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› [OURA](#) /

› OURA Ring 4 Charger Instruction Manual - Grey - Size 10

OURA JZ95-54834-10

OURA Ring 4 Charger Instruction Manual

Model: JZ95-54834-10 (Size 10)

INTRODUCTION

This manual provides essential instructions for the OURA Ring 4 Charger, designed specifically for recharging your Oura Smart Ring 4. This charger is size-specific, ensuring a proper fit and efficient charging for your Oura Ring 4, Size 10. Please read this manual thoroughly before use to ensure correct operation and longevity of your device.

PACKAGE CONTENTS

- OURA Ring 4 Charging Dock (Size 10)
- USB-C Cable

SETUP

The OURA Ring 4 Charger is the exclusive method for recharging your Oura Ring 4. This charger is size-specific; ensure you have the correct size charger for your Oura Ring 4. Your Oura Ring 4 size is typically found on the inside of the ring itself.

The USB-C to USB-C cable included with the Oura Ring 4 Charger is designed to be powered by an external 5Vdc supply. This power supply must comply with the IEC 62368-1 standard for safety and optimal performance. Connect the USB-C cable to the charging dock and then to a compatible power adapter (not included) or a USB-C port on a computer.



Image: Oura Ring 4 Charger dock with its USB-C cable detached, illustrating the connection point.

OURA

The revolutionary smart ring

Image: A top-down view of the Oura Ring 4 Charger dock, highlighting its design.

OPERATING INSTRUCTIONS

To charge your Oura Ring 4, gently place the ring onto the charging dock. The ring should fit snugly into the designated slot. A small indicator light on the charger will illuminate to confirm that charging has begun.

Your Oura Ring 4 typically achieves a full charge within 20 to 80 minutes, depending on its current battery level. You can monitor the battery status of your Oura Ring 4 by opening the Oura application on your smartphone and tapping the circular icon located in the upper right-hand corner of the home tab.

Charger for **Size 10** Oura Ring 4



Chargers are size-specific

Image: An Oura Ring 4 securely placed on its charging dock.



Image: Oura Ring 4 charging on its dock, with a visible green light indicating active charging.

MAINTENANCE

To ensure optimal performance and longevity of your OURA Ring 4 Charger, keep the charging dock and your Oura Ring 4 clean and dry. Use a soft, dry cloth to wipe away any dust or debris. Avoid using abrasive cleaners or solvents, as these can damage the device. Do not immerse the charger in water or expose it to excessive moisture.

TROUBLESHOOTING

Ring Not Charging

- **Verify Size Compatibility:** Ensure that the charger size matches your Oura Ring 4. Chargers are size-specific. The ring's size is typically marked on its interior.
- **Check Connections:** Confirm that the USB-C cable is securely connected to both the charging dock and the power source.

- **Power Source:** Ensure your power adapter or USB-C port provides 5Vdc and complies with the IEC 62368-1 standard. Try a different power source if available.
- **Clean Contacts:** Gently clean the charging contacts on both the ring and the dock with a dry, soft cloth to remove any potential obstructions.

SPECIFICATIONS

Feature	Detail
Brand	OURA
Model Number	JZ95-54834-10
Colour	Grey
Form Factor	Dock
Enclosure Material	Metal
Connector Type	USB Type C
Compatible Devices	Oura Ring 4, AC-DC Converters
Special Feature	Compatible with Oura Ring 4 and fast charging
Input Voltage	5 Volts (DC)
Output Voltage	5 Volts (DC)
Output Current	0.5 Amps
Wattage	5 Watts
Power Source	Corded Electric
Item Weight	0.06 Kilograms
Specification Met	IEC 62368-1
Manufacturer	Oura Health OY

Note: The 'Connectivity Technology: Bluetooth' listed in some product specifications refers to the Oura Ring 4 itself, not the charger.

WARRANTY

The OURA Ring 4 Charger comes with a 2-year limited manufacturer warranty. Please retain your proof of purchase for warranty claims. For detailed terms and conditions, refer to the official OURA website or contact customer support.

SUPPORT

For further assistance, technical support, or warranty inquiries, please contact:

- **Manufacturer Contact:** Oura Health OY, Elektroniikkatie 10, Oulu, Oulu 90590, Finland. Visit <https://ouraring.com>
- **Importer Contact (India):** Rashi Peripherals Limited, A BLDG Survey 186 Dongripada, Poman Village, Vasai Bhiwandi Road, Palghar 401208, India.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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