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› Oura Ring 4 Charger User Manual - Size 15

OURA JZ95-54834-15

Oura Ring 4 Charger User Manual - Size 15

Model: JZ95-54834-15

INTRODUCTION

This manual provides essential instructions for the proper setup, operation, and maintenance of your Oura Ring 4 Charger, specifically designed for Size 15 Oura Rings. The Oura Ring 4 charger is the exclusive charging solution for your Oura Ring 4, offering a fast, convenient, and user-friendly experience. It is crucial to use a charger that matches the size of your Oura Ring for proper functionality.

The charger includes an Oura Ring USB-C to USB-C cable, designed for use with an external 5Vdc power supply compliant with IEC 62368-1. Charging typically takes between 20 to 80 minutes, depending on the current battery level of your Oura Ring.



Image: The Oura Ring 4 Charger base, a grey square dock with a central charging post.

SETUP

Follow these steps to set up your Oura Ring 4 Charger:

1. **Verify Charger Size:** Ensure the charger's size corresponds to your Oura Ring 4. The ring size is typically indicated on the inside of your Oura Ring. Oura Ring chargers are size-specific and not compatible with other Oura Ring generations or incorrect sizes.
2. **Connect the Cable:** Insert one end of the provided USB-C to USB-C cable into the charging port on the Oura Ring 4 Charger base.
3. **Connect to Power Source:** Connect the other end of the USB-C cable to an external 5Vdc power supply. Ensure the power supply is compliant with the IEC 62368-1 standard.
4. **Place Oura Ring:** Gently place your Oura Ring 4 onto the charging post of the dock. Ensure it sits securely and makes proper contact for charging to begin.

Charger for **Size 15** Oura Ring 4



Chargers are size-specific and not compatible with Oura Ring Gen3.

Image: An Oura Ring 4 placed on its grey charging dock, with the USB-C cable connected to the back of the dock.

OPERATING THE CHARGER

Once your Oura Ring 4 is correctly placed on the charger and connected to a power source, it will begin charging automatically.

- **Charging Indication:** A small LED indicator on the charger base will illuminate to confirm that charging is active. This light typically turns green when charging.
- **Charging Duration:** A full charge for your Oura Ring 4 generally takes between 20 to 80 minutes, depending on the initial battery level.
- **Checking Battery Level:** To monitor your Oura Ring's battery status, open the Oura App on your compatible smartphone. The battery level can be viewed by tapping the circular icon located in the upper right corner of the Home tab.



 Oura Ring is eligible for reimbursement with FSA and HSA.

Employer or provider plans may vary. Check your administrator's coverage.

Image: A close-up view of the Oura Ring 4 on its charging dock, showing a small green indicator light confirming active charging.

MAINTENANCE

To ensure the longevity and optimal performance of your Oura Ring 4 Charger, follow these simple maintenance guidelines:

- **Cleaning:** Use a soft, dry cloth to gently wipe the charger base and cable. Avoid using abrasive cleaners, solvents, or harsh chemicals, as these can damage the device.
- **Keep Contacts Clean:** Periodically inspect the charging contacts on both the ring and the charger for any dust or debris. Clean them carefully with a dry cotton swab if necessary.
- **Storage:** When not in use, store the charger in a cool, dry place away from direct sunlight and extreme temperatures.
- **Water Resistance:** While the Oura Ring 4 is water-resistant, the charger itself should be kept dry. Avoid exposing the charger to liquids.

TROUBLESHOOTING

If you encounter issues with your Oura Ring 4 Charger, consider the following troubleshooting steps:

- **Ring Not Charging:**
 - Ensure the Oura Ring is correctly seated on the charging post.
 - Check that the USB-C cable is securely connected to both the charger and the power adapter.
 - Verify that the power adapter is functioning and connected to a live power outlet.
 - Confirm that the charger size matches your Oura Ring size.
- **Slow Charging:**
 - Ensure you are using a 5Vdc power supply compliant with IEC 62368-1. Lower power output sources may result in slower charging.
 - Clean the charging contacts on both the ring and the charger to ensure optimal connection.
- **No Indicator Light:**
 - Check all cable connections and the power source.
 - Try a different USB-C cable or power adapter if available.

If problems persist after attempting these steps, please refer to the Support section for further assistance.

SPECIFICATIONS

Manufacturer	Oura
Model Number	JZ95-54834-15
ASIN	B0D9WVS8MF
Country of Origin	Estonia
Connector Type	USB Type C
Compatible Devices	Oura Ring 4
Compatible Phone Models	iOS 15 or higher, Android 9 or higher
Included Components	Oura Ring 4 Charging Base, USB-C Cable
Special Feature	Water-resistant (referring to the ring, charger should be kept dry)
Color	Grey
Input Voltage	5 Volts (DC)
Output Current	3 A
Output Voltage	5 Volts (DC)
Power Source	Electric Cable
Wattage	15 Watts

WARRANTY INFORMATION

The Oura Ring 4 Charger comes with a **2-year manufacturer's warranty**. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for any warranty claims.

For detailed terms and conditions of the warranty, please refer to the official Oura website or contact Oura customer support.

SUPPORT

For additional assistance, technical support, or to view frequently asked questions, please visit the official Oura support resources:

- **Oura Official Website:** ouraring.com
- **Customer Service:** Refer to the contact information provided on the Oura website for direct support.