:** Apply silicone oil to the running belt every 3 months or after approximately 100 hours of use. Refer to the specific instructions provided with the silicone oil for proper application.
- **Belt Adjustment:** Periodically check the running belt for proper tension and alignment. If the belt is too loose, too tight, or off-center, use the included wrench to adjust it according to the detailed instructions in the full manual (if provided separately).
- **Storage:** When not in use, fold the walking pad and store it in a dry, cool place, away from direct sunlight.

8. TROUBLESHOOTING

If you encounter issues with your WALKINGPAD P1, refer to the table below for common problems and solutions.

Problem	Possible Cause	Solution
Walking pad does not power on.	Power cord not properly connected; power outlet issue.	Ensure power cord is securely plugged into both the unit and a working outlet. Check the power switch.
Running belt slips or is off-center.	Belt tension is incorrect or belt is misaligned.	Adjust the running belt tension and alignment using the provided wrench. Refer to the full manual for detailed instructions.
Unusual noise during operation.	Lack of lubrication; loose components.	Apply silicone oil to the running belt. Check for any loose screws or parts and tighten them.
Walking pad stops unexpectedly.	Overload protection activated; power interruption.	Reduce load. Check power connection. If using automatic mode, ensure consistent foot placement.

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Video: A short demonstration on how to address a common issue where the walking machine's belt might get stuck, showing a simple adjustment.

9. TECHNICAL SPECIFICATIONS

- **Model:** P1 (WPP1F)
- **Brand:** WALKINGPAD
- **Product Dimensions (Unfolded):** 143.2 x 54.7 x 12.9 cm (56.37 x 21.5 x 5 inches)
- **Product Dimensions (Folded):** 82.2 x 54.7 x 12.9 cm (32.5 x 21.5 x 5 inches)
- **Item Weight:** 28.12 kg (62 lbs)
- **Maximum User Weight:** 100 kg (220 lbs)
- **Speed Range:** 0.5 - 3.75 MPH (0.8 - 6 km/h)
- **Motor Horsepower:** 2 HP
- **Running Belt Size:** 47 x 16.5 inches
- **Frame Material:** Aluminum
- **Display Type:** LED or LCD (on remote control)
- **Power Source:** Corded Electric
- **Included Components:** Lanyard, Power Cord, Remote Control, User Manual, Wrench



Image: Visual representation of the WALKINGPAD P1's dimensions when folded (32.5 x 21.5 x 5 inches) and unfolded (56.37 x 21.5 x 5 inches).

10. WARRANTY AND SUPPORT

10.1 Warranty Information

The WALKINGPAD P1 comes with a manufacturer's warranty covering defects in materials and workmanship. Please refer to the warranty card included in your package or visit the official WALKINGPAD website for detailed terms and conditions. Keep your proof of purchase for warranty claims.

10.2 Customer Support

For technical assistance, product inquiries, or warranty service, please contact WALKINGPAD customer support through their official website or the contact information provided in your product documentation. When contacting support, please have your model number (P1) and purchase date available.

Related Documents - P1

	<p><u>WalkingPad C2: Compact, Foldable Treadmill for Home Fitness</u></p> <p>Discover the WalkingPad C2, a lightweight, foldable, and space-saving treadmill designed for convenient home fitness. Features include double-fold technology, adaptive speed control, and easy storage.</p>
	<p><u>WalkingPad WPA1F Pro User Manual: Features, Operation, and Safety</u></p> <p>Comprehensive user manual for the WalkingPad WPA1F Pro folding treadmill by KING SMITH. This guide covers product features, detailed specifications, operation modes (standby, manual, automatic), remote control functions, initial setup, safety warnings, maintenance procedures, and error code explanations. Learn how to use and care for your WalkingPad for an optimal home fitness experience.</p>
	<p><u>WalkingPad Foldable Smart Treadmill T2 PRO User Guide</u></p> <p>Comprehensive user guide for the WalkingPad Foldable Smart Treadmill T2 PRO, covering safety, components, assembly, operation, cleaning, troubleshooting, and specifications.</p>
	<p><u>WalkingPad WPA1F Pro User Manual: Operation, Maintenance, and Safety Guide</u></p> <p>Comprehensive user manual for the WalkingPad WPA1F Pro treadmill. Learn about setup, operation, maintenance, troubleshooting, and safety precautions for your home fitness equipment.</p>
	<p><u>WalkingPad WPA1F Pro User Manual</u></p> <p>User manual for the WalkingPad WPA1F Pro, providing instructions on setup, operation, maintenance, safety, and disposal.</p>
	<p><u>WalkingPad WPS1F User Manual - Safety, Operation & Maintenance Guide</u></p> <p>The WalkingPad User Manual provides comprehensive instructions for safe operation, maintenance, and troubleshooting of the WPS1F walking device. Learn about product features, initial setup, control modes, and important safety guidelines to ensure optimal performance and longevity of your WalkingPad.</p>