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› WALKINGPAD Walking Pad Foldable Under Desk Treadmill Portable Mini Treadmills for Home and Office with Remote Control and LED Display Panel A1 Pro-300 lbs User Manual

WALKINGPAD A1 Pro-300 lbs (Model: WPA1F Pro)

WALKINGPAD A1 Pro-300 lbs Under Desk Treadmill User Manual

MODEL: WPA1F Pro

Brand: WALKINGPAD

1. INTRODUCTION

The WALKINGPAD A1 Pro-300 lbs is a foldable under-desk treadmill designed for convenient home and office use. It features a unique folding mechanism for easy storage, intelligent speed control, and a robust design capable of supporting up to 300 pounds. This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your WalkingPad A1 Pro.



Image: The WALKINGPAD A1 Pro treadmill in its operational state with a user walking, and a smaller inset showing the treadmill folded for compact storage. This illustrates the product's primary function and its space-saving design.



Image: A user walking on the WALKINGPAD A1 Pro treadmill positioned under a standing desk, demonstrating its suitability for integrating physical activity into a work environment. The image also highlights the speed range of 0.5-3.75 MPH and a maximum load capacity of 300 lbs.

2. SAFETY INFORMATION

Please read all instructions carefully before using the WalkingPad A1 Pro. Adhere to the following safety guidelines to prevent injury or damage to the device:

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space (at least 2 feet) around the treadmill during operation.
- Wear appropriate athletic footwear. Do not use the treadmill barefoot or in loose-fitting shoes.
- Keep children and pets away from the treadmill during operation.
- Do not step on or off the treadmill while the belt is moving.
- If you feel dizzy, nauseous, or experience pain, stop exercising immediately.
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.

- Do not use the treadmill if the power cord or plug is damaged.

3. PACKAGE CONTENTS

Verify that all components are present in the package:

- WALKINGPAD A1 Pro Treadmill
- Remote Control
- Power Cord
- User Manual (this document)
- Lanyard (for remote control)
- Wrench (for belt adjustment)

4. SETUP

4.1 Unpacking and Placement

Carefully remove the treadmill from its packaging. Place the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and ventilation.

4.2 Unfolding the Treadmill

The WalkingPad A1 Pro features a 180-degree foldable design. To unfold, gently lift the rear section of the treadmill until it locks into place, creating a flat walking surface. Ensure the hinge mechanism is fully extended and stable before use.



Easy folding



0.44m² of floor area

Image: A woman demonstrating the easy folding mechanism of the WALKINGPAD A1 Pro treadmill. The top panel shows the treadmill being folded, and the bottom panel illustrates how compactly it stores under a sofa, occupying only 0.44m² of floor area.

A1 Pro 180° Foldable

The walkingpad a1pro features a new hinge design that gives it a simple and easy fold.

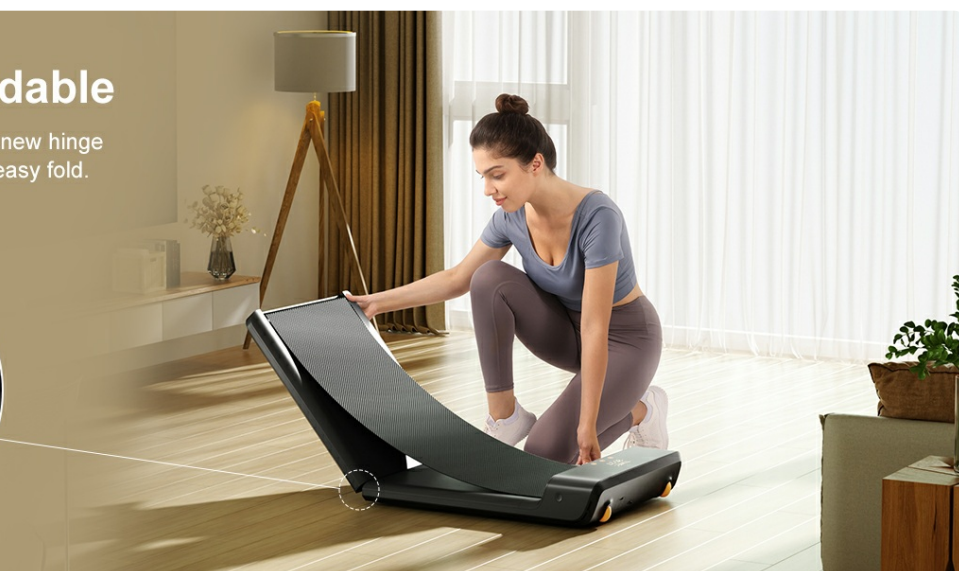


Image: This image highlights the A1 Pro's 180-degree foldable design, showcasing the new hinge mechanism that allows for a simple and easy fold, making storage convenient.

4.3 Power Connection

Connect the power cord to the treadmill's power input port and then plug it into a standard electrical outlet. Ensure the power switch is in the 'OFF' position before plugging in.

4.4 Remote Control Pairing

The remote control is typically pre-paired. If it does not respond, ensure the treadmill is powered on. Press and hold the mode button on the remote control for 3-5 seconds until the treadmill's display indicates successful pairing.

4.5 Initial Belt Alignment Check

Before first use, visually inspect the walking belt to ensure it is centered. If the belt appears off-center, refer to the 'Maintenance' section for belt adjustment instructions.

5. OPERATING INSTRUCTIONS

5.1 Powering On/Off

Flip the main power switch located on the treadmill to the 'ON' position. The LED display will illuminate. To power off, flip the switch to 'OFF'.

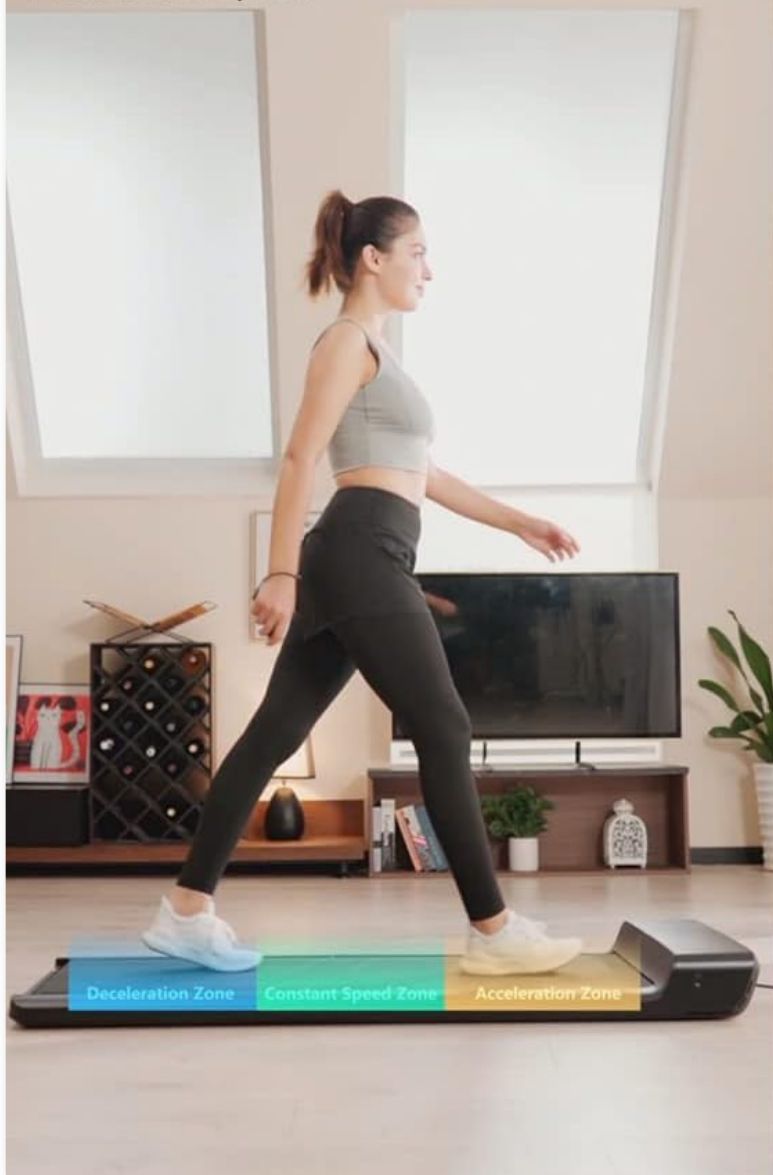
5.2 Speed Control

The WalkingPad A1 Pro offers multiple ways to control speed:

- **Intelligent Foot Control (A Mode):** In 'A' mode, the treadmill automatically adjusts speed based on your position on the belt. Walking towards the front accelerates, staying in the middle maintains constant speed, and moving towards the rear decelerates.
- **Remote Control (M Mode):** Use the included remote control to manually adjust speed. Press '+' to increase speed and '-' to decrease speed. The remote also has a start/stop button.
- **App Control:** Download the official WalkingPad app on your smartphone. Connect via Bluetooth to control the treadmill, track your progress, and access additional features.

3 Types of Speed Control with Real Time Data

Foot control speed



Remote control



App control



Image: This composite image illustrates the three methods of speed control for the WALKINGPAD A1 Pro: foot control (showing deceleration, constant speed, and acceleration zones), remote control (a hand holding the remote), and app control (a hand holding a smartphone with the WalkingPad app interface).

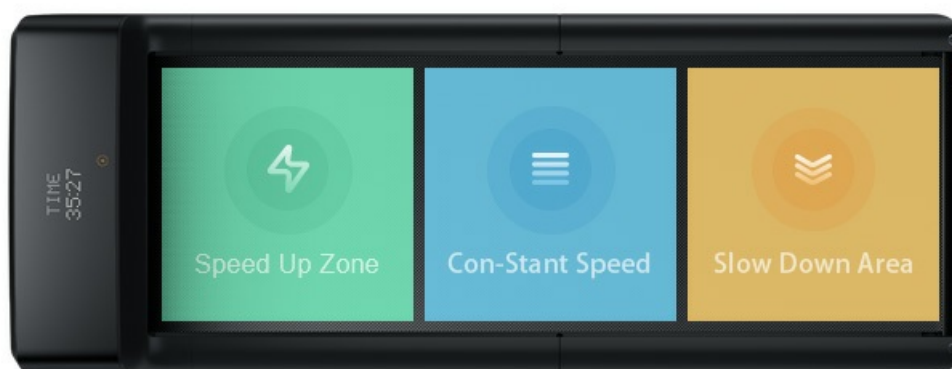


Image: An overhead view of the WALKINGPAD A1 Pro treadmill belt, visually divided into three distinct zones: 'Speed Up Zone' (front),

'Con-Stant Speed' (middle), and 'Slow Down Area' (rear), illustrating the intelligent foot control mechanism.

5.3 LED Display

The integrated LED panel displays real-time exercise data, including:

- Time
- Distance
- Speed
- Steps
- Calories Burned

The high-brightness LED panel ensures clear visibility of data even in bright sunlight or dim lighting conditions.



Image: A multi-panel image showcasing key features of the WALKINGPAD A1 Pro. The top panel shows the high-intensity LED display with 'TIME 35:27' visible. The middle panel illustrates the multi-layered EVA cushioning for comfort. The bottom panel provides an exploded view of the aluminum frame, highlighting its light and durable construction.



Image: A close-up view of the WALKINGPAD A1 Pro's LED display, showing 'TIME 35:27' and a small circular indicator, emphasizing the clarity and brightness of the panel.

6. MAINTENANCE

6.1 Cleaning

Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Do not use abrasive cleaners or solvents. Ensure the treadmill is unplugged before cleaning.

6.2 Lubrication

Regular lubrication of the walking belt is crucial for smooth operation and longevity. Apply silicone oil (not included) under the belt every 3-6 months, or after approximately 100 hours of use. Refer to the detailed lubrication instructions in the full user manual for proper application.

6.3 Belt Adjustment and Alignment

If the walking belt shifts to one side or feels uneven, it may require adjustment. Use the provided wrench to turn the rear roller bolts. Turn clockwise to move the belt to the right, and counter-clockwise to move it to the left. Adjust in small increments (quarter turns) and test after each adjustment until the belt is centered and runs smoothly.

6.4 Storage

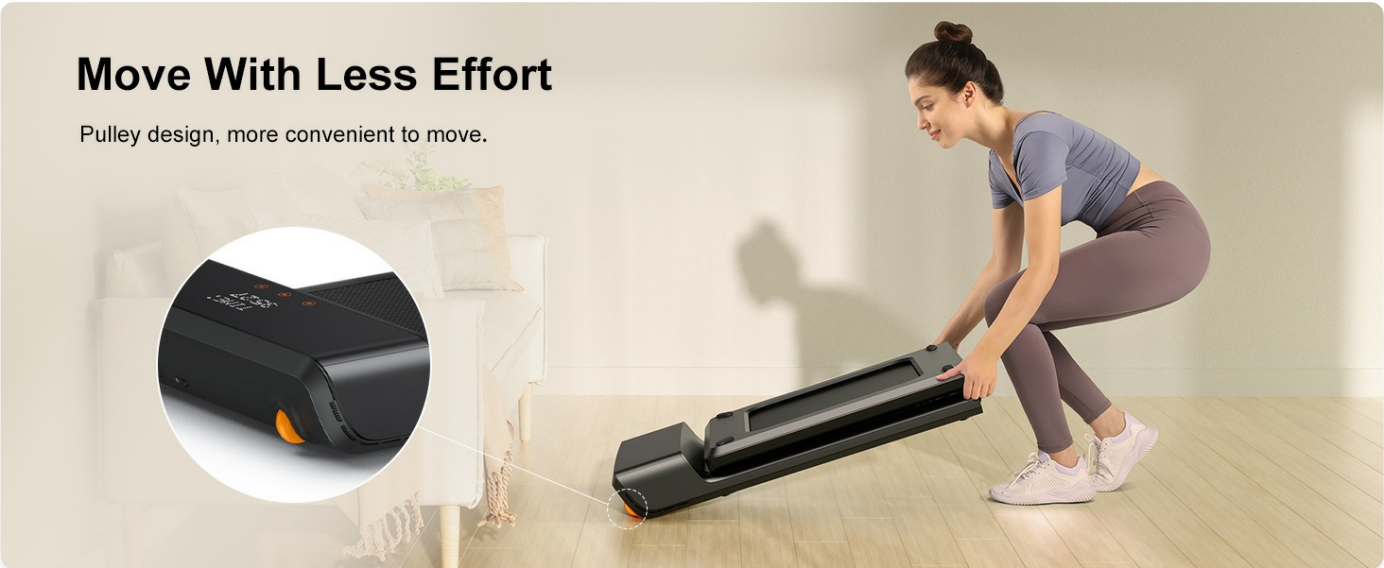
The WalkingPad A1 Pro's foldable design allows for compact storage. After folding, the treadmill measures approximately 32.5 x 21.5 x 5 inches, making it easy to store under furniture or in small spaces. Utilize the integrated pulleys for easier movement.



Maximum Utilization Of Space

After folding, the A1PRO measures only 32.5*21.5*5inch.

Image: The WALKINGPAD A1 Pro treadmill is shown folded and discreetly stored under a sofa, demonstrating its minimal footprint of only 5 inches in height when folded, allowing for maximum utilization of space.



Move With Less Effort

Pulley design, more convenient to move.

Image: A user is shown effortlessly moving the folded WALKINGPAD A1 Pro treadmill, highlighting its pulley design which makes it more convenient to move with less effort.

7. TROUBLESHOOTING

This section addresses common issues you might encounter with your WalkingPad A1 Pro.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; Power switch off; Outlet issue.	Ensure power cord is securely plugged in. Turn power switch to 'ON'. Test outlet with another device.
Remote control not responding.	Remote not paired; Battery low.	Re-pair remote control (see Section 4.4). Replace remote control battery.
Walking belt is off-center.	Uneven tension; Improper use.	Adjust the walking belt (see Section 6.3). Ensure you are walking in the center of the belt.

Problem	Possible Cause	Solution
Unusual noise during operation.	Lack of lubrication; Loose components; Normal fan noise.	Lubricate the walking belt (see Section 6.2). Check for any loose screws. Some fan noise is normal, especially at higher speeds.
Belt stutters or hesitates.	Overload; Lack of lubrication; Belt tension.	Ensure user weight is within maximum capacity (300 lbs). Lubricate the belt. Check belt tension.

If the issue persists after attempting these solutions, please contact WALKINGPAD customer support for further assistance.

8. SPECIFICATIONS

Feature	Specification
Model Number	WPA1F Pro
Product Dimensions (Unfolded)	143.2 x 54.7 x 12.9 cm (56.4 x 21.5 x 5.1 inches)
Packed Size (Folded)	32.5 x 21.5 x 5 inch
Item Weight	28.58 kg (63 lbs)
Maximum Weight Capacity	300 Pounds
Maximum Speed	3.75 Miles per Hour
Horsepower	2 Horsepower
Frame Material	Aluminum
Display Type	LED
Power Source	Corded Electric
Special Features	Foldable, Intelligent Speed Control
Included Components	Lanyard, Power Cord, Remote Control, User Manual, Wrench



Image: This graphic displays the key dimensions of the WALKINGPAD A1 Pro (47 inches length, 16.5 inches width, 32.5 inches folded length, 21.5 inches folded width) along with its maximum capacity of 300 lbs and net weight of 63 lbs.

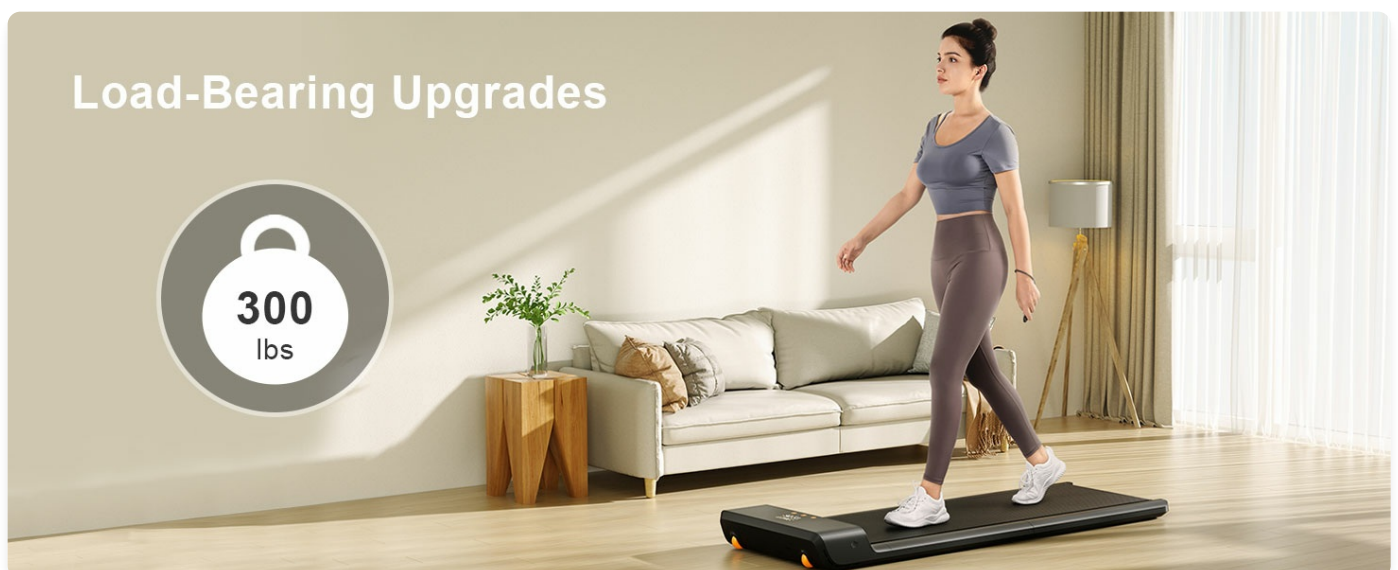


Image: A woman walking on the WALKINGPAD A1 Pro, with a prominent graphic indicating its upgraded load-bearing capacity of 300 lbs, emphasizing its robust construction.



Image: An exploded view diagram of the WALKINGPAD A1 Pro, showing the separate components of its aluminum frame and the walking belt, illustrating the internal structure that contributes to its durability and lightweight design.

9. WARRANTY AND SUPPORT

The WALKINGPAD A1 Pro-300 lbs treadmill comes with a manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions, including coverage period and what is covered. For technical support, troubleshooting assistance, or warranty claims, please contact WALKINGPAD customer service through the contact information provided on the official WALKINGPAD website or your purchase platform.

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